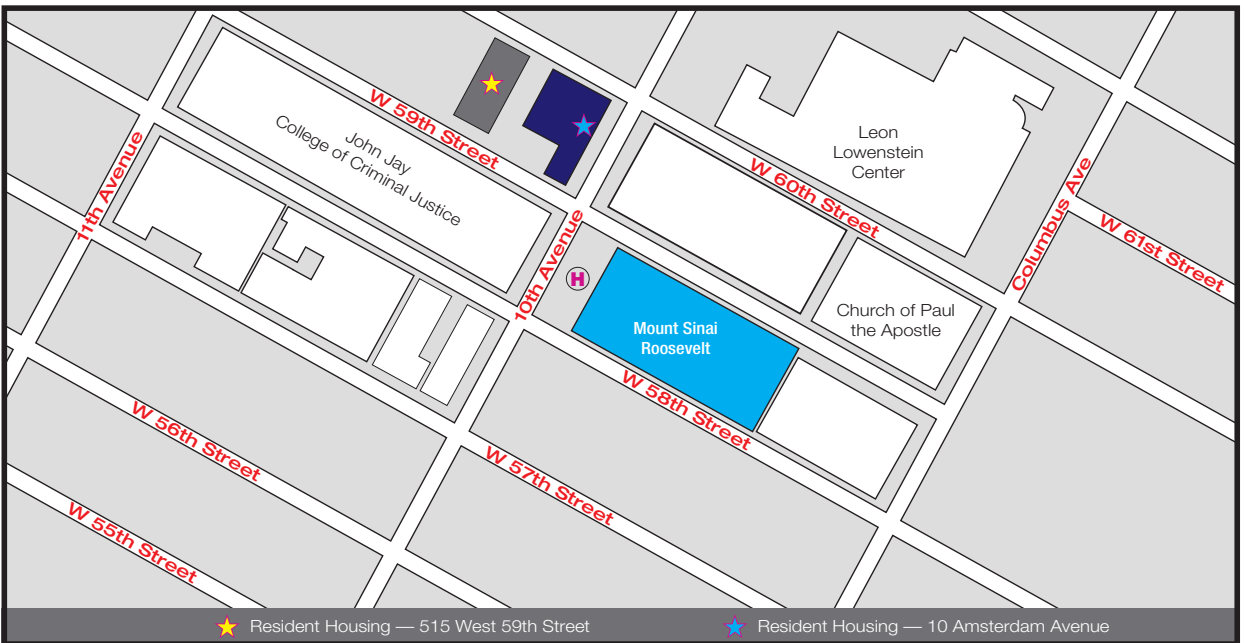
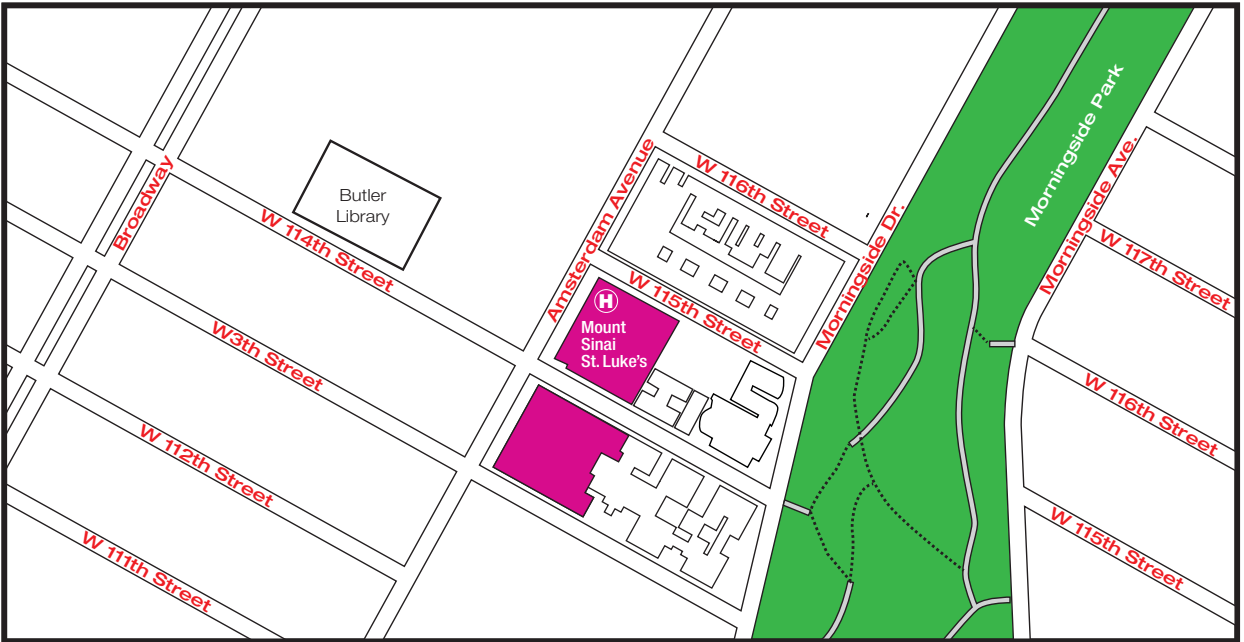




Icahn
School of
Medicine at
Mount
Sinai

**Internal
Medicine
Residency
Program at
Mount Sinai
St. Luke's &
Mount Sinai
Roosevelt**

Mount Sinai St. Luke's & Mount Sinai Roosevelt Campus Maps



★ Resident Housing — 515 West 59th Street

★ Resident Housing — 10 Amsterdam Avenue

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Introduction To Our Program



Dear Senior Medical Student:

Welcome and thank you for visiting the Mount Sinai St. Luke's and Mount Sinai Roosevelt Residency Program – part of the Graduate Medical Education Program of the Mount Sinai Health System located in New York City. From our dedicated faculty to our diverse patient population, our residency program has all the necessary components to train the outstanding internist and medical specialists of tomorrow.

We are a hospital with a strong history and tradition of serving the community while being rooted in a rigorous, academic training program. We pride ourselves in turning out compassionate physicians who use evidence-based medicine to treat the whole patient. We start with a program that provides much more than the basics of internal medicine training. Through rotations on the inpatient wards and outpatient clinics, you will learn how to think like a twenty-first century physician and how to provide the very best care.

In addition to the excellent clinical training in internal medicine, our residents are exposed to a diverse group of patients and wide-ranging set of complex medical problems. Our residents get their inpatient clinical training at two large hospitals – St. Luke's located on the Upper West Side and Roosevelt Hospital near Columbus Circle. In addition, residents have the opportunity to rotate through Memorial Sloan Kettering Cancer Center. The outpatient rotations are at three sites throughout Manhattan. A great deal of time is spent in our Ambulatory Care blocks, providing continuity of care for patients who in many cases have been underserved by the health care system.

In addition to clinical experiences during their three years at Mount Sinai St. Luke's and Mount Sinai Roosevelt, our residents have the opportunity to conduct research and develop quality improvement projects all under the guidance of faculty mentors. The hope is that you develop a robust research portfolio and well-rounded elective education prior to graduation.

Finally, being part of Icahn School of Medicine at Mount Sinai and Mount Sinai Health System brings you additional resources and opportunities. You can do clinical research and electives at sister hospitals during your second and third year and tap into the rich research faculty portfolio. The Mount

Sinai Health System, the parent organization, is an integrated health system structured around seven member hospital campuses and a single medical school, giving an unprecedented breadth of system-wide exposure to the trainee and robust continuum of care for the patients. St. Luke's and Roosevelt Hospitals are vital members of this network of hospitals.

We believe that the greatest testament to our success is that so many of our graduates either remain to pursue fellowship training at our institution or return to become full-time faculty members. So whatever your plans for the future, be it a career in primary care, hospital medicine, academics, further subspecialty training or even a career in government or industry, we will provide you a solid foundation in internal medicine and the opportunities for development within your chosen career line.

Tejas Patel, MD, MPH, MBA

*Director, Internal Medicine Residency Program
Mount Sinai St. Luke's & Mount Sinai Roosevelt*

Hassan Khouli, MD

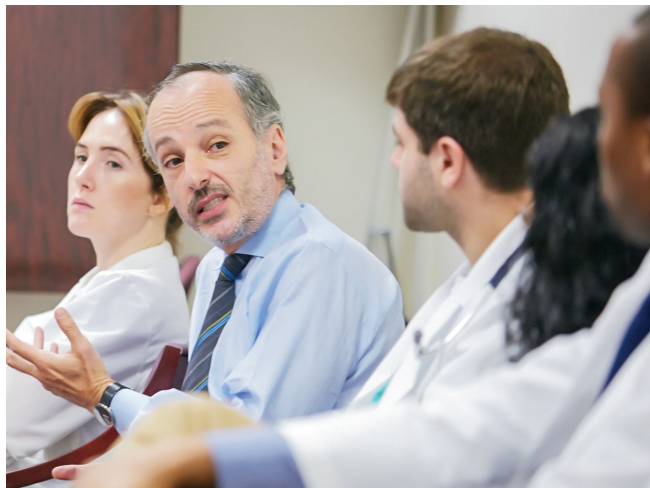
*Interim Chair, Department of Medicine
Mount Sinai St. Luke's & Mount Sinai Roosevelt*

David C. Thomas, MD, MHPE

*Vice Chair for Education, Department of Medicine
Mount Sinai Health System*

Barbara Murphy, MD

*Chair, Department of Medicine
Mount Sinai Health System*



Why Choose Our Residency Program?



By now, you've no doubt read a lot of material about residency programs. Much of it, probably, is beginning to sound the same. How is our program different? We point to our unique history, our location, our diversity of experience, our innovative curriculum and our emphasis on mentoring and professional development as elements that make us stand out from the crowd.

HISTORY AND TRADITION

For more than 150 years St. Luke's Hospital has served New Yorkers living on the Upper West Side. Twenty-one years after St. Luke's establishment, Roosevelt Hospital was founded. The two storied institutions were brought together in a merger in 1979, forming St. Luke's-Roosevelt Hospital. SLR, as it was known, joined with Beth Israel Hospital as part of the Continuum Health Partners merger in 1997. In 2013, Mount Sinai and Continuum joined forces to create the Mount Sinai Health System, of which St. Luke's and Roosevelt Hospitals are active and vital members.

The two institutions have a rich history of both innovative scientific breakthroughs and serving the community. St. Luke's was one of the first hospitals in New York City to begin ambulance service and was the first to establish an obesity research center in the United States funded by the National Institutes of Health. Roosevelt is a leading center for neurological care and endovascular neurosurgery. Both institutions have been providing primary care to New Yorkers along the Upper West Side for generations—long before the medical establishment placed such an emphasis on this basic kind of care.

LOCATION

The Upper West Side is both an excellent catchment area for a diverse patient population as well as an exciting and vibrant place to live. Our patients range from CEOs to the homeless; we care for patients from every ethnicity, nationality, sexual orientation and religious background. It is that diversity that brings us an extraordinarily rich educational experience—one that most residents don't see until much later in their training.

In addition, the Upper West Side of Manhattan is also a fabulous place to live. You are surrounded by parks with Central Park to the east, Riverside Park to the west and Morningside Park to the north. There are plenty of opportunities to take in a concert at Lincoln Center, see a play on Broadway or eat at one of the thousands of restaurants throughout the city. The area is a great place for families with a large number of top-rated public and private schools. Nearby public transportation allows you easy access to the entire city, from Yankee Stadium and the Bronx Zoo to Coney Island and the beaches in Rockaway, Queens.

DIVERSITY OF EXPERIENCE

The bulk of residency training takes place at two hospitals and three ambulatory sites throughout the city. Residents also rotate through one of New York City's prestigious cancer centers.

Mount Sinai Roosevelt: With 505 beds, Roosevelt is a full-service community and tertiary-care hospital with an emergency department serving Midtown and the West Side of Manhattan. Since its founding in 1871, it has placed strong emphasis on primary and specialty care. The hospital also maintains a strong primary care presence in its surrounding neighborhoods through ambulatory and physician practices and through longstanding partnerships with some of New York's largest federally qualified health centers, particularly the William F. Ryan Community Health Center.

Mount Sinai St. Luke's: With 523 beds, St. Luke's serves as the principal health care provider for the West Harlem and Morningside Heights communities and operates one of Manhattan's few Level 1 trauma centers. It is home to the Al-Sabah Arrhythmia Institute, a world-class, multidisciplinary center specializing in the care and treatment of heart ailments. St. Luke's Hospital also enjoys an outstanding reputation for services in many other medical specialties, including internal medicine, geriatrics, and HIV/AIDS. St. Luke's Hospital also continues to expand its commitment to community-based ambulatory care and access to primary and specialty care.

Ryan Centers: The Ryan Centers are a community-based outpatient clinic network that is dedicated to providing comprehensive care in a culturally sensitive environment. The centers traditionally serve those New Yorkers who do not normally have access to high quality medical care. Our residents are assigned to see general medicine patients at one of three sites on the Upper West Side, including 46th Street, 97th Street and 125th Street.

Memorial Sloan Kettering Cancer Centers

(MSKCC): Mount Sinai St. Luke's and Mount Sinai Roosevelt Hospitals are one of the few hospitals in New York City that offers rotations at Memorial Sloan Kettering Cancer Center, one of the world's premier institutions dedicated to cancer treatment and research. Residents have assigned rotations during their PGY1 and PGY2 years. They work with outstanding attending physicians, clinician/researchers and fellows and have plenty of opportunities to do hematology and oncology research. Many of our residents have served as chief residents at MSKCC and some have been accepted into their prestigious Hematology/Oncology Fellowship.

OUR FACULTY

As a medicine resident at Mount Sinai St. Luke's and Mount Sinai Roosevelt, you will work with and be mentored by physicians who are dedicated to your education and training. The following is a sample of our program and divisional faculty leadership:

PROGRAM DIRECTORS



Tejas Patel, MD, MPH, MBA is the Director of the Internal Medicine Residency Program at Mount Sinai Roosevelt and Mount Sinai St. Luke's as well as an Assistant Professor of Medicine (Nephrology). Dr. Patel completed his medical degree from Maharaja Sayajirao University in Vadodara, India, his residency at University of Illinois at Chicago and was Chief Resident at Christ Hospital in Oak Lawn. He did a four-year clinical and research nephrology fellowship at Brigham and Women's Hospital and Massachusetts General Hospital in Boston. He also received an MPH from The Ohio State University School of Public Health and an MBA from the University of Chicago Booth School of Business Executive MBA Program.



Alejandro Prigollini, MD, is the Senior Associate Program Director for the Internal Medicine Residency Program at Mount Sinai Roosevelt and the Site Director for Mount Sinai St. Luke's. Dr. Prigollini completed his medical education at the University of Buenos Aires and pursued advanced training in Internal Medicine and Nephrology at the Hospital Italiano de Buenos Aires, Buenos Aires, Argentina. Dr. Prigollini completed his Internal Medicine training at St. Luke's and Roosevelt and served as Medical Chief Resident from 2000-2001. He has been on faculty in the Division of General Medicine since 2001 and he has served as an Associate Program Director of the Internal Medicine Residency since 2003. He has been responsible for Faculty Development in the Division of General Medicine, focusing on the learning environment and Direct Observation.



Ravi Gupta, MD, is the Chief of the Division of Hospital Medicine at Mount Sinai Roosevelt, an Assistant Professor of Medicine and Associate Program Director. He earned his medical degree from State University of New York, Brooklyn and

completed his internal medicine residency including a year as Chief Resident at Brown University. Dr. Gupta is leading the reorganization of hospitalist division at Roosevelt Hospital.



Erica Vero, MD, is an Associate Program Director. Dr. Vero received her undergraduate degree in Biology from Bryn Mawr and received her doctorate of medicine from the New York Medical College, Valhalla, NY. She completed her residency at St. Luke's and Roosevelt and served as Medical Chief Resident from 2007-2008. She maintains a strong interest in both undergraduate and graduate medical education and served as the Clerkship Site Director for third year medical students.



Tamara Goldberg, MD, is an Assistant Program Director for the Internal Medicine Residency as well as the Residency Site Director at the William F. Ryan Community Health Center. She earned her medical degree from the University of Connecticut School of Medicine and completed her residency training at Temple University Hospital in Philadelphia, where she also served as Chief Resident. Her focus has been on engaging residents in quality improvement work in the outpatient clinic, teaching core principles of the patient-centered medical home, and serving as a adviser for residents interested in primary care.



J. Michael Wiener, MD, is an Assistant Program Director for the Internal Medicine Residency Program at SLR. He completed his medical degree at the Icahn School of Medicine at Mount Sinai, his residency at Brown University, a master's in Public Health at Johns Hopkins. His research explores links between HIV risk behavior and anti-gay discrimination among African-American men who have sex with men. Currently, he is the Residency Site Director at the Ryan Chelsea Clinton Community Health Center.

FACULTY LEADERSHIP

Cardiology:



Eyal Herzog, MD, is Director of the Cardiac Care Unit at Mount Sinai St. Luke's. He is a pioneer in the creation of pathway-based algorithms which have become a nationwide phenomenon. Some examples of his pathways: Chest Pain/Acute

Coronary Syndrome, Atrial Fibrillation/Atrial Flutter, Syncope, Hypertension, Congestive Heart Failure, and Hyperglycemia in CCUs. Dr. Herzog has been the housestaff- selected recipient of the Teacher of the Year award for numerous successive years.



Marrick L. Kukin, MD, is Director of the Congestive Heart Failure Program at Mount Sinai St. Luke's and Mount Sinai Roosevelt. He is the editor of *Oxidative Stress* and *Cardiac Failure*. He has been instrumental in the development of our Close Watch Unit, a state-of-the-art 10-bed telemetry unit that provides care for patients with cardiac disease.



Davendra Mehta, MD, PhD, is Professor of Medicine at Icahn School of Medicine and Director of Electrophysiology Laboratory and Arrhythmia at Mount Sinai St. Luke's Hospital. He has been a member of Cardiology faculty at Mount Sinai Hospital since 1992. His clinical focus has been catheter ablations for the management of atrial fibrillation and ventricular arrhythmias.



Pedro Moreno, MD, is Professor of Medicine at Icahn School of Medicine and Director of Interventional Cardiology at St. Luke's-Roosevelt Hospital. He is world-renowned expert in atherosclerosis. He performs more than one thousand coronary procedures annually. His research focus has been inflammation and acute coronary syndrome.



Jagat Narula, MD, PhD, is Professor and Division Chief of Cardiology at Mount Sinai St. Luke's and Mount Sinai Roosevelt Hospitals, the Philip J. and Harriet L. Goodhart Chair in Cardiology, and the Director of Cardiovascular Imaging Program in Mount Sinai's Zena and Michael A. Wiener Cardiovascular Institute and the Marie-Josée and Henry R. Kravis Center for Cardiovascular Health. He is the Associate Dean for Global Health at the Icahn School of Medicine at Mount Sinai. In addition, he is the Editor-in-Chief of *Journal of the American College of Cardiology: CV Imaging* and Editor-in-Chief, *Global Heart*. He is internationally recognized for his contributions to the field of cardiovascular immunology and imaging.

Endocrinology:



Jeanine Albu, MD, is Associate Professor of Medicine, Chief of the Division of Endocrinology, Diabetes and Nutrition and the Chief of the Metabolism and Diabetes Clinic. She also serves as program director for the Endocrinology fellowship program. She has special expertise in the evaluation and treatment of obesity and diabetes mellitus. Her research interests are in obesity-related metabolic abnormalities such as glucose intolerance, hyperinsulinemia and insulin resistance, hyperlipidemia and the insulin action on lipid metabolism; body fat distribution and body composition and their influence on metabolism; and energy metabolism and substrate utilization.

Gastroenterology



Donald Kotler, MD, is Professor of Medicine and Director of GI fellowship program. He is an investigator in the fields of nutritional and gastrointestinal disease. A pioneer in the study of the AIDS wasting syndrome, Dr. Kotler has been the Principal Investigator on single site and multi-center studies of nutritional therapies for HIV-associated malnutrition



Il Joon Paik, MD, is an Assistant Professor of Medicine and director of the Neurogastroenterology and Motility Lab at Mount Sinai St. Luke's and Mount Sinai Roosevelt. He is an expert in the digestive disorders of seniors and specializes in swallowing disorders, GERD, reflux and other motility disfunctions.

General Medicine



Gary Burke, MD, is Chief of the Division of General Internal Medicine and Vice Chair of the Department of Medicine for Hospital Operations. Dr. Burke is also a member of the Institute for Healthcare Improvement, and is former Director of the New York State Department of Health AIDS Center. He has helped in the dramatic expansion of primary care throughout the Upper West Side of Manhattan through his expertise in population management.



Roy Cohen, MD, is the Director of Primary Care Institute for the Mount Sinai Health System. Dr. Cohen has focused on integrating high quality primary care with care for HIV infected patients and those

with substance use disorders and more recently on optimizing quality across systems of care through the use of population health metrics. As Director of the Primary Care Institute, Dr. Cohen is responsible for integrating and merging 275 physicians in more than 50 practices around our high standards of care and quality metrics.

Hematology/Oncology



Seth Cohen, MD, is a Clinical Instructor of Medicine and the site director for the Mount Sinai Roosevelt Hospital. His area of clinical focus is management of genitourinary and gynecologic oncology.



Gabriel Sara, MD, is Medical Director of the Mount Sinai Roosevelt Chemotherapy Infusion Site and Executive Director of the Patient Services Initiative of the Continuum Cancer Centers of New York.

Dr. Sara is treasured by housestaff for his unwavering dedication to teaching and the care of his patients. From Dr. Sara, residents learn not only about medicine and oncology but also about life. He was awarded the "Wholeness of Life Award" by the hospital's chaplaincy in recognition of his holistic approach to patient care.

Hospital Medicine



Francois Dufresne, MD, is the Interim Chief of the Division of Hospital Medicine at Mount Sinai St. Luke's. Dr. Dufresne is no stranger to St. Luke's having worked as a hospitalist after completing his residency.

He is part of the newly expanded team at St. Luke's Hospital. He holds an academic appointment of Assistant Professor at Icahn School of Medicine.

Infectious Diseases



George McKinley, MD, is Director of the Tuberculosis Management Program at St. Luke's and Roosevelt, trained in Infectious Disease with special interests in Tuberculosis, Travel/Tropical Medicine and HIV.

Dr. McKinley is also the President of the SLR Alumni association. In addition to being a renowned Infectious Diseases specialist, he is one of our most dedicated faculty and a treasured favorite among housestaff, fellow and students alike.



Amy Rosenberg, MD, is Vice Chair for Administration for the Department of Medicine at Mount Sinai St. Luke's and Mount Sinai Roosevelt Hospitals, Interim Chief of the Division of Infectious

Diseases and Fellowship Director for the Infectious Diseases Division. She is extensively involved in the operations of the hospital including quality assurance and patient safety.

Nephrology



Anip Bansal, MD, is an Assistant Professor of Medicine and Associate Program Director for Nephrology Fellowship Program. He completed his residency and fellowship at St. Luke's-

Roosevelt and stayed on as an active member of faculty. He is highly respected by the residents and has won Teacher of the Year award. He specializes in the care of patients with chronic kidney disease, end stage kidney disease requiring hemodialysis or peritoneal dialysis, hypertension and electrolyte disorders.



Ira S. Meisels, MD, is Associate Professor and Division Chief of Nephrology and Director of Hemodialysis at Mount Sinai St. Luke's and Mount Sinai Roosevelt, and member of the Board of

Directors of the National Kidney Foundation of Greater New York. He is Yale and Harvard trained in Medicine and Nephrology.



James Jones, MD, is an Assistant Professor of Medicine and the Systems Medical Director of Clinical Documentation Initiative at Mount Sinai Health System and Director of Medical Informatics and Quality Initiative. He is board certified in

Internal Medicine, Nephrology and Critical Care. He is a prolific individual with a gift for multi-tasking.



Steven Smith, MD, is an Assistant Professor of Medicine and the Program Director of Nephrology Fellowship Program. He has special training and long term experience in caring for patients with

kidney transplants. He has been an active staff member for almost two decades.

Pulmonary/Critical Care



Edward Eden, MD, is Associate Professor of Medicine and Chief of the Division of Pulmonary & Critical Care Medicine. Dr. Eden is an engaging and dynamic instructor of medical students, residents and fellows alike whose academic interests include Alpha1-Antritypsin deficiency, asthma and COPD.



Hassan Khouli, MD, is Associate Professor of Medicine, Interim Chair of the Department of Medicine and Director of Critical Care Medicine, the Intensive Care Unit and Simulation Laboratory at Mount Sinai Roosevelt. He is also Chairman of the Medical Ethics Committee at Mount Sinai St. Luke's and Mount Sinai Roosevelt. His interests include severe sepsis, simulation training, and ethics concerning end-of-life decision making. Under his vision and leadership, the Center for Advanced Medical Simulation was created at Roosevelt, a state-of-the-art Simulation Laboratory, which is one of only a few of its kind in the New York region. Residents, fellows and students are involved in weekly sessions relating to mock RRT (Rapid Response Team) calls and Medical Code training.



Mirna Mohanraj, MD, is an Assistant Professor of Medicine, Director of Pulmonary/Critical Care fellowship at Mount Sinai St. Luke's and Mount Sinai Roosevelt Hospitals. She is also Director of the Lung Nodule Program and Director of the Procedure Service. She is actively involved in teaching the residents, quality improvement projects and research.



Janet M. Shapiro, MD, is Associate Professor of Medicine and Director of Critical Care Unit at Mount Sinai St. Luke's and beloved teacher of the housestaff. Dr. Shapiro is a prolific author with special interests in status asthmaticus and critical care of the obstetric patient and is always actively involved in our weekly Morbidity & Mortality Conferences. In practice, she is a paradigm of excellence and ethics in medicine, continuously demonstrating to us by example the art of compassion and empathy during difficult cross-roads in patients' lives.

Rheumatology



Nazia Hussain, MD, is an Assistant Professor of Medicine and one of our faculty rheumatologists who has educated countless residents in their knowledge of Rheumatology and mentored many of our housestaff to outstanding Rheumatology fellowships across the country (UPenn, Mass General, Columbia, to name a few). A devoted clinician and educator, the housestaff know that they can always count on Dr. Hussain to help them tap a joint!

EDUCATIONAL INNOVATIONS

As a resident at St. Luke's and Roosevelt you will take part in a rigorous training that reflects a spirit of innovation in medical education. We have the traditional conferences and methodologies for teaching such as chart review, morbidity & mortality, evidence based medicine, journal club to name some. Yet we have designed our program to be learner-centric and we think these differences not only educate our residents to be smarter and safer physicians, but also make for a better overall educational experience.

Our program has a long history of innovation in education. Many of these innovations are nationally recognized and have been adopted by major medical institutions throughout the country. As our housestaff knows, we are proud of our dynamic reputation and we are not shy to change a system if it improves education and training.

6+2 Ambulatory Block Model: St. Luke's and Roosevelt was one of the first to implement the unique system of two-week ambulatory blocks occurring every eight weeks. A dedicated two-week block allows for a much richer outpatient exposure and makes room for a number of educational activities including work in the simulation lab, the communications workshop and evidence-based medicine sessions, to name a few. Apart from internal medicine continuity clinics, residents have opportunities to rotate through a wide range of subspecialty clinics. Ambulatory didactics are conducted on two half-day sessions which include the Yale Office-Based Curriculum and an evidence-based medicine seminar which teaches residents to critically analyze medical literature. Dedicated time is set aside for the Johns Hopkins online modules which all residents are expected to complete.

No 24-Hour Call: In our program, there is no 24-hour call. We do this not only because of work hour regulations put into place by the state and the ACGME, but because we believe that this creates a safer environment for both our patients and our residents. To ensure coverage, the Department of Medicine has adopted a universal night float system both for inpatient floor rotations and the intensive care units. Residents feel this enhances their learning experience and decreases the fatigue that is associated with overnight call.

Center for Advanced Medical Simulation

(CAMS): We believe that training and educating tomorrow's physician leaders includes not only didactic and book learning, but hands-on experience. The largest simulation center in Manhattan and only one of fifty nationwide, our state-of-the-art simulation center is the only accredited sim center in New York City providing vibrant and dynamic training for our residents. A standardized curriculum that teaches diverse skills such as communication in stressful situations, procedures such as ultrasound guided central line insertion and leadership skills in medical code scenarios is taught to all housestaff. Each session in the simulation lab is directly observed by our faculty and each participant of the simulation is debriefed and given feedback at the end of the session. There are also a number of research studies being conducted in the CAMS Center as well. Residents rotate regularly through the center during their ambulatory blocks and during their Roosevelt floor and ICU blocks. Residents work closely with Hassan Khouli, MD, Director of the Simulation Program, as part of their training.

MENTORING AND CAREER DEVELOPMENT

One of the most important things the Department of Medicine does is to prepare our housestaff for each phase of their medical careers – whether that involves the increasing responsibility for teaching and patient care or planning life beyond residency.

Communications Workshop: At St. Luke's and Roosevelt, we believe that learning to communicate effectively in a dynamic and culturally diverse environment is as important as what is being communicated. We teach these skills through role-playing scenarios so each and every resident is developed into an outstanding communicator even in challenging clinical situations. We conduct workshops on breaking bad news, engaging challenging patients/relatives, end-of-life discussions with patients and family members, and communicating medical errors to patients.

Mentoring System and Career Development:

From your first day as a member of our housestaff you will be assigned a mentor and a chief resident as a mentoring team who will provide guidance throughout your training. You will develop additional mentors — either in the clinical or research arenas — as you develop more specific areas of interest. And we have rigorous and challenging fellowships in Cardiology, Endocrinology, Gastroenterology, Infectious Disease, Nephrology and Pulmonary Medicine. Our goal is to create a web of support and camaraderie for you as you navigate your residency and future graduate medical training.

Special Events: Each year we hold a Job Fair to educate our soon-to-be-graduates about their future career options. At the job fair, we discuss interviewing skills, contracts, and successful CV writing among other things. We also have a fellowship workshop to assist our end of year PGY2s navigate the process of applying for fellowship. We discuss how to obtain letters of recommendation and interview strategies to ensure a successful match. A research seminar is planned for the fall to assist PGY1s & PGY2s develop their research portfolio.

At the end of the academic year, the Department of Medicine also organizes an annual retreat for rising PGY1s and PGY2s to aid with their transition to their new roles and responsibilities of the next academic year. Residents are guided in teaching methods, learning to give feedback, and taking on team leadership roles as well as improving overall patient care.





Education Tracks



Whether you choose to do a three-year categorical residency or a one-year preliminary year, our goal is to provide our trainees with a rich and diverse range of clinical training and educational experiences that will prepare you to be an outstanding physician.

To prepare graduates for the changing world of academic medicine, our training program includes a full spectrum of patients and medical problems with an emphasis on “hands on” training where residents are directly responsible for the care of their patients.

Conferences and Teaching: The Department of Medicine places a strong emphasis on education and teaching. At weekly Department of Medicine Grand Rounds, selected local, national and international experts speak about the latest innovations in their fields. Residents are also encouraged to attend divisional rounds in Cardiology, Pulmonary/Critical Care, Nephrology, Infectious Diseases, Hem/Onc, Geriatrics, Psychiatry and Neurology.

Three times a week, residents have Morning Report which is structured as a case-based learning experience for both the simple and complex patients. Faculty participate in this conference, discussing differentials, diagnostic strategies and treatment decisions in an interactive format. At the St. Luke’s site, housestaff also participate in Autopsy Conference every other week, a multidisciplinary conference with Radiology, Pathology and Medicine in attendance that takes place in a special conference room in the Pathology suite. Interactive seminars also include weekly Morbidity & Mortality Conference, Journal Club, and novel conferences such as work flow, business in medicine and operations.

Finally there is a daily noon conference which is a vital part of our three-year curriculum designed to cover all important fields of Internal Medicine. Speakers include faculty, fellows and PGY3s, who present one Senior Lecture as representative of their scholarly activity.

CATEGORICAL RESIDENCY

After three years of training in Internal Medicine, our residents are fully prepared for any career in medicine they chose to pursue. Each year of training adds progressively more responsibility for both the care of patients as well as the teaching of the less-experienced learners.

As a PGY1, you will be exposed to the breadth and depth of internal medicine. You will spend on average two months on the general medicine floors, admitting both routine and unusual cases. You will begin to learn HIV medicine on our inpatient services for four weeks and cardiology for another month. You will get the opportunity to fine-tune your neurology examination skills with two weeks on the neurology consult service. All interns have two weeks of electives in endocrinology to obtain exposure to this subspecialty. Our interns develop skills in the care of critically ill patients in both the CCU and the Medical ICU. A month at MSKCC affords the opportunity to be exposed to quaternary-level cancer care.

A typical PGY1 Schedule is as follows:

PGY1	Weeks
Gen Med Floors	4-8
Specialty Floors	8-10
MSKCC	4
Elective/Research	2
Night Float	4-6
MICU	4-6
CCU	2-4
Ambulatory Care	12-14
Vacation	4
Consults	4

Our PGY2s gain more responsibility for the direct of care of their patients and supervision of their team on the general medicine floors and subspecialty teams (HIV, cardiology). Half of the class will have an additional opportunity to rotate through MSKCC. One full month is spent in the ED and additional exposure to our critical care units builds confidence in our residents to care for critically ill patients.

A typical PGY2 Schedule is as follows:

PGY2	Weeks
Gen Med Floors	6-10
Specialty Floors	4-8
MSKCC	4

ER	4
Selective/Research	6
Elective/Research	6
Night Float	4
MICU	4-8
CCU	2-8
Ambulatory Care	12-14
Vacation	4

As a PGY3, the formative experience is the time spent as the screening consult resident who is the liaison for patients going to the ICU and the medical consult resident who provides consultation to other services in the hospital. Seniors also spend time on the floors and in the critical care units to consolidate their leadership skills. Time is allocated for you to customize your schedule based upon your particular career interests.

A typical PGY3 Schedule is as follows:	
PGY3	Weeks
Gen Med Floors	4-8
Specialty Floors	2-4
MICU	2-4
Selective/Research	6-8
Elective Research	8
ICU Screens	2-4
Medical Consult	2-4
Ambulatory Care	12-14
Vacation	4

Ambulatory Blocks: Each resident spends 30% of their time in our ambulatory blocks. Residents will take care of patients in their continuity care clinic for seven half-days per two-week block. Residents are afforded the opportunity to develop their own patient panel and will participate in quality improvement projects, including a performance audit of their own patient care. Additional time is spent in the subspecialty clinics, such as Nephrology, Pulmonary, Rheumatology, and Gastroenterology.

A rich, didactic half-day includes seminars in Evidence-Based Medicine, Ambulatory Morning Report as well as geriatrics conferences. It is during your ambulatory blocks that you spend significant time training in the Simulation lab. Our unique workshops on communication skills also take place during the Ambulatory Block as well as teaching of the ACP's High Value Cost Conscious Care curriculum. Lastly, housestaff are given protected time to complete two assigned modules from the Hopkins online curriculum.

PRELIMINARY RESIDENCY

Our preliminary program is designed to provide a solid one-year foundation in clinical medicine for those entering other specialties. You will receive a rigorous and thorough basic training in internal medicine, with rotations on general inpatient medicine, HIV medicine, Cardiology, and Critical Care medicine. By the end of training, graduates of our preliminary program are capable of managing most medical conditions. Additionally, all preliminary interns will have at least eight weeks of call-free elective time during the year which can be spent in the internal medicine subspecialties, non-medical subspecialties (such as radiology), and can be done at any of the campuses in the Mount Sinai Health System.

A typical Preliminary Schedule is as follows:	
Prelim	Weeks
General Medicine Floors	16-20
Specialty Floors	8
MICU	4-6
Elective Research	8
Night Float	6
Vacation	4





The Class of 2015: Where are they now?

CATEGORICALS

Simon Abi Aad	Hematology/Medical Oncology	Montefiore Medical Center
Muhammad Nawaz Ahmed	Hospital Medicine	Vidani Medical Center
Imad Asaad	Liver Transplant	Rutgers Medical School
Kamara Cheryl Aseme	Primary Care	Mount Sinai St. Luke's Hospital
Farhan Ahmad Bajwa	Cardiology	UMDMJ
Chirag Pankajkumar Bavishi	Cariology	Mount Sinai St. Luke's and Roosevelt
Tara Ariela Berman	Hematology/Medical Oncology	National Institutes of Health
Serguel A Castaneda	Radiation Oncology	Drexel University
Jeffery Chao	Hospital Medicine	Kaiser Permanente San Francisco
Yi Feng Chen	Allergy/Immunology	SUNY Downstate
Francisco Javier Cordova	Endocrinology Research	Mount Sinai St. Luke's and Roosevelt
Jenna Crowe	Primary Care	Lahey Medical Center
Ajitpal Dhaliwal	Hospital Medicine	Mount Sinai St. Luke's and Roosevelt
Robert D'Avino	Cardiology	Winthrop University Hospital
Ved D. Desai	Hematology/Medical Oncology	Stony Brook University
George Elias El Hayek	Cardiology	Emory University School of Medicine
Nikita Fitzcharles	Primary Care	Manet Community Health Center
Christopher Joseph Gasho	Pulmonary/Critical Care	Loma Linda
Charlisa D. Gibson	Critical Care	Montefiore Medical Center
Amit Kumar Hiteshi	Hospital Medicine	California
Lucy Elise Horton	Infectious Diseases	University of California, San Diego
Nadim Aoun Jaber	Primary Care	Mount Sinai Hospital
Elizabeth Leigh Kenney	Hospital Medicine	Piedmont Newnan Hospital
Ismini Kourouni	Pulmonary/Critical Care	Mount Sinai St. Luke's and Roosevelt
Daniel Campina Calico Siragusa Leal	Hospital Medicine	Connecticut
Steven Lee	Hospital Medicine	White Plains Hospital
Marine Lutter-Hoppenheim	Hospital Medicine	Mount Sinai St. Luke's and Roosevelt
Mansi Mehta	Nephrology	NYU/Langone
Wungki Park	Hematology/Medical Oncology	University of Miami
Matthew Scott Patchett	Hospital Medicine	Utah
Alexandra Caitlin Perel-Winkler	Rheumatology	Columbia University
Jose Manuel Perez Coste	Hospital Medicine	North Carolina
Peter Dong-Yul Rhee	US Army	
Richard David Romano	Primary Care	North Carolina
Randi Rothbaum	Geriatrics	Beth Israel Deaconess
James Sebastian Salonia	Pulmonary/Critical Care	Mount Sinai St. Luke's and Roosevelt
Louissette Lise Soussan	Nephrology	Drexel University
Nora Rose Sudarsen	Hematology/Medical Oncology	University of Maryland
Vrinda Trivedi	Critical Care	Mayo Clinic
Zubin Firdaus Udhwadia	Hospital Medicine	California
Hongyin Wang	Nephrology	A Plus Medical Center

PRELIMINARY INTERNS

Alyssa Fischer	Dermatology	University of Vermont
Ashley Knight-Greenfield	Radiology	NYP-Weill Cornell
Michele Lee	Ophthalmology	Stanford Medical School
Nayoung Lee	Dermatology	Jackson Memorial Hospital
Michael Luo	Radiology	Beth Israel Deaconess
Elizabeth Marlow	Ophthalmology	NYP-Weill Cornell
Nicholas McGarvey	Radiology	Mount Sinai Beth Israel
Amir Noor	Radiology	Mount Sinai St. Luke's and Roosevelt
Marcel Perl	Dermatology	Mount Sinai Hospital
Yayone Rivaud	Radiology	Rutgers Medical School
Ferdinand Rodriguez Agramonte	Ophthalmology	Medstar Washington Hospital
Shaily Shah	Ophthalmology	SUNY Downstate
Seth Stein	Radiology	NYP-Weill Cornell
Jonathan Steinman	Radiology	NYP-Weill Cornell
Lauren Wiznia	Dermatology	NYU
Ashwinee Ragam	Ophthalmology	NY Eye and Ear Infirmary of Mount Sinai
Shilpa Gulati	Ophthalmology	Illinois Eye and Ear Infirmary
Richard Kaplan	Ophthalmology	NY Eye and Ear Infirmary of Mount Sinai
David Yang	Anesthesiology	Montefiore Medical Center

CHIEF RESIDENTS

Akshai Bhandary	Cardiology	NS-LIJ/Lenox Hill Hospital
Ahmad Hakimzada	Hospital Medicine	Methodist Hospital
Priya Simoes	Nutrition	Memorial Sloan Kettering Cancer Center
Jincy Thankachen	Cardiology	Stony Brook
Deepti Zalavadia	Primary Care	Ryan Centers/Mount Sinai

Our Residents



Our residents match the diversity of the patients that we serve. Our housestaff come from all over: New York City, the tri-state region, across the United States and all over the world. Residents embrace the opportunity to learn about different cultures and traditions as much as from each other as from their patients.

Five residents are chosen annually to stay on an additional year. They are role models, educators, leaders and housestaff advocates. In addition to scheduling conferences and speakers at grand rounds, they are an invaluable resource for teaching, conducting rounds, disseminating medical literature and overseeing administrative and educational aspects of the program.

RESIDENT LIFE

While the demands of residency are great, it is possible to take advantage of living in one of the greatest, most culturally vibrant cities on the planet. Throughout the year there are numerous activities that build camaraderie among the residents and allow you to have a good time. From the talent show to the holiday party to the end-of-the-year party, our residents truly enjoy each other’s company and like to spend time hanging out with each other.

Housing: The hospital provides housing for residents across the street from Mount Sinai Roosevelt Hospital. The two buildings located at 515 West 59th Street and 10 Amsterdam Avenue have apartments for residents at a subsidized rate, below market-value. Studios, one- and two-bedroom apartments are available, each with modern amenities like heating/air-conditioning units, laundry machines in the building and 24-hour security.

Transportation: There is a bus service (“the jitney”) provided between St. Luke’s and Roosevelt hospitals and most housestaff use that or public transportation to get between both locations. For those residents who choose to live “off-campus,” and to drive to work, there is subsidized parking at lots conveniently located near the hospitals.

Benefits & Salary: Residents at St. Luke’s and Roosevelt Hospitals are all part of the Committee of Interns and Residents (CIR) union. Representatives are chosen from the department and serve as delegates for the residents. CIR has been very

successful in negotiating a competitive compensation package, including medical, dental and vision benefits, as well as life insurance. In addition, residents receive four weeks of paid vacation, malpractice insurance paid by the hospital, disability insurance and reimbursement for travel to academic conferences. A complete list of benefits is available at www.cirseiu.org/benefits.

Year	Salary
PGY1	\$61,755.86
PGY2	\$65,801.54
PGY3	\$69,832.02

HOW TO APPLY

All educational programs at Mount Sinai St. Luke’s and Mount Sinai Roosevelt are open to qualified applicants regardless of race, religion, gender, color, creed, age, national origin, disability, sexual orientation, marital status or status as a disabled veteran or veteran of the Vietnam era. Members of underrepresented minority groups are encouraged to apply.

The Department of Medicine accepts applications exclusively through the Electronic Residency Application System (ERAS). Our program number is 140-35-21-301. Please select either of “Preliminary” or “Categorical” tracks.

Required Documentation:

- Personal Statement
- Dean’s letter
- Medical School Transcript
- 3 Letters of Recommendation, at least one of which is written by a physician from the Department of Medicine
- Medical school graduation: 2010 or later.

While we do not have minimum score requirements for the USMLE, the average score for the candidates who successfully matched with us this year was Step One: 235 (two digit score = 94) and Step Two CK: 236 (two digit score 96) First attempt only.

- We sponsor J-1 and H1-B visas.
- Clinical experience within the past two years is preferred.
- US clinical experience is not required.
- We do not offer pre-matches.
- ECFMG certification by the time of interview is helpful but not required

Application Timeline:

- September 15:** ERAS post office opens
- Late September:** Begin screening applications
- Early October:** Begin sending interview invitations
- November 1:** Dean's letter released by ERAS
- Early November:** Interviews begin
- December 15:** Application deadline
- Late January:** Interviews end
- Late February:** Rank lists entered

Interviews:

We interview candidates from the mid October to mid January. The interviews are conducted on Tuesdays and Wednesdays.

Interview Day: The interview day begins at 8:00 am; a continental breakfast is served. The morning session may be either at St. Luke's Hospital or at Roosevelt Hospital. You will receive a presentation from the program leadership describing various features of our program, attend morning report, take a tour of the hospital and interviewed by two faculty members. You will also be able to have lunch with the housestaff, during which you will have ample opportunity to interact with the residents. After lunch, you will be taken to the counter site by the jitney to tour the hospital. The tour at Roosevelt will also include a visit to the subsidized resident's housing located across the street. The interview day ends at approximately 2:30 pm. For information on directions and parking, please refer to our website.

For IMGs

J-1 Exchange Visitor Visa: The J-1 has been the visa most commonly held by international medical graduates (IMGs) engaged in residency training in the United States. The Graduate Medical Education (GME) Office of St. Luke's Roosevelt Hospital Center is responsible for processing of J-1 visa applications for physicians participating in clinical training programs.

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H1-B Temporary Worker Visas: Under certain circumstances, St. Luke's and Roosevelt may sponsor international medical graduates for H1-B visas for the purpose of receiving graduate medical education training. The only candidates who will be considered for H1-B sponsorship must be categorical candidates entering a training program of at least two years in length, who are (1) ECFMG certified and (2) must have also passed the USMLE step 3 by the time of the match result (usually mid-March). All sponsored candidates for H1-B visas must use the services of the lawyer associated with St. Luke's and Roosevelt Hospitals.

Other Work Permits: If you are expecting to receive a work permit by means other than the J-1 or H1-B visas, please review the circumstances with the program director or coordinator who should communicate this information to the GME Office.

CONTACT US

Mount Sinai St. Luke's

1111 Amsterdam Avenue
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New York, NY 10025

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1000 Tenth Avenue
3rd Floor, Suite 3A-09
New York, NY 10019

FOR ANY QUESTIONS, PLEASE CONTACT:

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Tejas Patel, MD

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Icahn School
of Medicine at
**Mount
Sinai**

**Mount Sinai St. Luke's & Mount Sinai Roosevelt
Internal Medicine Residency Program**

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