

## **Icahn School of Medicine at Mount Sinai / St. Lukes-Roosevelt Hospital Nephrology Fellowship Training Program**

**ACGME#: 1483521099**

Some quick facts about our nephrology fellowship program:

We are a small training program highly focused on excellence in clinical nephrology. We have a long history of training fellows in nephrology since 1979. Our hospitals serve a wide range of patients and fellows see the full spectrum of diseases that a nephrologist in clinical practice might expect to encounter. Our graduating fellows consistently report that they felt the fellowship prepared them well for practice in nephrology. We are proud of the fact that over the past 10 years we have had a 100% pass rate on the Nephrology Board Certification Exam. There are a total of 3 fellows in the training program.

Some of our fellows have gone on to academic careers and the rest into clinical practice. Despite our clinical focus, fellows have 4 months of research time over the course of the fellowship during which they are expected to develop a research project and at a minimum submit an abstract to one of the national meetings such as the ASN. Fellows are also expected to be involved in a Quality Improvement project during their training.

Our teaching model focuses on direct one to one supervision and mentorship by the faculty on the inpatient services. Patients are evaluated by the fellow and presented to the nephrology attending for initial evaluation and daily follow-up.

There are two primary inpatient rotations:

- 1.) Dialysis – all patients admitted to Mount Sinai St. Luke’s with ESRD being treated by either hemodialysis, peritoneal dialysis or a transplant.
- 2.) Consults – non-ESRD patients for whom any primary team throughout the hospital requests consultative services in nephrology

We also care for patients admitted to Mount Sinai Roosevelt Hospital. Fellows do not have a dedicated rotation at Mount Sinai Roosevelt but cover nephrology patients there overnight and on weekends with attending supervision.

Fellows spend 1 month each year at Mount Sinai Hospital on the renal transplant service. We also follow a population of chronic renal transplant patients at Mount Sinai St. Luke’s from which the renal fellows gain continuity experience. The senior fellows spend 2 weeks on the peritoneal dialysis service at Mount Sinai Hospital to supplement their exposure to PD.

Ambulatory experiences occur concurrently with inpatient rotations: half-day/week of renal continuity clinic, half-day/week of renal transplantation clinic and outpatient hemodialysis rounds at one of the chronic units.

We care for patients at several chronic dialysis units in Manhattan. Fellows are assigned to and follow a cohort of chronic hemodialysis patients on one shift at one of the units throughout the fellowship.

### **Other educational activities for our fellows**

Each year we send the senior fellow(s) to the Columbia University Renal Biopsy Course at New York Presbyterian Hospital. This intensive four day course assembles some of the best speakers in the world focusing on glomerular, tubulointerstitial and vascular diseases of the kidney.

Senior fellows attend the American Society of Nephrology (ASN) meetings with support for travel and registration fees.

The first year fellow(s) go to a one day “renal boot camp” course designed to cover a variety of topics and provide essential information for a first year renal fellow.

Fellows receive a core curriculum of didactic lectures (generally once weekly) designed to cover the full spectrum of clinical nephrology.

Fellows have attended one day courses throughout the year at various institutions in New York on a variety of subjects including CRRT, renal transplantation, peritoneal dialysis and glomerular diseases.

Fellows take part in journal club (generally once monthly) under the supervision of one of the faculty.

### **Housing**

Mount Sinai St. Luke’s and Mount Sinai Roosevelt maintain two apartment buildings near the Mount Sinai Roosevelt site in midtown Manhattan. Studio, one-bedroom and two-bedroom apartments are offered with housing assignments based on both apartment availability and employee family size. Rates are significantly below market for Manhattan.

Housing is guaranteed to those House Staff (interns, residents and fellows) who will be in ACGME accredited programs and submit a completed housing application by April 18<sup>th</sup>.

More detailed information can be found at the following link:

[http://www.wehealny.org/professionals/slr\\_gme/Housing\\_And\\_Parking.html](http://www.wehealny.org/professionals/slr_gme/Housing_And_Parking.html)

## **Salary**

Very competitive compared to most training programs in NYC.

## **The Faculty:**

Dr. Ira Meisels – Chief of the Division of Nephrology and Medical Director of Upper Manhattan Dialysis  
[imeisels@chpnet.org](mailto:imeisels@chpnet.org)

Dr. Steven Smith – Training Program Director and Medical Director of Harlem Green Dialysis – special area of interest is transplant nephrology  
[ssmith@chpnet.org](mailto:ssmith@chpnet.org)

Dr. Germaine Chan – faculty - special area of interest is peritoneal dialysis  
[gchan@chpnet.org](mailto:gchan@chpnet.org)

Dr. Anip Bansal – faculty – former fellow and teacher of the year; Medical Director of Rogosin Dialysis  
[anbansal@chpnet.org](mailto:anbansal@chpnet.org)

Dr. Purva Sharma – new faculty – Associate Training Program Director  
[pusharma@chpnet.org](mailto:pusharma@chpnet.org)

Dr. Stephen Hofmeister – ½ time faculty – Director of the Renal Ambulatory Clinic  
[shofmeister@chpnet.org](mailto:shofmeister@chpnet.org)

## **Other important members of the division:**

Aleksandra Aranova, PA – practices in the outpatient setting (Upper Manhattan Dialysis and Harlem Green Dialysis)  
[aaronova@chpnet.org](mailto:aaronova@chpnet.org)  
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Mildred Cotto – Nephrology Training Program Coordinator and Division Administrator  
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