Introduction to the Clinical Research Unit
Clinical Research Unit Overview

• **Services**
  - nursing, specimen processing

• **Hours**
  - 8 AM - 5:30 PM weekdays
  - 9 AM – 4:30 PM walk-in phlebotomy hours (Closed hospital holidays)
Updating CRU Paperwork

- Revised paperwork must be submitted whenever a change is made to the protocol that necessitates full IRB board review.
- Any changes to patient care, even in one-time situations, must be approved prior to being carried out on the CRU.
Nursing Services Available

- Outpatient nursing care
- History & Physical Exams by NPs
- Administration of Infusions
- Telemetry & Standard Monitoring
- Phlebotomy/Intravenous Access
- Investigational Drug Administration
- Sample Processing
Role of the In-service

• May be required after final Administrative Committee review

• Carried out before any admission but after the orders have been reviewed

• Describes the study procedures and reviews the nursing needs of the study

• Identifies potential logistical problems
Scheduling at the CRU is through the CRU Visit Request system, an eRap based program. For information about accessing this system contact Joanne Zephir, joanne.zephir@mssm.edu
Orders

- Must be aligned with the protocol, consent forms, and procedures.
- Investigators must work with coordinators to develop orders that clearly reflect the above, and match hospital policies and procedures, as well as any flow sheets/case report forms.
- Orders are pre-reviewed by CRU nursing prior to initiation.
- Resources are available online.
Study: ____________________________________
GCO #: ________________________________
Pt: __________________ (office: ________, cell: ________)
Co-I: (if applicable) ____________________ (office: ________, cell: ________)
Study Coordinator: ____________________ (office: ________, cell: ________)
Medication Policy

All investigational drugs administered at the CRU must be dispensed from the Mount Sinai Medical Center Investigational Drug Service.

For more information please contact Ivy Cohen,

ivy.cohen@mountsinai.org
Specimen Processing

• Samples may be stored temporarily

• Limited specimen processing such as:
  • Centrifugation
  • Slide preparation
  • Serum, plasma, and buffy coat extraction

• Up to 24 hours of specimen storage
CONTACT INFORMATION

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