Internal Medicine Residency Program at Mount Sinai Beth Israel
Mount Sinai Beth Israel Campus Map

1 Petrie Campus  Corner of 1st Avenue and East 16th St.  (212) 420-2000
2 Dialysis Center  120 East 16th St.  (212) 844-8611
3 Phillips Ambulatory Care  10 Union Square East  (212) 420-2000
4 Center for Digestive Health  main entrance 37 Union Square West  (212) 604-6822
5 Phillips Family Practice  16 East 16th St.  (212) 206-5200
6 BIMC Comprehensive Cancer Center West-Side Campus  325 West 15th St.  (212) 604-6000

☆ Main Entrance
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## Our Residents

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Introduction To Our Program
Dear Senior Medical Student:

The Internal Medicine Residency Program at Mount Sinai Beth Israel provides outstanding clinical training, research opportunities and preparation for a career in either academic or clinical medicine. These endeavors are carried out in a humane, respectful and supportive environment where the delivery of compassionate, high-quality care is the guiding principle.

For us, excellence is not just a fancy buzzword thrown around to inspire and motivate; it is a principle that we live by every day. Whether it’s excellence in patient care, in educating our trainees, or in mentoring and nurturing budding physician-scientists, it imbues our mission and drives us to do better for ourselves and for our patients.

Ultimately, the goal of our program is to provide you with solid clinical skills and the ability to adapt and function in the ever-changing environment of modern health care. We want you to graduate with the ability to pursue any area of academic medicine. Our residents consistently secure top fellowships around the country and thrive in academic medical centers. Our program supports resident scholarly activity, with many residents traveling each year to present their research work at local, national and international meetings.

The residency program places a great deal of emphasis on and takes great pride in the diversity of trainees’ clinical experiences. The patient mix is well balanced and represents the cultural and socioeconomic diversity of Beth Israel’s metropolitan location. Residents are responsible for and play a major role in the care of all of these patients, including continuity of care between inpatient and ambulatory settings.

The Beth Israel Department of Medicine’s total full time, part time and voluntary staff at all sites numbers more than 700 physicians, representing all disciplines of Internal Medicine. Full-time faculty members hold academic appointments at the Icahn School of Medicine at Mount Sinai and are involved in training residents and medical students on inpatient services, in the ambulatory setting and on the subspecialty services within the Department of Medicine.

Additionally, as a member of the Mount Sinai Health System, our residents are in a unique position to leverage the expertise and resources of the largest health care provider in the New York City area. As part of the Icahn School of Medicine at Mount Sinai, our residents have access to world-class educational and clinical resources.

If you are interested in advancing your medical training in a dynamic, urban environment that promises to provide unique opportunities for learning and living, we urge you to consider joining our mission.

Daniel I. Steinberg, MD
Program Director
Mount Sinai Beth Israel

Harry Fischer, MD
Acting Chair, Department of Medicine
Mount Sinai Beth Israel

David C. Thomas, MD, MHPE
Vice Chair for Education, Department of Medicine
Mount Sinai Health System

Barbara Murphy, MD
Chair, Department of Medicine
Mount Sinai Health System
Why Choose Mount Sinai Beth Israel
At first glance, it is often difficult to distinguish among residency programs. All promise to provide excellent medical training and to open doors for future careers. We believe that at Mount Sinai Beth Israel we can and do provide so much more, including an appreciation and value of our housestaff, a continued tradition of excellence, a varied and diverse experience, and an outstanding faculty who are deeply involved in your training.

**OUR VALUED HOUSESTAFF**

At Beth Israel, we are proud of our reputation for running a respectful and humane residency program. We ask for and value regular feedback from our housestaff about the program. We foster a warm and collegial atmosphere that is so appealing many residents choose to stay at or return to Beth Israel after their training.

**A TRADITION OF EXCELLENCE**

For more than a century, Beth Israel has been serving the New York community, providing excellent primary, secondary and tertiary health care to a robust and diverse population. Today, as a member of the Mount Sinai Health System, the physicians of the Department of Medicine at Beth Israel remain committed to giving their patients the very best clinical care all while creating a rigorous and challenging environment for our residents.

**LOCATION**

Located in the heart of lower Manhattan on the East Side, our campus is conveniently located between two different and vibrant neighborhoods. To our west lies Union Square, a center of the foodie scene in New York with the famous Union Square Greenmarket and a cultural and shopping mecca. Beyond Union Square is the Flatiron District and Chelsea – two other populous and distinct areas with different health care needs. To our south is the Lower East Side and Alphabet City, an economically and culturally diverse area where the population faces a variety of challenges around health care.

**DIVERSITY OF EXPERIENCE**

As a resident at Beth Israel, you will care for and be exposed to a large, varied patient population and complex cases in both the inpatient and ambulatory settings.

Inpatient care is delivered at the Milton and Carroll Petrie Division located at First Avenue and 16th Street. The Petrie Campus is a 750-bed, acute care teaching hospital, which is the main site for training in internal medicine.

The majority of our residents spend a significant period of time each year in the ambulatory setting, consistent with current ACGME requirements. An "on the ground" institution dedicated to serving our communities, Beth Israel is proud of its ambulatory care network, one of the largest in New York City. Ambulatory continuity training for housestaff occurs at three major sites — all of which are designated as Level 3 Patient-Centered Medical Homes.

**General Medical Associates** (GMA) is located steps from one of the busiest subway stations in New York City in the Phillips Ambulatory Care Center. Its location results in a large and diverse patient population from all five boroughs. At GMA, physicians provide comprehensive primary care, with all medical, surgical and radiology subspecialties located within the same building. Dedicated primary care faculty supervise residents in a longitudinal fashion, providing exceptional teaching and mentorship.

**The Ryan NENA Community Health Care Center** located on East 3rd Street in the Lower East Side of Manhattan is a Federally Qualified Health Care Center that serves this diverse community. Ryan NENA offers residents an outstanding precepting, learning and practice experience.

**Beth Israel Medical Group’s (BIMG) Manhattan West Village Practice** on 14th street between 7th and 8th Avenues in the heart of Chelsea provides comprehensive care to local and surrounding neighborhood residents. Housestaff receive superb hands-on training supervised by full-time primary care teaching faculty.
OUR FACULTY
As a medicine resident at Beth Israel, you will have the opportunity to work with and be mentored by a group of physicians who are dedicated to your education and training. The following is a sampling of our program and faculty leadership:

RESIDENCY PROGRAM DIRECTORS:

Daniel I. Steinberg, MD, is Program Director, Associate Professor of Medicine, and an attending in the Division of Hospital Medicine. Dr. Steinberg’s academic interests include medical education, mentorship of trainees, faculty development and evidence-based medicine. He is actively involved in the Society of Hospital Medicine (SHM), the Society of General Internal Medicine and the Association of Program Directors in Internal Medicine. He presents regularly at national meetings and serves on multiple national society committees. He serves on the 2015 Annual Meeting Committee for SHM and has written regularly for the American College of Physician’s Journal Club publication.

Adrienne M. Fleckman, MD, is Associate Program Director, Professor of Medicine and an attending in the Division of Endocrinology, Diabetes and Metabolism. Dr. Fleckman has over 25 years of experience as a medical educator. She mentors both residents and fellows in endocrinology in scholarly work, career and other professional development. In 2014 Dr. Fleckman taught in the Endocrine Physiology course for first year medical students at the Icahn School of Medicine at Mount Sinai.

Jose A. Cortes, MD, is Associate Program Director, Assistant Professor of Medicine and an attending in the Division of Infectious Disease. A long time educator, Dr. Cortes continues to develop innovative programs for our trainees, directing the residency program’s educational efforts in LGBT health and other areas. He regularly mentors both housestaff and infectious disease fellows. Dr. Cortes also runs a highly regarded HIV private practice in lower Manhattan.

Alfred P. Burger, MD, is Associate Program Director, Assistant Professor of Medicine and an attending in the Division of Hospital Medicine. Dr. Burger has specific interests in clinical reasoning and in mentoring of trainees in the development of clinical vignettes and case write-ups as early academic projects. Dr. Burger maintains involvement in several national society workgroups, focusing on hospital medicine, hospital systems and quality improvement. He was a member of the Society of General Internal Medicine’s Choosing Wisely recommendations work group and serves on the Society of Hospital Medicine’s Physicians in Training Committee.

John Andrilli, MD, is Associate Program Director, Chief of the Division of General Internal Medicine and Assistant Professor of Medicine. An experienced primary care educator, Dr. Andrilli oversees the residency’s ambulatory curriculum at all sites. He mentors housestaff in ambulatory quality and systems improvement, and has served as a course director for faculty-level educational seminars in primary care in New York City.

FACULTY LEADERS:

Allergy & Immunology

Mary Lee Wong, MD, is Assistant Professor of Allergy & Immunology. A well-known clinician in New York City, she maintains a very busy practice at the Phillips Ambulatory Care Pavilion. Dr. Lee Wong mentors many residents in academic projects and runs a very popular allergy elective.

Asian Services

Wan Lam, MD, is Medical Director of the Asian inpatient service which provides culturally sensitive care to the Chinese population of Lower Manhattan and other boroughs in New York City. Working closely with Dr. Lam, housestaff rotate on the service providing a unique opportunity to gain insight into one of the communities we serve.
Cardiology

**Blase Carabello, MD,** is Professor and Chair of the Department of Cardiology. Dr. Carabello is an internationally recognized expert in the field of valvular heart disease and is also the Medical Director of the Heart Valve Center at The Mount Sinai Hospital.

Endocrinology & Diabetes

**Gerald Bernstein, MD,** is a Professor of Endocrinology. He is also the Director of the Diabetes Management Program at the Friedman Diabetes Institute, an outpatient facility dedicated to empowering patients in the management of their disease.

**Agustin Busta, MD,** is Director of the Diabetes Clinic and the Clinical Trials Unit at Mount Sinai Beth Israel. Dr. Busta is involved in clinical, research and quality initiatives for the Department of Medicine throughout the institution. His research interests include optimizing outcomes in diabetics undergoing coronary artery bypass surgery.

Gastroenterology

**David Carr-Locke, MD,** is Professor and Chief of the Division of Gastroenterology. He is internationally recognized in the field of therapeutic endoscopy and brings 35 years of experience in gastrointestinal endoscopy to BI. He directs a unique advanced therapeutic endoscopy fellowship and trains endoscopists around the world.

General Internal Medicine

**Lisa Auerbach, MD,** is Assistant Professor of Medicine and a resident preceptor at General Medical Associates for sixteen. Her scholarly work is in the field of medical education. Past projects have been to develop a curricular innovation to include direct observation in the teaching of physical diagnosis and to develop a tool to assess clinical reasoning in second year medical students in a physical diagnosis course. She is currently pursuing a Master of Science in Health Professions Education at Massachusetts General Hospital Institute of Health Professions.

Geriatric Medicine

**Joyce F. Fogel, MD,** is an Associate Professor and Chief of Geriatrics. Dr. Fogel has developed a consolidated approach to caring for the geriatric patient which includes ambulatory, hospital and home-based care. Dr. Fogel oversees the residency program’s geriatrics rotation which has been a popular experience for our housestaff.

Hematology and Oncology

**Peter Kozuch, MD,** is an Associate Professor of Medicine and the program director for Mount Sinai Beth Israel’s Hematology/Oncology Fellowship. His clinical and research interests include malignancies of the pancreas and gastrointestinal tract.

Hospital Medicine

**Dahlia Rizk, DO,** is Assistant Professor and Chief of the Division of Hospital Medicine. Dr. Rizk has built the hospitalist program into one of the major inpatient clinical and teaching services in the hospital. She leads and is involved in numerous systems-based initiatives for the Department of Medicine and throughout the institution.

Infectious Diseases

**Donna Mildvan, MD,** is Professor and Chief of the Division of Infectious Diseases, and Director of AIDS Research at Mount Sinai Beth Israel. She is principal investigator of the NIAID-sponsored AIDS Clinical Trials Unit at Beth Israel. She is also Medical Director of the Peter Kruger Clinic. Dr. Mildvan was one of a handful of physicians who helped identify the presence of HIV/AIDS in New York City in the early 1980s.

**Brian Koll, MD,** is Professor of Medicine and Chairman of the Infection Prevention Committee for the Mount Sinai Health System, and Medical Director of Mount Sinai Beth Israel Infection Control and Prevention. Dr. Koll is internationally known for his work in infection control.
Nephrology

James Winchester, MD, is Professor of Medicine and former chief of the Division of Nephrology. He is interested in hemodialysis and peritoneal dialysis, as well as research into the use of sorbants in end-stage renal disease, inflammation and sepsis.

Pulmonary Disease, Critical Care and Sleep Medicine

Patricia Walker, MD, is Associate Professor and Acting Chief of Pulmonary, Critical Care and Sleep Medicine Division. She is an internationally known specialist in Cystic Fibrosis.

Pierre Kory, MD, MPA, is Associate Professor of Medicine and Program Director of the Pulmonary/Critical Care Medicine Fellowship at Beth Israel. He is nationally known for his expertise in critical care ultrasonography and simulation training.

Rheumatology

Harry D. Fischer, MD, is Associate Professor, Chief of the Division of Rheumatology and Acting Chair of the Department of Medicine at Mount Sinai Beth Israel. Dr. Fischer was one of the first rheumatologists to describe the rheumatic manifestations of HIV infection. His additional clinical interests include systemic lupus erythematosus, rheumatoid arthritis, vasculitis and Lyme Disease.

CAREER DEVELOPMENT

At Beth Israel, our residency program is designed to create a well-rounded and rigorously trained house officer. What makes us proud is that so many of our trainees choose to remain as fellows or return as faculty members. Regardless of your career plans, we provide thorough and thoughtful mentorship and professional development that best suits your individual trajectory and career plans.

The Buddy System: Upon entry into our training program, each house officer is paired up with both a chief resident and a program director who serve as the house officer’s “buddies.” The buddy systems allows for personalized, longitudinal mentoring. Chief residents provide one-on-one evaluation, counseling and advice to their house officer buddies.

House officers meet formally twice per year with their program director buddy to review performance, discuss career plans or fellowship applications, and any other pertinent issues. In addition, all our program directors pride themselves on being available to any resident for any issue whenever they should arise, and their doors are always open to housestaff and students.

Faculty and Peer Mentoring: There are different types of mentoring, and our system allows for each trainee to select which kind of mentoring works best for them. Every trainee is automatically part of the buddy program, described above. But support for residents doesn’t stop there. Many house officers naturally connect with subspecialty faculty who come to serve as mentors based on common interests, either professional or personal.

Peer-to-peer mentoring is another important way we foster support and collaboration in the Department of Medicine. Our housestaff will often work with a fellow who helps guide them in the development of a project. The high level of research collaboration attests to the close relationship between these two groups of trainees.

The Summer Research Presentation Series: Throughout July and August of each year, the subspeciality divisions in the Department of Medicine present their ongoing research projects to the new residents. This gives incoming housestaff an overview of what is going on in each division, and helps them identify faculty and fellows that they can contact for further guidance and research pursuits.
UNIQUE CURRICULUM
Our curriculum aims to develop and refine residents’ clinical reasoning skills and their ability to practice high quality, evidence-based medicine. Multiple venues and opportunities ask residents to integrate their knowledge of the basic and clinical sciences into real-life patient care and decision-making. A focus on critical appraisal and application of the most current literature to patient care is a theme throughout all teaching venues.

6+2 Inpatient/Outpatient System: More than three years ago, our program was an early adopter of this innovative scheduling system for our categorical program. Rather than running to and from their ambulatory clinic once a week during inpatient rotations, our residents now rotate on inpatient services for six weeks at a time without ambulatory responsibilities. This allows residents and inpatient teams to be most efficient and provide uninterrupted care on the wards. Then two dedicated weeks are spent full-time in the ambulatory setting. Our residents experience the daily routine of an outpatient physician, and have great opportunity and flexibility to provide continuity of care. This scheduling provides for a predictable variety and change of pace to the usual inpatient environment.

Academic Half-Day: One morning a week during ambulatory continuity rotations, residents from all three outpatient sites come together to learn as a group. Without the pressure of clinical responsibilities immediately before and after, residents are able to learn in a relaxed, stress-free environment. Topics range from clinical medicine to quality improvement to cultural competency and beyond. Multiple formats are used, including interactive small-group based workshops, interactive case conferences and traditional lectures.

A Geographic Team-Based Approach: Each inpatient team works with and learns from one of our academic hospitalists. But rather than caring for patients on floors throughout the hospital, each team cares for patients only on one ward. This ward-based approach fosters great and easy communication among members of the health care team, including social workers and nurses. It allows residents to always be steps away from their patients and their needs.

The Alice and Richard Netter Simulation Center: With the days of “see one, do one, teach one” gone, simulation training has become an essential part of the residency experience. Beth Israel boasts a state-of-the-art simulation center. Under the guidance of a chief medical resident and faculty, our housestaff undergo intense and wide-ranging training for managing a variety of emergent clinical situations. From behind a one-way mirror, dedicated Simulation Center staff and faculty throw out scenarios for residents to work through as a team. Interns are taught proper airway management and chest compressions. Medical residents serve as Code Team and Rapid Response Team leaders for all such calls throughout Beth Israel, and receive intensive clinical and leadership training in these areas. Communication and other tools adapted from the aviation industry and the military are taught and practiced. Residents also learn central line insertion and other procedures in the Simulation Center. This is widely viewed among the housestaff as a superb learning experience.
Education Tracks
OVERVIEW
As a resident at Mount Sinai Beth Israel, you will be fully immersed in a program that teaches you the clinical skills, knowledge and leadership qualities of a twenty-first century physician.

Formal instruction begins each morning with the residents leading bedside teaching and work rounds. Team members review the progress of each patient, incorporating patient management, teaching and discussion of clinical decision making. Residents and interns regularly present and discuss patients during rounds with the teaching faculty. Discussions range from the bench to the bedside, with a focus on clinical reasoning, diagnostic skills and application of the latest evidence to patient care.

Conferences provide another method for teaching and training. But at Beth Israel we do not believe in a one-way educational experience. Instead, in dynamic, interactive venues, housestaff meet with the chief medical residents, the program directors and the teaching faculty to present and discuss interesting and instructive cases. The history, physical and all test results are reviewed, with chiefs and faculty pointing out pertinent findings on labs, ECGs or radiologic studies. Senior residents present cases, often along with articles they have chosen from the medical literature, pictures they have taken of patients with their consent, or other supporting educational materials. In a supportive environment senior residents are asked to explain their medical reasoning, to justify their decisions with evidence and to consider the costs and risks of care.

EDUCATIONAL CONFERENCES
Noon Conference: Each day residents are provided a noon conference that can take many formats. Case presentations and lectures are delivered in an interactive format, with audience response technology used to enhance the learning experience. Lunch is provided. The noon conference curriculum covers the range of clinical Internal Medicine and subspecialty topics, as well as topics such as ethics, cost-effectiveness, business aspects of medicine and health care systems.

Interns’ Core Curriculum: Using the Socratic method, the chief medical residents meet with the interns regularly to discuss physiology, pathophysiology and treatment in a relaxed environment. Major areas of Internal Medicine are covered in this year-long curriculum.

Resident Grand Rounds (“Journal Club”): In the PGY2 and PGY3 years, residents present a clinical or research topic of their choosing to their housestaff peers and selected faculty. The session is moderated by a faculty member who is an expert in the field. During the presentation, the resident presents a scholarly review of the topic, including basic science background, current trends, and future directions. In addition, residents critically appraise and present an article from the recent literature that is relevant to the topic being presented. Direct one-on-one mentoring and assistance with preparation are given to each resident by a chief medical resident.

Resident Report: Separate resident report conferences exist for inpatient day and night float teams. At each of these, housestaff present a newly admitted case or interesting case of their choosing to their peers and the faculty. Residents are required to identify a focused clinical question and provide an evidence-based answer to the audience. Real-time review of lab and radiologic studies occurs in the presence of faculty to enhance and round out the discussion.

Department of Medicine Grand Rounds: Throughout the year, the Department of Medicine hosts nationally and internationally known speakers who present on topics in the basic and clinical sciences. Recent past speakers have included Nobel Laureates and other world renowned luminaries in medicine.

Subspecialty Conferences: Each division holds weekly subspecialty conferences, frequently including prestigious outside speakers. Residents on elective participate in these conferences. Senior residents rotating in the CCU are required to present formally to the faculty and fellows of the Department of Cardiology.
CATEGORICAL RESIDENCY
The primary goal of Beth Israel’s Department of Medicine Categorical residency training program is to provide the trainee with advanced medical knowledge, progressive experience in clinical decision-making and the opportunity to practice medicine in an environment of academic excellence. Training occurs in an atmosphere of openness, where residents are encouraged to raise questions and contribute ideas. Beth Israel offers a cooperative and a supportive environment. All members of the health care team work closely together. The hospital provides excellent ancillary services, including transport staff, clerks, phlebotomists and IV teams to facilitate safe and efficient patient care.

As a PGY1, you will further develop and master your organizational skills and ability to make efficient, clinically sound decisions as you rotate through various experiences. We expect our PGY1 housestaff to begin to think independently and to voice their opinion on diagnosis and treatment plans. PGY1s participate in our “Residents As Teachers and Leaders” seminar in the spring to help prepare them for their PGY 2 year.

A sample PGY1 schedule is as follows:

<table>
<thead>
<tr>
<th>PGY1</th>
<th>Months</th>
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<tbody>
<tr>
<td>Inpatient Medical Wards</td>
<td>3.5-4.5</td>
</tr>
<tr>
<td>Ambulatory Continuity Practice</td>
<td>3 (spread over 6 recurring 2wk blocks)</td>
</tr>
<tr>
<td>Night Float</td>
<td>1-1.5</td>
</tr>
<tr>
<td>Elective Time</td>
<td>See below under Elective Time</td>
</tr>
<tr>
<td>CCU</td>
<td>1</td>
</tr>
<tr>
<td>MICU</td>
<td>1</td>
</tr>
<tr>
<td>Geriatrics</td>
<td>0-1</td>
</tr>
<tr>
<td>Vacation</td>
<td>1</td>
</tr>
</tbody>
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As a PGY2, your responsibilities grow. You will lead and teach teams of interns and medical students on the inpatient wards and perform medical consultations to other services. In the ambulatory setting, you will enjoy an ever-increasing sense of continuity as your personal patient panel grows. PGY2s use their elective time to explore career interests or conduct research. Increased academic expectations include regular presentations at resident report and other conferences.

A sample PGY2 schedule is as follows:

<table>
<thead>
<tr>
<th>PGY2</th>
<th>Months</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inpatient Medical Wards</td>
<td>2-4</td>
</tr>
<tr>
<td>Ambulatory Continuity Practice</td>
<td>3 (spread over 6 recurring 2 week blocks)</td>
</tr>
<tr>
<td>MICU</td>
<td>0-1</td>
</tr>
<tr>
<td>ED</td>
<td>1</td>
</tr>
<tr>
<td>Night Float</td>
<td>1</td>
</tr>
<tr>
<td>Inpatient Neurology</td>
<td>0-.5</td>
</tr>
<tr>
<td>Elective</td>
<td>See below under Elective Time</td>
</tr>
<tr>
<td>Medical Admitting Resident</td>
<td>0-1</td>
</tr>
<tr>
<td>Geriatrics</td>
<td>0-1</td>
</tr>
<tr>
<td>Vacation</td>
<td>1</td>
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Our PGY3s assume major clinical leadership roles on the medical service. Advanced rotations include the CCU, the telemetry unit, and serving as the Code and Rapid Response Team leader for the institution. We expect our PGY3s to role-model professionalism and outstanding clinical care to their junior peers.
The transition to fellowship or clinical practice moves into high gear at the beginning of this year with ongoing individual mentoring by the program directors and faculty.

**A sample PGY3 schedule is as follows:**

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<thead>
<tr>
<th>PGY3</th>
<th>Months</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inpatient Medical Wards</td>
<td>2-3</td>
</tr>
<tr>
<td>Ambulatory Continuity Practice</td>
<td>3 (spread over 6 recurring 2 week blocks)</td>
</tr>
<tr>
<td>Medical Consult/Rapid Response Team</td>
<td>0-.5</td>
</tr>
<tr>
<td>CCU</td>
<td>1</td>
</tr>
<tr>
<td>Night Float</td>
<td>1</td>
</tr>
<tr>
<td>MICU</td>
<td>0-1</td>
</tr>
<tr>
<td>Medical Admitting Resident</td>
<td>0-1</td>
</tr>
<tr>
<td>Geriatrics</td>
<td>0-1</td>
</tr>
<tr>
<td>Elective</td>
<td>See below under Elective Time</td>
</tr>
<tr>
<td>Inpatient Neurology</td>
<td>0-.5</td>
</tr>
<tr>
<td>Vacation</td>
<td>1</td>
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</table>

**Elective Time**

Categorical residents are allotted up to six months of elective over the course of their three-year training. Two weeks are scheduled in the PGY-1 year. The remainder may be taken over the PGY-2 and PGY-3 years to suit individual preference and to allow for natural variability in the schedule. Two months of elective time must be taken in the ambulatory setting.

**SABBATH PROGRAM**

The Department of Medicine at Beth Israel provides a special program designed to accommodate Sabbath-observant Jewish residents. This program is fully integrated into the regular categorical program. These residents are exempt from hospital duties on the Jewish Sabbath (Friday evening to Saturday evening) as well as certain Jewish Holidays. However, the total number of hours worked is equivalent among all medicine residents. This schedule allows the observant Jewish resident to acquire premium medical training while not violating the Sabbath. Please note, this program has a special NRMP number for applicants.

**PRELIMINARY RESIDENCY**

Beth Israel offers an outstanding preliminary year for housestaff heading towards careers in other specialties. We regard the preliminary year as a discreet and important educational experience rather than just a stop along the way towards an advanced residency. Our program is challenging but is widely viewed as a tremendous developmental experience. The clinical and educational activities and the work schedule for preliminary housestaff are the same as for categorical housestaff. The exception to this is that preliminary housestaff do not attend ambulatory continuity clinic or ambulatory related activities. In recognition of the fact that our preliminary interns do more inpatient ward rotations than our categorical interns, they get significantly more elective time.

For anesthesia preliminary residents, in order to satisfy your advanced program's requirement for Emergency Department rotation, we require that two or four weeks of your elective time will be used. Exact amount will vary depending on the make up of the intern class.

Also please note that residents in the Preliminary/Neurology track have the same schedule as Preliminary Residents but must apply using a separate NRMP number.

**A sample Preliminary schedule is as follows:**

<table>
<thead>
<tr>
<th>Preliminary</th>
<th>Month</th>
</tr>
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<tbody>
<tr>
<td>Inpatient Medical Wards</td>
<td>5-7</td>
</tr>
<tr>
<td>Elective</td>
<td>1-1.5 (see above for anesthesia exception)</td>
</tr>
<tr>
<td>Night Float</td>
<td>1-1.5</td>
</tr>
<tr>
<td>CCU</td>
<td>1</td>
</tr>
<tr>
<td>MICU</td>
<td>1</td>
</tr>
<tr>
<td>ED</td>
<td>1 (if required)</td>
</tr>
<tr>
<td>Vacation</td>
<td>1</td>
</tr>
</tbody>
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The Class of 2014: Where are they now?

Abraham, Reuben .................................................. Primary Care .................................................. Private Practice
Andujar, Gabriela .................................................. Infectious Diseases ......................................... Tufts Medical Center
Castelli, Sandra ...................................................... Hospital Medicine ........................................ Long Island, NY
Chun, David .......................................................... Hospital Medicine ........................................ Geisinger Health System
Filipei, Jason .......................................................... Pulmonary/Critical Care .......................... Mount Sinai Beth Israel
Funakoshi, Tomohiro ............................................... Hematology/Oncology .................................. UNC – Chapel Hill
Greenfield, Meghan ............................................... Rheumatology ............................................... University of Washington
Huynh, Alexis .......................................................... Hospital Medicine ........................................ Owensboro Regional Hospital
Issa, Ghayas ............................................................ Hematology/Oncology .................................. MD Anderson
Krupka, Malka .......................................................... Primary Care ............................................... Refuah Health Center
Lee, Richard ........................................................... Primary Care ............................................... Los Angeles, CA
Levine, Elisheva ......................................................... Hospital Medicine ........................................ Montefiore Medical Center
Li, Nan ................................................................. Pulmonary/Critical Care .......................... Icahn School of Medicine
Lin, Yu Kuei ............................................................. Endocrinology ............................................... Cleveland Clinic
Low, Justin .............................................................. Primary Care ............................................... Kaiser Permanente
Masias Castanon, Camila ......................................... Hospital Medicine ........................................ Montefiore Medical Center
Mathew-Varghese, Betsy .......................................... Primary Care ............................................... Mount Sinai Beth Israel
Nadar, Christina ....................................................... Primary Care ............................................... New York, NY
Nagasaka, Misako ...................................................... Hematology/Oncology .................................. Karmanos Cancer Institute
Noshiro, Kana .......................................................... Nephrology ................................................... Harbor-UCLA Medical Center
Ogando, Sheena ........................................................ Rheumatology ............................................... Albert Einstein
Rohs, Nicholas .......................................................... Hematology/Oncology .................................. Mount Sinai Beth Israel
Singh, Simi .............................................................. Gastroenterology ........................................... Mount Sinai Beth Israel
Wu, Xiaoping ............................................................ Pulmonary/Critical Care .......................... Weill Cornell
You, Lu ................................................................. Primary Care ............................................... Private Practice
Zhou, Xuanjing .......................................................... Cardiology ............................................... Mount Sinai Beth Israel

PRELIMINARY INTERNS

Chancellor, Breehan .................................................. Neurology ....................................................... NYU
Choi, Evan ............................................................ Neurology ....................................................... Albert Einstein
Christenbury, Joseph ............................................... Ophthalmology ........................................... UCLA
Coffey, Kristen .......................................................... Radiology ....................................................... Weill Cornell
Kahkeshani, Kourosh ................................................. Neurology ....................................................... Mount Sinai Beth Israel
Lai, George ............................................................. Neurology ....................................................... Mount Sinai Beth Israel
Lloyd, Maureen .......................................................... Ophthalmology ........................................... Brown University
Madan, Raman .......................................................... Dermatology ............................................... SUNY Downstate
Masor Stember, Danielle ............................................. Neurology ....................................................... NYU
Navis, Allison .......................................................... Neurology ....................................................... Mount Sinai Beth Israel
Park, Jung Yeon .......................................................... Neurology ....................................................... Mount Sinai Beth Israel
Patei, Vivek ............................................................. Radiation Oncology .................................. Brigham and Women’s Hospital
Petrisorci, Joseph ....................................................... Neurology ....................................................... Albert Einstein
Rogge, Megan .......................................................... Dermatology ............................................... Icahn School of Medicine
Vgontzas, Angeliki ....................................................... Neurology ....................................................... Albert Einstein
Walker, Fairen .......................................................... Phys. Med & Rehab ........................................ Icahn School of Medicine
Zoghbi, Zena ............................................................ Dermatology ............................................... Columbia University

CHIEF RESIDENTS

Amoruso, Leonard .................................................. Primary Care ............................................... Mount Sinai Beth Israel
Lee, Christina .......................................................... Pulmonary/Critical Care .......................... Cedars-Sinai Medical Center
Micelli, James .......................................................... Rheumatology ............................................... Columbia/NYP
Platsman, Zlata .......................................................... Cardiology ............................................... North Shore-LIJ
Our Residents
The residents at Mount Sinai Beth Israel give the program its unique character and feeling. Our housestaff is a truly representational group – hailing from many states within our country and from all around the world – all from some of the best medical schools around.

The Internal Medicine Residency Program at Mount Sinai is designed to foster a team approach to patient care and learning. An essential component of that is creating an environment of friendship, camaraderie and well being among residents and between residents and faculty.

Four residents are chosen annually to stay on an additional year. The Chief Medical Residents are a major force in our residency training program. In addition to scheduling conferences and speakers at grand rounds, they are an invaluable resource for teaching, conducting rounds, disseminating medical literature and overseeing administrative and educational aspects of the program. Through the initiatives of the Chief Medical Residents, new program improvements are proposed and accomplished.

**RESIDENT LIFE**

Despite the demands of residency training, there is still an opportunity to become involved in extracurricular activities and have a personal life. And at Beth Israel we value input from our housestaff on a variety of subjects including scheduling, curriculum and operations. Your life as a resident is not a one-dimensional experience; there is time to give back, time to explore New York City and to make life-long connections.

**Housestaff Council and the Importance of Resident Feedback:** A peer elected internal medicine residency housestaff council meets regularly with the program leadership to explore new ideas and problem solve. The council may bring any issue to the table for collaborative discussion. All PGY classes are represented on the council including preliminary interns.

Resident feedback about all aspects of the program is regularly sought and highly valued. Housestaff input and feedback is considered and incorporated when new initiatives or policies are considered.

As an example, we have an anonymous “online suggestion box” web survey, through which housestaff can express views or concerns. This survey is checked weekly, and new submissions are discussed by the chief residents and the program directors at their weekly cabinet meeting.

**Institution level involvement of medical residents:** We encourage our residents to take advantage of the chance to help shape the institution they are training in. Many of our residents sit on institution-level committees, placing them at the table with hospital leaders and giving them opportunity to provide direct resident input into various initiatives. Institutional committees that medical residents sat on during the 2013—2014 academic year included: Blood Utilization, Cancer, Code/RRT, Ethics, Lesbian/Gay/Bi-Sexual/Transgender Health, Patient Safety, Medication Error, Beth Israel Medical Board, Graduate Medical Education, Quality Performance and Improvement, among others.

**Community Involvement:** Our residents have the chance to serve the New York City community in multiple ways beyond traditional rotations. Our medical residents have regularly served as doctors at the New York City Marathon, providing care to runners in the finish line medical tent. Residents have also staffed blood pressure, HIV and colon cancer screening booths at community events, such as the HOWL! Art Festival on the Lower East Side of Manhattan. Our program offers a unique elective in Lesbian, Gay, Bi-Sexual and Transgender Health, in which residents spend time learning and providing care at the world class Callen-Lorde Community Health Care Center in the Chelsea section of Manhattan.

**Life in NYC:** Our location in lower Manhattan offers innumerable activities for time away from work. Virtually everything you will need on a day to day basis will be within walking distance from where you live. For longer trips in the city, you absolutely don’t need a car, as our public transportation system is fast, reliable and very safe. Cyclists will find lower Manhattan to be extremely bike friendly, with dedicated bike lanes throughout the neighborhoods that surround Beth Israel.
Restaurants and shops abound within walking distance in our immediate neighborhoods of Gramercy Park, Union Square, and the East Village. Union Square, a few blocks from the hospital, has a Whole Foods store, a Trader Joe’s, and an enormous multi-level Barnes and Noble Bookstore. Nothing like writing up a case report or research project on your laptop overlooking Union Square!

In addition, New York City’s flagship Greenmarket, a collection of vendors selling fresh produce and other foods from local and upstate farms, is found in the center of Union Square.

With a little research (check out *Time Out New York*, Yelp, *New York Magazine*, or City Search) even a couple of hours off can become a wonderful dinner at a tapas bar, a trip to a wine bar, or a Broadway show. A short subway ride can result in a stomach full of fantastic, truly authentic Indian or Pakistani food in Jackson Heights, Queens, or a complete cultural immersion experience in the peaceful and fascinating Russian neighborhood of Brighton Beach in Brooklyn.

Like the outdoors? Well, this isn’t Colorado of course, but there are plenty of options. A peaceful or active day in Central Park cures many woes and people have been known to actually forget they are in New York City after a few hours (granted there have been no randomized trials for this, but we draw this conclusion based upon good anecdotal evidence). Ninety minutes north of the city is the Mohonk Preserve, home to spectacular hiking. Some of the best rock climbing in the country, and an exceptionally cool town, can be found in and around New Paltz, NY, also just 90 minutes north of Manhattan.

For those of you who crave the beach, Jones Beach and Robert Moses State Park are all just a short ways from the city and make nice day trips.

Housing, Salary, Benefits and Contractual Information: Mount Sinai Beth Israel guarantees housing to all of its residency trainees. Housing is located either across the street or within just a few blocks of the main hospital. Salary and benefits are very competitive with other area programs. For more information on these topics please visit the Beth Israel Graduate Medical
Education website at: www.bethisraelgme.org (applicants who have been invited for an interview will receive a password to this site in their invitation e-mail, and it is recommended that you review the information on this site.)

**HOW TO APPLY**

**General Information**

- We are an “all in” program under the new NRMP rules. We do not offer any pre-match positions.
- Applications will only be accepted through ERAS, the Electronic Residency Application Service.
- No applications or supporting materials (letters, score reports) will be accepted via mail or fax.
- There is no minimum score requirement for the USMLE or COMLEX, however, applicants with any failing score(s) will not be considered for an interview.
- Application deadline is November 15.
- In order to apply you must submit: Dean’s Letter, Department of Medicine letter if you are an American medical school graduate, two additional letters of recommendation from attendings who supervised you, medical school transcript, personal statement, curriculum vitae and USMLE transcript with Step 1 and 2 scores or COMLEX transcript with Level 1 and Level 2 scores.*
- You must have graduated medical school within the last five years in order to apply.

**The following information pertains to International Medical School Graduates:**

- If all requirements are met prior to submitting our rank list, we can sponsor J-1 and H1-B visas.
- We will not interview an International Medical Graduate without ECFMG certification.
- US clinical “observerships” are not required, but are helpful.
- We have International Medical Graduates in our current program.
**Information on the program size and application/interview notification process:**

- We have approximately 15 preliminary and 35 Categorical positions.
- A committee reviews the applications to determine if an interview will be granted. Due to the volume of applications received we will not be able to interview all applicants.
- Our interview session starts in early November and ends in January. There are no interviews between Christmas and New Year. We interview categorical applicants on Mondays and Thursdays. Preliminary applicants are scheduled for Wednesday interviews.
- If selected for an interview, you will receive an invitation via email to the address you submitted to ERAS.
- Application status is never communicated to applicants by phone. We do not provide updates on an application.
- Due to our very high number of applicants, we apologize that we will not be able to notify you if you are not selected for an interview.

*USMLE Step 3 or COMLEX Level 3 passage is required before entering the PGY3 year.*

**CONTACT INFORMATION**

Applications for positions in our residency program will be processed through ERAS (Electronic Residency Application Service). Inquiries concerning the philosophy, content or form of the program should be addressed to:

**Cynthia Dominguez**  
Manager, Internal Medicine Residency Training Program  
Department of Medicine  
Mount Sinai Beth Israel  
350 East 17th Street  
20th Floor, Baird Hall  
New York, NY 10003  
(212) 420-3363  
Email: intmed@chpnet.org

You may also email the Program Director or Chief Residents with questions or for more information.

**Daniel Steinberg, MD**  
Director, Internal Medicine Residency Program  
dsteinbe@chpnet.org

**Supreeti Behuria, MD**  
sbehuria@chpnet.org

**Joshua Kra, MD**  
jkra@chpnet.org

**Matthew Kutner, DO**  
mkutner@chpnet.org

**Brianna Siegel, MD**  
brsiegel@chpnet.org

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**POSITION NRMP #**

- Categorical – 1470140C0
- 3YR Sabbath – 1470140C2
- Preliminary Program – 1470140P0
- Preliminary/ Neurology Program – 1470140P1