ADULT PSYCHIATRY RESIDENCY PROGRAM

Department of Psychiatry
The Mount Sinai Medical Center
Mount Sinai School of Medicine
THE ICAHN MEDICAL INSTITUTE – LOCATED ON THE EAST SIDE OF THE MOUNT SINAI MEDICAL CENTER CAMPUS – IS HOME TO THE DEPARTMENT OF PSYCHIATRY ADMINISTRATIVE OFFICES AND SEVERAL INPATIENT PSYCHIATRIC SERVICES.
We welcome your questions and comments. Please direct inquiries to the Department of Psychiatry Residency Program Office:

Michelle Melendez, Residency Program Coordinator
T: (212) 659-8734  F: (212) 659-8710  Email: Michelle.Melendez@mssm.edu

(Left to right)
Standing: Andrei Moroz, MD (Chief Resident); Hiwot Woldu, MD (Chief Resident); Michelle Melendez, C-TAGME (Coordinator); Claudine Egol, MD (Chief Resident)
Seated: Ronald Rieder, MD (Vice Chair for Education & Director of Residency Education); Asher Simon, MD (Associate Director of Residency Education)
Greetings from the Directors of Residency Education

Welcome to Mount Sinai. We are very pleased that you are interested in embarking on your career in psychiatry at The Mount Sinai Medical Center.

We consider psychiatry to be the most interesting and challenging specialty in medicine, charged with caring for those who otherwise would lead troubled lives, with risk of exclusion, isolation, and suicide. These illnesses result from complex pathways involving genetic predispositions, the development of mind, cognitive-behavioral traits, personal meanings, and interactions with adverse or beneficial social and material environments. We now have potent treatments that are constantly being refined. Our psychotherapies, pharmacotherapies, and other biological treatments can literally give life back to our patients. Since a major part of our focus is on inner, subjective experiences – thoughts, emotions, hopes, memories, and self-reflections – we are privileged to know our patients in ways that lead to a deep and fulfilling sense of connection. Our aim is to teach residents to arrive carefully at diagnoses by interviewing and understanding in ways that help patients reveal their painful inner lives. We want to prepare you to recognize and treat the many different conditions that are grouped as mental disorders and to learn how behavior and mental events are linked to that amazing organ – the brain. We have wonderful partners in the neurosciences that are now focused on studying the higher functions (e.g., memories, emotions, decision making) which are often dysregulated in our patients, allowing us to further elucidate theories of how vulnerabilities develop and how life events and treatments can interact in adverse as well as protective ways.

At Mount Sinai we want all residents to gain the knowledge base and clinical skills to practice clinical psychiatry, but we aim for more than that. The field of psychiatry continues to expand, and one’s ability to practice as a general psychiatrist is in some ways becoming outdated. Especially in an urban setting, a patient often seeks the expert for her/his condition. For a long time, psychiatrists have specialized according to population treated (e.g., geriatric, child) or method of treatment (psychotherapist, psychopharmacologist). However, we at Mount Sinai see psychiatry undergoing a new sort of differentiation – along the lines presaged by medicine and neurology – into subspecialties based on syndrome and/or disease processes (e.g., autism, bipolar disorders, anxiety disorders, attentional disorders, etc.). And, as some of the best treatments in psychiatry entail combining high-level psychopharmacology and illness-specific psychotherapy, we seek to train psychiatrists with clear areas of expertise in each. As in your undergraduate careers, we will encourage you to define a major or area of concentrated focus, and we aim for you to graduate with a valid sense of expertise that will merit you a position of distinction when you go on to further training, clinical practice, research, or teaching/administrative positions. Residents at Mount Sinai have an opportunity to develop individually-tailored programs in which they can focus their training in a defined clinical area of interest and develop into a specialist able to provide the most effective, evidence-based treatments for patients in that domain, both psychopharmacological and psychotherapeutic. These skills are honed through advanced training and mentorship and provide a basis for developing careers as not only expert clinicians, but also clinician-researchers, educators, administrators, advocates, theorists, and those who bring awareness of mental illness and potential treatments to the public.

In a similar way, we also prize our ability to train researchers who will lead and advance the field of psychiatry. The mentorship provided by world-renowned and highly-productive leaders in the fields of neuroscience and psychiatry makes Mount Sinai’s dedicated Physician-Scientist Research Track the ideal place to receive individualized advanced training in clinical and research skills necessary to perform research to understand and treat psychiatric disorders.

From creating researchers to concentrated clinical experts, our approach allows for a high degree of flexibility, tailoring, and personalization as you determine your future as an effective contributor to the field of psychiatry and to the needs of psychiatric patients.

We strive to provide an open, stimulating, and supportive environment for our residents. Residency education involves hard work, but there is joy and excitement in becoming a psychiatrist, and we intend for these years to be professionally productive and personally fulfilling. Again, welcome to Mount Sinai. We look forward to sharing with you our enthusiasm about the Mount Sinai Residency Program in Psychiatry.
DIRECTORS OF RESIDENCY PROGRAM

Ronald O. Rieder, MD
Professor of Psychiatry & Vice Chair for Education
Director, Residency Education in Psychiatry
BA, Harvard University
MD, Harvard Medical School
Residency in Psychiatry, Albert Einstein College of Medicine

A career educator and mentor, Dr. Rieder is Vice Chair for Education and Director of Residency Education in Psychiatry at the Mount Sinai School of Medicine. He joined the Mount Sinai faculty in 2007 after serving as Vice Chair and Director of Residency Education at Columbia University since 1979. He is the 2008 recipient of the American Psychiatric Association’s highest award for education, the Vestermark Award, and he is a past President of the American Association of Directors of Psychiatric Residency Training. From 1970-1979, Dr. Rieder conducted research on schizophrenia at the National Institute of Mental Health, and he has continued to develop research training as well as clinical training for psychiatrists, nationally and at Mount Sinai, where he initiated the Physician-Scientist Track.

Asher B. Simon, MD
Assistant Professor of Psychiatry
Associate Director, Residency Education in Psychiatry
BA, Brown University
MD, Albert Einstein College of Medicine
Residency in Psychiatry, Mount Sinai School of Medicine

Dr. Simon is the Associate Director for Residency Education in Psychiatry. He previously served as the Medical Director of the Continuing Day Treatment Program from 2005-2009, where he taught and supervised residents in the care of treatment-resistant patients using creative psychopharmacology and psychotherapy in an interdisciplinary systems-intensive focus. A dynamic and vibrant clinician educator since early in his residency, Dr. Simon has received multiple awards for his teaching from residents, medical students, and institution-wide, as well as recognition from the American Psychiatric Association. Atop his attention to education, Dr. Simon has special interests in the phenomenology of psychosis, psychodynamic psychotherapy, psychiatric interviewing and formulation, and the spectrum of traumatic stress and dissociative disorders. He has authored articles on residency education in neuroscience and psychotherapy as well as the textbook, Blueprints Clinical Cases in Psychiatry.
HIGHLIGHTS OF OUR PROGRAM

DUAL APPROACH: RESEARCHERS AND CLINICAL EXPERTS

1. **Train psychiatrists with clear areas of expertise.**

Residents have an opportunity to develop individually-tailored programs in which they can focus on training in a defined clinical area of interest and develop into a specialist able to provide the most effective, evidence-based treatments for patients in that domain, both psychopharmacological and psychotherapeutic. These skills are honed through advanced training and mentorship and provide a basis for developing careers as not only expert clinicians, but also clinician-researchers, educators, administrators, advocates, theorists, and those who bring awareness of mental illness and potential treatments to the public.

2. **Train researchers who will lead and advance the field of psychiatry.**

The mentorship provided by world-renowned and highly-productive leaders in the fields of neuroscience and psychiatry makes Mount Sinai’s dedicated Physician-Scientist Research Track the ideal place to receive individualized advanced training in clinical and research skills necessary to perform research to understand and treat psychiatric disorders.

- We aim to attract and train academically-minded residents to become leading psychiatry-neuroscience researchers and clinical leaders with defined areas of expertise.
- We will inspire and assist trainees to focus their education on a defined, specialized area of psychopathology or research (e.g., autism, schizophrenia, neuroimaging, genetics), in which they will receive advanced training and mentorship.
- Some trainees will be specifically trained to perform research in neuroscience and psychiatry and will be provided with the time and resources necessary for their success.
- The education of psychiatric residents will focus on emerging knowledge regarding the pathogenesis of psychiatric disorders, so that they can employ the new model of treating the causative factors of psychiatric disorders described above.

INNOVATIVE, STATE-OF-THE-ART PSYCHIATRIC EDUCATION ACROSS ALL FOUR YEARS

- Exposure to an exceptionally diverse patient population across ethnic, socioeconomic, gender, age, and diagnostic categories
- Early breadth of exposure via rotations on our general and specialized units leads to deepening experiences directed by one’s own interests
- **Flexible scheduling** to tailor residents’ training experiences and promote subspecialization
- Opportunities for longitudinal research with active mentorship throughout the training process to allow for exploration and development of individual interests within psychiatry
- Academic productivity expected of all residents, culminating in a publication-worthy product prior to graduation
- Experience of training under personable, accessible faculty with national expertise in subspecialty areas of psychiatry

“I knew immediately after interviewing at Mount Sinai that it was the perfect fit for me! What struck me most was how seamlessly the residency program integrated both intellectual development and clinical experience; and as a resident you are always valued as both a learner and a provider. The attendings are approachable and eager to collaborate with the residents, and the students are enthusiastic and excited to learn. The diversity of opportunities in the program is matched by the incredible diversity of the city, and the residency allots you just enough time to explore the unique culture and dynamics of New York City.”

Ilana Jerud, MD
PGY-1
HIGHLIGHTS OF OUR PROGRAM

PGY - 1

- Rotations on specialized psychiatric services:
  - Inpatient Adult, Child/Adolescent, Geriatric, Substance, Forensics
  - Psychiatric Emergency Service
- Didactics: Weekly curriculum on Interviewing, Diagnosis, Formulation, & Treatment
- Case conferences and clinical seminars
  - Weekly case conferences, focusing on psychiatric case formulation, symptom-specific interviewing, and patients’ subjective experiences, taught by Asher Simon, MD
  - Unit-specific case conferences led by senior faculty
  - Weekly seminar “Psychoanalytic Perspectives of Inpatient Psychiatry,” taught by the Medical Director of the New York Psychoanalytic Society & Institute
  - Twice weekly morning report with Ronald Rieder, MD, to discuss interesting cases and issues seen during short call and night float
- Internal Medicine Options: Choice of adult or pediatrics
  - 2 months adult or pediatric inpatient medicine
  - 1 month outpatient medicine
  - 1 month adult emergency medicine
- Neurology: 1 month inpatient neurology; 1 month neurology consult service
- On-Call: Short-Call and Night Float System, eliminating weekday overnight call

PGY - 2

- Continue rotations on specialized inpatient and emergency psychiatric services
- Begin clinical work at the Bronx Veterans Affairs Medical Center
  - Outpatient substance abuse treatment, Outpatient evaluation clinic, Inpatient psychiatry, C/L
  - One of only 10 VA hospitals in the country designated by Congress as a Mental Illness Research, Education, & Clinical Center (MIRECC)
  - Opportunity to work in a nationally recognized center for PTSD treatment & research
- Weekly half-day of protected didactic/class time
  - Psychiatric Interviewing; Psychotherapy; Psychopharmacology; Neuroscience; Phenomenology; Social Psychiatry; Evidence Based Medicine; Research Design; Ethics; Specialized Topics
  - Weekly Process Group: A three-year group experience providing a forum to experience group dynamics and facilitate cohesion among classmates
- Elective time to explore and develop individualized clinical and research interests
- Initiation of outpatient psychotherapy experience under individualized supervision
- Training in Electroconvulsive Therapy (ECT)
- More intensive clinical teaching responsibilities:
  - Function as a “junior attending” supervising students on some psychiatry services
- Begin meeting with mentor/advisor to facilitate working on individual project, developing career trajectory, and navigating the national psychiatric landscape
- On-Call at the Bronx VA, with attending back-up: night float system

“I was drawn to Mount Sinai from Texas because of the warmth and well-roundedness of the people that I met during my interview. I have appreciated the diversity of experience in psychiatry that Mount Sinai has to offer, and the favorable work-life balance has allowed me to also explore the vast culture that NYC has to offer. I believe that having these experiences allows me to be a better and happier psychiatrist. I am very pleased with my decision to come to Mount Sinai.”

Brandon Johnson, MD
PGY-2
HIGHLIGHTS OF OUR PROGRAM

PGY-3

- **Formal training and supervision** in the psychotherapies:
  - Long-Term and Brief Psychodynamic, Supportive, CBT, DBT, Interpersonal, Family/Couples, Group, Prolonged Exposure, Cognitive Processing, and others
  - Individualized supervision by senior psychotherapists, including psychoanalysts through Mount Sinai’s formalized affiliation with The New York Psychoanalytic Society & Institute
- **Longitudinal training** in the assessment and treatment of outpatients, including geriatric patients, children & adolescents, and the acutely and chronically ill
- **Longitudinal training** in the treatment of severely and persistently mentally ill patients in Mount Sinai’s Continuing Day Treatment Program
- **One half-day of elective time per week**, allowing residents to develop proficiency in specialized diagnostic and therapeutic modalities, or research
- **Didactics**: One day per week—protected time
  - Continuing longitudinal courses in Psychotherapy, Psychopharmacology, Neuro-science, Social & Community Psychiatry, and Continuous Case Conferences
- **On–Call**: Night Float System, in the dedicated Psychiatric Emergency Service, which is staffed by an Attending Psychiatrist 24/7 to maximize supervision of residents
- **Presentation of a clinical case for Grand Rounds**

PGY-4

- **8 months of elective time in specialized settings**, providing residents with mentorship and resources to develop clinical and/or research expertise
- **Continuation of long-term psychodynamic psychotherapy and supervision**
- **A more circumscribed longitudinal outpatient experience**, allowing residents to continue treating patients of their choosing and providing residents with more time for their own clinical and research interests
- **Didactics**: One day per week—protected time
  - Advanced courses in psychiatric interviewing, psychotherapy, psychopharmacology, careers in psychiatry, etc.
  - Continuation of Process Group
- **Training in Psychosomatic Medicine** (Consultation/Liaison Psychiatry) within one of the preeminent academic medical centers in the United States, with faculty who pursue various subspecialty work in transplant psychiatry, movement disorders, HIV psychiatry, and the psychiatric aspects of multiple sclerosis
- **No call duties**

“Entering my 7th year at Mount Sinai (I was a student here and stayed for residency), I can say with some degree of authority that this is a great place to be. We have a culture here that strongly supports resident education, both on the inpatient units and in our outpatient clinics. The administration is behind us and is also incredibly flexible in finding ways to encourage us to pursue our individual interests throughout all four years. Plus, we’re located in Manhattan, giving us a diverse group of colleagues and patients to work with, and diverse ways to entertain ourselves in our free time. I couldn’t be happier!”

John Leikauf, MD
PGY-3
CLINICAL & RESEARCH ELECTIVES

PGY-2, -3, and -4 residents have the opportunity to pursue advanced electives in Mount Sinai’s areas of expertise and Centers of Excellence, some of which include the following:

- **Center of Excellence for OCD and Related Disorders**
- **Child and Adolescent Psychiatry**
  Inpatient; Outpatient; ADHD Center (including adult ADHD); The Seaver and New York Autism Center of Excellence; Community violence, under-enrichment, and effects on developmental pathology
- **Community and Public Psychiatry**
  Administration; Assertive Community Treatment (ACT); Day Treatment
- **Consultation-Liaison Psychiatry**
  Including programs in Multiple Sclerosis, HIV, Transplant, Movement Disorders
- **Disaster and Emergency Psychiatry**
- **Eating and Weight Disorders Research Program**
  Including Body Dysmorphic Disorder and the Research Program on Appearance and Performance Enhancing Drug Use
- **Emergency Psychiatry**
- **Friedman Brain Institute**, comprised of the following Centers of Excellence:
  Aging; Cognition and Neural Plasticity; Computational and Systems Neuroscience; Mood and Motivation; Myelin Disorders Mechanisms and Repair; Neural Injury and Repair; Neurodegeneration; Neurodevelopmental Disorders; Novel Approaches to Neuro-diagnostics and Neurotherapeutics
- **Geriatric Psychiatry**: Inpatient; Outpatient; Alzheimer’s Disease Research Center
- **Global Mental Health**: Belize, Liberia, St. Vincent Grenadines, and India
- **Mood & Anxiety Disorders Program**
- **Mood & Personality Disorders Program**
- **Neuroimaging**
- **Neuropsychiatry**
- **Neurostimulation**: Electroconvulsive Therapy; Transcranial Magnetic Stimulation;
- **Psychiatric Genomics, Genetics and Epigenetics**
- **Psychopharmacology**
- **Psychotherapy**
  Possibility to begin psychoanalytic training during residency; Psychoanalytic Evaluation; DBT in the Borderline Personality Clinic; Psychodynamic Psychotherapy; CBT; IPT; Family/couples; Group; Exposure, etc.
- **Schizophrenia Treatment and Research Program**
- **Substance Use Disorder**
- **Suicide and Harm Reduction**
- **Traumatic Stress Studies Division**
  PTSD; Holocaust survivors; Veterans; Children of violence; Innovative psychotherapeutic paradigms, including virtual reality
- **Visiting Doctors Program**
- **World Trade Center Worker and Volunteer Medical Screening Program**

“In residency I was able to grow my curiosity into unique educational experiences. My directors matched me with mentors in C/L, addiction, CBT, administration, and ethics, so I could do clinical and research projects and co-author the Handbook of AIDS Psychiatry. Since graduating, I completed a C/L fellowship and now practice at a nonprofit community organization providing addiction treatment to minority families in Spanish Harlem and my own private practice in downtown Manhattan. I also teach CBT, work as a diversity officer for the medical school, am active nationwide in improving health literacy in underserved populations, mentor minority students who wish to pursue careers in medicine, and educate other clinicians about HIV Psychiatry. Each of these interests has developed into a significant part of my career.”

Sharon Batista, MD
Recent Graduate and Current Faculty Associate Director for Recruitment and Retention, Center for Multicultural and Community Affairs Assistant Clinical Professor of Psychiatry
SOCIALIZATION, RECREATION, & ENRICHMENT

- **Subsidized housing** available to all incoming residents, many within walking distance of the Medical Center.

- **Cosmopolitan location** on Museum Mile along the East Side of Manhattan adjacent to Central Park, within walking distance of the Metropolitan Museum of Art and the Guggenheim. Residents at Mount Sinai benefit from the abounding opportunities within the diverse cultural, educational, historic and gastronomic centers of New York City. Mount Sinai offers discounts on tickets to facilitate availability of much that the city has to offer.

- **Public transportation** is easily accessible and, within minutes, one can be at the United Nations, Rockefeller Center, Greenwich Village, Soho, Lincoln Center, Carnegie Hall, Times Square, Broadway Theatre District, South Street Seaport, Ellis Island, the Statue of Liberty, and the New York Public Library.

- Assisted referral to high quality, low cost personal psychotherapy (encouraged as part of the training experience) with scheduling flexibility to allow for convenient arrangements.

- **Residency-organized social activities**, including a book club, happy hours, a resident retreat, a thriving film club, and group outings.

Located less than 30 minutes from the Mount Sinai Hospital, the Bronx VA Medical Center is one of the primary teaching sites for the Mount Sinai Department of Psychiatry and a nationally recognized center for psychiatric research.

A no cost charter-coach style shuttle runs throughout the day and door-to-door between the Mount Sinai Hospital and the Bronx VA.
Wayne Goodman, MD
Chair, Department of Psychiatry, Mount Sinai School of Medicine
Professor of Psychiatry and Neuroscience
BS, Columbia University
MD, Boston University
Residency in Psychiatry, Yale University School of Medicine

Prior to joining Mount Sinai in July 2009, Dr. Goodman was Director of the Division of Adult Translational Research and Treatment Development (DATR) at NIMH from 2007-2009, and before that, Chair of Psychiatry at the University of Florida. Dr. Goodman has conducted pioneering research in Obsessive Compulsive Disorder and is the principal developer of the Yale-Brown Obsessive Compulsive Scale (Y-BOCS), the gold standard for assessing OCD. He is co-founder of the Obsessive Compulsive Foundation, the national patient advocacy organization. Dr. Goodman has published more than 200 scientific articles and has been principal investigator on NIMH-funded grants since 1992, and he previously served as Chair of the FDA’s Psychopharmacologic Drug Advisory Committee. He participates in a monthly journal club for residents as well as being an advisor/mentor.

Dennis S. Charney, MD
Anne and Joel Ehrenkranz Dean of Mount Sinai School of Medicine
and Executive Vice President for Academic Affairs of The Mount Sinai Medical Center
Professor of Psychiatry, Pharmacology and Systems Therapeutics, and Neuroscience
BA, Rutgers College
MD, Pennsylvania State College of Medicine
Residency in Psychiatry, Yale University School of Medicine

As Dean, Dr. Charney has accelerated the pace of change at Mount Sinai by emphasizing translational research, collaboration across disciplines, and further integrating research, clinical, and educational initiatives, including creation of 12 interdisciplinary translational research institutes. Prior to coming to Mount Sinai, Dr. Charney directed the NIMH’s Mood and Anxiety Disorders Research Program as well as the Experimental Therapeutics and Pathophysiology Branch. Among the world’s foremost investigators, he has made fundamental contributions to understanding the neurobiology of mood and anxiety as well as the mechanisms of human resilience, and he has been honored with nearly every major award in his field. He was elected to the Institute of Medicine in 2000, and he consistently ranks as one of the most highly cited researchers in mood and anxiety. He has published more than 600 articles and several seminal textbooks, including Neurobiology of Mental Illness. Dr. Charney has taught in the longitudinal psychopharmacology course (PGY-2 through PGY-4 years), and he is the founding director of Mount Sinai’s Mood and Anxiety Program, through which residents can rotate.

Kenneth L. Davis, MD
President and Chief Executive Officer, The Mount Sinai Medical Center
Professor of Psychiatry, and Pharmacology and Systems Therapeutics
BA, Yale University
MD, Mount Sinai School of Medicine
Residency in Psychiatry, Stanford University Medical Center

Dr. Davis’s leadership positions at Mount Sinai have included Chief of Psychiatry at the Bronx VA, Chair of Psychiatry, Dean of the School of Medicine, and President and CEO of the Medical Center. Under his leadership, Mount Sinai entered a new era of innovation in research, education, and clinical care, as he led what has been characterized as the “largest financial turnaround in academic medicine.” Dr. Davis directed Mount Sinai’s NIH-funded Alzheimer’s Disease Research Center from 1984-2002 as well as the NIMH-funded Conte Center for the Neurosciences of Mental Disorders, both of which have produced groundbreaking work in illuminating novel pathophysiologic bases and therapeutic targets (e.g., myelin in schizophrenia and cholinesterase inhibition in Alzheimer’s). Dr. Davis has authored more than 550 scientific articles and has been recognized as one of the most highly cited researchers in the field of brain diseases. He is a member of the editorial boards of numerous journals, has won virtually every major award in psychiatric research, and in 2001 he was elected to the Institute of Medicine.
Dan Iosifescu, MD
Associate Professor of Psychiatry and Neuroscience
Director of the Mood and Anxiety Disorders Program
MD, Carol Davila University of Medicine and Pharmacy
Residency in Psychiatry, Massachusetts General Hospital
Fellowships in Research, Neuroimaging, and Psychopharmacology, Harvard Medical School

Dr. Dan Iosifescu leads a Center of Excellence in Mood Disorders, focusing on expert clinical treatment and pursuing clinical studies of novel phar macotherapies (such as ketamine and other glutamatergic drugs) and device-based treatments (such as novel forms of magnetic stimulation). Dr. Iosifescu also investigates treatments for cognitive deficits in mood disorders and biological markers of treatment outcome, using neuroimaging (MRI, MRS) and neurophysiology (quantitative EEG) techniques. Before joining Mount Sinai in 2010, Dr. Iosifescu was at Massachusetts General Hospital as Director of Translational Neuroscience in the Depression Clinical and Research Program and Site Director of the NIMH Bipolar Trials Network.

Larry J. Siever, MD
Professor of Psychiatry and Vice-Chair for VA Affairs, Mount Sinai School of Medicine
Chief of Psychiatry, James J. Peters VA Medical Center
BA, Harvard University
MD, Stanford University School of Medicine
Residency in Psychiatry, Harvard Medical School, Mclean Hospital

Dr. Siever is Director of the VA’s Mental Illness Research Education and Clinical Center. An internationally recognized leader in the field of personality disorder research, he directs the federally funded Mood and Personality Disorders program at Mount Sinai. Throughout his career, he has focused on the neurobiological substrates that underlie borderline and schizotypal personality disorders. His present research on schizotypal PD employs neuroimaging and cognitive enhancement to explore dopaminergic abnormalities as part of the schizophrenia spectrum. His work on BPD currently employs Positron Emission Tomography to identify receptor distributions underlying the illness. Dr. Siever has published over 360 peer-reviewed articles and he is past president of the Society of Biologic Psychiatry. He is also a well recognized teacher and clinician in the field of personality, as well as schizophrenia, affective, and impulse spectrum disorders. Dr. Siever teaches in the didactic curriculum, lecturing in the psychopharmacology and phenomenology courses.

Harold W. Koenigsberg, MD
Professor of Psychiatry
BA, Columbia University
MD, Albert Einstein College of Medicine
Residency in Psychiatry, Albert Einstein College of Medicine

Dr. Koenigsberg is an active mentor for residents, as an individual supervisor for psychotherapy cases, as a teacher in the course on the phenomenology of psychiatric symptoms, and in his elective in Interpersonal Psychotherapy. He has had longstanding research and clinical interests in borderline personality disorder, is co-author of two books on the treatment of BPD, and has published widely on the neurobiology, phenomenology, and treatment of the disorder. To better understand the neurobiology of emotional instability, he employs fMRI methods to identify brain networks activated as borderline patients process emotional stimuli. He is also studying the role of second messenger systems in emotional instability in BPD. In addition, Dr. Koenigsberg is principal investigator of an NIMH funded neuroimaging study of cognitive processing in schizotypal personality disorders and schizophrenia.
Antonia New, MD
Director of Medical Student Education
Associate Professor of Psychiatry
BA, Swarthmore College
MD, Cornell University Medical College
Residency in Psychiatry, NY Hospital – Cornell Medical Center

Dr. New teaches phenomenology and the psychopharmacologic management of borderline personality disorder. Her research focus is on emotional dysregulation resulting in symptoms such as impulsive aggression in BPD. In addition, Dr. New explores individual differences in response to stress and trauma, specifically focusing on how this relates to emotion regulation. She uses brain imaging techniques, genetic studies, and laboratory assessments of behavior to explore mechanisms of treatment and to develop novel treatments for emotional dysregulation. She has won several awards for teaching and scholarship.

Charles H. Kellner, MD
Chief of the Division of Geriatric Psychiatry and Director of the ECT Clinical Service
Professor of Psychiatry
BA, Cornell University
MD, Cornell University Medical College
Residency in Psychiatry, Cedars-Sinai Medical Center
Fellowship in Biological Psychiatry, National Institute of Mental Health

Dr. Kellner is a national leader in Electroconvulsive therapy (ECT) research, and joined Mount Sinai in 2009 to head up the Geriatric Psychiatry and ECT services. Among many other achievements, Dr. Kellner is the Co-Principal Investigator of a multi-site study of maintenance ECT for geriatric depression. Mount Sinai is one of two overall coordinating sites for this NIMH-funded project. For the past decade, he led the collaborative ECT research group, Consortium for Research in ECT (CORE), in the performance of NIMH-sponsored multi-site research protocols. His work supports the use of ECT for geriatric patients with depression who have not had success with other treatments. Most recently, Dr. Kellner served as Chair of the Department of Psychiatry at the New Jersey Medical School and as Director of the ECT Service at University Hospital in Newark. From 1984-2002, he was on the faculty of the Medical University of South Carolina in Charleston, where he directed the ECT service. Credited with more than 200 publications, mostly related to ECT and mood disorders, Dr. Kellner has also recently authored the text Brain Stimulation in Psychiatry (Cambridge University Press). From 1994 to 2004, he was the Editor-in-Chief of the Journal of ECT, and he is a member of the APA Task Force on ECT, which is currently revising ECT recommendations.

Rachel Yehuda, PhD
Professor of Psychiatry and Neuroscience
BA, Touro College
PhD, University of Massachusetts, Amherst
Postdoctoral Research Fellowship in Biological Psychiatry, Yale University School of Medicine

Dr. Yehuda is the Director of the Traumatic Stress Studies Division at Mount Sinai School of Medicine, which includes the PTSD clinical research program and the Neurochemistry and Neuroendocrinology Laboratory at the Bronx VA Medical Center. Dr. Yehuda is an internationally recognized leader in the field of traumatic stress studies. She has published more than 250 papers, chapters, and books in the fields of traumatic stress and the neurobiology of PTSD. Her current interests include the study of risk and resilience factors, psychological and biological predictors of treatment response in PTSD, genetic and epigenetic studies of PTSD, and the intergenerational transmission of trauma and PTSD. Dr. Yehuda’s research on cortisol has revolutionized the understanding and treatment of PTSD worldwide, and she has been awarded the renowned Max Planck Institute for Psychiatry 2004 Guest Professorship. She has an active federally-funded clinical and research program that welcomes local and international students and clinicians.
Andrew C. Aronson, MD
Associate Professor of Psychiatry
BA, University of Maryland
MD, Tufts University School of Medicine
Residency in Psychiatry, Mount Sinai School of Medicine
Graduate, New York Psychoanalytic Society and Institute

Dr. Aronson directs Ambulatory Psychiatry Services at Mount Sinai Medical Center, where patients are seen in over 50,000 encounters annually. He is a member of the New York Psychoanalytic Society and Institute, to which he is a senior liaison within the Mount Sinai Department of Psychiatry. He has served as curriculum and clinical director for psychodynamic psychotherapy training in the Mount Sinai Department of Psychiatry for over 10 years and as Director of Medical Student Mental Health for the Mount Sinai School of Medicine for over 20 years. He has been a recipient of Teacher of the Residency and Educator of the Residency awards in psychiatry at Mount Sinai, and the Excellence in Teaching award from the Institute of Medical Education, Mount Sinai School of Medicine. He is co-author of journal articles and publications concerning mood, psychosis, and anxiety related disorders, including a manual for the time-limited psychotherapeutic treatment of panic disorder.

Peter B. Dunn, MD
Director for Clinical Services, New York Psychoanalytic Society and Institute
Assistant Professor of Psychiatry
BS, City College of New York
MD, Albert Einstein College of Medicine
Residency in Psychiatry, Albert Einstein/Bronx State Hospital

At Mount Sinai for the past 10 years, Dr. Dunn teaches psychodynamics and personality disorders. Earlier in his career, he was the Associate Director of Residency Training at Albert Einstein, Director of Family Therapy at Downstate Medical Center, and lecturer in the School of Social Work at NYU. He currently teaches a highly regarded weekly case conference for the inpatient residents, in which he makes even the most complex topics clear and digestible. He has won multiple teaching awards at Mount Sinai, where he embodies the dictum that a teacher is what you are, not what you teach. A further effect of his teaching has been that each year, several enthusiastic residents have entered psychoanalytic training, at the NY Psychoanalytic and elsewhere. He has also been nationally honored as an educator by winning a coveted Career Teacher Award from the NIMH as well as the Edith Sabshin Teaching Award from the American Psychoanalytic Association.

Alicia Hirsch, PsyD
Clinical Director, Mount Sinai Center of Excellence for OCD and Related Disorders
Assistant Professor of Psychiatry
BA, University of Southern California
PsyD, California School of Professional Psychology

Dr. Hirsch joined the faculty at Mount Sinai in 2001, initially working as a psychologist and study therapist for the Traumatic Stress Studies Program under Dr. Rachel Yehuda. In 2005, she joined the Eating and Weight Disorders Program and was its Director of Clinical Services from 2006-2009. Currently Dr. Hirsch is the Clinical Director of the Mount Sinai Center of Excellence for OCD and Related Disorders. Dr. Hirsch co-directs (with Dr. Tom Hildebrandt) the residents’ Cognitive-Behavioral Therapy Elective and Didactics at Mount Sinai, where she is dedicated to teaching and supervising residents and psychology externs, with a focus on the importance of understanding and delivering evidence-based treatments for psychological disorders. She has extensive clinical experience with the treatment of anxiety disorders, eating disorders, and relationship issues, applying a range of techniques grounded by her expertise in both cognitive-behavioral and schema therapies, to provide comprehensive care to meet the unique needs of individuals.
Bruce Levine, MD
Director of Education for VISN 3 MIRECC and Psychiatrist at the James J. Peters VA Medical Center
Associate Clinical Professor of Psychiatry
BA, University of Rochester
MD, Albert Einstein College of Medicine
Residency in Psychiatry, Albert Einstein College of Medicine

Dr. Levine is currently the Director of Education for the MIRECC (Mental Illness, Research, Education, and Clinical Center), which was established by Congress with the goal of researching the causes and treatments of mental disorders and using education to put new knowledge into routine clinical practice. The Mount Sinai-affiliated VA is part of VISN 3 which is comprised of VA medical centers in NY and New Jersey and charged with focusing on serious mental illnesses. Prior to joining the MIRECC and Mount Sinai, Dr. Levine held positions of Associate Director of Residency Training in Psychiatry at the Albert Einstein College of Medicine and subsequently at New York University School of Medicine. He has also been the Clinical Director at Manhattan Psychiatric Center, and he is an examiner for the American Board of Psychiatry and Neurology. Dr. Levine has won numerous awards as an educator in his departments of psychiatry.

Marianne Goodman, MD
Associate Clinical Professor of Psychiatry
BA, University of Pennsylvania
MD, University of California, San Francisco
Residency in Psychiatry, University of California, San Francisco

Dr. Goodman has been on the faculty of Mount Sinai and an attending at the James J. Peters VA Medical Center (JJPVAMC) for over ten years. From 2001-2004, she ran the MSSM Psychiatry Medical Student Program at JJPVAMC. A talented clinician and educator, she developed the Dialectical Behavioral Therapy (DBT) Program in 2002, and she continues to train residents and psychology interns in the technique. Beginning in residency and throughout her career, Dr. Goodman has received multiple awards for teaching. In addition to her interests in education and training, she is a funded investigator with grants in neuroimaging of DBT for borderline personality disorder and prevention of high-risk suicide. She has authored multiple articles on the neurobiology and psychotherapeutic treatment of borderline personality disorder.

Cindy Aaronson, PhD
Assistant Clinical Professor of Psychiatry
BA, University of South Florida
PhD in Psychology, Columbia University

Dr. Aaronson came to Mount Sinai in 2003 from Columbia University/New York State Psychiatric Institute as Assistant Director for Clinical Research in the Laboratory of Clinical Psychobiology. Her interest is in combining neuroimaging and cognitive behavior therapy-based clinical treatment in studying panic disorder and generalized anxiety disorder. Dr. Aaronson has been instrumental in developing the Cognitive Behavior Therapy curriculum for PGY-III and PGY-IV residents, including a weekly CBT seminar series during the PGY-III year. She has also served on a committee of faculty who developed a psychotherapy competency program for the PGY-III and PGY-IV residents. The committee reviews digital recordings of residents conducting psychodynamic and cognitive behavior psychotherapies. Dr. Aaronson provides individual case supervision for residents who use CBT to treat patients with mood and anxiety disorders.
Jeffrey H. Newcorn, MD
Chief, Division of Child and Adolescent Psychiatry
Associate Professor of Psychiatry and Pediatrics
BA, University of Rochester
MD, University of Rochester School of Medicine
Residency in Psychiatry, Tufts University
Fellowship in Child and Adolescent Psychiatry, Tufts – New England Medical Center

Dr. Newcorn is the Director of the Child & Adolescent Division within the Department of Psychiatry. He supervises residents who evaluate adolescent patients while on call with the psychiatric emergency service and teaches in the Child & Adolescent Psychiatry didactic curriculum. Dr. Newcorn is a prolific figure as an academic Child & Adolescent Psychiatrist with numerous grants and publications focused on child and adult attention deficit & hyperactivity disorder.

John D. O’Brien, MD
Director of the Child and Adolescent Psychiatry & the Triple Board Residency Programs
Clinical Professor of Psychiatry
BS, St. Peter’s College
MD, Seton Hall College of Medicine and Dentistry
Residency in Psychiatry, St. Vincent’s Hospital & Medical Center of New York
Fellowship in Child and Adolescent Psychiatry, Columbia University
Graduate, William Alanson White Institute for Psychoanalysis

Dr. O’Brien teaches courses in the Child & Adolescent Psychiatry component of the adult psychiatry program and individually supervises adult psychiatry residents in the initial evaluation and ongoing treatment of children and adolescents in the outpatient clinic. A Life Fellow of the American Psychiatric Association, Dr. O’Brien is an esteemed and dedicated educator, having served as Program Director for three academic Child & Adolescent Psychiatry Residency programs in New York City and a member of the Steering Committee for certification in Child & Adolescent Psychiatry for the American Board of Psychiatry & Neurology.

Alexander Kolevzon, MD
Clinical Director, Seaver Autism Center for Research and Treatment
Associate Training Director, Child and Adolescent Psychiatry
Associate Professor of Psychiatry and Pediatrics
BA, University of Wisconsin, Madison
MD, Sackler School of Medicine at Tel Aviv University
Residency in Psychiatry, Mount Sinai School of Medicine
Fellowship in Child & Adolescent Psychiatry, Mount Sinai School of Medicine

A dedicated clinician, teacher, and researcher within the department, Dr. Kolevzon is involved in clinical and didactic education at many levels in the residency program. He serves as Clinical Director of the Seaver Autism Center for Research and Treatment, and supervises interested residents on many related research and clinical projects. He has clinical expertise in the psychopharmacology of autism and related conditions and his research is focused on developing new pharmacological treatments. He has written three books designed for medical student and resident education and a fourth textbook on Autism Spectrum Disorders published by the American Psychiatric Press. He is an active teacher, mentor, and clinical supervisor and has received many teaching awards as well as a grant to support innovative educational endeavors.
Silvana Riggio, MD
Director of Consultation Liaison Service at James J. Peters VA
Professor of Psychiatry & Neurology
MD, University of Torino (Italy)
Residency in Neurology, Georgetown University School of Medicine
Residency in Psychiatry, New York Hospital – Cornell Medical Center
Post-Doctoral Fellowship in Neurophysiology, Johns Hopkins University School of Medicine

Dr. Riggio’s areas of expertise are Neuropsychiatry and Behavioral Management. She has an active presence at Mount Sinai and has won teaching awards from the Department of Psychiatry and from the Institute for Medical Education. She is trilingual in English, Italian, and French and maintains an internationally recognized clinical practice. She is the Director of the Consultation Liaison Service in the Department of Psychiatry at the James J. Peters VA, where she is responsible for teaching medical students, residents, and fellows. Over her career, she has been an investigator in multiple clinical trials on epilepsy and schizophrenia, and she is currently working with the CDC and the Department of Defense on issues related to the diagnosis and management of traumatic brain injury. She has published extensively in both the Psychiatric and Neurologic literature, and she has edited four books.

Kim Klipstein, MD
Director, Behavioral Medicine and Consultation Psychiatry
Assistant Professor of Psychiatry
BA, Cornell University
MD, Cornell University Medical College
Residency in Psychiatry, NY Hospital – Cornell & University of California – San Francisco

Dr. Klipstein is the Director of Behavioral Medicine and Consultation Psychiatry at Mount Sinai and the Director of the Psychosomatic Medicine Fellowship. She provides direct supervision to residents rotating on the consultation-liaison service at The Mount Sinai Hospital, serves on the Education Committee of the psychiatry residency program, and teaches seminars on capacity assessment and other topics related to consultation-liaison psychiatry during the PGY-II year. Her professional interests include women’s mental health during pregnancy and the post-partum as well as psychiatric manifestations of liver disease and organ transplant. She has recently been focused on further extending the scope of psychiatric consultant services within the hospital, in both inpatient and outpatient settings, developing new affiliations with oncology, cardiac transplant, and internal medicine associates, in addition to pre-existing collaborations with a multitude of other services.

James J. Strain, MD
Professor of Psychiatry
BS, University of Michigan
MD, Case Western Reserve University
Residency in Psychiatry and Research Fellowship, University Hospitals of Cleveland
Graduate, New York Psychoanalytic Institute

With a profession-long interest in the psychiatric care of the medically ill, Dr. Strain has directed C-L programs at Albert Einstein College of Medicine and at Mount Sinai and has trained more than 120 fellows in psychosomatic medicine. He has received multiple NIMH and teaching grants to pioneer research into the mental health training of non-psychiatric physicians, the compliance of physicians with research protocols, and the development of an electronic health record for psychiatric and medical comorbidity which has been employed internationally. He helped established the Ethics in Medicine program at Mount Sinai and was the only psychiatrist on the Institute of Medicine (IOM) committee-developed Handbook for the Development of Guidelines for the Practice of Medicine. He has been active in the development of DSM-IV and DSM-5 adjustment and stress-related disorders. Dr. Strain has over 500 publications and has given more than 750 national and international lectures on the diagnosis and treatment of psychiatric and medical co-morbidity (visiting 210 countries). He has received the Hackett Award (the highest citation given for C-L Psychiatry) among others, as well as 15 endowed lectureships.
Alejandra Durango, MD  
Medical Director, Continuing Day Treatment Program  
Assistant Professor of Psychiatry  
BA, Johns Hopkins University  
MD, University of Pennsylvania School of Medicine  
Residency in Psychiatry, Mount Sinai School of Medicine  
Fellowship in Public Psychiatry, Columbia University/NYSPI

As Medical Director of Mount Sinai’s Continuing Day Treatment Program, Dr. Durango directly supervises residents as they provide care for individuals with serious mental illness (SMI) in the intensive outpatient setting. She is involved in resident didactics as a co-director of the Psychiatry in the World course, focusing on the Community Psychiatry module in the PGY III year. Recovery, service delivery, and the treatment of persons with SMI, particularly schizophrenia spectrum disorders, are among her professional interests.

Barbara Coffey, MD, MS  
Director, Tics and Tourette’s Clinical and Research Program  
Research Psychiatrist, Nathan S. Kline Institute of Psychiatric Research  
Professor of Psychiatry  
BA, University of Rochester  
MD, Tufts University School of Medicine  
MS, Harvard School Public of Health  
Residency in Psychiatry, Boston University School of Medicine  
Fellowship in Child and Adolescent Psychiatry, Tufts University School of Medicine

Dr. Coffey is an internationally known specialist in tics and Tourette’s Disorder and related problems who came to Mount Sinai from NYU in 2011. She was previously the Director of Pediatric Psychopharmacology at McLean Hospital and Director of the Tourette’s Clinics at McLean and Massachusetts General Hospitals between 1992 and 2001. Her research has focused on the clinical course, comorbidity, phenomenology, and treatment of Tourette’s Disorder and related problems, with a unique on being comorbid anxiety and mood disorders in TD. More recently, Dr. Coffey and her colleagues are investigating the neurobiology of TD with both genomics and neuroimaging techniques. Dr. Coffey is an active clinical and research mentor for residents and has held leadership roles in AACAP and the World Psychiatric Association as well as Associate Editor of the Journal of Child and Adolescent Psychopharmacology.

Craig Katz, MD  
Associate Clinical Professor of Psychiatry and Medical Education  
BA, Harvard University  
MD, Columbia University College of Physicians and Surgeons  
Residency in Psychiatry, NY Presbyterian Hospital – Columbia University/NYSPI  
Fellowship in Forensic Psychiatry, New York University School of Medicine

Dr. Katz has served in numerous clinical and administrative roles since joining the Mount Sinai faculty in 2000, including being Director of Psychiatry Emergency Services and Director of Acute Care Psychiatry Services. Currently, he is the Supervising Psychiatrist of the World Trade Center Worker/Volunteer Mental Health Monitoring and Treatment Program, after co-founding and directing that program for many years. Dr. Katz also co-founded Disaster Psychiatry Outreach in 1998 as a charitable organization devoted to the provision of voluntary psychiatric care to people affected by disasters. Dr. Katz has been co-chair of the American Psychiatric Association’s NY County District Branch Committee on Disasters, principal author of a training program in disaster mental health for the Medical Society of the State of New York, and a member of the advisory panel of the Aircraft Casualty and Emotional Support Services. His work has extended as far as El Salvador and Sri Lanka. He also directs the Fellowship in Global Mental Health at Mount Sinai, and he has received multiple teaching awards and was nominated as a faculty member to the Mount Sinai chapter of AOA. Dr. Katz joined Mount Sinai’s Office of Academic and Student Affairs in 2009, where he now holds the position of Director of Professional Development.
Eric J. Nestler, MD, PhD
Director of the Friedman Brain Institute
Nash Family Professor and Chair, Department of Neuroscience
Professor of Psychiatry, Pharmacology and Systems Therapeutics
BA, Yale University
MD & PhD, Yale University School of Medicine
Residency in Psychiatry and Fellowship in Pharmacology, Yale University School of Medicine

Dr. Nestler came to Mount Sinai in 2008, and he is now the Nash Family Professor of Neuroscience, Chair of the Department of Neuroscience, and Director of the Friedman Brain Institute. He served on the Yale faculty from 1987-2000, where he became the Elizabeth Mears and House Jameson Professor of Psychiatry and Neurobiology and Director of the Division of Molecular Psychiatry. In 2000, he became the Lou and Ellen McGinley Distinguished Professor and Chair of the Department of Psychiatry at The University of Texas Southwestern Medical Center. Dr. Nestler is a member of the Institute of Medicine (1998) and a Fellow of the American Academy of Arts and Sciences. The goal of his research is to understand the molecular mechanisms of addiction and depression, based on animal models, and to use this information to develop improved treatments. With Dr. Charney, he co-edited the acclaimed multi-edition textbook, Neurobiology of Mental Illness.

Yasmin Hurd, PhD
Chief of the Center of Excellence in Mood and Motivation, Friedman Brain Institute
Director of the MD/PhD Program and Chair of the Minority Health Research Committee (MHRC)
Professor of Psychiatry, Neuroscience, & Pharmacology and Systems Therapeutics
BA, State University of New York, at Binghamton
PhD, Neuropsychopharmacology, Karolinska Institute – Stockholm, Sweden
Post-doctoral Fellowship, NIMH – Functional Neuroanatomy and Neuroendocrinology

Dr. Hurd studies the neurobiology underlying substance abuse and related psychiatric disorders. Her multidisciplinary research employs a translational approach in examining molecular and neurochemical events in the human brain and comparable animal models in order to ascertain neurobiological correlates of behavior. A major focus of her research – based on the interrelationships of genetic vulnerability, epigenetic mechanisms, neuropsychopharmacology, and prenatal neurodevelopment – is directed to risk factors of addiction disorders, including the effects of developmental exposure to drugs of abuse. She is also attempting to identify genes in the mesocorticolimbic system which regulate emotional function. Dr. Hurd teaches residents in the Neuroscience course and the Research Methodologies course.

Pamela Sklar, MD, PhD
Chief, Division of Psychiatric Genomics, Department of Psychiatry
Professor of Psychiatry, Neuroscience, and Genetic and Genomic Sciences
BA, St. John’s College
MD, PhD (Neuroscience), Johns Hopkins School of Medicine
Residency in Psychiatry, Columbia Presbyterian Medical Center/NYSPi

Dr. Sklar is a neuroscientist, human geneticist, and psychiatrist who is founding director of the newly-established Division of Psychiatric Genomics. She has developed world-renowned programs for the genetic study of bipolar disorder and schizophrenia through her leadership positions in the Systematic Treatment Enhancement Program for Bipolar Disorder (STEP-BD) genetics program, the International Schizophrenia Consortium (ISC), the International Cohort Collection for Bipolar Disorder (ICCBD), and the Psychiatric Genome-wide Association Disorder Consortium (PGC). Prior to joining Mount Sinai in 2011, Dr. Sklar was a founding member of and served as Director of Genetics for the Stanley Center for Psychiatric Research at the Broad Institute of MIT and Harvard. She was also Associate Director of the Psychiatric and Neurodevelopmental Genetics Unit in the Center for Human Genetics Research at MGH. She received much of her research training in the laboratories of Solomon Snyder, PhD at Johns Hopkins and Nobel Laureate Richard Axel, MD at Columbia. She brings basic science and translational expertise to her work mentoring interested residents.
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ONE GUSTAVE L. LEVY PLACE, BOX 1230, NEW YORK, NY 10029

TEL: (212) 659-8734  ■  FAX: (212) 659-8710

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