AN UPDATE ON
DIABETES and
ENDOCRINE
DISORDERS
FOR THE PRACTICING PHYSICIAN

FRIDAY, OCTOBER 8, 2010
Goldwurm Auditorium
Mount Sinai School of Medicine

COURSE DIRECTOR
Derek LeRoith, MD, PhD
Mount Sinai School of Medicine

SPONSORED BY
Department of Medicine
Division of Endocrinology, Diabetes and Bone Diseases
Mount Sinai School of Medicine
PROGRAM GOAL
The overall goal of this educational program is to update the participants regarding certain very common disorders and how this new information will affect their practice. These disorders include Obesity and Diabetes and, in addition, will cover Osteoporosis, Thyroid and Hormone Therapy.

PROGRAM OBJECTIVES
At the conclusion of this activity, participants will be able to:

- Describe the basic underlying pathophysiology of obesity, pre-diabetes, Type 2 diabetes and lipid abnormalities to enhance recognition and treatment.
- Apply new medications, such as insulins, incretions and oral agents in addition to established medications for the treatment of diabetes and lipid disorders.
- Identify thyroid disorders and osteoporosis and use established medications and newer medications to treat these disorders.

TARGET AUDIENCE
Primary Care Physicians, Internists, Endocrinologists, Residents, Nurse Practitioners, Registered Nurses, Certified Diabetes Educators, and Physician Assistants.

ACCREDITATION
Mount Sinai School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide Continuing Medical Education for physicians.

CREDIT DESIGNATION
Mount Sinai School of Medicine designates this educational activity for a maximum of 5.75 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

VERIFICATION OF ATTENDANCE
Will be provided to all professionals.

SPECIAL NEEDS
Mount Sinai School of Medicine is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require any special needs or accommodations, please contact The Page and William Black Post-Graduate School at 212-731-7950.

FACULTY DISCLOSURE
It is the policy of Mount Sinai School of Medicine to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material.
**AGENDA**

8:00 AM  **REGISTRATION AND BREAKFAST**

8:45  Introduction and Welcome  
*Derek LeRoith, MD, PhD*  
Division Chief, Endocrinology, Diabetes and Bone Diseases

9:00  Pre-Diabetes  
*Maria Skamagas, MD*

9:30  New Therapies for Type 2 DM  
*Tracy Breen, MD*

10:15  Risk Reductions Strategies in Diabetes  
*Tracy Breen, MD*

10:45  **COFFEE BREAK AND EXHIBITS**

11:00  Comprehensive Obesity Management  
*Robert Yanagisawa, MD*

11:30  Make No Bones About it: Update on Osteoporosis for 2010  
*Maria Skamagas, MD*

12:15 PM  **LUNCH WITH THE PROFESSORS/EXHIBITS**

a. Erectile Dysfunction and Testosterone –  
*Ronald Tamler, MD*

b. Diabetes Management: Unanswered Questions –  
*Tracy Breen, MD*

c. Diabetes Trials Outcomes –  
*Derek LeRoith, MD, PhD*

d. Thyroid Dysfunction –  
*Terry Davies, MD*

1:30  Thyroid Nodules: What to Do After Examining the Neck  
*Richard S. Haber, MD*

2:00  Subtle Thyroid Disease  
*Terry Davies, MB. BS, MD, FRCP, FACE*

2:30  **COFFEE BREAK AND EXHIBITS**

2:45  Can Low Testosterone Break Your Heart?  
*Ronald Tamler, MD, PhD*

3:30  The Latest in Lipids Management  
*Donald A. Smith, MD, MPH*

4:00  **ADJOURN**
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Division Chief, Endocrinology, Diabetes and Bone Diseases
Department of Medicine
Mount Sinai School of Medicine

MOUNT SINAI FACULTY

Tracy Breen, MD
Assistant Professor of Medicine
Clinical Director
Mount Sinai Diabetes Program
Division of Endocrinology,
Diabetes and Bone Diseases

Terry F. Davies, MB, BS, MD, FRCP, FACE
Professor of Medicine
The Mount Sinai Hospital
Director, Division of Endocrinology and Metabolism
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Maria Skamagas, MD
Assistant Professor of Medicine
Division of Endocrinology,
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Donald A. Smith, MD, MPH
Associate Professor of Medicine and Preventive Medicine
Endocrinologist, Director Lipids and Metabolism,
Zena and Michael A. Wiener Cardiovascular Institute

Ronald Tamler, MD, PhD
Assistant Professor of Medicine
Division of Endocrinology,
Diabetes and Bone Diseases

Robert T. Yanagisawa, MD
Associate Professor of Medicine
Program Director – Fellowship Program
Division of Endocrinology,
Diabetes and Bone Diseases

REGISTRATION INFORMATION
$175 Practicing Physicians
$150 Physicians registered by September 17, 2010
$75 Mount Sinai and Affiliated Physicians
$50 Mount Sinai and Affiliated Nurses and Other Allied Health Professionals

MEETING LOCATION
Goldwurm Auditorium, Mount Sinai School of Medicine
1468 Madison Avenue & 100th Street
New York, NY 10029

DIRECTIONS: http://www.mountsinaihospital.org/visiting-us
Discounted parking is available on E. 99th Street between Madison and Park Avenues.

CONFERENCE INFORMATION
For conference information, please call the Office of CME at 212-731-7950 or email jeanette.cotto@mssm.edu
REGISTRATION FORM

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REGISTRATION FEES
$175 Practicing Physicians
$150 Physicians registered by September 17, 2010
$ 75 Mount Sinai and Affiliated Physicians
$ 50 Mount Sinai and Affiliated Nurses and Other Allied Health Professionals

Last Name, First Name, (MD, RN, etc.)

Address
City, State, Zip

Telephone, Fax

Institution/Affiliation

Email, Specialty  

Email Confirmation  ☐ Yes  ☐ No

THREE WAYS TO REGISTER:

ON-LINE at http://www.mssm.edu/cme/courses/dia_endo/
FAX this form with your Visa, MC, or Amex # to 212-731-7930
MAIL this form with your check to:
Attn: Jeanette Cotto
Mount Sinai School of Medicine
The Page and William Black Post-Graduate School
One Gustave L. Levy Place, Box 1193
New York, NY 10029

Enclosed is my check for $__________ made payable to
The Page and William Black Post-Graduate School

Bill my credit card $__________ ☐ MasterCard ☐ Visa ☐ American Express

Card Number: _________________________________  Exp Date:__________

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Refund Policy: All cancellations must be confirmed in writing to The Page and William Black Post-Graduate School by Friday, October 1, 2010 for tuition refund. An administrative fee of $50.00 will be retained. No refunds will be made on cancellations after this date or for “no shows.”

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