Challenges in Internal Medicine is a 3-day CME program sponsored by the Department of Medicine of the Mount Sinai School of Medicine. The goal of this course is to offer providers of primary care services with the newest pharmacologic and technologic breakthroughs, updates in clinical therapeutic guidelines, and highlights of recent advances in the practice of Internal Medicine. The intended audience for this course is Internists, Family Practitioners, Nurse Practitioners and Physician Assistants.

Primary care is growing increasingly more difficult due to the complexity of the patient’s medical condition coupled with advances in clinical management. This course is geared to help providers practice evidence-based medicine from today’s scientific literature. Topics ranging from clinical practice guidelines for chronic disease such as heart failure to current management of dyslipidemia in diabetics will be reviewed. Challenging scenarios such as the use of dialysis in the older patient to low back pain (conservative therapy vs interventional procedures vs open surgery) will be debated by leaders in the management of these conditions. As well, an in-depth dermatology review for the primary care provider will be included to help them become more comfortable with treating diseases of the skin allowing for greater access for patients with skin disorders. New pharmaceuticals for disease processes will also be reviewed, aimed to help the practitioner be comfortable with the new types/classes of drugs when caring for their patients. The outcomes from this format is to help the clinician to better manage their patients using the latest evidence based practices.

All of the discussants incorporate recent scientific literature for their talks. Importantly, many of the lectures chosen are from the current year’s Divisional and Departmental Grand Rounds. The 2011 course marks its 7th year of successful year of programming.

WHO SHOULD ATTEND:
- Primary Care Physicians
- Nurse Practitioners
- Physician Assistants
- Fellows & Residents
- Specialist Physicians

LEARNING OBJECTIVES:
At the conclusion of this activity, participants will be able to:
- state common Internal Medicine conditions and their treatments
- apply evidence-based medicine when making medical decision for medically complex patients
- define the optimum timing of a referral to specialist in order to improve the health of their patients with chronic disease
- assess new technologies in the management of patients with chronic disease
- determine the appropriate use of tests in the care of patients

MANAGING DISEASE PROCESSES
- Chronic Disease Management
- Concomitant Comorbidities

MEDICAL CONUNDRUMS
- Handling Abnormals
- Challenging Scenarios

NEW TECHNOLOGIES
- New Diagnostic Modalities
- New Therapeutic Modalities

www.mssm.edu/cme/courses/cim
MOUNT SINAI COURSE DIRECTORS

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Director, Continuing Medical Education
Department of Medicine

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Department of Medicine

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Department of Medicine

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Assistant Professor of Medicine

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Assistant Professor of Medicine

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Assistant Professor of Orthopaedics

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Brian Radbill, MD
Assistant Professor of Medicine

Deepali Raiguru, MD
Assistant Professor of Ophthalmology

Michelle K. Rhee, MD
Assistant Professor of Ophthalmology

Sasan Roayaie, MD
Associate Professor of Surgery

Parag Sheth, MD
Assistant Professor of Rehabilitative Medicine

Donald A. Smith, MD
Associate Professor of Medicine

Mark A. Swidler, MD
Assistant Professor of Medicine

Marie-Louise Vachon, MD
Instructor of Medicine

Jonathan Winston, MD
Professor of Medicine

ACCREDITATION

The Mount Sinai School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Mount Sinai School of Medicine designates this live activity for a maximum of 21.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

VERIFICATION OF ATTENDANCE

Verification of attendance will be provided to all professionals.

FACULTY DISCLOSURE

It is the policy of Mount Sinai School of Medicine to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.

SPECIAL NEEDS

Mount Sinai School of Medicine is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require any special needs or accommodations please contact The Page and William Black Post-Graduate School at 212-731-7950.

REFUND POLICY

A fee of $50.00 will be retained to cover administrative costs for refunds and cancellations. All requests must be confirmed in writing to The Page and William Black Post-Graduate School two weeks before the course begins. No refunds will be made after June 1, 2011 for cancellations and for ‘no-shows’. For more information contact The Page and William Black Post-Graduate School, Mount Sinai School of Medicine at (212) 731-7950.

CONFERENCE INFORMATION

For information on program content, please contact: Joan Esbi-Cullen, Department of Medicine at joan.esbi-cullen@mountsinai.org or 212-659-8362. Online registration and conference website www.mssm.edu/cme/courses/cim or call the Office of CME at 212.731.7950.

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COURSE LOCATION

All sessions will be held in the Goldwurm Auditorium, Mount Sinai School of Medicine, 1425 Madison Avenue, New York, NY 10029 (at 98th Street). For directions, go to www.mountsinaihospital.org/visiting-us
## AGENDA

### WEDNESDAY, JUNE 22, 2011

**Managing Disease Processes**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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</thead>
<tbody>
<tr>
<td>7:30am - 8:20am</td>
<td>Registration and Continental Breakfast</td>
</tr>
<tr>
<td>8:20am - 8:25am</td>
<td>Opening Remarks</td>
</tr>
<tr>
<td>8:25am - 8:30am</td>
<td>Introduction and Welcome</td>
</tr>
<tr>
<td>8:30am - 9:00am</td>
<td>CHF – Management in 2011</td>
</tr>
<tr>
<td>9:00am - 9:30am</td>
<td>CAD – Management in 2011</td>
</tr>
<tr>
<td>9:30am - 10:00am</td>
<td>Women and Heart Disease – 2011 Update</td>
</tr>
<tr>
<td>10:00am - 10:15am</td>
<td>Panel Discussion</td>
</tr>
<tr>
<td>10:15am - 10:30am</td>
<td>Break</td>
</tr>
<tr>
<td>10:30am - 11:00am</td>
<td>Renal Developments in 2011</td>
</tr>
<tr>
<td>11:00am - 11:30am</td>
<td>A Better Way to Diagnose CKD</td>
</tr>
<tr>
<td>11:30am - 12:00pm</td>
<td>Dialysis Decisions in the Elderly – How to Choose</td>
</tr>
<tr>
<td>12:00pm - 12:15pm</td>
<td>Panel Discussion</td>
</tr>
</tbody>
</table>

**Medical Conundrums**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:30am - 8:20am</td>
<td>Registration and Continental Breakfast</td>
</tr>
<tr>
<td>8:20am - 8:30am</td>
<td>Introduction and Welcome</td>
</tr>
<tr>
<td>8:30am - 9:00am</td>
<td>Abnormal LFTs – When to Refer</td>
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<tr>
<td>9:00am - 9:30am</td>
<td>Common Causes of Shoulder Pain</td>
</tr>
<tr>
<td>9:30am - 10:00am</td>
<td>Improvement of Normal and Abnormal Rheum Tests</td>
</tr>
<tr>
<td>10:00am - 10:15am</td>
<td>Panel Discussion</td>
</tr>
<tr>
<td>10:15am - 10:30am</td>
<td>Break</td>
</tr>
<tr>
<td>10:30am - 11:00am</td>
<td>The Red Eye</td>
</tr>
<tr>
<td>11:00am - 11:30am</td>
<td>Refractive Surgery on the Cornea: What is Laser &amp; Vision Correction?</td>
</tr>
<tr>
<td>11:30am - 12:00pm</td>
<td>Causes and Treatment of Strabismus in Adults</td>
</tr>
<tr>
<td>12:00pm - 12:15pm</td>
<td>Panel Discussion</td>
</tr>
<tr>
<td>12:15am - 1:15pm</td>
<td>Lunch with the Professors</td>
</tr>
</tbody>
</table>

### THURSDAY, JUNE 23, 2011

**Challenging Scenarios**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:15pm - 1:45pm</td>
<td>Registration and Continental Breakfast</td>
</tr>
<tr>
<td>1:45pm - 2:15pm</td>
<td>Medical Management of Back Pain</td>
</tr>
<tr>
<td>2:15pm - 2:45pm</td>
<td>When is Surgery Indicated for Back Pain</td>
</tr>
<tr>
<td>2:45pm - 3:00pm</td>
<td>Patient Selection</td>
</tr>
<tr>
<td>3:00pm - 3:15pm</td>
<td>Panel Discussion</td>
</tr>
</tbody>
</table>

**New Therapeutic Modalities**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:15pm - 2:00pm</td>
<td>Registration and Continental Breakfast</td>
</tr>
<tr>
<td>2:00pm - 2:45pm</td>
<td>A Primer on Skin Cancers</td>
</tr>
<tr>
<td>4:45pm - 5:00pm</td>
<td>Lunch with the Professors</td>
</tr>
</tbody>
</table>

### FRIDAY, JUNE 24, 2011

**New Diagnostics Modalities**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30am - 9:00am</td>
<td>PET Scan: Update for 2011</td>
</tr>
<tr>
<td>9:00am - 9:30am</td>
<td>Updates in Medical Therapy for IBD</td>
</tr>
<tr>
<td>10:00am - 10:15am</td>
<td>Panel Discussion</td>
</tr>
<tr>
<td>10:15am - 10:30am</td>
<td>Break</td>
</tr>
<tr>
<td>10:30am - 11:00am</td>
<td>Screening and Treatment of HBV and HCV</td>
</tr>
<tr>
<td>11:00am - 11:30am</td>
<td>New Therapies for HCV</td>
</tr>
<tr>
<td>12:00pm - 12:15pm</td>
<td>Panel Discussion</td>
</tr>
<tr>
<td>12:15am - 1:15pm</td>
<td>Lunch with the Professors</td>
</tr>
</tbody>
</table>
A limited number of rooms at a special discounted rate have been reserved at the following hotels and will be held until May 21, 2011. For discounted room reservations, please contact the hotels directly. Inform the hotel that you will be attending Mount Sinai’s "Challenges in Internal Medicine" conference.

The Hotel Wales, ($215 per night)
www.waleshotel.com, 1293 Madison Avenue, between 92nd and 93rd Street, New York, NY, 10128
Ph: (866) 925-3746

Courtyard New York Manhattan/Upper East Side, ($229 per night)
www.marriott.com, 410 East 92nd St., NY, NY, 10128
Ph: (212)-410-6777

If you prefer other hotel arrangements, please contact our Housing Manager, Denise Newman:
Ph: 718-835-4911 Fax: 718-835-8661
e-mail: dnew229@aol.com

Registration Fee:
(includes continental breakfasts, breaks, lunch with the professors and syllabus)
Fees postmarked on or before June 1, 2011:
• $650 Physicians
• $550 Residents*, Nurses, Allied Health Professionals, Physician Assistants and Mount Sinai Staff/Affiliates

Fees postmarked after June 1, 2011:
• $700 Physicians
• $600 Residents*, Nurses, Allied Health Professionals, Physician Assistants and Mount Sinai Staff/Affiliates

* A letter of verification from Department Chairman must accompany application for reduced fee.