Dual MD-MPH Degree Five-Year Option
Mount Sinai School of Medicine

We are pleased to inform our current and prospective medical students that the Mount Sinai School of Medicine Dual MD-MPH Degree Program will now be offering the option of completing the degree requirements over a five-year period. This would be in addition to the current option which is the four-year Dual MD-MPH Degree.

Currently our students complete all MPH course work as well as their Practicum during their first two years of medical school. During their 3rd and 4th-year of medical school students complete the Masters Thesis requirement and graduate with both degrees in May of their last year of medical school.

The new 5-year option will allow students to devote an entire year to completing the MPH Degree with the choice of completing all degree requirements during the “year-out” or taking a small number of courses during their first two years of medical school and completing the bulk of degree requirements during the year-out. During this year, students will be considered to be on Scholarly Year. Complete information about how to arrange a Scholarly Year is in the Scholarly Year packet available from the Medical Student Research Office.

The timing of the year is flexible and up to each student though many may choose to begin the MPH year after completion of their 3rd-year medical clerkships. It is important to note that coursework for certain specialty tracks within the MPH Program may necessitate that students take a small number of courses during the first two years of medical school to avoid schedule conflicts during their year out. Careful planning for the Global Health; Environmental & Occupational Health; Outcomes Research; and Health Promotion & Disease Prevention Track will be essential to assure students can easily complete all degree requirements in those tracks.

Interested students should contact MPH Program Administration to set up and appointment.