The Brain Injury Research Center of Mount Sinai (BIRC-MS) conducts cutting-edge research, with a primary focus on addressing the challenges of living with traumatic brain injury, or TBI. In several recent studies, we have evaluated the effectiveness of interventions on the cognitive, emotional and behavioral functioning of people with brain injuries. We are also involved in several studies and outreach activities aimed at better identifying people with “hidden” brain injuries – where people have disabilities due to a brain injury, but are unaware of the causal link between an injury to the brain they experienced and current problems in daily life. Our research, conducted since 1987, has greatly expanded the knowledge base with respect to long-term challenges that people with TBI face, as well as approaches to leading better lives after injury.

A major part of BIRC-MS activity is sharing research results with others through outreach to the field, sharing information with people with disabilities and their families, training future researchers and taking actions to affect policy. It does this primarily through Federal grants, including the New York TBI Model System and the Mount Sinai Injury Control Research Center, as well as a multi-center grant entitled Neuropathology of Chronic Traumatic Encephalopathy (CTE) and Late Effects of Traumatic Brain Injury (TBI): Toward In-Vivo Diagnostics.

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