Mount Sinai Obsessive-Compulsive Disorders Treatment Center

The mission of the Mount Sinai Obsessive Compulsive Disorders Treatment Center is to provide specialized treatment for children, adolescents and adults suffering from Obsessive Compulsive Disorder (OCD) and OC-Spectrum disorders including tics, trichotillomania, hoarding, and body dysmorphic disorder. Our highly trained clinicians offer expert consultations, comprehensive evaluations and cutting-edge treatment options for patients suffering from mild to severe OCD, as well as treatment-resistant forms of OCD.

Located within a distinguished research institution, our long-term scientific mission is to discover the underlying causes of OCD so that new therapies can be developed that will improve the quality of life for our patients. The program director and Chair of the Department of Psychiatry, Dr. Wayne K. Goodman, is a world-renowned expert in OCD who developed the Yale-Brown Obsessive-Compulsive Scale (Y-BOCS) in 1986. To date, this remains the gold standard for assessing OCD symptom severity. Dr. Goodman and our team of clinicians and scientists are committed to providing excellent clinical care and advancing the scientific understanding of OCD and related disorders.

For more information:
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