In order to safely ship biological agents and materials between locations, several US Government agencies, the UN-World Health Organization and several transportation organizations have developed guidelines and regulations that specify the proper packaging and labeling procedures to follow. In several instances, permits or registrations must be obtained before you can legally send or obtain biological materials, especially from or to overseas points.

The guidance offered here will serve to acquaint you with the appropriate agencies, their websites and their specific requirements. Specific documents will not be provided, since these links change sporadically within the home page site.

**REGULATIONS**

As the name implies, these are enforceable laws, some carrying fines if not complied with by an offering individual. The following agencies have jurisdiction over biological materials:

- **US Department of Commerce** [http://www.bis.doc.gov/licensing/Do_I_NeedAnECCN.html](http://www.bis.doc.gov/licensing/Do_I_NeedAnECCN.html)
- **Centers for Disease Control And Prevention-Health and Safety** [http://www.cdc.gov/od/ohs/](http://www.cdc.gov/od/ohs/)
  - [http://www.cdc.gov/od/eaipp/](http://www.cdc.gov/od/eaipp/)
- **Food and Drug Administration (FDA)** [http://www.fda.gov/](http://www.fda.gov/)
- **World Health Organization** [http://www.who.int/home-page/](http://www.who.int/home-page/)

CARRIER SHIPPING GUIDELINES
These documents are not laws, but often refer to laws issued by the agencies above. Also, individual carriers can refuse to take your package and ship it if they believe it violates the WHO, US Gov't laws, carrier's guidelines, or association guidelines.

International Air Transport Association  http://www.iata.org/whatwedo/cargo/dangerous_goods/index.htm
International Maritime Organization  http://www.imo.org/
DHL (International ONLY)  http://www.dhl.com/splash.html
World Courier  http://www.worldcourier.com/
United Parcel Service  http://www.ups.com

EVALUATING AGENCY JURISDICTION
There is substantial interplay between various agencies and their respective requirements for importing biological materials; some of the agencies cite other agency regulations applying the requirements contained within those regulations or guidelines to their practices. The following guidance is found on the US Customs web-site, and is used as an example of the complexity of regulations governing the importation of biological materials from outside the United States:

"Biological Materials [Importation]

Unsterilized specimens of human and animal tissue (including blood, bodily discharges and excretions); cultures of living bacteria, viruses or similar organisms; animals suspected of being infected with a disease transmissible to humans; and insects, snails, and bats may require an import permit from the Centers for Disease Control and Prevention. Write to the Office of Health and Safety, Centers for Disease Control and Prevention (F-05), 1600 Clifton Road NE, Atlanta, GA 30333, USA.

Biological materials produced from animals or animal products may require an additional permit from the Animal and Plant Health Inspection Service (APHIS) of the U.S. Department of Agriculture (USDA). Please write to USDA'S Import-Export Products Staff, APHIS, Federal Building, 6505 Belcrest Road, Hyattsville, MD 20782, USA, for further information and an application for an import permit."

In order to export biological material outside the United States, the U.S. Department of Commerce may require you to obtain an export license or at least file the material using an Export Classification and Control Number (ECCN) prior to shipping your specimens overseas. This practice serves to limit exporting materials to restricted countries or controlling "dual use" materials and preventing them from reaching the wrong hands. Remember it may not be the material but the destination that is going require a license to export.
All of these permit or license applications have very long lag times and you should count on a **minimum** of 6-8 weeks turn-around time before you have the document in hand. Apply for them well in advance of anticipated need.

To make the process somewhat easier, the following considerations have to be made before taking any action:

1. Does the material I am receiving / sending contain a pathogen? See: CDC; APHIS; DOC; WHO
2. Is the material I am receiving / sending a pathogen? See: CDC; APHIS; DOC; WHO
3. Is the material a Select List Agent? See: CDC-SAP, APHIS; DOC
4. Is the material a Restricted Animal Pathogen? See: APHIS; CDC; DOC
5. Is the material a Human Specimen? See: CDC; DOC
6. Is the material an Animal Specimen? See: APHIS; CDC; DOC; WHO;
7. Is the material an Animal? See: APHIS; US Customs
8. Is the material an IND? See: FDA, DOC; US Customs,
9. Is the material on a restricted country / individual list? See: DOC, BIS

* [http://www.cdc.gov/od/ohs/sap.htm](http://www.cdc.gov/od/ohs/sap.htm)

Once you have the answers to these questions, and you have all of the required permits / licenses you can select the appropriate packaging and labels required for your shipment, and select the carrier you will use for your shipment. Your carrier may recommend packaging in their guidance materials. Many carriers restrict what you can ship through their service so check with them first (UPS does not handle highly pathogenic material!!).

If you are receiving a package from a colleague oversees, it is **strongly advised**, that you discuss packaging, labeling, and carrier use before they send the material to the United States – it should conform to IATA / WHO requirements. It is also advised that you contact the carrier and find out what day and what (air)port the package will arrive at. Have a list of package contents ready for each package to forward to US Customs and Border Patrol, just in case your package is impounded.

Once this information is known, you should contact the US Customs Service Office at that port and inform the agents there that your package is coming to their port and contains whatever the contents are that are being shipped to you. You should have all appropriate permits, registrations and licenses in your possession on this side of the process **before arranging** the shipment.

Otherwise your package could sit in quarantine, and become damaged while US Customs and Border Patrol tries to find you, or clear the package for shipment to you. As stated earlier, you may even discover that you have subjected yourself to a fine / penalty if you have violated quarantine or shipping rules.

**PACKAGING**

There are very specific requirements for the packaging of biohazardous material, which ensure that the shipment will arrive safely at its destination. The best site for information on small packages is the CDC’s Office of Health and Safety, [http://www.cdc.gov/od/ohs/](http://www.cdc.gov/od/ohs/) under the heading “Biosafety Information”. The “Biosafety in Microbiological and Biomedical Laboratories, 5th Edition” book located there has a thorough description of packaging in “Appendix C”. [http://www.cdc.gov/od/ohs/biosfty/bmbl5/sections/AppendixC.pdf](http://www.cdc.gov/od/ohs/biosfty/bmbl5/sections/AppendixC.pdf)
Many of the laboratory equipment vendors such as VWR, Fisher Scientific, Lab Safety Supply, SAF-T-PAK, AIR SEA CONTAINERS Inc, etc. have kits with all of the required items already assembled for your use. This type of packaging does not come on the inexpensive side, but unless you duplicate the packaging exactly, according to IATA (and DOT) Shipping Packaging instructions 602 and 650, your shipment may be in violation of carrier rules / government agency laws. The issue of selecting the proper containers cannot be stressed enough, since many carriers will reject containers that do not meet their requirements. Additionally, you may be responsible for any clean-up / decontamination of equipment, Jet Planes or surface vehicles contaminated by an improperly prepared package that leaks in transit.

Refer to the following figures as a guide to what the proper shipping container should look like. DO NOT deviate from these diagrams, or remove items from a shipping kit -they are all required by regulation to be in the kit and used accordingly. If you have questions, contact the Biosafety Officer at 241-5169.

Fig. 1: Category A "Infectious Substances affecting Humans (UN 2814)" or "Infectious Substances affecting Animals (UN 2900)"

Packing and Labeling of Infectious Substances
Fig. 2: Clinical Specimens are now designated “Infectious Substances, Category B (UN 3373)”

Packing and Labeling of Clinical Specimens

CHECKLISTS

Two checklists for import and export have been attached to this document to assist you in getting your package ready for shipment. IT IS EXTREMELY IMPORTANT that you cover every detail, and get the necessary licenses / permits before sending a package. If you are receiving a package from overseas get as much information as you can from the shipper and include it into your documentation. Failure to do this may result in your package decaying in a quarantine impound.

LEAKING PACKAGES

If you receive a leaking package, or a package that contains broken containers within, notify the Biosafety Officer at extension 241- 5169 immediately. Obtain assistance as to which agencies may require notification, before notifying any external agency.

Material that has spilled from the packaging can be handled using the spill guidance manual at http://mssm.edu/biosafety. If any of the packaging contents is spilled or leaks on you, treat the incident similar to a blood borne pathogen incident, wash the site with soap and water, and obtain medical assistance immediately by going to the Employee Health Service or MSMC Emergency Department.
If you are unsure about any of the issues mentioned in this document, please contact the Institutional Biosafety Officer at 241-5169. If you need assistance in acquiring any of the documents or permits/registrations/licenses required for your shipment, contact the Institutional Biosafety Officer at 241-5169.

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Appendix A: Common Laboratory Specimens Offered for Transport

Materials Requiring a Hazardous Materials (Dangerous Goods) Declaration

☐ Infectious substance, affecting humans (UN 2814) Solid or Liquid
☐ Infectious substance, affecting animals (UN 2814) Solid or Liquid

Materials Not Requiring a Hazardous Materials (Dangerous Goods) Declaration – Unless combined with an Item Below

☐ Diagnostic Specimens (UN 3373)
☐ Clinical Specimens (UN 3373)
☐ Biological Substance, Category B (UN 3373)
☐ Genetically Modified micro-organisms (UN 3245) (Gets a Class 9 Sticker!!)

Other Hazardous Materials Offered along with Primary Contents Requiring a Hazardous Materials (Dangerous Goods) Declaration

☐ Nitrogen, refrigerated liquid (as a cryopreservative (UN1977)
☐ Dry Ice /Carbon Dioxide (UN 1845)
☐ Formaldehyde solution (aka Formalin, 10%) (UN 2209)
☐ Ethyl Alcohol solution (Ethanol) (UN 1170)
☐ Isopropyl Alcohol (Isopropanol) (UN 1219)
Appendix B:

Outer Shipping Box Examples – Basic Schema for Marking Boxes

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**Class 9 - Dry Ice Label**

(if dry ice is used)

**UN 3373**

**Orientation Arrows**

(This side Up)

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**Infectious Substance affecting Humans**

UN 2814      Net. Qty. 15 ml

Use CDC Etiological Agent Sticker or the sticker below

---

**Diagnostic Specimens**

Biological Substance Category B

Net Qty 15 ml

---

**UN 1845 DRY ICE**

Qty: 5 Kilos

---

**UN 1845 DRY ICE**

4G / Class 6.2 / 04 / GB / 2450

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**Pgh 2/2009**
Mount Sinai School of Medicine
Medical / Genetic Sample Import Checklist

Type of Material to be imported
□ Human □ Animal □ Bacterial □ Viral □ GMO
□ Other ________________________________

Characterization of Material
□ Pure Form □ Formulation
□ Medical □ Genetic □ Infectious □ Non-Infectious □ Non-Radioactive
□ Non-Toxic □ Not for Human use □ Not for Animal use □ Other ________________
□ UN 2814 Category A-Human □ UN 2900 Category A-Animal □ UN 3373 Category B

Harmonized Code#: _____________________________

Purpose of Material:
________________________________________________________________________________________

Quantity per tube / container / packet
_____ mls  _____ uls  _____ gms  _____ mgs  Other _____________

Total Quantity
_____ mls  _____ uls  _____ gms  _____ mgs  Other _____________

Total Number of Containers / Packages in Shipment: _________________________________

Sample Origin (From)
Institution: ____________________________________________
Dr. _________________________________________________
Address: _________________________________________________
Phone#: ________________________________________________

Sample Origin (To)
Mount Sinai School of Medicine; One Gustave L. Levy Place, New York, New York 10029
Dr. _________________________________________________
Bldg: ____________________ Rm# ______________ Phone#: _______________________

Transporter / Courier: ____________________________________________
Tracking Number: ____________________________ Phone #: __________________
Declared Value: ____________________________________________

Port of Entry** □ Air □ Sea □ Ground (Border Crossing Can, Mex)
□ JFK International □ New York / Newark
□ Morristown Airport □ PerthAmboy □ Other: __________________________

Permit(s) Required (Attach a copy to this document!)
□ USDA □ CDC □ DOC/BIS □ FDA □ Other: __________________________

I affirm that this information is correct based on information supplied to me and to the limit of my
ability to verify;

Print name: ________________________________________________

__________________________________________  ____________________________  __________
signed name  title  date

**www.cbp.gov/xp/cgov/toolbox/contacts/cmcs/cmc_ny.xml
Mount Sinai School of Medicine
Medical / Genetic Sample Export Checklist

Type of Material to be Exported
☐ Human ☐ Animal ☐ Bacterial ☐ Viral ☐ GMO
☐ Other

Characterization of Material
☐ Medical ☐ Genetic ☐ Infectious ☐ Non-Infectious ☐ Non-Radioactive
☐ Non-Toxic ☐ Not for Human use ☐ Not for animal use ☐ Other

Export Control Classification Number**
☐ IC-351 Human Pathogens ☐ IC-352 Animal Pathogens
☐ IC-353 Genetically Modified Agents(GMO) ☐ IC-360 Select Agents ☐ Other

Purpose of Material:

Harmonized Code#:_____________________

Quantity per tube / container / packet
______mls _______ uls _______ mgs _______ ugs other_______

Total Quantity
______mls _______ uls _______ gms _______ mgs other_______

Total Number of Containers / Packages in Shipment:_____________________

Sample Destination (To)
Institution:_____________________________________________________
Dr.__________________________________________________________
Address:_________________________________________ Phone#:______________

Sample Origin (From) Mount Sinai School of Medicine; One Gustave L. Levy Place, New York, New York 10029
Dr.__________________________________________________________
Bldg:_______________________ Rm#:_________________________ Phone#:_________________

Transporter / Courier:__________________________________________ Phone # ________
Tracking Number_________________________ Manifest #_________

Declared Value______________________________
☐ EAR 99 / NLC covered material

Port of Departure ☐ Air ☐ Sea ☐ Ground( Border Crossing Ca, Mex)
☐ JFK International ☐ New York / Newark
☐ Morristown Airport ☐ PerthAmboy ☐ Other

Permits / Licenses (Attach copy to this document!)
☐ USDA ☐ CDC ☐ DOC/BIS ☐ FDA ☐ Other

I affirm that this information is correct based on knowledge of the contents or information supplied to me and to the limit of my ability to verify;
Print name:__________________________________________
Signed name:________________________________________
title:________________________________________________
date:_______________________________________________

Port of Departure
☐ Air ☐ Sea ☐ Ground( Border Crossing Ca, Mex)

Permits / Licenses (Attach copy to this document!)
☐ USDA ☐ CDC ☐ DOC/BIS ☐ FDA ☐ Other

I affirm that this information is correct based on knowledge of the contents or information supplied to me and to the limit of my ability to verify;
Print name:__________________________________________
Signed name:________________________________________
title:________________________________________________
date:_______________________________________________

US Export Assistance Center (NYC) (212) 860-6200