

**FACULTY COUNCIL  
MEETING NOTES  
March 14, 2018**

**Attendees:** T. Choudhri, J. Stone, A. Doshi, E. Matthew, E. Howell, A. Leibowitz, A. Miller, J. Wang, A. Lujambio, C. Rosen, S. Teitelbaum, E. Legome, K. Hung, M. Kim, S. Gomez

**i. Introductory Remarks**

- Welcome -- Dr. Choudhri thanked the council for attending and welcomed Dean Charney for his annual update.

**1. Faculty Wellness – Jonathan Ripp, MD, MPH**

- Burnout close to 50% among physicians.
- Response rates were 35.2% (4,402/12,500) for medical students, 22.5% (1,701/7,560) for residents/fellows, and 26.7% (7,288/27,276) for EC physicians.
- Many factors causing burnout, including hours, work/life balance, efficiency and resources, workload demands, meaning in work, etc.
- Consequences include suicide, depression, substance abuse, and also workplace issues such as decreased quality of care and physician turnover.
- Mindfulness meditation can help alleviate burnout.
- ACGME requirements dictate that institutions increase attention to work intensity and compression as well as provide more tools and resources to assist physicians.
- Projected cost of physician turnover per year due to burnout: \$36.8 million
- Goals for ISMMS include creating a protocol for responding to tragic events and developing a Center for Wellness similar to the student wellness center.
- Suggestions from FC: faculty dining room, improved parking, more accessible child care options, faculty gym.
- FC Wellness Committee to be established.
- More engagement with Wellness Officer.

**2. Approval of January 2018 Minutes**

- Minutes approved.

**3. Faculty Council Committee Updates**

- Benefits Committee – Joanne Stone
  - Looking at health benefits.
  - Investigating high deductible plan issues.
  - Reviewing benefits for married faculty re: 1-person benefit restrictions
  - Will have meeting devoted to benefits later in year.
- Professionalism Committee
  - No current cases, activity low

- Disciplinary Tribunal Committee
  - No updates

#### **4. New York City Medical Schools Faculty Council Update**

- Representatives from all NYC institutions meet twice per year.
- Good resource to network and be informed of trends and issues at other schools.

#### **5. 2018 Agenda Planning**

- Election nominations for FC Awards
- Future topics to include Faculty Benefits and IT