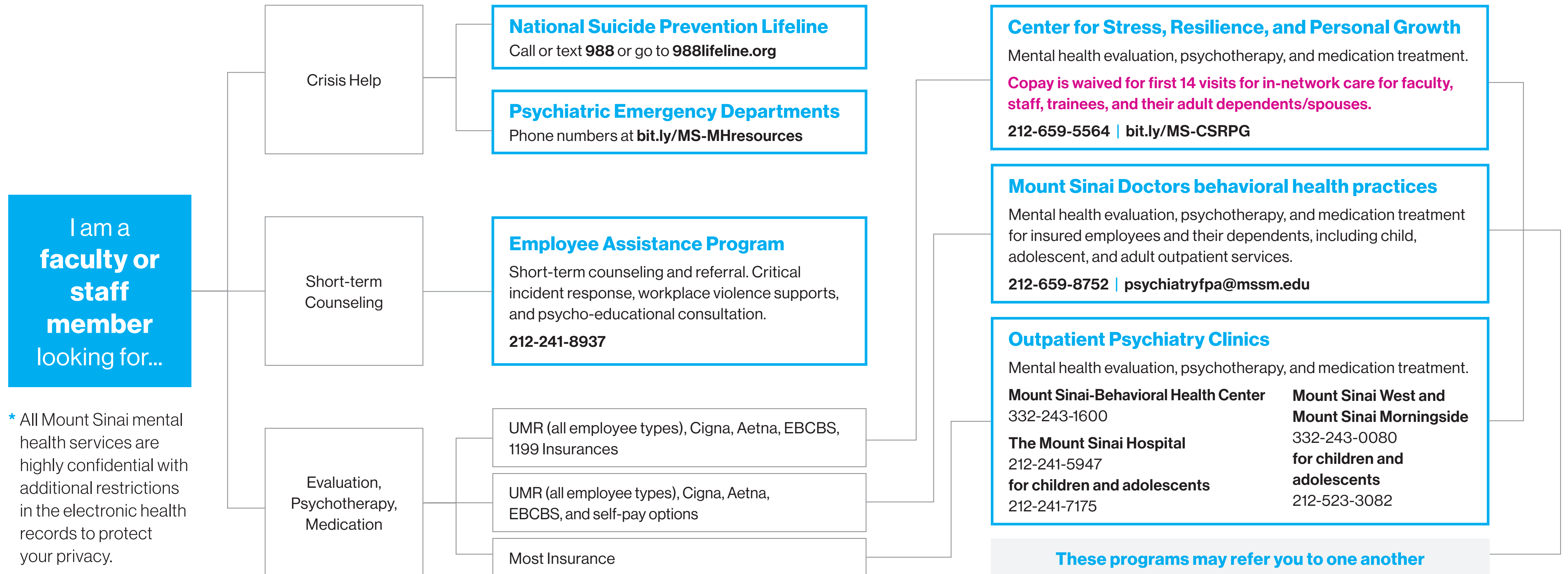


# Mount Sinai Health System **Mental Health Resources\***



\* All Mount Sinai mental health services are highly confidential with additional restrictions in the electronic health records to protect your privacy.

This resource is brought to you by **The Office of Well-Being and Resilience**  
**OWBR@mssm.edu | 212-241-5057 | mshs.co/3KBpCQY**

