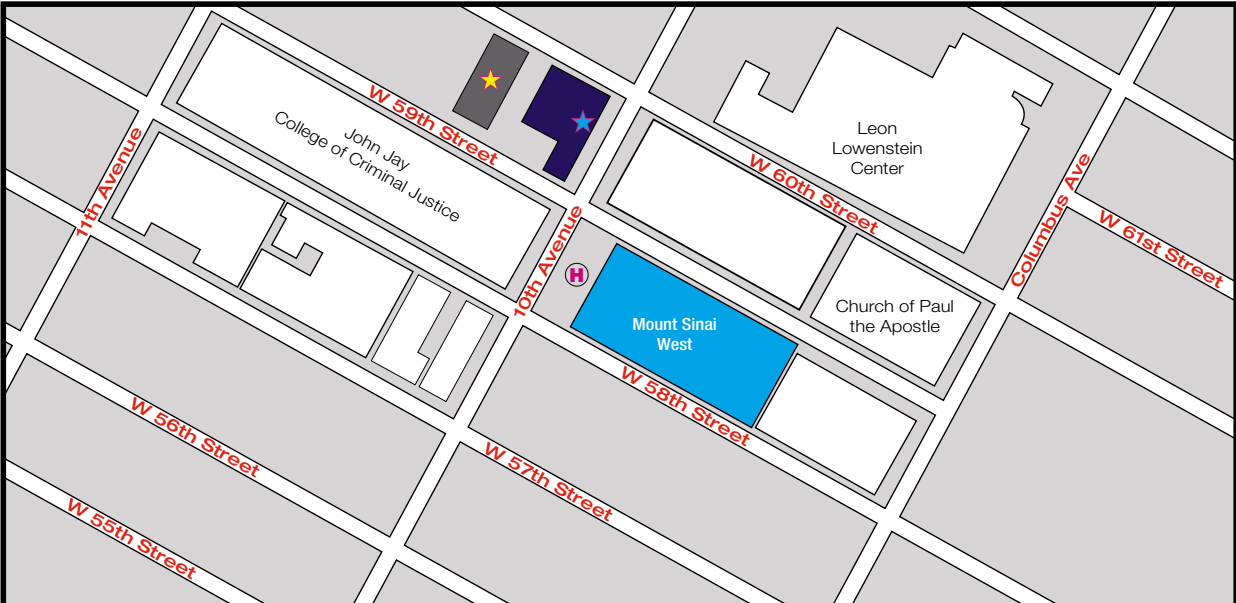


Icahn  
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**Internal  
Medicine  
Residency  
Program at  
Mount Sinai  
St. Luke's &  
Mount Sinai  
West**

# Mount Sinai St. Luke's & Mount Sinai West Campus Maps



★ Resident Housing — 515 West 59th Street

★ Resident Housing — 10 Amsterdam Avenue

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# *Introduction To Our Program*



## Dear Senior Medical Student:

Welcome and thank you for visiting the Mount Sinai St. Luke's and Mount Sinai West Internal Medicine Residency Program – part of the Graduate Medical Education Program of the Mount Sinai Health System located in New York City. From our dedicated faculty to our diverse patient population, our residency program has all the necessary components to train the outstanding internist and medical specialists of tomorrow.

We are a hospital with a strong history and tradition of serving the community while being rooted in a rigorous, academic training program. We pride ourselves in turning out compassionate physicians who use evidence-based medicine to treat the whole patient. We start with a program that provides much more than the basics of Internal Medicine training. Through rotations on the inpatient wards and outpatient clinics, you will learn how to think like a twenty-first century physician and how to provide the very best care.

In addition to the excellent clinical training in Internal Medicine, our residents are exposed to a diverse group of patients and wide-ranging set of complex medical problems. Our residents get their inpatient clinical training at two large hospitals – Mount Sinai St. Luke's located on the Upper West Side and Mount Sinai West near Columbus Circle. In addition, residents have the opportunity to rotate through Memorial Sloan Kettering Cancer Center. The outpatient rotations are at three Federally Qualified Health Care sites in Manhattan. Dedicated time is spent in our Ambulatory Care blocks, providing continuity of care for patients who in many cases have been underserved by the health care system.

In addition to clinical experiences during your three years at Mount Sinai St. Luke's and Mount Sinai West, our residents have the opportunity to conduct research and develop quality improvement projects all under the guidance of faculty mentors. The hope is to develop a robust research portfolio and well-rounded elective education prior to graduation.

Finally, being part of the Icahn School of Medicine at Mount Sinai and The Mount Sinai Health System brings you additional resources and opportunities. You can do clinical research and electives at sister hospitals during your second and third year and tap into the rich faculty research portfolio. The Mount

Sinai Health System, our parent organization, is an integrated health system structured around seven member hospital campuses and a single medical school, giving an unprecedented breadth of system-wide exposure to the trainee and robust continuum of care for patients. St. Luke's and West are members of this network of hospitals.

We believe that the greatest testament to our success is that so many of our graduates either remain to pursue fellowship training at our institution or return to become full-time faculty members. So whatever your plans for the future, be it a career in primary care, hospital medicine, academics, further subspecialty training or even a career in government or industry, we will provide you a solid foundation in Internal Medicine and the opportunities for development within your chosen career line.

### **Tejas Patel, MD, MPH, MBA**

*Director, Internal Medicine Residency Program  
Mount Sinai St. Luke's & Mount Sinai West*

### **Samuel L. Seward, Jr., MD**

*Chair, Department of Medicine  
Mount Sinai St. Luke's & Mount Sinai West*

### **David C. Thomas, MD, MHPE**

*Vice Chair for Education, Department of Medicine  
Mount Sinai Health System*

### **Barbara Murphy, MD**

*Chair, Department of Medicine  
Mount Sinai Health System*



# *Why Choose Our Residency Program*



By now, you've no doubt read a lot of material about residency programs. Much of it, probably, is beginning to sound the same. How is our program different? We point to our unique history, our location, our diversity of experience, our innovative curriculum and our emphasis on mentoring and professional development as elements that make us stand out from the crowd.

## **HISTORY AND TRADITION**

For more than 150 years St. Luke's Hospital has served New Yorkers living on the Upper West Side. Twenty-one years after St. Luke's establishment, Roosevelt Hospital was founded. The two storied institutions were brought together in a merger in 1979, forming St. Luke's-Roosevelt Hospital. SLR, as it was known, joined with Beth Israel Hospital as part of the Continuum Health Partners merger in 1997. In 2013, Mount Sinai and Continuum joined forces to create the Mount Sinai Health System. Two years later, Roosevelt was renamed Mount Sinai West and both it and St. Luke's remain active and vital members of the health system.

The two institutions have a rich history of scientific breakthroughs and serving the community. St. Luke's was one of the first hospitals in New York City to begin ambulance service and was the first to establish an obesity research center in the United States funded by the National Institutes of Health. West is a leading center for neurological care and endovascular neurosurgery. Both institutions have been providing primary care to New Yorkers along the Upper West Side for generations—a long tradition of values and professional commitment.

## **LOCATION**

The Upper West Side is an excellent catchment area for a diverse patient population as well as an exciting and vibrant place to live. Our patients range from CEOs to the homeless; we care for patients from every ethnicity, nationality, sexual orientation and religious background. It is that diversity that brings us an extraordinarily rich educational experience—one that most residents don't see until much later in their training.

In addition, the Upper West Side of Manhattan is a fabulous place to live. You are surrounded by parks with Central Park to the east, Riverside Park to the west and Morningside Park to the north. There are plenty of opportunities to take in a concert at Lincoln Center, see a play on Broadway or eat at one of the thousands of restaurants throughout the city. The area is a great place for families with a large number of top-rated public and private schools. Nearby public transportation allows you easy access to the entire city, from Yankee Stadium and the Bronx Zoo to Coney Island and the beaches in Rockaway, Queens.

## **DIVERSITY OF EXPERIENCE**

The bulk of residency training takes place at two hospitals and three ambulatory sites throughout the city. Residents also rotate through one of New York City's prestigious cancer centers.

**Mount Sinai West:** With 505 beds, Mount Sinai West is a full-service community and tertiary-care hospital with an emergency department serving Midtown and the West Side of Manhattan. Since its founding in 1871, it has placed strong emphasis on primary and specialty care. Located near vibrant Columbus Circle, the catchment area is broad - from the Theater District to the Upper West Side. Mount Sinai West serves a diverse patient population that includes expanding oncology services.

**Mount Sinai St. Luke's:** With 523 beds, St. Luke's serves as the principal health care provider for the West Harlem and Morningside Heights communities and operates one of Manhattan's few Level 1 trauma centers. It is home to the Al-Sabah Arrhythmia Institute, a world-class, multidisciplinary center specializing in the management of cardiac arrhythmias. St. Luke's also enjoys an outstanding reputation for services in many other medical specialties, including Internal Medicine, Geriatrics, and HIV/AIDS. St. Luke's Hospital also continues to expand its commitment to community-based ambulatory care and access to primary and specialty care.

**Ryan Centers:** The Ryan Centers are a community-based outpatient clinic network dedicated to providing comprehensive care in a culturally sensitive environment. The centers traditionally serve those New Yorkers who do not normally have access to high-quality medical care. Our residents are assigned to see general medicine patients at one of three sites on the Upper West Side, including 46th Street, 97th Street and 125th Street.

## **Memorial Sloan Kettering Cancer Centers**

**(MSKCC):** Mount Sinai St. Luke's and Mount Sinai West are one of the few residency programs in New York City that offers rotations at Memorial Sloan Kettering Cancer Center, one of the world's premier institutions dedicated to cancer treatment and research. Residents have assigned rotations during their PGY1 and PGY2 years. They work with outstanding attending physicians, clinician/researchers and fellows and have plenty of opportunities to do hematology and oncology research. Many of our residents have served as chief residents at MSKCC and some have been accepted into their prestigious Hematology/Oncology Fellowship.

## OUR FACULTY

As a medicine resident at Mount Sinai St. Luke's and Mount Sinai West, you will work with and be mentored by physicians who are dedicated to your education and training. The following is a sample of our program and divisional faculty leadership:

## DEPARTMENT LEADERSHIP



**Samuel L. Seward, Jr., MD**, is the Chair of the Department of Medicine at Mount Sinai St. Luke's and Mount Sinai West and Associate Professor of Medicine (General Internal Medicine) at the Icahn School of Medicine at Mount Sinai. He is a world authority in a rare genetic disorder, Hermansky-Pudlak Syndrome. He has won numerous local, regional and national awards in teaching, patient care and leadership.



**Amy Rosenberg, MD**, is Vice Chair, Administrative Affairs for the Department of Medicine at St. Luke's and West and Program Director for the Infectious Diseases Fellowship. She is extensively involved in quality improvement and patient safety activities for the department. Dr. Rosenberg also remains actively involved in teaching residents, fellows and students on the Infectious Disease Consult Service.



**Gary Burke, MD**, is Vice Chair for Operations for the Department of Medicine and Chief of the Division of General Internal Medicine. Dr. Burke is also a member of the Institute for Healthcare Improvement and is former Director of the New York State Department of Health AIDS Center. He has helped in the dramatic expansion of primary care throughout the Upper West Side of Manhattan through his expertise in population management.

## PROGRAM DIRECTORS



**Tejas Patel, MD, MPH, MBA**, is the Director of the Internal Medicine Residency Program at Mount Sinai St. Luke's and Mount Sinai West as well as an Assistant Professor of Medicine (Nephrology). He is actively involved at state- and national-levels at The American College of Physicians, the largest medicine specialty organization in the country.



**Alejandro Prigollini, MD**, is the Senior Associate Program Director for the Internal Medicine Residency Program at Mount Sinai West and the Site Director for Mount Sinai St. Luke's. Dr. Prigollini has served as an APD since 2003. He has been responsible for faculty development in the Division of General Medicine, focusing on the learning environment and direct observation. He is an Assistant Professor of Medicine (General Internal Medicine).



**Erica Vero, MD**, is an Associate Program Director and Assistant Professor of Medicine (General Internal Medicine). Dr. Vero is a former Chief Resident at St. Luke's and West and provides mentorship and guidance to current trainees.



**Tamara Goldberg, MD**, is an Associate Program Director for the Internal Medicine Residency, Assistant Professor of Medicine (General Internal Medicine), as well as the Residency Site Director at the William F. Ryan Community Health Center. Her focus has been on engaging residents in quality improvement work in the outpatient clinic, teaching core principles of the patient-centered medical home, and serving as a adviser for residents interested in primary care.



**Zubin J. Tharayil, MD**, is an Associate Program Director for inpatient services at Mount Sinai West for the Internal Medicine Residency Program, an Assistant Professor of Medicine (Hospital Medicine) and Unit Medical Director at Mount Sinai West. His interests include quality improvement and resident and medical student education.



**Georgina Osorio, MD, MPH**, is Associate Program Director for inpatient services at Mount Sinai St. Luke's for the Internal Medicine Residency Program, an Assistant Professor of Medicine (Infectious Diseases) and currently Co-Chair of the Ryan White Medical Providers Coalition. She is actively involved in teaching the residents and first year medical students at the Icahn School of Medicine. She received the "Excellence in Teaching Award" from the Class of 2016 for her outstanding contributions.





**J. Michael Wiener, MD, MPH**, is an Assistant Program Director for the Internal Medicine Residency Program at St. Luke's and West and Assistant Professor of Medicine (General Internal Medicine).

Currently, he is the Residency Site Director at the Ryan Chelsea Clinton Community Health Center.

## FACULTY LEADERSHIP

### Cardiology:



**Jagat Narula, MD, PhD**, is Professor and Division Chief of Cardiology at Mount Sinai St. Luke's and Mount Sinai West, the Philip J. and Harriet L. Goodhart Chair in Cardiology, and the Director of

Cardiovascular Imaging Program in Mount Sinai's Zena and Michael A. Wiener Cardiovascular Institute and the Marie-Josée and Henry R. Kravis Center for Cardiovascular Health. He is the Associate Dean for Global Health at the Icahn School of Medicine at Mount Sinai. He is internationally recognized for his contributions to the field of cardiovascular immunology and imaging.



**Eyal Herzog, MD**, is Director of the Cardiac Care Unit and Director of the Echocardiography Laboratories at Mount Sinai St. Luke's. He is a pioneer in the creation of pathway-based algorithms,

which have become a nationwide phenomenon. Dr. Herzog is the recipient of numerous awards including "Teacher of the Year" from the Department of Medicine at St. Luke's and West for eight years and the "Distinguished Physician of the Year" at St. Luke's and West in 2010.



**Jacqueline E. Tamis-Holland, MD**, is an interventional cardiologist and Assistant Professor of Medicine (Cardiology) at Mount Sinai St. Luke's and Mount Sinai West. She is the Associate Director

for the Mount Sinai St. Luke's Cardiac Cath Labs as well as Program Director for the Interventional Cardiology Fellowship. Dr Tamis-Holland is a spokesperson for the American Heart Association, and is on the writing committee for the American Heart Association/American College of Cardiology's "Guidelines for ST Segment Elevation Infarction."



**Marrick L. Kukin, MD**, is the Director of the Heart Failure Program at St. Luke's and West and is Professor of Medicine (Cardiology) at the Icahn School of Medicine. Dr. Kukin's areas of research

have included beta blockade and other neurohormonal antagonists in congestive heart failure, and the use of inotropic agents in heart failure. Among other honors, he received the Denber Award for Excellence in Cardiovascular Research from the Icahn School of Medicine at Mount Sinai and was voted the Michael Lesch "Teacher of the Year" by the cardiology fellows at St. Luke's and West.



**Davendra Mehta, MD, PhD**, is the Director of Electrophysiology Section and Arrhythmia Service at Mount Sinai St. Luke's. He has been a member of the Cardiology faculty at the Icahn School

of Medicine since 1992 where he is currently a Professor of Medicine (Cardiology). His clinical focus is catheter ablations for the management of atrial fibrillation and ventricular arrhythmias and his research focuses on cardiac sarcoidosis.



**Pedro Moreno, MD**, is the Director of Interventional Cardiology at St. Luke's and West and Professor of Medicine (Cardiology). He is a world-renowned expert in atherosclerosis. He performs more

than one thousand coronary procedures annually. His research focus has been inflammation and acute coronary syndrome.



**Angela Palazzo, MD**, is the Associate Division Director for Inpatient Cardiology Services. She is Assistant Professor of Medicine (Cardiology) and her areas of interest are inpatient services including QI and advancement in invasive cardiology.

### Endocrinology:



**Jeanine Albu, MD**, is the Chief of the Division of Endocrinology, Diabetes and Nutrition and the Chief of the Metabolism and Diabetes Clinic. She has special expertise in the evaluation and treatment

of obesity and diabetes mellitus. Her research interests

are: obesity-related metabolic abnormalities such as glucose intolerance, hyperinsulinemia and insulin resistance, hyperlipidemia and the insulin action on lipid metabolism, body fat distribution and body composition and their influence on metabolism, and energy metabolism and substrate utilization.



**Deena Adimoolam, MD**, is the Associate Program Director for the Endocrinology Fellowship based at Mount Sinai St. Luke's and West. Her clinical interests are obesity, weight loss, diabetes and thyroid disorder. She received the Presidential Service Award presented by Former President Bill Clinton for her community service efforts.

### Gastroenterology



**Il Joon Paik, MD**, is the Director of Neurogastroenterology and Motility Lab at Mount Sinai St. Luke's and Mount Sinai West. He is an expert in the digestive disorders of seniors and specializes in swallowing disorders, GERD, reflux and other motility dysfunction. He is Assistant Professor of Medicine (Gastroenterology).

### General Internal Medicine



**Dipal Patel, MD**, serves as the Site Director for the residency program at the William F. Ryan Community Health Center. She is interested in outpatient graduate medical education and is board certified in Internal Medicine, Nephrology and Hypertension.



**Ranjan Ginde, DO**, is Assistant Professor of Medicine (General Internal Medicine) and his clinical interests are resident education, preventive medicine and other chronic illnesses in underserved urban populations.



**Deepthi Zalavadia, MD**, is a Clinical Instructor of Medicine for the residents' primary care clinics at the Ryan Centers. She has a strong interest in resident education in primary care and serves as a faculty mentor for the residents.



**Malka Merav Abraham, DO**, is an Instructor of Medicine (General Internal Medicine) and a recent graduate of the Icahn School of Medicine. She is interested in medical education, preventive medicine and quality improvement. She was the recipient of "Teacher of the Year" – Outpatient Faculty for 2016.

### Hematology/Oncology



**Seth Cohen, MD**, is Assistant Professor of Medicine (Hematology/Medical Oncology) and the Site Director for cancer care at Mount Sinai West. His area of clinical focus is management of genitourinary and gynecologic oncology.



**Gabriel Sara, MD**, is Medical Director of the Mount Sinai West Chemotherapy Infusion Site and Executive Director of the Patient Services Initiative of the Continuum Cancer Centers of New York. Dr. Sara is treasured by housestaff for his unwavering dedication to teaching and the care of his patients. He was awarded the "Wholeness of Life Award" by the hospital's chaplaincy in recognition of his holistic approach to patient care.

### Hospital Medicine



**Brian Markoff, MD**, is the Chief of the Division of Hospital Medicine at Mount Sinai St. Luke's and Associate Professor of Medicine (Hospital Medicine). Until recently, he was the Associate Program Director for Quality at the Internal Medicine Residency Program at The Mount Sinai Hospital. His interests include quality improvement and high-value care.



**Rishi Malhan, MD**, is the Interim Chief of the Division of Hospital Medicine at Mount Sinai West and Assistant Professor of Medicine (Hospital Medicine). His interests are value-based care, patient safety, quality improvement, resident teaching and utilization management.



**Francois Dufresne, MD**, is the Associate Chief of the Division of Hospital Medicine at Mount Sinai St. Luke's and Assistant Professor of Medicine (Hospital Medicine). Dr. Dufresne is no stranger to

St. Luke's having worked as a hospitalist after completing his residency. He received "Teacher of the Year" - Inpatient Hospital Medicine for 2016.



**Jose Luis Alcaraz Alvarez, MD**, is a hospitalist at Mount Sinai West and an Instructor of Medicine (Hospital Medicine). His clinical interests are resident education and hospital management.

## Infectious Diseases



**Erna Milunka Kojic, MD**, is the Chief of Division of Infectious Diseases at St. Luke's and West and is Associate Professor of Medicine (Infectious Diseases). She has published extensively on HIV/AIDS and has consistently been funded by NIH. Her clinical and research interests include HPV and HIV co-infection including prevention of HPV infection.



**George McKinley, MD**, is Director of the Tuberculosis Management Program at St. Luke's and West and Assistant Professor of Medicine (Infectious Diseases). His clinical interests are tuberculosis, travel/tropical medicine and HIV. Dr. McKinley is also the President of the SLW Alumni Association. In addition to being a renowned Infectious Diseases specialist, he is one of our most dedicated faculty and a treasured favorite among housestaff, fellow and students alike.

## Nephrology



**Ira S. Meisels, MD**, is the Division Chief of Nephrology and Director of Dialysis at Mount Sinai St. Luke's and Mount Sinai West, Co-Chair of the Medical Advisory Board of the National Kidney Foundation of Greater New York and Associate Professor of Medicine (Nephrology). He is a beloved teacher of housestaff.



**Steven Smith, MD**, is the Program Director of the Nephrology Fellowship and Assistant Professor of Medicine (Nephrology). He has special training and long-term experience in caring for patients with kidney transplants.



**Anip Bansal, MD**, is an Assistant Professor of Medicine (Nephrology). He is highly respected by the residents and has won "Teacher of the Year Award." He specializes in the care of patients with chronic kidney disease, end-stage kidney disease requiring hemodialysis or peritoneal dialysis, hypertension and electrolyte disorders.

## Pulmonary/Critical Care



**Hassan Khouli, MD**, is Chief of the Critical Care Section at Mount Sinai West and Mount Sinai St. Luke's, Director for the Center for Advanced Medical Simulation at MSSL and MSW and Associate Professor of Medicine (Pulmonary, Critical Care). He is also Chairman of the Medical Ethics Committee at Mount Sinai St. Luke's and Mount Sinai West. His interests include outcomes of the critically ill, sepsis, simulation training, and ethics concerning end-of-life decision-making. Under his vision and leadership, the Center for Advanced Medical Simulation was created at West, a state-of-the-art institution-wide Simulation Center, one of only few accredited such centers in the country.



**Edward Eden, MD**, is the Director of Pulmonary Function Lab and Pulmonary Rehabilitation at Mount Sinai St. Luke's and Mount Sinai West and Professor of Medicine (Pulmonary, Critical Care). Dr. Eden is an engaging and dynamic instructor of medical students, residents and fellows alike whose academic interests include Alpha1-Antritypsin deficiency, asthma and COPD.



**Mirna Mohanraj, MD**, is the Director of the Pulmonary/Critical Care Fellowship at Mount Sinai St. Luke's and Mount Sinai West and Assistant Professor of Medicine (Pulmonary, Critical Care). She is also Director of the Lung Nodule Program and Director of the Procedure Service. She is actively involved in teaching the residents quality improvement projects and research.



**Janet M. Shapiro, MD**, is Associate Professor of Medicine (Pulmonary, Critical Care) and Director of Critical Care Unit at Mount Sinai St. Luke's and beloved teacher of the housestaff. Dr. Shapiro is a prolific

author with special interests in status asthmaticus and critical care of the obstetric patient and is always actively involved in our weekly Morbidity & Mortality Conferences. In practice, she is a paradigm of excellence and ethics in medicine, continuously demonstrating to us by example the art of compassion and empathy during difficult crossroads in patients' lives.



**Raymonde E. Jean, MD**, is Associate Professor of Medicine (Pulmonary, Critical Care). Her clinical research interests spans studying the impact of obesity on critical illness, respiratory failure and research related to sleep. She received an "Excellence in Teaching Award" from the Class of 2016 for her outstanding contribution to residency education.



**Keith M. Rose, MD**, is the Associate Director of Critical Care and the Associate Director of the Center for Advanced Medical Simulation (CAMS) at Mount Sinai West. He also serves as the Director for the Simulation Fellowship at Mount Sinai West and Mount Sinai St Luke's. His areas of interest include critical care ultrasonography, medical education, medical simulation and quality initiatives including improving death certificate accuracy.



**Joseph P. Mathew, MD**, serves as Associate Director of the Intensive Care Unit and the Center for Advanced Medical Simulation (CAMS) and is Director of the Critical Care Ultrasonography Program at St. Luke's and West. His areas of interests include critical care ultrasonography, medical simulation, and critical care outcomes.

## Rheumatology



**Nazia Hussain, MD**, is Assistant Professor of Medicine (Rheumatology) who has mentored many of our housestaff to get outstanding Rheumatology fellowships across the country. She received "Excellence in Teaching Award" from the Class of 2016 for her outstanding contribution to the residency education.

## EDUCATIONAL INNOVATIONS

As a resident at St. Luke's and West you will take part in a rigorous training that reflects a spirit of innovation in medical education. We have the traditional conferences and methodologies for teaching such as chart review, Morbidity & Mortality, evidence-based medicine and journal club to name some. Yet we have designed our program to be learner-centric and we think these differences not only educate our residents to be smarter physicians, but also make for a better overall educational experience.

Our program has a long history of innovation in education. Many of these innovations are nationally recognized and have been adopted by major medical institutions throughout the country. As our housestaff knows, we are proud of our dynamic reputation and we are not shy to change a system if it improves education and training.

**6+2 Ambulatory Block Model:** St. Luke's and West was one of the first residency programs to implement the unique system of two-week ambulatory blocks occurring every eight weeks. A dedicated two-week block allows for a much richer outpatient exposure and makes room for a number of educational activities including work in the Simulation Lab, the communications workshop and evidence-based medicine sessions, to name a few. Apart from Internal Medicine continuity clinics, residents have opportunities to rotate through a wide range of subspecialty clinics. Ambulatory didactics are conducted during two half-day sessions, which include the Yale Office-Based Curriculum and an evidence-based medicine seminar, which teaches residents to critically analyze medical literature. Dedicated time is set aside for the Johns Hopkins online modules, which all residents are expected to complete.

**No 24-Hour Call:** In our program, there is no 24-hour call. We do this not only because of work-hour regulations put into place by the state and the ACGME, but because we believe that this creates a safer environment for our patients and our residents. To ensure coverage, the Department of Medicine has adopted a universal night float system for inpatient floor rotations and the intensive care units. Residents feel this enhances their learning experience and decreases fatigue associated with overnight call.

**Center for Advanced Medical Simulation (CAMS):** We believe that training and educating tomorrow's physician leaders includes not only didactic and book learning, but hands-on experience. The largest simulation center in Manhattan and only one of fifty nationwide, our state-of-the-art center is the only accredited simulation center in New York City providing vibrant and dynamic training for our residents. A standardized curriculum that teaches diverse skills such as communication in stressful situations, procedures such as ultrasound-guided central line insertion and leadership skills in medical code scenarios is taught to all housestaff. Each session in the simulation lab is directly observed by our faculty and each participant of the simulation is debriefed and given feedback at the end of the session. There are also a number of research studies being conducted in the CAMS Center. Residents rotate regularly through the center during their ambulatory blocks and during their Mount Sinai West floor and ICU blocks. Residents work closely with Hassan Khouli, MD, Director of the Simulation Program, as part of their training.

### **MENTORING AND CAREER DEVELOPMENT**

One of the most important things the Department of Medicine does is to prepare our housestaff for each phase of their medical careers. The mentoring involves guidance on patient care, teaching and planning life beyond residency.

**Communications Workshop:** At St. Luke's and West, we believe that learning to communicate effectively in a dynamic and culturally diverse environment is as important as what is being communicated. We teach these skills through role-playing scenarios so each and every resident develops into an outstanding communicator even in challenging clinical situations. Since we are part of Mount Sinai system, our trainees have access to The Morchand Center at Mount Sinai, a place for communication skills development for the housestaff. All categorical first year interns go through the sessions with feedback by faculty preceptors and with video recording for personal development.

**Mentoring System and Career Development:** From your first day as a member of our housestaff you will be assigned a mentor and a chief resident as a mentoring team who will provide guidance

throughout your training. You will develop additional mentors — either in the clinical or research arenas — as you develop more specific areas of interest. And we have rigorous and challenging fellowships in Cardiology, Endocrinology, Gastroenterology, Infectious Diseases, Nephrology and Pulmonary/ Critical Care Medicine. Our goal is to create a web of support and camaraderie for you as you navigate your residency and future graduate medical training.

**Special Events:** Each year we hold a job fair to educate our soon-to-be-graduates about their future career options. At the job fair, we discuss interviewing skills, contracts, and successful CV writing among other things. We also have a fellowship workshop to assist our end-of-year PGY2s navigate the process of applying for fellowship. We discuss how to obtain letters of recommendation and interview strategies to ensure a successful match. A research seminar is planned for the fall to assist PGY1s and PGY2s develop their research portfolio.

At the end of the academic year, the Department of Medicine also organizes an annual retreat for rising PGY1s and PGY2s to aid with their transition to their new roles and responsibilities of the next academic year. Residents are guided in teaching methods, learning to give feedback, and taking on team leadership roles as well as improving overall patient care.



# Education Tracks



Whether you choose to do a three-year categorical residency or a one-year preliminary year, our goal is to provide you with a rich and diverse range of clinical training and educational experiences that will prepare you to be an outstanding physician.

To ready graduates for the changing world of academic medicine, our training program includes a full spectrum of patients and medical problems with an emphasis on hands-on training where residents are directly responsible for the care of their patients.

**Conferences and Teaching:** The Department of Medicine places a strong emphasis on education and teaching. At weekly Department of Medicine Grand Rounds, selected local, national and international experts speak about the latest innovations in their fields. Residents are also encouraged to attend divisional rounds in Cardiology, Pulmonary/Critical Care, Nephrology, Infectious Diseases, Hematology/Oncology, Geriatrics, Psychiatry and Neurology.

Three times a week, residents have Morning Report which is structured as a case-based learning experience for both the simple and complex patients. Faculty participate in this conference, discussing differentials, diagnostic strategies and treatment decisions in an interactive format. At the St. Luke's site, housestaff also participate in Autopsy Conference every other week, a multidisciplinary conference with Radiology, Pathology and Medicine in attendance that takes place in a special conference room in the Pathology suite. Interactive seminars also include weekly Morbidity & Mortality Conference, Journal Club, and novel conferences such as work flow, resident wellness curriculum and reflective medicine.

Finally, there is a daily noon conference, which is a vital part of our three-year curriculum designed to cover all important topics of Internal Medicine. Speakers include faculty, fellows and PGY3s, who present one senior lecture representative of their scholarly activity.

**CATEGORICAL RESIDENCY**

After three years of training in Internal Medicine, our residents are fully prepared for any career in medicine they chose to pursue. Each year of training adds progressively more responsibility for both the care of patients and teaching less-experienced learners.

**PGY1:** As a PGY1, you will be exposed to the breadth and depth of Internal Medicine. You will spend on average two months on the General Medicine floors, admitting both routine and unusual cases. You will begin to learn HIV medicine on our inpatient services for four weeks and Cardiology for another month. You will get the opportunity to fine-tune your neurology examination skills with two weeks on the neurology consult service. All interns have two weeks of electives in Endocrinology to obtain exposure to this subspecialty. Our interns develop skills in the care of critically ill patients in both the CCU and the Medical ICU. A month at Memorial Sloan Kettering Cancer Center (MSKCC) affords the opportunity to be exposed to quaternary-level cancer care.

A typical PGY1 schedule is as follows:	
PGY1	Weeks
Gen Med Floors	4-8
Specialty Floors	8-10
MSKCC	4
Elective/Research	2
Night Float	4-6
MICU	4-6
CCU	2-4
Ambulatory Care	12-14
Vacation	4
Consults	4

**PGY2:** As a PGY2, you gain more responsibility for patient care and supervision of the team on the General Medicine floors and subspecialty teams (HIV, Cardiology). Half of the class has an additional opportunity to rotate through MSKCC. One full month is spent in the ED and Critical Care units to build confidence in our residents to care for critically ill patients.

A typical PGY2 schedule is as follows:	
PGY2	Weeks
Gen Med Floors	6-10
Specialty Floors	4-8
MSKCC	4
ER	4

Selective/Research	6
Elective/Research	6
Night Float	4
MICU	4-8
CCU	2-8
Ambulatory Care	12-14
Vacation	4

**PGY3:** For PGY3s, the formative experience is the time spent as the screening consult resident who is the liaison for patients going to the ICU and the medical consult resident who provides consultation to other services in the hospital. Seniors also spend time on the floors and in the critical care units to consolidate their leadership skills. Time is allocated for you to customize your schedule based upon your particular career interests.

A typical PGY3 Schedule is as follows:	
PGY3	Weeks
Gen Med Floors	4-8
Specialty Floors	2-4
MICU	2-4
Selective/Research	6-8
Elective Research	8
ICU Screens	2-4
Medical Consult	2-4
Ambulatory Care	12-14
Vacation	4

**Ambulatory Blocks:** Each resident spends 30% of their time in our ambulatory blocks. Residents will take care of patients in their continuity care clinic for seven half-days per two-week block. Residents are afforded the opportunity to develop their own patient panel and participate in quality improvement projects, including a performance audit of their own patient care. Additional time is spent in the subspecialty clinics, such as Nephrology, Pulmonary, Rheumatology, and Gastroenterology.

A rich, didactic half-day includes seminars in Evidence-Based Medicine, Ambulatory Morning Report as well as geriatrics conferences. It is during your ambulatory blocks that you spend significant time training in the Simulation Lab. Our unique workshops on communication skills also take place during the Ambulatory Block as well as teaching of the ACP's High-Value, Cost Conscious Care curriculum. Lastly, housestaff are given protected time to complete two assigned modules from the Hopkins online curriculum.

### PRIMARY CARE TRACK

For the academic year 2017-2018, we are excited to offer a new Primary Care Track to give our residents a solid foundation in Internal Medicine with enhanced exposure to outpatient care. New York City has one of the most diverse patient populations in the world, and we are able to take advantage of that diversity through our Medical Home and Care Management programs, which expose our trainees to patient interactions that go beyond regular office visits.

Our outstanding Primary Care faculty, who are committed to educating and mentoring the next generation of Primary Care physicians bring to the table a broad range of clinical and academic interests, including patient outcomes, quality improvement in the outpatient setting, population health, transitional medicine, innovations in primary care, and evaluation of the pre-operative patient, to name a few. Every Primary Care trainee is paired 1:1 with a faculty member, and our own Chair of Medicine, Dr. Samuel L. Seward, Jr., a General Internist himself, is extensively involved with building robust primary care practices.

The Primary Care housestaff will work with the Categorical Internal Medicine residents with the 6 + 2 model and will participate in the same enhanced curriculum like rich, didactic half-day seminars and in unique workshops as well as training in the simulation center. In addition, residents will have enhanced exposure with additional rotations in the outpatient arena during their consult and elective blocks. The Primary Care experience will be based at Ryan Community Care Center, a Federally Qualified Health Center (FQHC). In addition, rotations at Mount Sinai St. Luke's enrich residents' experience in a non-FQHC setting, thus providing training in both models of outpatient care.



Residents will take care of patients in their continuity care clinic for seven half-days per two-week blocks. Residents have the opportunity to develop their own patient panel and participate in quality improvement projects, including a performance audit of their own patient care.

**A sample schedule:**

Session	AM	PM
<b>Monday</b>	Sub-specialty	Online Modules
<b>Tuesday</b>	Primary Care	Primary Care
<b>Wednesday</b>	Didactic Session	Sub-specialty
<b>Thursday</b>	Primary Care	Didactic Session
<b>Friday</b>	Primary Care	Online Modules

During PGY2 and PGY3 years, there is an increase in time spent in ambulatory blocks so trainees can do team based QI and research projects. The track fulfills requirements for American Board of Internal Medicine eligibility.

**PRELIMINARY RESIDENCY**

Our preliminary program is designed to provide a solid one-year foundation in clinical medicine for those entering other specialties. You will receive a rigorous and thorough basic training in Internal Medicine, with rotations on general inpatient medicine, HIV medicine, Cardiology, and Critical Care medicine. By the end of training, graduates of our preliminary program are capable of managing most medical conditions. Additionally, all preliminary interns will have at least eight weeks of call-free elective time during the year, which can be spent in the Internal Medicine subspecialties, non-medical subspecialties (such as Radiology), and can be completed at any of the campuses in the Mount Sinai Health System.

A typical Preliminary Schedule is as follows:	
Preliminary	Weeks
General Medicine Floors	16-20
Specialty Floors	8
MICU	4-6
Elective Research	8
Night Float	6
Vacation	4





# The Class of 2016: Where are they now?

## CATEGORICALS

Elie Abed	Endocrinology	University of Oklahoma
Diego Adrianzen	Hematology/Oncology	Montefiore Medical Center
Adel Asaad	Pulmonary/Critical Care	University of Southern Florida
Carlos Ayub	Primary Care	Albuquerque, NM
Gabriela Bambrick	Simulation Fellow	Mount Sinai St. Luke's & West
Guido Barmaimon	Hospital Medicine	Mount Sinai St. Luke's
Regina Belekovskaya	Chief Resident	Mount Sinai St. Luke's & West
Jasjit Bhinder	Chief Resident	Mount Sinai St. Luke's & West
Sri Bonda	Hospital Medicine	University of West Virginia
Erica Bostick	Adolescent Medicine	University of Rochester
Amit Correa	Chief Resident	University of Eastern Tennessee
Neha Desouza	Hematology/Oncology	Winthrop University Hospital
Neda Dianati	Cardiovascular Disease	Stony Brook University
Arash Ehteshami	Cardiovascular Disease	Stony Brook University
Kate Fuhrmann	Pulmonary/Critical Care	New York University
Frank Genese	Pulmonary/Critical Care	Wake Forest
Erwin Grussie	Hematology/Oncology	University of Southern California
Mahjabeen Haq	Rheumatology	Stony Brook University
Karintha Holifield		Unknown
Adadapo Iluoyomade	Chief Resident	Mount Sinai St. Luke's & West
Bernard Kadosh	Cardiovascular Disease	Lenox Hill Hospital
Anna Koulova	Cardiovascular Disease	Westchester Medical Center
Vanessa Lewis Ramos	Geriatric Medicine	Montefiore Medical Center
Krishna Madhavarapu	Hospital Medicine	Unknown
Miguel Martillo	Critical Care Medicine	Mount Sinai Hospital
Andrew Matthews	Hospital Medicine	St. Barnabas Medical Center
Sharon McGee	Hematology/Oncology	University of Ottawa
Angel Mier Hicks	Hospital Medicine	University of Buffalo
Marie Mortel	Hospital Medicine	Yale New Haven Hospital
Richa Nahar	Hospital Medicine	Lowell General Hospital
Chaitanya Pamidimukala	Hospital Medicine	Unknown
Stefania Pirrotta	Hospital Medicine/Primary Care	Boulder, CO
Pragya Ranjan	Cardiovascular Diseases	Christiana Care, Delaware
Jamie Riches	Chief Resident	Memorial Sloan Kettering
Ibrahim Sahin	Primary Care	Turkey
Anjeet Saini	Geriatric Medicine	Mount Sinai Hospital – ISMMS
Vincente San Martin	Chief Resident	Mount Sinai St. Luke's & West
Shushnova Sangia	Hospital Medicine	Connecticut
Paul Sanmartin	Neurology	Yale New Haven Hospital
Stanton Shek	Pulmonary/Critical Care	Montefiore Medical Center
Yasmina Tbeur	Hospital Medicine	Alice Hyde Medical Center
Iazsmin Ventura	Rheumatology	University of Chicago
Seblewongel Wondyrad	Hospital Medicine/Primary Care	ID Cornell
Eric Yudelevich	Chief Resident	Mount Sinai St. Luke's & West
Chen Zhao	Hematology/Oncology	National Institutes of Health

## PRELIMINARY INTERNS

Sucharita Boddu	Ophthalmology	New York University
Christopher M. Brown	Neurology	NYP
Aliza Epstein	Ophthalmology	Kresge Eye Institute, Detroit
Bridget P. Kaufman	Dermatology Research	Mount Sinai St. Luke's & West
Rabeea F. Khan	Anesthesia	Mass General Hospital
Darren Knight	Ophthalmology	University of California – Irvine
Jennifer Lee	Ophthalmology	University of Pittsburgh
Laiyin Lee	Ophthalmology	Mount Sinai Hospital
Nityanand P. Miskin	Radiology	Brigham Women's
Justin Ngeow	Radiology	Hofstra/LIJ
Angeline Nguyen	Ophthalmology	Johns Hopkins
Huy V. Nguyen	Ophthalmology	MEEI
Jay Panchal	Pain Management/Rehab Medicine	Kessler Institute of Rehab, Rutgers
Robert Petrocelli	Radiology	University of Michigan
Ethan T. Roult	Dermatology	Mount Sinai Hospital
Charles P. Scott, Jr.	Pain Management/Rehab Medicine	NYP
Danielle Toussie	Radiology	Mount Sinai Hospital
Mohammad-Ali Yazdani Abyaneh	Dermatology	Mount Sinai Hospital
Alice Zheng	Management Consulting	McKinsey & Company

## CHIEF RESIDENTS

Abel Casso Dominguez	Cardiovascular Disease	Mount Sinai St. Luke's & West
Alejandro Diaz Chavez	Pulmonary/Critical Care	Mount Sinai St. Luke's & West
Ujjawal Gandhi	Hematology/Oncology	Vanderbilt University
Sangita Goel	Critical Care	Mayo Clinic, Rochester, MN
Ashwin Shreekant Sawant	Hospital Medicine	Mount Sinai St. Luke's & West

# *Our Residents*



Our residents match the diversity of the patients we serve. They come from New York City, the tri-state region, across the United States and all over the world. Our residents embrace the opportunity to learn about different cultures and traditions as much as from each other as from their patients.

Five exceptional and dedicated housestaff are chosen annually to stay on an additional year. They are role models, educators, leaders and housestaff advocates. In addition to scheduling conferences and speakers at Grand Rounds, they are an invaluable resource for teaching, conducting rounds, disseminating medical literature and overseeing administrative and educational aspects of the program.

## RESIDENT LIFE

While the demands of residency are great, it is possible to take advantage of living in one of the greatest, most culturally vibrant cities on the planet. Throughout the year there are numerous planned activities that build camaraderie among the residents and allow you to have a good time. From the talent show to the holiday party to the end-of-the-year party, our residents truly enjoy each other's company and like to spend time hanging out with each other. In addition, residents participate in a soccer club, happy hours and promotional group activities such as theater, museum and Central Park events.

**Housing:** The hospital provides housing for residents across the street from Mount Sinai West Hospital. The two buildings located at 515 West 59th Street and 10 Amsterdam Avenue have apartments for residents at a subsidized rate, below market-value. Studios, one- and two-bedroom apartments are available, each with modern amenities like heating/air-conditioning units, laundry machines in the building and 24-hour security.

**Transportation:** There is a bus service ("the Jitney") provided between our St. Luke's and West campuses and most housestaff use that or public transportation to get around. For those residents who choose to live off-campus, and to drive to work, there is subsidized parking at lots conveniently located near the hospitals.

**Benefits & Salary:** Residents at Mount Sinai St. Luke's and Mount Sinai West are all part of the Committee of Interns and Residents (CIR) union.

Representatives are chosen from the department and serve as delegates for the residents. The compensation package includes comprehensive medical, dental and vision benefits, as well as life insurance. In addition, residents receive four weeks of paid vacation, malpractice insurance paid by the hospital, disability insurance and reimbursement for travel to academic conferences.

Year	Salary
PGY1	\$62,682
PGY2	\$66,788
PGY3	\$70,879

## HOW TO APPLY

The hospitals of the Mount Sinai Health System select trainees based on their ability and without regard to race, color, creed, religion, national origin, age, gender, marital status, military status, disability, citizenship, genetic predisposition, sexual preference, or any other characteristic protected by law.

The Department of Medicine accepts applications exclusively through the Electronic Residency Application System (ERAS). In November 2015, Mount Sinai Roosevelt name was change to Mount Sinai West. The ACGME program may still reflect the old name. The program number has not changed. Our program number is 140-35-21-301. Please select either of "Preliminary" or "Categorical" tracks.

## Required Documentation

- Personal statement
- Dean's letter
- Medical school transcript
- Three letters of recommendation, at least one of which is written by faculty from the applicant's home institution's Department of Medicine
- Medical school graduation: 2012 or later

While we do not have minimum score requirements for the United States Medical Licensing Examination (USMLE), the average score for the candidates who successfully matched with us this year was for Step One: 235 and for Step Two CK: 246. Only applicants who cleared the USMLE or COMPLEX at **first attempt** will be considered.

- We sponsor J-1 and H1-B visas.
- Clinical experience within the past two years is preferred.
- US clinical experience is desired.
- We do not offer pre-matches.
- ECFMG certification by the time of interview is helpful but not required

### Application Timeline

- September 15:** ERAS post office opens
- Late September:** Begin screening applications
- Early October:** Begin sending interview invitations
- End of October:** Interviews begin
- December 15:** Application deadline
- Mid-January:** Interviews end
- Late February:** Rank lists entered

### Interviews:

We interview candidates from the mid-October to mid January. The interviews are conducted on Tuesdays and Wednesdays.

**Interview Day:** The interview day begins at 8:00 am; a continental breakfast is served. The morning session may be either at Mount Sinai St. Luke's or at Mount Sinai West. You will hear a presentation from the programs leadership describing various features of our program, attend morning report, take a tour of the hospital and be interviewed by two faculty members. You will also have lunch with the housestaff, affording you the opportunity to get to know them and ask questions. After lunch, you will be taken to the counter site by the Jitney to tour the other hospital. The tour at West will also include a visit to the subsidized resident's housing located across the street. The interview day ends at approximately 2:30 pm. For information on directions and parking, please refer to our website.

### For IMGs

J-1 Exchange Visa: The J-1 has been the visa most commonly held by international medical graduates (IMGs) engaged in residency training in the United States. The Graduate Medical Education (GME) Office of Mount Sinai St. Luke's and Mount Sinai West Hospitals is responsible for processing of J-1 visa applications for physicians participating in clinical training programs.

H1-B Temporary Worker Visas: Under certain circumstances, Graduate Medical Education (GME) at Mount Sinai St. Luke's and Mount Sinai West may sponsor international medical graduates for H1-B visas for the purpose of receiving graduate medical education training. The only candidates who will be considered for H1-B sponsorship must be categorical candidates entering a training program of at least two years in length, who are (1) ECFMG certified and (2) must have also passed the USMLE step 3 by the time of the match result (usually mid-March). All sponsored candidates for H1-B visas must use the services of the lawyer associated with our GME.

Other Work Permits: If you are expecting to receive a work permit by means other than the J-1 or H1-B visas, please review the circumstances with the program director or coordinator who will communicate this information to the GME Office.

**Please note that we do not offer observerships or externships.**

## CONTACT US

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### Mount Sinai West

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### FOR ANY QUESTIONS, PLEASE CONTACT:

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#### Tejas Patel, MD

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