



Child Life and Creative Arts Therapy Department

Art Therapy Internship Information



www.mountsinai.org/childlife

Art Therapy Internship in The Child Life and Creative Arts Therapy Department

Thank you for your interest in the art therapy internship in the Child Life and Creative Arts Therapy Department! We are offering two graduate internship placements for the 2020-2021 Academic year within the Pediatric Inpatient Medical/Surgical.

The goal of our internship program is to offer Art Therapy interns a wide range of learning opportunities to develop clinical skills. Through this internship experience, students will engage in enriching and thought provoking learning opportunities, which link theory to actual "hands-on" practices with patients and their families. This internship program will help clinically prepare students in skills that can be applied to any setting as an Art Therapist.

We offer the framework and support necessary for interns to build independence in assessments and interventions. In addition, interns increase their skills and focus their learning through curriculum focus readings, seminars and relevant assignments.

The Child Life and Creative Arts Therapy Department is in alignment with the standards, philosophy, and mission of the American Art Therapy Association. Our students are an integral part of our programming for our patients, and we are committed to ongoing education in the areas of Child Life and the Creative Arts Therapies.

Art Therapy Internship: Pediatric Inpatient Medical/Surgical

- Interns may work with patients ranging from 2 through 23 years of age, as well as patients' siblings and families
- Interns will work with both long-term and short-term patients who have a variety of medical conditions, providing individual and group Art Therapy sessions
- Interns are required to document clinical treatment in electronic patient medical records following each individual session with patients
- Interns are required to hand in a weekly process note to their prospective supervisor at least one day prior to individual supervision. Response art is highly recommended to bring to supervision, but not mandatory
- The physical requirements of this internship may require lifting of heavy art materials and moving throughout tight/loud inpatient rooms

Internship Assignments

- Interns in both placements will be responsible for the following assignments during the Fall and Spring semesters, including:
- A *diagnosis study*, an opportunity for interns to explore and understand an illness and its implications for Art Therapy work
 - A *cultural paper*, an opportunity for interns to explore and understand a specific culture and its implications for Art Therapy work
 - One *case study* per semester, an opportunity for interns to integrate theory and practice as it relates to one patient experience
 - An *internship final project*, an opportunity for interns to create something which will contribute to the hospital via environmental enhancement, developmental activities, medical education/support, or parental/sibling needs.

Supervision and Seminars:

Students will be supervised by a licensed and board certified art therapist and will participate in monthly educational training seminars and team meetings throughout the internship. All interns are invited to participate in hospital wide educational opportunities within the department and mount Sinai health system.

Clinical Placement:

Interns will begin their experience with a general 3 day orientation, followed by their clinical placement.

Scheduling:

Once accepted for the art therapy internship program, scheduling will be arranged by the student and supervisor.

This is a 600 hour internship placement. We require a minimum of 20 hours per week. Internship days may take place between Monday-Saturday, between the hours of 10-8pm. Interns are not expected to work on hospital holidays. **Anticipated time off must be approved before the start of your internship.**

All time beyond 3 sick days must be made up in order to complete internship hour requirements. If interns arrive more than 15 minutes late they must notify their supervisor.

How To Apply:

Pre-requisites:

* It is recommended though not required that students have prior experience working within a healthcare environment, optimally within a Child Life department or program.

* The applicant must be going into their final year of graduate work within an accredited Art Therapy graduate program.

Application Process

Electronic applications preferred

Complete the attached application.

- 2 letters of recommendation (i.e.-professor, former supervisor, etc.)
- 2 writing samples (preferably one academic sample and one de-identified clinical sample)
- At least 10 images of your own artwork (please send a Dropbox link or file share link – attachments greater than 20M cannot be received)

CV highlighting notable/relevant experience

Send Applications to:

Christina Auriemma and Katherine Parker

christina.auriemma@mountsinai.org & katherine.parker2@mountsinai.org

Deadlines:

As space in our program is limited, please return the completed application with the required forms no later than April 20 2020

Location

The Mount Sinai Kravis Children's Hospital is located at 1184 Fifth Ave, between 98th St. and 101st St. The closest subway is the 6 train at 96th St. and Lexington Ave. You can either walk to the hospital from there or take the cross town bus (three stops), and get off at 97th St. and Fifth Ave.

Stipends

The Internship is unpaid.

Housing

Housing during internship will be the responsibility of each student.

Questions about our internship program:

Katherine Parker

katherine.parker2@mountsinai.org

If accepted, please fill out the attached contract.



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Application

The Mount Sinai Kravis Children's Hospital Student Internship Application Art Therapy Internship

Date: _____ Name: _____
 Day Phone #: _____ Eve Phone #: _____
 Address (school): _____
 Home address: _____ Home phone #: _____
 In case of emergency contact: _____
 Graduate School: _____ Expected date of graduation: _____

In order to be considered for an internship position, the following information must be submitted with this application:

- 2 letters of recommendation (i.e.- professor, former supervisor, etc...)
- 2 writing samples (preferably one academic and one de-identified clinical sample)
- At least 10 images of your own artwork (email a file sharing link such as dropbox; attachments greater than 20M cannot be received)
- A resume or CV highlighting notable/relevant experience
- Answers to the below questions and personal statement.

Please answer the following questions:

1. What were your reactions to illnesses, accidents, or hospitalizations in the past? How have they affected your attitudes towards them?
2. Have you thought about situations you might see and experience in our hospital? Please give a brief description.
3. How do you think you would handle your feelings if you were working with (1) an acutely ill or (2) terminally ill child? (3) an adult individual who may be at end-of-life or actively dying?
4. Describe past experiences of working with a team.

Personal Statement

Please discuss briefly your background and tentative career plans. Include your reasons for desiring a placement with the Child Life and Creative Arts Therapy program at Mount Sinai and how these reasons relate to a potential career. You may also include special skills and talents that enhance your ability to work with children or adult palliative care patients in this setting. Please type this information and attach to your application. Please indicate which placement you are interested in (or both).

If you have any questions, please email: katherine.parker2@mountsinai.org

For pediatric medical art therapy placement, please submit this form and application materials no later than April 2020 to christina.auriemma@mountsinai.org & katherine.parker2@mountsinai.org

For Office Use Only

Date Received: _____
 Interview Date: _____
 Volunteer Office Notification: _____



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Contract

The Mount Sinai Kravis Children's Hospital (updated. 1/19/18)

GRADUATE ART THERAPY INTERNSHIP

INTERNSHIP RESPONSIBILITIES AND CONTRACT

- 1) Art therapy internships will involve a minimum of 600 hours, twenty hours per week for a period of nine months Sept – May. Intern hours will be agreed upon before the start of the internship in September. Two sick days will be permitted during each semester. Any other time off needs to be approved with your supervisor 2 weeks prior to the requested time. **All time must be made up.**
- 2) Individual Supervision will be provided one hour weekly with a Licensed and Registered Art Therapist (ATR).
- 3) Students will regularly attend and participate actively in scheduled interdisciplinary conferences, meetings, and educational seminars. Students will present two formal case presentations, cultural and diagnosis presentations as well as a final project during the Internship.
- 4) Interns will plan and lead one or more creative arts therapy groups per week in the Outpatient Hem/Onc Clinic, inpatient units or the adult palliative care unit. These theme-based groups are facilitated with children of all ages.
- 5) Interns will work individually with patients in their assigned area daily in the following contexts: A) Caseload Patients: Patients will be assigned to interns who are hospitalized for an extended, repeated admission and who require individual art therapy treatment during their hospital stays.
B) Evaluation: Patients assigned to intern for evaluation session(s) to assess development and adjustment to hospitalization through formal and informal art therapy assessment.
- 6) Interns will write one process note per week and will maintain a written/picture journal/sketchbook daily for responses following each patient contact and will submit weekly to supervisor for review.
- 7) Interns may be assigned a Child Life volunteer whom they will direct, supervise and use for assistance during groups.
- 8) Interns will be required to read all clinical and training material distributed by supervisor.
- 9) Interns are strongly recommended to be in their own personal psychotherapy or art therapy during this internship.
- 10) All incoming Art Therapy Interns will be processed as Volunteers with Mount Sinai which will cover liability insurance.
- 11) Interns are expected to dress as professionally as possible: no jeans, sneakers, leggings, heels, or open-toed shoes.
- 12) Interns will contribute to the organization and maintenance of supplies, which includes disinfecting used supplies and adhering to infection control procedures.
- 13) Interns will set specific learning goals for their internship, will successfully complete one month probation period, and will receive evaluations at the end of their first rotation and at the completion of their internship.

I have read and agree to the above Art Therapy Internship Requirements:

Intern Signature: _____ Date: _____

Supervisor #1 Signature: _____ Date: _____

Supervisor #2 Signature: _____ Date: _____