



Music Therapy Internship Information



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Music Therapy Internship in The Child Life and Creative Arts Therapy Department

Our graduate music therapy internship program provides students with a robust training experience that builds both foundational and advanced competencies. Interns will learn methods that address patient and family needs across different stages of treatment and hospitalization, including pain management, procedural support, and interventions that promote healthy coping, resilience, and family engagement. Our internship curriculum includes opportunities for rich learning through interdisciplinary collaboration, a clinical seminar series, and group supervision with child life and art therapy interns. We offer the framework and support necessary for interns to build independence in carrying out assessments and interventions. Our students are an integral part of our programming for our patients, and we are committed to ongoing education in the areas of Child Life and the Creative Arts Therapies.

Music Therapy Interns

- May work with patients ranging from newborn through 23 years of age, as well as patients' siblings and families.
- Will work with both long-term and short-term patients who have a variety of medical conditions, providing individual and occasional group music therapy sessions.
- Are required to document clinical treatment in electronic patient medical records and write at least one process note per week.
- Have five assignments over the course of the Fall and Spring including:
 1. A *diagnostic study*, which gives the intern an opportunity to explore and understand a pediatric illness and its implications for music therapy work.
 2. A written *cultural study* paper, which gives the intern an opportunity to examine intersectionality and multiple ways of understanding and navigating the complexities of racial/ethnic identities and narratives in the therapeutic space. Interns will explore how working with people of diverse cultures impacts their experience and clinical practice.
 3. Two *case studies* (one per semester), which give the intern an opportunity to integrate theory and practice as it relates to a patient/family they are referred to.
 4. An *internship project* in which the intern creates something which will contribute to the hospital via environmental enhancement, developmental activities, medical education/support, or parent/sibling needs.

Supervision and Seminars

Interns will be supervised by a board certified and New York State Licensed music therapist. Interns receive one hour of individual clinical supervision with their supervisor, and will be observed throughout the course of their internship. Opportunities for interns to observe their supervisor are also afforded. Interns also engage in weekly interdisciplinary educational training seminars and team meetings throughout the internship.

Clinical Placement

Interns will begin their experience with a mandatory training/orientation period. Once this training is completed, interns will begin assuming clinical responsibilities, initially under the direct supervision of their clinical supervisor, with the expectation that they will demonstrate at least basic competencies during their first semester and be able to assume a case load of their own. Placement areas for interns include but are not limited to medical/surgical inpatient units including the Pediatric Intensive Care

Unit (PICU) and the Pediatric Cardiac Intensive Care Unit (PCICU); The Zone; The DAS (day surgery patient area); outpatient clinic environments.

Scheduling

Once accepted to the music therapy internship program, scheduling will be arranged jointly by the intern and their supervisor. We require a minimum of 20 hours per week. Internship days fall between Monday and Friday and may be between the hours of 9am-8pm. Interns will be at the placement for no more than 8 hours per day. Interns are not expected to work on hospital holidays. Anticipated time off must be approved before the start of your internship. Any additional requests for time off should be submitted in writing to your supervisor at least 2 weeks prior to the request time.

Application/Requirements

- Request a music therapy internship application by emailing the music therapy internship coordinator below.
- Internship applicants must be going into their second year of graduate work within an accredited music therapy graduate program.
- Two letters of recommendation (from a professor, former supervisor, etc.) are required.
- Internship applicants must submit a CV highlighting notable/relevant experience.
- Music therapy internship is unpaid.

Send applications to:

The Child Life and Creative Arts Therapy Department
ATTN: Internship Coordinator / Todd O'Connor
Mount Sinai Kravis Children's Hospital
One Gustave L. Levy Place, Box 1153
New York, NY 10029

Questions can be emailed to: todd.o'connor@mountsinai.org