

Psychiatric Residency at Mount Sinai Morningside and Mount Sinai West

PSYCHIATRY GENERAL TRACK – CLASS OF 2027



Penelope Farris

Hometown: New York, NY

Undergrad: University of Michigan

Med School: New York Medical College

Personal interests/Hobbies: baking chocolate chip cookies, running in Riverside Park, and I can often be caught watching competition reality TV shows

Professional Interests: Consult-Liaison, Medical Education

Favorite part of our residency:

The people! I genuinely enjoy spending time with my co-residents and have found the attendings, nurses, social workers, and staff to be very supportive. I've also loved getting to see a wide variety of cases and presentations through training in NYC!



Jacques Guyot

Hometown: White Plains, NY

Undergrad: Williams College

Med School: Icahn School of Medicine at Mount Sinai

Grad School: University of Cambridge, MPhil in the History and Philosophy of Science and Medicine

Personal Interests/hobbies: Running, reading, eating my way through the outer boroughs

Professional Interests: community psychiatry, psychoanalysis

Favorite part of our residency:

I love how connected our hospital is to the local West Side community. Some of my patients have been following with our resident clinic since the 1980s! (The people are great too, but that goes without saying.)



Jonah Lowenstein

Hometown: Orinda, California

Undergrad: University of Chicago

Med School: New York Medical College

Hobbies: Basketball, birding, cooking, eating, softball in Central Park (go Jitney Dodgers!)

Professional Interests: Child and adolescent psychiatry, transitional age youth, psychotherapy, psychedelics, neuromodulation, medical ethics

Favorite part of our residency:

The people I've met and worked with! I know it's cheesy but we really have a great group here. Also, there's nowhere else like New York City and the Upper West Side is a lovely neighborhood. We have beautiful parks, walkable streets, and great transit access to easily explore (and eat our way through) the entire city.



Victoria Kikelomo Okusanya

Hometown: Elmont, NY

Undergrad: Northeastern University

Med School: St. George's University School of Medicine

Grad School: New York Medical College (MPH)

Post-Grad: Internal Medicine - The Brooklyn Hospital Center

Personal Interests/hobbies: Gardening, Going to a fun concert, Traveling

Professional Interests: Forensic or Public Psychiatry, Integrative Behavioral Health, Health Equity

Favorite part of our residency:

The community, everyone is super friendly and helpful.



Siena Romano

Hometown: Hardwick, MA

Undergrad: American University

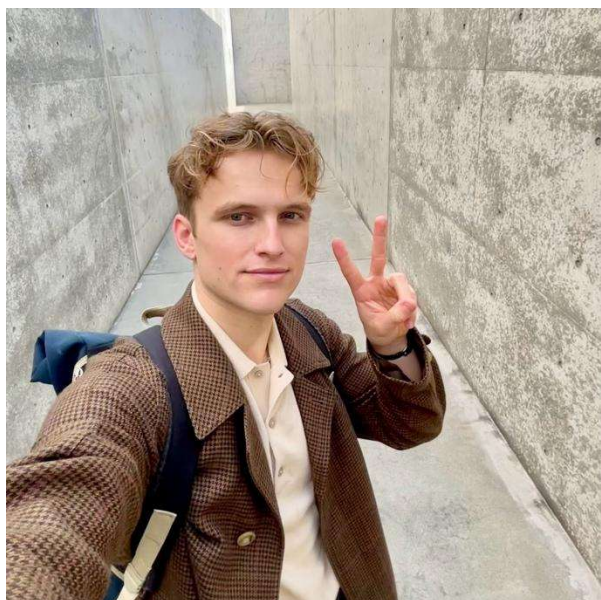
Med School: Georgetown University School of Medicine

Personal Interests/hobbies: Eating handrolls!, Picnics on the Hudson River, Snowboarding, Traveling, Hiking/Backpacking, Pilates, Yoga, Art& Music Festivals, and attempting to learn pottery!

Professional Interests: Adult Outpatient Psychiatry, Interventional Psychiatry, Rural Psychiatry, Global Mental Health

Favorite part of our residency so far:

My favorite part of residency has been my co-residents- we truly couldn't have made it through the last three years without each other's support. I've also loved caring for such a diverse group of patients and meeting people from so many different backgrounds across NYC.



Charlie Saylor

Hometown: Weston, MA

Undergrad: Brown University

Med School: Icahn School of Medicine at Mount Sinai

Personal Interests/hobbies: Proud member of the Mount Sinai Surf Club and Mount Sinai Chess Club!! I love biking around NYC: to the hospital, the Met, and the fruit stand on 96th and Broadway. My favorite restaurant is Xi'an Famous Foods but most days I eat lentils

Professional Interests: Interested in addiction psychiatry, palliative care, and psychedelic-assisted psychotherapy

Favorite part of our residency so far:

My favorite part of residency has been my wonderful coresidents and the supportive culture of learning and patient care. I feel lucky to have developed close friendships within the program, and it's a blessing to be able to enjoy time together both at work and beyond work. One highlight was this year's resident retreat to the Bronx Zoo – the monorail is a great place to foster knowledge and friendship!!



Jonathan Williams

Hometown: Syracuse, New York

Undergrad: Colgate University

Med School: Howard University College of Medicine

Grad School: Yale University (MPH)

Personal Interests/Hobbies: I gravitate towards net sports including Volleyball, Tennis, and Pickleball. You can otherwise find me watching 90 Day Fiance, Real Housewives of (insert franchise), or any true crime docuseries.

Professional Interests: Child & Adolescent Psychiatry - I hope to accompany young adults throughout their stages of social development and identity formation. More broadly, I want to continue advocating for legislation that revolutionizes mental health care for minority youth.

Favorite part of our residency so far:

Serving the clinical needs of NYC's communities has always been my dream. I've also enjoyed the enriching and encouraging learning environment at MSM-MSW thus far.



Jacqueline Woo

Hometown: Palo Alto, CA

Undergrad: University of California, Berkeley

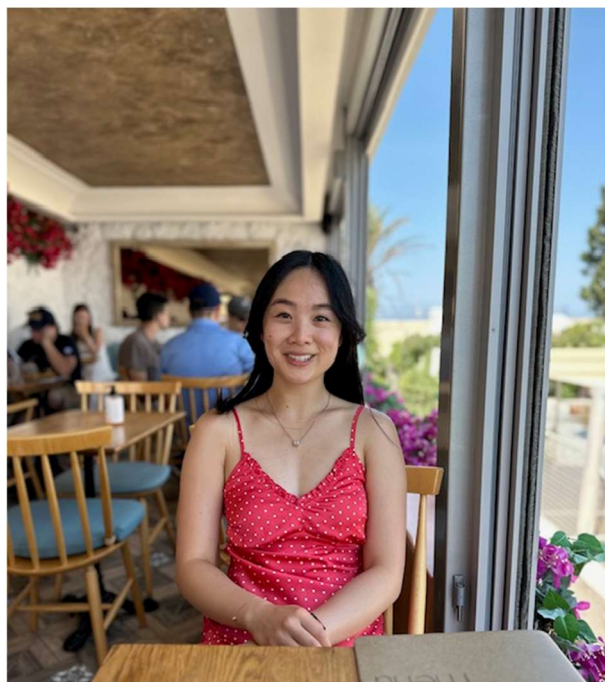
Med School: New York Medical College

Personal Interests/hobbies: Collecting houseplants, arranging flowers (ikebana), trying new bakeries, reading short stories, sketching landscapes. I'd love to run a half marathon someday.

Professional Interests: Child & Adolescent Psychiatry, Consultation-Liaison, Cross-cultural Psychiatry

Favorite part of our residency so far:

How easy it was to connect with my co-residents and how supportive our senior residents have been!



Stephanie Wu

Hometown: Northborough, MA

Undergrad: Harvard College

Med school: Icahn School of Medicine at Mount Sinai

Personal interests/hobbies: Learning languages, watching Broadway shows, playing tennis, exploring new restaurants in the city!

Professional interests: Child and adolescent psychiatry, forensic psychiatry, psychotherapy

Favorite part of residency so far:

Spending time with and getting to know my wonderful and brilliant co-residents, both inside and outside the hospital!

VA SCHOLARLY TRACK – CLASS OF 2027



Mark Weingarten

Hometown: Queens, NY

Undergrad: Yeshiva University

Med School: Icahn School of Medicine at Mount Sinai

Personal Interests/hobbies: Travel, Skiing, Working out

Professional Interests: PTSD, Veterans' Mental Health

Favorite part of our residency so far:

Amazing co-residents!