

Psychiatric Residency at Mount Sinai Morningside and Mount Sinai West



PSYCHIATRY GENERAL TRACK – CLASS OF 2030



Anayis Antanesian

Hometown: Sacramento, CA

Undergrad: University of California, Davis

Med School: Larner College of Medicine at the University of Vermont

Personal Interests/hobbies: I love spending time with family, weightlifting, hiking, Armenian folk dancing, reading Middle Eastern poetry, baking homemade baklava, and watching UFC

Professional Interests: Consultation-Liaison psychiatry, interventional psychiatry, and psychedelic-assisted therapy

Favorite part of our residency so far:

Learning how differently each psychiatrist and interdisciplinary team member can see the same patient, while being surrounded by co-residents and seniors who are genuinely supportive, thoughtful, and help me grow.



Isabel Bueno-Presnail

Hometown: Philadelphia, PA

Undergrad: Penn State

Med School: Philadelphia College of Osteopathic Medicine

Personal Interests/Hobbies: live music, dancing, solo travel, quality time with friends and my dog, trying new restaurants, going to the movies, getting way too into reality tv, laying outside on a sunny day

Professional Interests: community psychiatry, forensic psychiatry, psychotherapy, first episode psychosis

Favorite part of residency so far:

The community! I truly love my co-residents. They are so intelligent, interesting, warm, and funny. And living together in housing is a blast!



Jenny Chan

Hometown: Queens, New York

Undergrad: Cornell University

Med School: Jefferson (Sidney Kimmel Medical College)

Personal interests/hobbies: I enjoy relaxing in nature, gardening, and exploring NYC's many great restaurants.

Professional interests: Palliative care, geriatric psychiatry.

Favorite part of our residency so far:
My wonderful co-residents!



Elen-Sarrah Dolgopolskaia

Hometown: Buffalo, NY

Undergrad: Cornell University

Med School: Tel Aviv University

Personal interests/hobbies: I love exploring the parks (central park and riverside), hosting friends, baking, crocheting, reading, thrift shopping, DIY art projects, and traveling!

Professional interests: Child and Adolescent Psychiatry, Psychotherapy, Reproductive Psychiatry

Favorite part of our residency so far:
I really appreciate how supportive the program is and how nice and down to earth everyone is, it's an amazing community that I feel lucky to be part

of!



Alexandra Habibi

Hometown: Rancho Cucamonga, CA

Undergrad: Boston University

Med School: NYU Grossman School of Medicine

Personal interests/hobbies: I love trying out new restaurants in the city, getting lost in Central Park, weightlifting & mat Pilates, voraciously reading romantasy novels, and spending time with my husband and family in Long Island and California.

Professional interests: Child & adolescent, reproductive, community psychiatry, psychotherapy

Favorite part of our residency so far:

From day one, my co-residents have been absolutely wonderful and so fun to get to know! We get together every week to explore local happy hours, karaoke, and sweet treats.



Maia Hauschild

Hometown: Cranbury, NJ

Undergrad: Princeton University

Med School: University of Miami Miller SOM

Personal interests/hobbies: running on west side highway, exploring NYC food scene, live music and dancing w my co interns

Professional interests: addiction psychiatry and harm reduction, severe mental illness, consultation liaison psychiatry.

Favorite part of our residency so far:

I've had great seniors and attendings on every rotation and feel supported living in NYC with affordable housing and easy transportation to work. I've also become good friends with my co-interns which has made residency more fun



Marie Ivantchenko

Hometown: Brooklyn, NY

Undergrad: Carnegie Mellon University

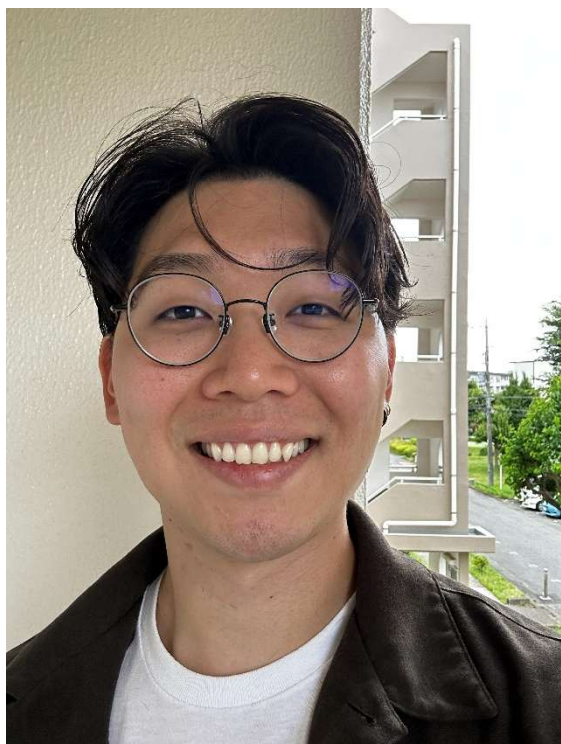
Med School: Albert Einstein College of Medicine

Personal Interests/Hobbies: trying new dessert spots, ballroom dancing, running, baking, reading fantasy books

Professional Interests: child psychiatry, multicultural mental health, immigrant mental health, community psychiatry

Favorite part of our residency so far:

The people! Everyone has been so warm and welcoming, which makes the adjustment to residency feel a lot easier



Hisaaki Kawabata

Hometown: Tokyo, Japan

Undergrad: University of California, Berkeley

Med School: University of Rochester School of Medicine and Dentistry

Personal Interests/hobbies: Proud cat dad, staying active in the gym, karaoke, cooking, and video games.

Professional Interests: Collaborative care and consultation psychiatry, psychiatry of physical disability, and possibly neuropsychiatry, but still keeping an open mind to others, including sport psychiatry.

Favorite part of our residency so far:

The camaraderie! My co-interns and everyone I've met in the program so far have made the transition into residency genuinely enjoyable. Exploring NYC together outside the hospital has been a pleasure!



Rachel Lichtenfeld

Hometown: Atlanta, GA

Undergrad: Vanderbilt University

Med School: Medical College of Georgia

Personal interests/hobbies: trivia nights, hanging out with friends and family, traveling, trying new bars and restaurants

Professional interests: Child and Adolescent Psychiatry, Autism, working with children with developmental disabilities

Favorite part of our residency so far:
Getting to hang out with all my co-residents and exploring NYC with them!



Alec Manning

Hometown: Plano TX

Undergrad: The University of Texas at Dallas

Med School: The University of Texas Medical Branch

Personal interests/hobbies: In medical school, I started collecting plants and at one point I had over 70 plants taking over my apartment. I also love photography and had the opportunity to take pictures across the world and one last favorite thing is skincare, wear your SPF!

Professional interests: I am interested in child and adolescent psychiatry wanting to work with at risk adolescents and young adults.

Favorite part of our residency so far:
The best part is the people and place, my cohort is an amazing group and I could not have asked for better people. Also living in resident housing means we have a short commute to work and all the fun of New York is easily accessible!



Michelle Morochnik

Hometown: Los Angeles, California

Undergrad: Vassar College

Med School: Lewis Katz School of Medicine at Temple University

Personal interest/hobbies: I spend a lot of my time spinning hula hoops, doing partner acrobatics in Washington Square Park, playing guitar, and biking around the city

Professional interests: CL psychiatry, Addiction, Neuropsychiatry

Favorite part of residency so far:

The teamwork! Everyone in this program – residents, attendings, social workers, nurses are great at their job and place patients at the core of what they do.



Hanna Ozbeki

Hometown: Detroit, Michigan

Undergrad: University of Michigan

Med School: A.T. Still University School of Osteopathic Medicine

Grad School: The George Washington University Milken Institute School of Public Health (MPH)

Personal interests/hobbies: Most of my interests revolve around food - I love baking chocolate chip cookies and trying new restaurants in NY (and keeping up with my Beli), and hosting dinner parties!!

Professional interests: general adult psychiatry and women's mental health

Favorite part of our residency so far:

The residents! Everyone is super sweet! And always down to explore NY together <3

VA SCHOLARLY TRACK – CLASS OF 2030



Omer Almog

Hometown: Herzliya, Israel

Med School: Semmelweis University

Personal interests/hobbies: Music festivals, Basketball, Comedy shows

Professional interests: Interventional Psychiatry, Veterans mental health, Addiction Psychiatry

Favorite part of our residency so far:
My incredible co-residents



Yael Hadani

Hometown: New Jersey / Israel

Med School: Semmelweis University, Budapest, Hungary

Personal interests/hobbies: I love exploring NYC's food and art scene, whether that means trying a new restaurant or spending time at a museum. Outside of that, I enjoy painting and pottery, hiking and traveling whenever I get the chance!

Professional interests: I'm especially interested in interventional psychiatry, neuropsychiatry, and psychopharmacology.

Favorite part of our residency so far:
Definitely my co-residents! We're all very different, but somehow we fit together incredibly well. We support each other through the highs and lows, laugh a lot, and some of my favorite evenings have been having tea together in someone's apartment after a long day. It's been really nice to find a group where it just works.



Danielle Wolk

Hometown: New Rochelle, NY

Undergrad: Northwestern University

Med School: Sackler School of Medicine / Tel Aviv University

Personal interests/hobbies: playing tennis, baking, board games, and spending time with family and friends!

Professional interests: neuromodulation and interventional psychiatry, addiction psychiatry, reproductive psychiatry

Favorite part of residency so far:
the people!!



Lior Zweig

Hometown: New City, NY

Undergrad: SUNY Binghamton

Med School: New York Medical College

Personal interests/hobbies: Sourdough baking, meditation, hiking, languages, running, biking, leisure walks on the west side highway.

Professional interests: Neuropsychiatry, consult liaison, addiction psychiatry, forensics

Favorite part of our residency so far:

The community! After a day of working and learning, it's so fun to go back to housing where all my co-residents live too! Residency just started and I already feel so much belonging here.