

Psychiatric Residency at Mount Sinai Morningside/West



GENERAL TRACK RESIDENTS – CLASS OF 2028



Lukas Bobak

Hometown: West suburbs of Chicago, IL

Undergrad: University of Notre Dame

Med School: Case Western Reserve University School of Medicine

Personal Interests/hobbies: My personal interests include doodling, eating ice cream (favorite is Mitchell's from Cleveland), going to local shows (musicals/plays/comedy), thrifting vintage polo shirts (like the kind Tony Soprano and my grandpa wear), embracing the camp of the Fast and Furious franchise, and collecting amateur cottage landscape paintings. By far my favorite hobby is creating and performing improv comedy, where I get to explore impulses and become ridiculous characters.

Professional Interests: My professional interests include psychedelics, trauma, psychotherapy, borderline personality disorder, addiction, and the effects of long-term psychiatric drug use.

Favorite part of our residency so far:

In addition to the amazing people I have met, my favorite part of our residency so far is the gradually increasing independence. I have felt fully supported diving into NYC psychiatry (which is a lot!) with seniors and attendings adjusting perfectly as I am comfortable with my developing skills.



Candace Chan

Hometown: Honolulu, HI

Undergrad: UCLA

Med School: OHSU

Personal Interests/hobbies: yoga, reading (esp about faeries iykyk), thrifting, exploring all of NYC's amazing restaurants and bars, board games (particularly catan), and baking

Professional Interests: child and adolescent psychiatry, narrative medicine, family psychiatry

Favorite part of our residency so far:

The residents and faculty in this program and at the MSW/MSM hospitals are the actual best! People are warm, outgoing, and intelligent on another level. As a west coaster, I have felt accepted but also challenged, which is exactly the experience I was looking for in residency.



Dennis Cummins

Hometown: White Plains, NY

Undergrad: Boston University

Med School: SUNY Downstate

Grad School: Hunter College Post-Baccalaureate Program

Personal Interests/hobbies: I love to cook, spend time with my family, and explore NYC

Professional Interests: Inpatient, Emergency, Addiction

Favorite part of our residency so far:

I have found my co-residents to be a wonderful and supportive group of people. The administration of the program has made the transition to residency a smooth and enjoyable process. Very happy at the program!



Breckin Horton

Hometown: Spiro, OK

Undergrad: Lipscomb University

Med School: Albert Einstein College of Medicine

Personal Interests/Hobbies: Love Island USA, my new cat "Lou", visiting flea markets, Thai food, receiving the news through late night TV monologues

Professional Interests: Addiction Psychiatry, Community & Public Psychiatry, Psychotherapy

Favorite part of our residency so far:

My co-residents, because they make the work so enjoyable!



Eun Kyeong (Lily) Hwang

Hometown: Seoul, South Korea

Undergrad: Georgetown University

Med School: SUNY Downstate

Personal Interests/Hobbies: I love anything arts & crafts related (drawing, painting, pottery, knitting, crocheting, puzzles)! I also enjoy reading, traveling, exploring museums, and discovering new restaurants!

Professional Interests: I am most passionate about child & adolescent psychiatry, college mental health, and women's mental health!

Favorite part of our residency so far:

The community! I've felt very supported by everyone since starting residency. Plus, I love being in NYC and meeting people from all walks of life.



Dona Kiriella

Hometown: Staten Island, NY

Undergrad: Sophie Davis/ City College of New York

Med School: CUNY School of Medicine

Personal Interests/Hobbies: I like cooking and trying out different cuisines, traveling, and working out.

Professional Interests: Addiction psychiatry, Consultation-Liaison psychiatry, and Public Psychiatry

Favorite part of our residency so far:

The staff has been very supportive in CPEP and inpatient psychiatry and my co-interns have been amazing!



Hannah Lynch

Hometown: Longmont, CO

Undergrad: Brandeis University

Med School: New York Institute of Technology College of Osteopathic Medicine (NYITCOM)

Personal Interests/Hobbies: Recently got into baking/decorating cakes after watching the Junior Bake Off, but most of my time is spent with friends, trying out new restaurants in the city, reading, or hanging with my pet cat (Bug)

Professional Interests: Everything!! But right now mostly General Adult Psychiatry, Community Psychiatry, and Education

Favorite part of our residency so far:

I know this is cheesy, but it's the people! I honestly look forward to going to work every day, and it has been so fun hanging with my co-residents. I have felt super supported by the attendings, nurses, social workers, and staff members on the unit!



Michael Mazzeo

Hometown: Brooklyn, NY

Undergrad: Macaulay Honors Hunter College

Med School: NYU Grossman School of Medicine

Personal Interests: Outdoors, recreational sports (ask me about our softball team), hiking, eating good food/cooking, and spending time with my friends and family!

Professional Interests: personality disorders, mood disorders, child and adolescent psychiatry

Favorite part of residency so far:

Rotating on all the off-service rotations and spending time with my co-residents! We are such a part of warm and welcoming community and there is so much medicine to learn.



Daniel Vaccaro

Hometown: Eastchester, NY

Undergrad: Columbia University

Med School: Columbia University Vagelos College of Physicians & Surgeons

Personal Interests/hobbies: I'm a big fan of the arts, especially movies and music. I also love exploring the food scene in NYC.

Professional Interests: I'm hoping to do a CAP fellowship. I'm interested in a variety of topics—mood disorders, eating disorders, OCD, trauma, abuse, suicide.

Favorite part of our residency so far:

It's only been a few weeks on medicine, but I really enjoyed Geriatrics. I particularly liked talking to families about their loved ones.



Brett Weingart

Undergrad: Emory University

Med School: Icahn School of Medicine at Mount Sinai

Personal interests/hobbies: Hiking, doing yoga, hanging out in the park, making friendship bracelets and watching Survivor!

Professional interests: Most likely something outpatient, either child/adolescent or adult, still TBD!

Favorite part of our residency so far:

I love my co-interns and all of the residents I've worked with so far. Everyone is really kind, welcoming and eager to grow and learn together!



Zach Yorke

Hometown: Leesburg, Virginia

Undergrad: Virginia Tech

Med School: Eastern Virginia Medical School

Personal interests/hobbies: I'm a big bread guy, love bread, love baking it, even if it makes my tummy hurt. Also a big plant guy, I have a season pass to the botanical gardens and try to get out there as much as I can.

Professional interests: My current professional interests include addiction and public psychiatry, but CAP has recently been calling my name.

Favorite part of our residency so far:

My favorite part of residency thus far has been the people (surprise surprise), I started in psychiatry and the whole team has been incredibly welcoming and patient as I've learned the systems in place. There's definitely a super cordial/collaborative energy to the interdisciplinary teams on the units/CPEPs. My second favorite part has been housing; there is so much space! My new apartment looks over the Hudson and has amazing sunset views.



Sonora Yun

Hometown: Brooklyn NY

Undergrad: Grinnell College

Med School: Columbia VP&S

Personal interests/hobbies: oil painting, Peloton, making ice cream

Professional interests: trauma, mindfulness, therapy

Favorite part of our residency so far:

It's been fulfilling and satisfying actually taking care of patients and being an active member of a care team!

Also loving all the free food on Internal Medicine rotations.

VA SCHOLARLY TRACK – CLASS OF 2028



Josimar Antonio Hernandez

Hometown: Dallas, TX

Undergrad: UT Arlington

Med School: Icahn School of Medicine at Mount Sinai

Personal interests/hobbies: music, art, taking care of my plants, going out with friends

Professional interests: psychodynamics/analysis, psychedelic psychotherapy

Favorite part of our residency so far:
The people!



Patrick Lasowski

Hometown: San Rafael, CA

Undergrad: Washington University in St. Louis

Med School: Icahn School of Medicine at Mount Sinai

Personal interests/hobbies: Hiking, biking

Professional interests: Veteran's Healthcare

Favorite part of our residency so far:
The location of the hospitals in Manhattan is really excellent and convenient. A great place to live.



Raymond Rosenbloom

Hometown: Boston, MA

Undergrad: Boston University

Med School: Medical School for International Health

Personal interests/hobbies: reading, art exhibits, running and hot yoga, travel when able!

Professional interests: Public psychiatry, social medicine

Favorite part of our residency so far:

Getting to know my new co-residents, living blocks away from central park in the residency housing, exploring everything in NYC!



Urja Shah

Hometown: Parlin, NJ

Undergrad: Rutgers University - New Brunswick

Med School: Campbell University School of Osteopathic Medicine

Personal interests/hobbies: dance, yoga, bollywood movies, k dramas, discovering new vegan restaurants and tea houses

Professional interests: integrative and nutritional psychiatry, child & adolescent psychiatry, cultural psychiatry, psychotherapy, trauma & resilience, addiction psychiatry

Favorite part of our residency so far:

In addition to having met such amazing people at this institution, I am so thrilled to be living in New York City. It's always been a dream of mine to live in the city in my 20s, and now I'm having the best time exploring new restaurants, discovering unique events to attend, and connecting with some of the most interesting/creative/driven people working in different fields even outside of medicine.