

Internship Admissions, Support, and Initial Placement Data

Date Program Tables are updated: Sept 1, 2023

Program Disclosures

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
If yes, provide website link (or content from brochure) where this specific information is presented:	
<p>https://icahn.mssm.edu/education/residencies-fellowships/list/msbi-clinical-psychology-internship https://icahn.mssm.edu/files/ISMMS/Assets/Departments/Psychiatry/Internship-Admissions-Support-InitialPlacement.pdf Internship Program Admissions</p>	

Internship Program Admissions

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

The Work Environment: Mount Sinai Beth Israel Medical Center (MSBI) is part of the Mount Sinai Health System. MSBI is a major teaching hospital for the Icahn School of Medicine. For many decades, the Department of Psychiatry and Division of Psychology at MSBI was housed at the main campus near Union Square. This summer, the MSBI Psychiatry Department and the Psychology Division moved to a fully renovated, state of the art psychiatric center called Mount Sinai-Behavioral Health Center (MSBHC). The psychology internship at MSBI has been renamed the Mount Sinai-Behavioral Health Center Doctoral Internship Program in Clinical Psychology.

MSBHC excels in clinical expertise and treatment for patients with mental health needs and is a strong academic department as well, valuing research and educational productivity. The Center is unique in New York State, offering co-located mental health care and addictions services to patients as well as primary care services. Patients who come to MSBHC can simultaneously engage in outpatient substance use treatment, psychotherapy and medication management, central evaluation/assessments (intakes) unit and general medical care in the Integrated Outpatient Services. We also have developed several new programs: including an Intensive Outpatient Program and a Partial Hospitalization program. We continue to have three onsite inpatient units: one for dual diagnosis patients, one for adult and geriatric patients, and a substance abuse detox/rehab unit. We have administration, a faculty practice, and research suites as well.

Our interns work approximately 40-45 hours a week and have the option of working remotely from home one day a week.

Our Faculty and Staff: Our professional faculty includes psychiatrists, psychologists, social workers, nurses, and other allied health professionals. In addition, the Department of Psychiatry also has active voluntary faculty, made up of psychiatrists and psychologists in the community who provide supervision and educational opportunities for trainees. In our Psychology Division, we have six psychology interns, along with two postdoctoral fellows and about 30 externs. Additionally, there are 50 psychiatric residents, 48 third year medical students within the Icahn School of Medicine at Mount Sinai, Psychiatry Fellows. Collaboration between disciplines is highly valued and strong. Collaboration within interdisciplinary treatment teams serve as the foundation of patient care and professional training. Interns and residents have offices interspersed within the Integrated Outpatient Services making it easy to communicate, have social activities such as a book club and social events.

The internship program at Mount Sinai-Behavioral Health Center (MSBHC) and Mount Sinai Beth Israel was re-accredited in 2015 for a full seven years by the Office of Program Consultation and Accreditation of the American Psychological Association through 2022. Due to COVID-19, our 2022 site visit will take place within the next two years and our program maintains its current accredited status.

Our Patients: The MSBHC patient population is diverse in age, gender, culture, race, ethnicity, sexual orientation, and socioeconomic status, making it an ideal environment for training psychology interns. Mount Sinai has a longstanding tradition of serving underrepresented individuals from Manhattan, the Lower East Side of New York, Brooklyn, and the Bronx. Patients range in age from children as young as four years old to adults over 90 years. Patients typically present with comorbid psychiatric diagnoses that include the majority of DSM-V disorders, especially personality disorders. Substance abuse co-

morbidity in our population is very high as are histories of multiple and complex traumas. Our patient population tends to have multiple psychosocial stressors.

Our Training Philosophy: Our internship program is founded on the principles and values of the local clinical scientist model (as articulated by Stricker and Trierweiler in Volume 50, Number 12 of the American Psychologist). The model values: receptivity to a multiplicity of approaches to a problem, empirical support tempered by a skepticism about any foreclosed certainty; professional responsibility and knowledge; ongoing awareness of personal biases and their impact on observation; attunement to the ethical implications of interventions; collegial interaction and feedback. With its emphasis on uniqueness and context, and on understanding that which is specific to a particular cultural group, the local clinical scientific model captures our training program's focus on the treatment of a culturally diverse patient population from within the large, urban, multicultural community that MSBHC serves. It also captures our program's inclusion of a multiplicity of treatment modalities and methods, as well as extensive supervision (often involving videotaped material) that serves to cultivate the intern's observational skills, including those which are self-reflective.

The primary aim of our internship training program is to develop an intern's basic competencies in the delivery of psychological services in a general healthcare system, and in the interrelated areas of professional conduct and clinical skills, thus preparing them for independent practice in the field. Competency areas include Research; Ethical and legal Standards; Individual and Cultural Diversity; Professional Values, Attitudes, and Behaviors; Communications and Interpersonal Skills; Assessment; Intervention; Supervision; and Consultation and Interprofessional/Interdisciplinary Skills.

Intern Recruitment and Selection Process: The Mount Sinai-Behavioral Health Center (MSBHC) disseminates information about the Doctoral Internship Program in Clinical Psychology through a number of public forums, including both a dedicated web page and a listing in the Association of Psychology Postdoctoral and Internship Centers directory. Our web page provides a detailed description of the program, including the setting of the internship, training philosophy and training goals and competencies, available clinical placements and rotations, supervision and didactics offered, a listing of the training faculty, instructions for applying to the program, and specifics on employment such as salary and benefits, and post-internship activities.

Our website can be found [here](#).

Application Process: The Doctoral Internship in Clinical Psychology program at Mount Sinai-Behavioral Health Center (formerly at Mount Sinai Beth Israel) only accepts Application for Psychology Internships (AAPI) applications through the Liaison International portal. Each application is read by at least two faculty members and rated on a variety of factors such as academic and research achievement, clinical experience, breadth and diversity of clinical experience, amount and scope of psychological testing experience, quality of written expression and self-awareness, as well overall quality of fit with the training goals of the program. The top 60 applicants are invited to interview for the internship program. Five interview dates are offered, typically in starting in early December through early January, with 12 applicants seen on each day. On the interview day, all 12 applicants are seen together as a group by the Training Director and Associate Training Director for a one hour overview of the training program. Then each applicant is interviewed by at least two faculty members, utilizing videotape segments of intake and psychotherapy sessions to provide clinical material for discussion – allowing the faculty to assess diagnostic and therapy skills in vivo. Applicants are rated for both competence and trainability based on their interview performance. After all interviews are completed, the top half of applicants are ranked. The ranked list of applicants is then submitted to APPIC for the national match. We accept six interns each year. Our application deadline is November 1, each year.

We will continue to interview applicants remotely on video and will follow a similar process as described above. A webinar is used to introduce the program and an interactive video platform (Zoom) is used for the interviews, as well as to answer applicants' questions for faculty and to speak to current interns in small groups.

We encourage individuals who have diverse backgrounds to apply. We welcome applicants who are eager to learn, responsible, flexible, personable, friendly, and who are team players. We have a very collegial culture and want to have an intern group that is able to support each other and work cooperatively together with our faculty and multidisciplinary colleagues and trainees.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours	Yes		Amount: 600
Total Direct Contact Assessment Hours	Yes		Amount: 50

Describe any other required minimum criteria used to screen applicants:

Applicants to the Mount Sinai-Behavioral Health Center Doctoral Internship Program in Clinical Psychology must be enrolled in a clinical or counseling psychology Ph.D. or Psy.D. program accredited by the American Psychological Association. There is a minimum of three years of graduate training (supervised clinical experience and coursework) required at the time of application. Each applicant needs to have obtained a Masters degree and have their dissertation proposal accepted by the ranking deadline as well as having passed comprehensive exams by the application deadline.

We will accept applications from international students with F-1 visas.

All applicants who match with our program will participate in an onboarding process through Human Resources that includes a background check and drug testing. As a Mount Sinai healthcare worker, you will need certain vaccinations to work at MSBHC, as determined by the Employee Health Service.

Financial and Other Benefit Support for Upcoming Training Year*

Annual Stipend/Salary for Full-time Interns	36901.00	
Annual Stipend/Salary for Half-time Interns	NA	
Program provides access to medical insurance for intern?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
If access to medical insurance is provided:		
Trainee contribution to cost required?	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Coverage of family member(s) available?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Coverage of legally married partner available?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Coverage of domestic partner available?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	150	
Hours of Annual Paid Sick Leave	90	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Other Benefits (please describe): Full Human Resources benefits including Dental Vision Life Insurance 403b retirement Dependent Care Acct Flexible Spending Account Commuter Account		

* Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2019-2022	
Total # of interns who were in the 3 cohorts	18	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
	PD	EP
Academic teaching	PD = 0	EP = 1
Community mental health center	PD = 1	EP = 0
Consortium	PD = 0	EP = 0
University Counseling Center	PD = 1	EP = 0
Hospital/Medical Center	PD = 8	EP = 0
Veterans Affairs Health Care System	PD = 1	EP = 0
Psychiatric facility	PD = 0	EP = 0
Correctional facility	PD = 0	EP = 0
Health maintenance organization	PD = 0	EP = 0
School district/system	PD = 0	EP = 0
Independent practice setting	PD = 3	EP = 0
Other	PD = 3	EP = 0

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.