

Mount Sinai Health System
Psychology Externship Programs
2026-2027 Training Year

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Seaver Autism Center for Research and Treatment Externship

Positions: 3

Campus: Mount Sinai Hospital

Director: Danielle Halpern, Psy.D.; Danielle.Halpern@mssm.edu

The Seaver Autism Center leads a progressive research program while providing comprehensive, personalized care to children and adults with autism spectrum disorder (ASD) and rare genetic syndromes associated with ASD (e.g., Phelan-McDermid syndrome, FOXP1 syndrome, ADNP syndrome, DDX3X syndrome, Fragile X syndrome). Our multidisciplinary team of clinical and preclinical faculty seek to identify the causes of neuro-developmental disorders and advance effective treatments.

The Seaver Autism Center offers training opportunities for advanced psychology doctoral students interested in gaining research and clinical experience through externships, internships, and fellowships. Psychology trainees have opportunities to participate in ongoing research and clinical activities at the Seaver Center. Trainee responsibilities include: learning and administering research standard diagnostic instruments; conducting evaluations of cognitive, behavioral and neuropsychological functioning; assisting with social skills therapy groups; participating in weekly clinical and research meetings; and additional research activities. In addition, trainees participate in workshops on the Autism Diagnostic Observation Schedule – Second Edition (ADOS-2) and the Autism Diagnostic Interview – Revised (ADI-R) and attend didactic sessions led by local and nationally renowned clinicians working in the field.

Icahn School of Medicine Division of ADHD, Learning Disabilities, and Related Disorders Externship

Positions: 3

Campus: Mount Sinai Hospital

Director: Ami Norris-Brilliant, PhD; ami.norris-brilliant@mssm.edu

Website: <https://www.mountsinai.org/patient-care/service-areas/psychiatry/areas-of-care/learning-and-development-center/externships>

Our externship is a unique opportunity to gain experience in both neuropsychological assessment and psychotherapy. The externship is approximately 2 days per week, and externs will work on a variety of clinical and research projects. The vast majority of assessment will be done with children ages 4-17, however there will be opportunity for at least one adult assessment and one adult psychotherapy patient if the extern is interested. Psychotherapy cases generally include a young child, school-age children, and adolescents. For example, the students can participate in an adult ADHD group, an Incredible Years social skills group, children and adults with OCD, etc.

Mount Sinai Epilepsy Center Neuropsychology Externship

Positions: 2-3

Campus: Mount Sinai West

Director: Sloane Sheldon, PhD; Sloane.sheldon@mountsinai.org

The Mount Sinai Epilepsy Center offers a one-year [July - June], 16-hour per week externship in clinical neuropsychology. Externs will be trained in administering, scoring, and interpreting neuropsychological test batteries, and writing integrated neuropsychological reports with patient-specific and referral-specific recommendations. Patients are often undergoing pre-surgical evaluations for epilepsy, although externs will have the opportunity to see individuals with a variety of referral questions and neurological disorders in outpatient and inpatient settings. Patients seen are mostly adults, with opportunities to work with pediatric patients as well. Externs will also be able to observe and assist in Wada procedures, and intra- and extra-operative language mappings. Spanish-speaking externs can be trained in administering Spanish evaluations, and all externs can have the opportunity to conduct evaluations with the assistance of an interpreter. In addition to weekly individual supervision and didactics, externs can observe multidisciplinary surgical planning conferences, grand rounds, brain cutting, and journal clubs.

Mount Sinai Harlem Health Center CFI-OPD Externship

Positions: 6; 2 DBT, 2 PMT/PCIT, 2 inpatient-outpatient

Campus: Mount Sinai Harlem Health Center; Mount Sinai Morningside

Director: Genevieve Izzo, PhD; Genevieve.izzo@mountsinai.org

This is a one-year, 16 hour/week advanced training opportunity focused on hospital-based outpatient clinic work with children and adolescents ages 5-17 and their families. The goal of the externship is to gain broad-based experience providing psychotherapy to underserved youth and families in an urban hospital setting. 6 OPD externs will be recruited for the 2026-2027 training year, which will run from July 1, 2026 to June 30, 2027. Externs will select one of three electives: DBT, PMT/PCIT, or Combined Outpatient-Inpatient. This externship is geared towards PhD students in their 3rd year of training or higher. Trainees should have Monday afternoons available for group consultation and team meetings.

World Trade Center Mental Health Program (WTCMHP) Externship

Positions: 4

Campus: Mount Sinai Hospital

Director: Peter Glick, PhD; peter.glick@mssm.edu

Mount Sinai's World Trade Center Mental Health Program (WTCMHP) offers a number of clinical psychology training opportunities including our Externship Program. The WTCMHP is an outpatient clinic located at 345 East 102nd Street in Manhattan that provides treatments including individual therapy, group therapy, psychopharmacology, and psychological assessments to responders who participated in rescue, recovery and clean-up efforts on and soon after the September 11, 2001 attacks. Most of the patients served are English-speaking though a significant portion of our patient population speak Spanish or Polish as their primary language. Most of the patients served by the WTCMHP carry trauma-related diagnoses and presenting problems often include co-morbid medical illnesses and/or personality pathology.

The WTCMHP Externship Program has a ***strong emphasis on psychodynamic*** treatment approaches with the opportunity for exposure to other behavioral modalities including Dialectical Behavior Therapy (DBT). Trainees will also gain exposure to additional modalities including harm reduction treatment, process groups, somatic interventions, and specialized services for patients managing complex medical conditions.

All externs will carry a caseload of 4 individual therapy cases, conduct psychiatric intakes and psychological testing, as well as co-facilitate a psychotherapy group. Externs are integrated as valued members of our treatment team and will develop skills to coordinate and collaborate with staff psychologists, social workers, and MDs at our site.

Clinical Neuropsychology Service, Divisions of Movement Disorders and Neurosurgery Externship

Positions: 4

Campus: Mount Sinai West

Director: Christina Palmese, PhD; Christina.Palmese@mountsinai.org

Home-based in a state-of-the-art Neuroscience Center, this busy neuropsychological service supports a wide range of referrals from multiple neurology subspecialties. There is exposure to broad range of memory disorders such as FTD, PPA, MCI, and subjective cognitive impairment, along with the unique opportunity to gain experience with movement disorders and a Deep Brain Stimulation (DBS) neurosurgical program. Our interdisciplinary DBS team treats patients with symptoms related to movement disorders, Tourette's Syndrome, Obsessive-Compulsive Disorder, tardive, and treatment refractory depression, each with unique referral questions and prognostic indications. Externs will have hands-on experience with a caseload of one full outpatient assessment case per week, with the patient population ranging from 18+yo through 89 years old. Our center also offers cognitive remediation and group supportive behavior interventions to patients and caregivers. Trainees will have the opportunity to learn from, and to engage in these interventions, as well.

Child, Adolescent and Family Services Outpatient Externship

Positions: 2

Campus: Mount Sinai Hospital

Director: Rebecca Burger-Caplan, PhD

The Child, Adolescent, and Family Services (CAFS) outpatient clinic provides evaluations and treatment for children from birth through age 18+. Our team includes psychiatrists, psychologists, social workers, and trainees. We provide individual therapy, group therapy, parent training and support, family therapy, crisis intervention, and medication evaluation and management, including limited services provided in Spanish. Over the course of the training year, trainees in CAFS will conduct intake evaluations, carry a caseload of individual therapy cases, and be involved in the development and facilitation of group therapy. This will include evaluation and treatment of primary psychiatric disorders, adjustment and reactions to psychosocial stress, complex medical comorbidities, and issues related to functioning in family/relational, school, and community settings. Psychology externs will work closely with children, parents/caregivers, schools, pediatricians, and their supervisors to deliver thoughtful and developmentally-minded interventions to support functioning. Students will gain exposure to a variety of patient populations, clinical complexities, trauma-informed approaches to care, and theoretical orientations and treatments, including Cognitive Behavioral Therapy (CBT), psychodynamic psychotherapy, Trauma-Focused Psychotherapy (TF-CBT), parent guidance and behavior management. Externs will gain experience working on an interdisciplinary team within an environment that prioritizes skill development and collaboration across disciplines. Externs will have the opportunity to join weekly intake case conference on Wednesdays where case conceptualization and disposition of cases are explored, as well as attend weekly didactics covering a broad range of topics. Externs will additionally have the opportunity to participate in a specialty elective as part of a 20 hour externship in Early Childhood (includes developmental/psychological testing evaluations and dyadic psychotherapy with children 0-5 and their families) or in Integrated Behavioral Health (includes consult/liaison and short term treatment work as part of an integrated behavioral health team embedded in the hospital's pediatric primary care clinic). Externs are integrated as valued members of our treatment team, developing skills to coordinate and collaborate with staff psychologists, social workers, administrators and MDs at our site.

Center for Excellence in Eating and Weight Disorders Externship

Positions: 3-5

Campus: Mount Sinai Hospital

Director: Robin Sysko; robyn.sysko@mssm.edu

The Center of Excellence in Eating and Weight Disorders is a specialty hospital-based outpatient program. The program provides evidence-based psychological treatment for children, adolescents, and adults with a wide range of eating, feeding, and weight disorders (e.g., Anorexia Nervosa, Avoidant/Restrictive Food Intake Disorder, Bulimia Nervosa, and Binge Eating Disorder). Treatment may be provided through our clinical service (e.g., weekly psychotherapy, group therapy) or research arm (e.g., testing innovative interventions to better understanding neurobiological and psychological mechanisms underlying eating disorder behavior). For younger patients, our interventions typically involve a strong family component. Externs are also involved in the assessment and treatment of adolescents and adults pre- and post-weight loss surgery.

Mount Sinai Psycho-Oncology and Family Caregiving Externship

Positions: 4

Campus: Mount Sinai Hospital

Director: Mary Minges, PhD; mary.minges@mssm.edu

The Mount Sinai Psycho-Oncology and Family Caregiving Externship Program offers trainees the opportunity to engage in two unique training experiences. The Psycho-Oncology Externship Training Program run by Mount Sinai's Center for Behavioral Oncology focuses on providing care to individuals with breast cancer through the Dubin Breast Center. The program offers clinical training opportunities including conducting biopsychosocial assessments, and delivering compassionate, relationship-focused, evidence-based psychotherapy to individuals and couples coping with breast cancer at all stages of the breast cancer continuum, from diagnosis, through active treatment, through survivorship and end of life. Externs will create and conduct one workshop for breast cancer patients and/or their families, and may co-lead groups if interested. Externs will also receive clinical training and experience through the Caregiver Support Program in the Steven S. Elbaum Family Center for Caregiving, housed within the Brookdale Department of Geriatrics and Palliative Medicine. Externs will provide individual psychotherapy to family caregivers (e.g., parents, partners, children, siblings, friends) of patients with cancer, dementia, and other chronic and life-limiting illnesses receiving care at Mount Sinai to assist them with coping with the caregiving role, engaging in healthcare communication with patients and healthcare professionals, and facing existential distress. They will also have the opportunity to co-lead skills-based groups for caregivers with senior clinicians. The externship involves weekly supervision (group and individual) and a didactic component.

Mount Sinai REACH Program Externship

Positions: 1

Campus: Mount Sinai Hospital

Director: Jeffrey Weiss, PhD; Jeffrey.Weiss@mountsinai.org

The REACH Program is a primary care program for patients with substance use disorder with integrated mental health services. The mental health team consists of a clinical psychologist (supervisor for externship), psychiatrist, psychiatry residents, and social workers. The extern will work collaboratively with the multidisciplinary team to provide to provide assessment, crisis intervention and ongoing individual psychotherapy for patients in the REACH Program. There is also the option to do group psychotherapy. This is a fully in-person externship (two days per week; preferably Tuesday and Friday, for twelve months starting in July 2026).

Tics, OCD, and Related Disorders Program Externship

Positions: 2

Campus: MOUNT SINAI HOSPITAL; Icahn School of Medicine at Mount Sinai

Director: Amy Rapp, PhD; Amy.Rapp@mssm.edu

The Tics, OCD, and Related Disorders Research Program at the Icahn School of Medicine at Mount Sinai is pleased to offer an externship focused on the assessment and treatment of OCD and related disorders. Externs in this role will learn how to conduct evidence-based assessment of OCD, anxiety disorders, and body-focused repetitive behaviors (e.g., trichotillomania [hair pulling], excoriation disorder [skin picking]) using standardized assessment tools like the Structured Clinical Interview for the DSM (SCID) and a range of symptom severity measures (e.g., the Yale-Brown Obsessive Compulsive Scale). Externs will deliver cognitive behavioral therapy, with an emphasis on exposure and response prevention for OCD. Externs will likely carry 4-5 outpatient cases and conduct approximately 8-10 therapy hours per week.

Approximately 1-4 diagnostic assessments will be completed each week. One hour of individual supervision will be provided each week. Specialized didactics will also be provided on a weekly basis, and the extern will have the opportunity to attend scientific meetings and presentations (e.g., Grand Rounds) offered by the Icahn School of Medicine at Mount Sinai. Opportunities for research (e.g., poster presentations, papers) will be available if the extern is interested.

Mount Sinai Adult Neuropsychology Center Externship

Positions: 2

Campus: Mount Sinai Hospital

Director: Jane Martin, PhD; jane.martin@msm.edu

The externship is an opportunity to gain experience in neuropsychological assessment. The training experience provides an introduction to the purposes and uses of neuropsychological evaluation. A year-long neuroscience course provides a framework for conceptualization of cognitive impairments. Both inpatient and outpatient populations are served. Students receive training in neuropsychological assessment that includes administration, scoring, interpretation, and report writing. In addition, didactic seminars and lectures attended with the interns and post-doctoral fellow are an integral part of the training experience.

Mount Sinai Parent-Infant Center Externship

Positions: 3

Campus: Mount Sinai Harlem Health Center

Director: Wendie Klapper, PhD; wendie.klapper@m Mountsinai.org

The Parent-Infant Center (PIC) at the Child and Family Institute at Mount Sinai Harlem Health Center offers a one-year 16-hour per week externship position for three advanced externs with an interest in attachment theory, infant and early childhood development, and early childhood and perinatal mental health. PIC is a prevention and treatment program that provides psychotherapeutic services to at-risk pregnant women and caregivers and their young children (ages 0-5) through trauma-informed Child-Parent Psychotherapy. Externs carry approximately 6 cases. The extern will conduct child and adult intakes, developmental screenings, dyadic psychotherapy, and individual psychotherapy with pregnant women and adult caregivers. Externs will receive 2 hours of individual supervision and one hour of group supervision weekly as well as intake supervision. The externs will also participate in courses in Infant Mental Health and Child-Parent Psychotherapy.

Mount Sinai Adolescent Health Center Externship

Positions: 3

Campus: Mount Sinai Hospital

Director: Stacey Lurie, PhD; stacey.lurie@m Mountsinai.org

The Mount Sinai Adolescent Health Center (MSAHC) offers a year-long, 16 hours per week externship experience for three advanced externs. The externship curriculum places emphasis on training interns to become competent providers of evidence-informed and culturally competent care to youth ages 10 to 26 from marginalized backgrounds. The MSAHC has a long history of breaking down economic and social barriers to care for underserved populations, and this aspect of the MSAHC's mission informs the vision of the psychology training program. In addition, a broad aim of the training program is to provide externs with an introduction and skills to practice in an interdisciplinary healthcare setting. Throughout the training year, externs provide individual, family, and group therapy to a diverse range of youth. Externs work side-by-side with trainees from various disciplines—including psychology interns and fellows, adolescent medicine fellows, social work interns, and psychiatry fellows—and they are fully immersed into the clinical and learning environment at the MSAHC.

Externs are expected to carry a caseload of 5 to 7 individual psychotherapy cases and co-lead one psychotherapy group. Externs receive the majority of their therapy cases through the MSAHC's mental health clinic. This caseload is comprised of a diverse set of individual and family therapy cases. Externs will conduct intake evaluations, formulate treatment plans, and work with patients to reach treatment goals. Additionally, externs participate in an interdisciplinary treatment team that meets each week to discuss patient progress. A large number of patients at MSAHC have been exposed to one or multiple forms of potentially traumatic events in their life. All externs are encouraged to choose one mental health case with which to implement TF-CBT, a manualized (but flexible) evidence-based treatment for children and adolescents who have experienced traumatic events and are experiencing post-trauma difficulties. Externs will receive 1-2 hours of individual supervision weekly, as well as one hour of weekly group supervision. Externs will also participate in weekly child/adolescent-focused didactics with other externs at Mount Sinai Hospital.

Center for Intensive Treatment of Personality Disorders (CITPD) Externship

Positions: 3

Campus: Mount Sinai Harlem Health Center

Director: Andrew Twardon, PhD; Andrew.Twardon@mountsinai.org

The Center for Intensive Treatment of Personality Disorders (CITPD) offers specialized, intensive, time-limited, ambulatory treatment for personality disorders and personality-related problems and symptoms. The 12 months long, 5 days per week, 3 hours per day externship is focused on training in: comprehensive assessment and clinical formulation of personality psychopathology; multidimensional/multivariable treatment of personality disorders utilizing: Intensive Psychodynamic Therapy, Dialectical Behavior Therapy (DBT), Mentalization-Based Therapy, Cognitive Therapy, Mindfulness/(Zen) Meditation Training, intensive group psychotherapy (5 time per week), specialized individual psychotherapy, and crisis interventions. Externs also have the opportunity to learn to administer psychological testing of complex personality psychopathology utilizing WAIS-V, WMS-IV, MMPI-3, MCM-IV, TAT, R-PAS (1-3 full batteries; available but not required).

Training and direct, on-site clinical supervision are provided by CITPD psychologists and the Clinic Director. Each extern participates in 1-2 hours of didactics and supervision, and 2-3 hours of clinical meetings per week. Didactics are offered via modeling and direct observation/feedback, and include: Introduction to intensive Multidimensional/Multivariable Treatment of personality disorders, Introduction to intensive Psychodynamic Psychotherapy, Introduction to Dialectical Behavior Therapy, Introduction to Mindfulness/Meditation Training, Introduction to group psychotherapy, Specialized psychological testing of personality psychopathology. Under direct supervision of a licensed psychologist, the psychology extern will: observe and co-facilitate 1 psychotherapy group per day (5x / week), provide specialized individual treatment to 1-3 patients (once per week each), conduct psychological testing (1-3 batteries per year), conduct comprehensive assessments of new patients (3-6 per year), participate in crisis management and crisis interventions, participate in clinical team meetings, and participate in didactic, staff development, CQI and research activities.

Externship in Health Service Psychology (Clinical Psychology Externship) at the Mount Sinai Behavioral Health Center

Positions: TBD

Campus: Mount Sinai Behavioral Health Center

Director: Elizabeth Ochoa, PhD; Elizabeth.Ochoa@mountsinai.org; Gregory Gagnon, PhD; Gregory.Gagnon@mountsinai.org

The Clinical Psychology Externship at the Mount Sinai Behavioral Health Center (MSBHC) offers a rigorous, one-year, 16-hour training experience in the heart of New York City. MSBHC serves children, adults, and older adults from diverse cultural, socioeconomic, and psychosocial backgrounds, presenting with a wide range of diagnoses. A distinctive feature of our center is the integration of higher levels of care services (inpatient, partial hospitalization, intensive outpatient), which allow trainees to follow patients across the continuum of treatment. Clinical interventions are grounded in evidence-based approaches, drawing from psychodynamic, CBT, DBT, family systems, and trauma-focused traditions. Each year, externs join a vibrant community of interdisciplinary trainees that include psychiatry residents, medical students, postdoctoral fellows, and psychology interns.

Externs train in one or two of the following settings: the Intensive Outpatient Program, Integrated Outpatient Services (our general outpatient clinic), or the acute inpatient service. They conduct intake assessments, individual, and group therapy with adults or children (the latter open to trainees from Child programs only), and participate in individual and group supervision, team meetings, and didactics.

Child, Adolescent and Family Externship Program at the Mount Sinai Behavioral Health Center (MSBHC) Integrated Outpatient Services

Positions: 2

Campus: Mount Sinai Behavioral Health Center

Contact: Maria Klara, PsyD; Maria.klara@m Mountsinai.org

The Child, Adolescent and Family Externship provides an extern with experience in a psychiatric outpatient setting conducting (a) intake evaluations of children (ages 5-17) and families, (b) individual and group psychotherapy with children and adolescents, (c) family therapy, and (d) didactic experiences. The externship offers training in an eclectic approach utilizing psychodynamic, cognitive-behavioral, and family perspectives in the context of cultural competence. Learning objectives include: to become adept at conducting individual and family therapy with children and adolescents; to learn to use DSM-5 as applicable in the assessment of child and adolescent problems; to learn to conduct an efficient and thorough evaluation on a child or adolescent and to use this information in the development of a specific disposition and treatment plan; to integrate multi-cultural approaches to clinical work with children and families; to learn various trauma treatments; to learn to work effectively with a multi-disciplinary child/adolescent treatment team; to learn to collaborate with other care providing agencies in a child's life such as other medical providers, school, and community services; to develop a basic understanding of psychopharmacology as it relates to the treatment of child psychiatric problems; to learn how and when to make referrals to child protective services. Externs carry a caseload of 5-6 individual therapy cases and 1 family therapy cases; additionally, externs conduct intakes bi-weekly. Externs also participate in a year-long didactic seminar, weekly interdisciplinary case conference, and have the option to attend Psychiatry Grand Rounds and clinic disposition meetings.

The Mount Sinai Behavioral Health Center is a major metropolitan psychiatric center serving an ethnically diverse patient population. Patients present with a broad range of psychopathology, and a wide variety of treatment modalities are made available based on patient need. The Hospital's mission is to provide the highest quality care, with compassion and concern for patient well-being. Education and training are major functions of the Department of Psychiatry, with program offerings serving a variety of professional disciplines.

Externship is one full calendar year and begins in the first week in July & ends on the last week of June. It is a 16-20 hour/week commitment. Tuesday is a mandatory day (9-5). You will also be required to be in the hospital two other afternoons per week (2-6 approximately). It is necessary that you be able to stay until 6pm for a few of your days since we work with children and they need appointments scheduled after school.

The Dennis S. Charney, MD, Depression and Anxiety Discovery Center at the Icahn School of Medicine at Mount Sinai Externship

Positions: 1-2

Campus: Icahn School of Medicine at Mount Sinai; Mount Sinai Hospital

Contact: Externship Director: Jonathan DePierro PhD; Jonathan.depierro@mssm.edu
Administrative Contact: Matt Dobbs, Research Manager; matt.dobbs@mssm.edu

Externs at the *Depression and Anxiety Center for Discovery and Treatment* (DAC) support the diagnostic evaluations of patients who may be eligible for clinical trials of novel and emerging therapeutics. To that end, externs are primarily responsible for the coordination and administration of clinical assessments, particularly the SCID-5 (RV), to determine eligibility for DAC's various clinical trials and research opportunities. Opportunities for psychotherapy may be available in the context of clinical research. Candidates may also be involved in analyzing and interpreting moderately complex clinical research data, with the opportunity to support publication efforts where appropriate.