

Mount Sinai Health System
Psychology Internship Programs

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Mount Sinai Hospital Adult Clinical Psychology Internship

Positions: 2

Campus: Mount Sinai Hospital

Salary: \$40,000

Training Director: Jane Martin, PhD; jane.martin@msm.edu

Website: <https://icahn.mssm.edu/education/residencies-fellowships/list/adult-internship-clinical-psychology>

The APA-accredited Adult Internship in Clinical Psychology at the Icahn School of Medicine at Mount Sinai is an immersive, one-year training program dedicated to extensive instruction in neuropsychological and psychological test administration, interpretation, report writing, and psychodynamic and cognitive behavioral therapy. Combined with a comprehensive didactic program, the internship follows a science-practitioner model of clinical training and follows the Houston Guidelines for neuropsychologists in training.

Mount Sinai Adolescent Health Center Doctoral Internship in Clinical Psychology

Positions: 4

Campus: Mount Sinai Hospital

Salary: \$45,000

Training Director: Stacey Lurie, PhD; stacey.lurie@mountsinai.org

Website: <https://icahn.mssm.edu/research/ahc/predoctoral-internship-program>

The Mount Sinai Adolescent Health Center (MSAHC) is the home of the Division of Adolescent Medicine of the Department of Pediatrics at the Icahn School of Medicine at Mount Sinai, and is part of the Mount Sinai Hospital. Although part of a larger health system and medical school, the MSAHC is a freestanding outpatient facility, which provides confidential, comprehensive and integrated health care to young people ages 10-26. All of the services at the MSAHC are confidential and are provided regardless of ability to pay or insurance status. The multidisciplinary staff at the MSAHC also engages in applied research activities, presents widely in the community, and participates in numerous advocacy efforts. The MSAHC has a long history of breaking down economic and social barriers to care for underserved populations, and this aspect of the MSAHC's mission informs the vision of the psychology training program.

An overarching goal of the MSAHC and the APA-accredited internship program is the provision of high-quality and integrated services to young people who are typically underserved, or who have been impacted by societal neglect. The MSAHC internship program training aims are as follows: 1) To train interns to provide developmentally appropriate, evidence-informed interventions in a flexible and culturally competent manner. 2) To train interns to administer developmentally and culturally appropriate comprehensive psychological assessment batteries, including the development of feasible and applicable recommendations. 3) To prepare interns for careers focused on providing services to young people who are typically underserved or who have been impacted by societal neglect. 4) To provide the training and skills necessary to work in integrated and interdisciplinary settings.

Throughout the training year, interns provide individual, family, and group therapy to a diverse range of youth ages 10-26. Interns also conduct comprehensive psychological assessment batteries. Finally, interns have the option of choosing between a range of elective intervention experiences, including the Teen Parent Program, the Dialectical Behavior Therapy Elective, and the Behavioral Health-Primary Care Integration Elective. Interns' provision of these direct clinical services is strongly supported by a strong didactic curriculum and intensive supervision.

Mount Sinai Neurodevelopmental Internship

Positions: 1

Campus: Mount Sinai Hospital

Salary: \$37,500

Training Director(s): Danielle Halpern, PsyD; Danielle.Halpern@mssm.edu; Ami Norris-Brilliant, PsyD; ami.norris-brilliant@mssm.edu; Robyn Sysko, PhD; robyn.sysko@mssm.edu

Website: N/A

Students in the Neurodevelopmental Assessment Internship will rotate through three areas:

- The Seaver Center for Autism, where interns will gain research and clinical experiences with children and adults with ASD. Intern responsibilities will include learning and administering research standard diagnostic instruments (e.g. Autism Diagnostic Interview-Revised, Autism Diagnostic Observation Schedule); conducting evaluations of cognitive and behavioral functioning (e.g. IQ testing, language testing, adaptive functioning); conducting individual therapy and assisting with social skills therapy. Supervision is completed by observation as well as individual and group supervision.
- The Division of ADHD, Learning Disorders, and Related Disorders where interns will perform at least one full neuropsychological assessment per month with children and adolescents with ADHD, Learning Disabilities, speech delays, Nonverbal Learning Disorders, anxiety, depression, motor deficits, etc. Interns will also have the opportunity to participate in research involving adults with Fragile X, and pediatric cardiac disease. Interns will be supervised by a pediatric neuropsychologist. Supervision is completed by observation as well as individual and group supervision. This rotation dovetails with the neurodevelopmental didactics. The second half of the year, brain function and testing is discussed in detail.
- Center for Excellence in Eating and Weight Disorders where interns will have the opportunity to see patients in group and individual settings. They will be trained in a variety of cognitive behavioral methods for children and adolescents with anorexia, binge eating, and ARFID. Students will be supervised by a licensed psychologist with a specialty in eating and weight disorders. They will also take part in a group didactics weekly to learn these specific types of therapy.

Mount Sinai Morningside and Mount Sinai West Doctoral Internship in Clinical Psychology

Positions: 9 (5 Adult Track; 4 Child Track)

Commented [LS1]: @Heckelman, Leora and @Herring, Jennifer Can you please review the description of your internship below (taken from APPIC directory) and make any edits you see fit? Thank you!

Campus: Mount Sinai Morningside and West

Salary: \$45,000

Training Director(s): Leora Heckelman, PhD; leora.heckelman@mountsinai.org; Jennifer Herring, PhD; jennifer.herring@mountsinai.org

Website: <https://icahn.mssm.edu/education/residencies-fellowships/list/msslw-clinical-psychology-doctoral-internship>

The APA-accredited Clinical Psychology Internship housed at Mount Sinai Morningside (formerly called St. Luke's) and West (formerly called Roosevelt) urban, teaching hospitals, is designed to provide interns with a year-long intensive, psychodynamically-informed and generalist, clinical experience with diverse patients in a wide range of treatment settings. The internship consists of Adult and Child Tracks -- which share a common integrationist approach. As a rule, training offered in the Adult track is more psychodynamically informed, whereas training offered in the child track is more behaviorally informed (although both tracks do include both orientations.) Within this, emphasis is placed on evidence-based intervention, psychotherapeutic process, and attunement to ethnocultural diversity. Applicants apply either to the Adult or Child Track. Both tracks provide similar clinical and didactic education while, at the same time, offering separate, developmentally-appropriate primary rotations. Adult track rotations include: 2 psychiatric inpatient units, an addictions clinic, the Center for Intensive Treatment of Personality Disorders, an IOP, a PTSD-related training at the World Trade Center Clinic and a Med-Psych rotation which includes training in a transgender clinic, the Dubin Breast Center and a consultation liaison service. Many of the adult rotations have a psychodynamically informed orientation. Child-track rotations include a parent-infant program, adolescent school-based therapeutic milieu, child/adolescent inpatient unit, neuropsychological assessment and outpatient clinic. Outpatient work is emphasized though there are opportunities to train in inpatient settings. Interns have primary responsibility for their patients under supervision of licensed psychologists. Education and training integrates medical model, psychodynamic, cognitive behavioral, dialectical behavioral, and other evidence-based techniques. Seminars and didactic courses are an important part of training. Classes include modules such as psychotherapeutic process, working with patients with character disorders, severe mental illness and/or substance use disorders, child psychopathology, systems theory, family therapy, mindfulness and acceptance interventions, and psychopharmacology. Child interns conduct neuropsychological and comprehensive psychodiagnostic assessment on a regular basis; adult interns conduct comprehensive psychodiagnostic assessment on a regular basis. The internship is a valued part of the Department of Psychiatry & Behavioral Health -- which includes biobehavioral research centers, substance abuse treatment services, child and adult inpatient units and child and adult psychiatry residency programs among others.

Mount Sinai Behavioral Health Center Doctoral Internship in Clinical Psychology

Positions: 6

Campus: Mount Sinai Behavioral Health Center

Salary: \$45,000

Training Director(s): Elizabeth Ochoa, PhD; elizabeth.ochoa@mountsinai.org; Camila Rivera-Morales, PhD; camila.rivera-morales@mountsinai.org

Website: <https://icahn.mssm.edu/education/residencies-fellowships/list/msbi-clinical-psychology-internship>

The Doctoral Program in Health Service Psychology (Clinical Psychology Internship) at the Mount Sinai Behavioral Health Center (MSBHC) offers a rigorous, one-year, full-time training experience in the heart of New York City. Our program offers a fast-paced generalist training experience in a dynamic urban behavioral health setting. MSBHC serves children, adults, and older adults from diverse cultural, socioeconomic, and psychosocial backgrounds, presenting with a wide range of diagnoses. A distinctive feature of our center is the integration of higher levels of care services (inpatient, partial hospitalization, intensive outpatient), which allow trainees to follow patients across the continuum of treatment. Clinical interventions are grounded in evidence-based approaches, drawing from psychodynamic, CBT, DBT, family systems, and trauma-focused traditions. Our program has been accredited by the APA since 1983 and received re-accreditation for the maximum ten-year period in 2024. Each year, six psychology interns join a vibrant community of interdisciplinary trainees that includes psychiatry residents, medical students, postdoctoral fellows, and psychology externs. Interns are considered valued members of the clinical and academic community, contributing meaningfully to patient care while receiving intensive supervision and training.

Mount Sinai Elmhurst

Positions: 11 (5 Adult Track, 2 correctional/forensics, and 4 Child/Adolescent track)

Campus: Mount Sinai Elmhurst

Salary: \$53,174

Training Director: David Block, PsyD; blockd@nychhc.org

Website: <https://mountsinaiservicespsychologyinternship.info/>

Internship training takes place at Elmhurst Hospital and its partner sites for certain rotations. Interns will do lifespan work that includes year-long outpatient responsibilities as well as four 3-month rotations. Rotation responsibilities include the provision of individual, group and family psychotherapy in inpatient, partial hospital, and outpatient settings. There are also numerous opportunities to gain experiences doing intake and emergency room evaluations as well as more formal testing and psychological assessment batteries. 3-4 hours of supervision are included in

the interns' schedule per week as well as 5 hours of didactic training and seminars per week. Interns will all engage in lifespan assessment and treatment, although the track to which they apply will be the area of concentration for their training year.