

Psychiatric Residency at Mount Sinai Morningside/West



OUR RESIDENTS – PGY2



Philip Bonanno

Hometown: Kinnelon, New Jersey

Undergrad: University of Connecticut (BA in Psychology and Neuroscience)

Medical School: New Jersey Medical School (MD)

Graduate School: Bucknell University (MS in Psychology)

Hobbies: Playing the bass guitar and piano (solo, experimental, jazz), cooking, yoga, meditation, hiking, travelling, reading about consciousness, psychiatry, and related topics, and Netflix.

Professional Interests: Consultation-Liaison psychiatry, psychedelic-assisted psychotherapy, psychodynamics, integrative medicine, mindfulness, and meditation.

Favorite part of our residency:

The clinical training is intense, the patient population is diverse, and the education is well-rounded. There is an excellent balance between autonomy and supervision.

Opportunities exist to pursue any clinical or academic interest. Administration is highly supportive of you!

West side is the best side.



Agnieszka Cain

Hometown: Lomza, Poland

Undergrad: Baruch College - The City University of New York, post-

baccalaureate: City College of New York

Medical school: Albert Einstein College of Medicine

Graduate School: Baruch College - The City University of New York

Hobbies: Jogging, going on long walks, spending time in nature, watching reality TV in amounts some would call excessively, listening to the types of music no longer considered cool, daily battles with children over bedtime.

Professional interests: Child and adolescent psychiatry, addiction psychiatry

Favorite part of our residency:

Definitely the co-residents! Everyone has been extremely approachable, helpful, intelligent and supportive. I could go on and on about this, but space is limited. I appreciate that we are able to maintain work life balance while learning a lot. Faculty members are always happy to answer all your questions and you are given enough guidance to never feel like you're on your own, with enough independence to learn from practice.



Elizabeth Kern

Hometown: West Hartford, CT

Undergrad: University of Pennsylvania

Medical School: Drexel University College of Medicine

Graduate school: Master of Public Health, New York University School of Global Public Health

Hobbies: Playing squash, photography, scrapbooking, reality television, walks along the Hudson River

Professional interests: Women's Mental Health, Reproductive Psychiatry

Favorite part of our residency:

The variety of clinical rotations and the ability to tailor our training and exposure to specific areas of professional interest. Also, the people! The warmth and support of the faculty and residents creates a welcoming community that maximizes opportunities to learn and grow from one another as well as from the diverse patient population we treat.



Anna Klimowicz

Hometown: Wroclaw, Poland

Undergrad: Cambridge University

Medical school: Western University of Health Sciences, College of Osteopathic Medicine of the Pacific

Graduate school: Teachers College Columbia University

Hobbies: discovering new hikes around NYC, long walks in the city with my two rescue dogs, road trips near and far, being glued to my Kindle

Professional interests: psychotherapy for psychosis, insight in schizophrenia, ethical considerations in psychiatry, forensics

Favorite part of our residency:

Rotating through CITPD, a unique, team-based clinic for intensive treatment of personality disorders. The supervision provided was excellent, and I was given enough independence to really grow as a future psychiatrist.



Christopher Kroppmann

Hometown: Port Washington, New York

Undergrad: New York University

Medical School: George Washington University SMHS

Hobbies: Taijitsu, Kenjutsu, Hiking, Swing Dance, Mixology

Professional Interests: Child & Adolescent Psychiatry

Favorite part of our residency:

My colleagues, living in NYC.



Naomi Liang

Hometown: Honolulu, HI

Undergrad: Swarthmore College

Medical School: University of Hawaii, John A. Burns School of Medicine

Hobbies: Writing, painting, taking walks around the city

Professional Interests: Child psychiatry, addiction, public psychiatry

Favorite part of our residency:

The culture of the program – everyone (faculty, staff, co-residents) is really warm and goes above and beyond in their work. Some of our attending physicians are my biggest role models and my co-residents are my closest friends.



Sameeraa Pahwa

Hometown: Dix Hills, NY

Undergrad: Northwestern University

Medical School: Tulane University

Hobbies: Reading, movies, anything related to the arts; yoga, bike rides, being outside! (go vitamin D)

Professional Interests: Public Psychiatry, Social Determinants of Health, Addiction

Favorite part of our residency:

My absolute favorite part MSW-MSM Psychiatry is the tight-knit community. I feel so comfortable around my co-residents and attendings. I also value how supportive, attentive and responsive the leadership is.



Luca Pauselli

Hometown: Montecastrilli (TR), Italy

Undergrad / Medical School: Università degli Studi di Perugia

Hobbies: Among many things I enjoy doing, cooking for family and friends is definitely the one I love the most. Classical concerts and recitals are another passion of mine. Newly Peloton adept...so much fun!

Professional Interests: After some years of research in public psychiatry and phenomenology of psychosis, I am back to clinical training in a community based practice where the biopsychosocial model finds actual application in patients' approach and treatment.

Favorite part of our residency:

Faculty members and peers make this program a safe space where wellness and support are as central as the education and the clinical exposure.



Harshit Sharma

Hometown : Dehradun, India

Undergrad / Medical School: Postgraduate Institute of Medical sciences, Rohtak, India

Hobbies: Netflix, reading advice columns, exploring New York City (especially the food scene)

Professional Interests: LGBTQ+ mental health, child psychiatry, Intersection of psychiatry with the law and ethics

Favorite part of our residency:

Wonderful co-residents and attendings, supportive program leadership, training in the boiling pot that is NYC, diversity of clinical experiences