

Psychiatric Residency at Mount Sinai Morningside/West



OUR RESIDENTS – PGY3



Antoine (Tony) Beayno

Hometown: Beirut, Lebanon

Medical School: Universitié Saint-Esprit De Kaslik

Hobbies: Reading, biking and travel. Also, my favorite thing to do is watching a Disney movie with my friends

Professional Interests: Consultation-Liaison Psychiatry, LGBTQ+ Mental Health & Transgender Medicine

Favorite part of our residency:

The amazing people, the collegiality and surely, the location in NYC!



Melanie Brown

Hometown: Vienna, Virginia

Undergrad: Johns Hopkins University

Medical school: The Warren Alpert Medical School of Brown University

Graduate School: University of Glasgow (MSc Global Mental Health)

Hobbies: Traveling, language learning, yoga, trying new food/going out to restaurants/eating in general

Professional interests: global mental health, psychosis, consult-liaison or forensic psychiatry

Favorite part of our residency:

I love how friendly and warm everyone in our department and across the wider health system has been. We see a very diverse patient population across a wide range of treatment settings, including unique aspects of our program such as the Center for the Intensive Treatment of Personality Disorders



Jessamine Fazli

Hometown: Brooklyn, NY

Undergrad: Barnard College

Medical School: SUNY Downstate Medical School

Hobbies: Exploring NYC, playing guitar, cooking, spending time with family, skateboarding from time to time

Professional interests: Addiction psychiatry, psychotherapy

Favorite part of our residency:

It's hard to choose my favorite part of residency, but right now I'd have to say it's the co-residents I get to work with. I'm so glad to be part of such an empathetic, down-to-earth, group of people.



Brian Kobayashi

Hometown: San Diego, California

Undergrad: University of California, Los Angeles

Medical school: University of California, Irvine School of Medicine

Hobbies: My golden retriever and my two cats, playing basketball, watching the NBA (Go Lakers!), Spikeball, Cooking, exploring the city and finding new bars and restaurants, playing videogames, traveling

Professional Interests: Becoming a psychiatrist

Favorite part of our residency:

I was on a call shift, and the attending stepped out for a brief moment just when an acute situation arose. I wasn't 100% sure how to handle the situation, and was not sure the attending would be back in time so I messaged our Residency Group Chat and within one minute at least 15 people responded to me with advice and encouragement, one of the chiefs called me on the phone and walked me through what to do, a resident in the area actually came up to the inpatient unit to check on the situation, and the attending called me as soon as he got back to the work room (and proceeded to apologize profusely for not being reachable).



Hannah Krystal

Hometown: Woodbridge, Connecticut

Undergrad: Yale University

Medical School: Icahn School of Medicine at Mount Sinai

Graduate School: Clarkson University, Master's in Bioethics specialty in Clinical Ethics

Hobbies: Plant mom, hiking, foodie - especially sweets

Professional Interests: Community psychoanalysis, public psychiatry, geriatrics + palliative care (not sure how those are going to fit in yet!!)

Favorite part of our residency:

My co-residents and everyone on 7G! They've made my first rotation so much fun, and I can't wait to get to know everyone better



Sabrina Lefcochilos-Fogelquist

Hometown: Dhahran, Kingdom of Saudi Arabia

Undergrad: Georgetown University

Medical School: Sidney Kimmel Medical College at Thomas Jefferson University

Hobbies: Dance, swimming, cooking, exploring new places, foreign film/tv programs.

Professional Interests: I am still exploring as I enjoy many parts of psychiatry - possibly child & adolescent psychiatry, cross-cultural psychiatry.



Jay Louik

Hometown: Pittsburgh, Pennsylvania

Medical School: Albert Einstein College of Medicine

Hobbies: Long walks with my dog Sunny, disco music, pour-over coffee, Bravo TV

Professional Interests: Child and Adolescent Psychiatry, Reproductive Psychiatry

Favorite part of our residency:

Incredible work/life balance! Genuinely kind attendings and staff.



Victor Mensah

Hometown: Accra, Ghana

Undergrad: Rutgers University, New Brunswick

Medical School: Robert Wood Johnson Medical School

Hobbies: Soccer, film making, plants and animals (has them... needs more)

Professional Interests: Child psych, Consult, psychotherapy

Favorite part of our residency:

My Mentorship group



Diane Rhee

Hometown : Rancho Palos Verdes, California

Undergrad / Medical School: University of California, Irvine

Hobbies: Being a pet mom to my golden retriever and 2 cats, cooking, trying new restaurants, watching bad tv on netflix, going to the park, going out on weekends

Professional Interests: Trauma, Women's Mental Health

Favorite part of our residency:

Diversity of patients, the supportive faculty,
amazing co-residents and the location!