

Psychiatric Residency at Mount Sinai Morningside/West



OUR RESIDENTS – PGY3



Caroline Bjorkman

Hometown: Goshen, NY
Undergrad: St. Thomas Aquinas College
Medical School: NYIT College of Osteopathic Medicine
Hobbies: Hot HIIT class, Running, Biking, Hiking, Hanging out with my puppy, Brunch
Professional Interests: Not sure yet.

Favorite part of our residency:

The opportunity to provide care and learn from a diverse patient population.



Jacob Feldman

Hometown: Agoura Hills, California
Undergrad: University of California, San Diego
Medical School: New York Medical College
Hobbies: Hiking and backpacking, trying out new recipes, any and all live music, travelling (sigh), and playing/watching basketball.
Professional Interests: Child and adolescent psychiatry, prodromal and first-break psychosis, SU disorders in teenagers and young adults.

Favorite part of our residency:

The diverse and challenging patient population and clinical environment. The residency leadership truly cares about our education and well-being, and is passionate about providing effective and thorough training.



Albert Fernandez

Hometown: San Juan, Puerto Rico

Undergrad: Princeton University

Medical School: Stony Brook School of Medicine

Hobbies: Long-distance running, dinner parties with friends, hot yoga, molecular gastronomy, international travel

Professional interests: Psychoanalysis, biological psychiatry, adolescent psychiatry

Favorite part of our residency:

My wonderful co-residents, our collegial community, living and working in the heart of Manhattan, affordable housing through our union, flexibility to pursue large range of professional interests, CITPD



Bakshander Kaur

Hometown: Fremont, California

Undergrad: California State University East Bay

Medical School: St. George's University School of Medicine

Hobbies: I have a special interest in interior designing. Love spending time with my family. I enjoy watching movies, driving and traveling.

Professional Interests: After completing residency, my plan is to practice in a rural area in California. I have special interest in serving underserved population.

Favorite part of our residency:

Tremendous amount of support from the program director, chief residents, co-residents and attending physicians.



Susan Kim

Hometown: Seattle, Washington

Undergrad: Wellesley College

Medical School: Boston University School of Medicine

Hobbies: Going to central park with my dog during off-leash hours, checking out new restaurants, watching Disney movies, yoga, hosting cheese tasting parties.

Professional interests: Child and adolescent psychiatry, neurobiology of trauma, academic psychiatry.

Favorite part of our residency:

Faculty members are accessible and love to teach, early exposure to outpatient psychiatry starting our second year, unique experience of working with patients with various personality disorders at the Center for Intensive Treatment of Personality Disorders (CITPD), opportunity to be part of the research track your third year, and amazing mentorship and fostering of academic interests from faculty.



Lydia Liu

Hometown: Great Neck, NY (Long Island)

Undergrad: New York University (Economics, Psychology)

Graduate School: New York University (Economics)

Medical School: Stony Brook University School of Medicine

Hobbies: Shoving desserts in my face, traveling, movies (psychological thrillers are my favorite).

Professional Interests: Working with young adults and the Asian American population.

Favorite part of our residency:

Figuring out what kind of psychiatrist I want to be, getting to know my amazing colleagues, and building a family.



Langston Sun

Hometown: Boston, MA

Undergrad: Cornell University

Medical School: NYU School of Medicine

Hobbies: I enjoy sports, reading, and biking around the city.

Professional Interests: I am interested in psychotherapy and innovative psychiatric research.

Favorite part of our residency:

Learning how to work with different types of patients, seeing them make progress, and having great colleagues.



Ekaterini Telonis

Hometown: Syracuse, NY

Undergrad: Johns Hopkins University

Graduate School: Kings College London

Medical School: St. George's University

Hobbies: Spending time with my husband and daughter, going to the beach, reading lots of books, hanging out with my two cats

Professional Interests: Reproductive psychiatry, addiction psychiatry

Favorite part of our residency:

Warm and easily accessible mentors and advisors, good exposure to addiction psychiatry, flexibility to explore personal interests within the field.



Satin Zarkar

Hometown: Andover, MA

Undergrad: University of California, Irvine

Medical School: Touro College of Osteopathic Medicine- Middletown

Hobbies: Running in Central Park, taking day trips to the beach, rooftop movie theaters, snowboarding in the winter and long-boarding in the summer, and travel (pre-COVID)

Professional Interests: Child and Adolescent Psychiatry, Addiction Psychiatry, Cognitive Behavioral Therapy

Favorite part of our residency:

Weekly supervision for therapy and medication management, the endless opportunities to be involved in research or other scholarly activities, the sense of community our residency values.