

Psychiatric Residency at Mount Sinai Morningside/West



OUR RESIDENTS – PGY4



Vivian Chan

Hometown: New York, NY

Undergrad: Pomona College

Medical School: NYIT College of Osteopathic Medicine

Hobbies: Playing collaborative board and video games, going on family friendly hikes, figure drawing and painting, feeding Churu treats to my cats, independent movies, exploring cross-disciplinary perspectives

Professional Interests: Psychodynamic psychotherapy, academic medicine, health policy. Additionally, my research project is focused on utilizing big data to determine associated factors to build a predictive model for early psychiatric readmission.

Favorite part of our residency:

Fair balance of psychopharmacological and psychotherapeutic training, strong clinical experience, warm and congenial PD, attendings, staff and fellow residents. Rotation highlights have been CITPD and ACT team, both of which have provided profound perspectives on what it means to meet patients where they are at.



Annie Chen

Hometown: Montville, NJ

Undergrad: UCLA

Graduate School: Teachers College, Columbia

Medical School: VCU/MCV (Virginia Commonwealth University/Medical College of Virginia)

Hobbies: Spending time with baby and doggies, traveling, snowboarding

Professional Interests: Adult outpatient

Favorite part of our residency:

Friendships!



Sabrina Ghim

Hometown: Honolulu, Hawaii

Undergrad/Med School: UCF BS/MD Combined Program

Hobbies: Science fiction novels and shows, amateur astronomy, swimming, concerts (pre-COVID), anything chemistry related, and CATS
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Professional Interests: General outpatient psychiatry, interventional psychiatry, keeping up with psychopharmacology research and discoveries

Favorite part of our residency:

Very supportive faculty and co-residents, diverse outpatient psychiatry exposure, ample elective time PGY4 year, awesome UWS location of hospitals



Olivia Gibson

Hometown: Yorktown, VA

Undergrad: University of Delaware

Medical School: Rutgers New Jersey Medical School

Hobbies: Working out, writing, listening to music, taking care of my fur babies

Professional Interests: Caring for the caregiver, therapy, inpatient psychiatry

Favorite part of our residency:

Being able to pursue a multitude of interests through electives, faculty involvement, and departmental support.



Kathleen Hua

Hometown: Orlando, FL

Undergrad: Emory University

Medical School: Philadelphia College of Osteopathic Medicine (Georgia campus)

Hobbies: Being a plant mommy, experimenting with fashion, re-living the 90s, making art/music, fostering homeless animals, and eating spicy vegetarian foods.

Professional Interests: Really listening and getting to know patients and their support system to formulate an individualized treatment plan geared toward safe and sustainable life-enhancing results

Favorite part of our residency:

Due to the prioritization given to resident learning and wellness, I've been able to feel well-supported throughout residency. The faculty are knowledgeable and accessible. The overall resident vibe is warm and collegial. Also, I feel so lucky that I have a PD who truly cares about my personal/professional growth. I am so satisfied with my training here that I decided to stay for another year as an addiction psychiatry fellow.



Jeletta Jose

Hometown: New City, New York

Undergrad: Drexel University

Medical School: St George's University School of Medicine

Hobbies: Cooking but more so eating

Favorite part of our residency:

The amazing co-residents and faculty mentors



Tomás Restrepo Palacio

Hometown: Medellin, Colombia

Undergrad / Medical School: Universidad CES

Hobbies: Spending time with my family and friends, eating ALL the ice cream, and discovering new bakeries and pastry shops around the city.

Professional Interests: Adverse childhood experiences, social determinants of health, community psychiatry, consultation liaison psychiatry (applying for CL fellowship this year!)

Favorite part of our residency:

Although my real family is in Colombia, our residency has provided me with an amazing new and exciting familia. I feel so supported by our group of awesome, fun, caring and compassionate residents and faculty.



Jihan Ryu

Hometown: Seoul, Korea

Undergrad: Dartmouth College

Medical School: Geisel School of Medicine at Dartmouth

Hobbies: Film, ceramics

Professional Interests: Computational Psychiatry, Neurobiology of Psychotherapy, Academic Psychiatry

Favorite part of our residency:

Residents from diverse backgrounds and interests, housing and education/health insurance benefits, patients who teach me something about life every day!



Seema Shukla

Hometown: Hometown: Gastonia, NC

Undergrad: UNC-Chapel Hill

Graduate School: New York University

Medical School: Touro College of Osteopathic Medicine - New York City

Hobbies: unofficial writing, playing with art supplies, improv

Professional Interests: Interpersonal psychodynamic therapy, trauma

Favorite part of our residency:

My co-residents, the program director,
most of my supervisors, location.



Rachel Sivek

Hometown: Palo Alto and Redwood City, CA

Undergrad: University of California Berkeley

Medical School: George Washington University School of Medicine and Health Sciences

Hobbies: Crafting (sewing, knitting, drawing), hanging out with my kids, taking dance classes, walking outside

Professional Interests: Reproductive psychiatry, trauma, therapy

Favorite part of our residency:

The residents and the teachers, the
collaborative nature of the program, the
committed faculty.



Ankur Upadhyay

Hometown: Chesapeake, VA
Undergrad: Old Dominion University
Graduate School: Howard University
Medical School: St. Georges University School of Medicine
Hobbies: Tennis, Cricket, Meditation, Vegetarian food
Professional Interests: Psychoanalysis, Neuropsychiatry, Mood Disorders

Favorite part of our residency:

You name your professional interest and
Dr. Rosenfield will find that for you!



Abdelbassat Zerguine

Hometown: Epping, New Hampshire
Undergrad: Worcester Polytechnic Institute
Medical School: Meharry Medical College
Hobbies: Soccer
Professional Interests: Interventional Psychiatry

Favorite part of our residency:

Residency colleagues and friends.