

Psychiatric Residency at Mount Sinai Morningside/West



OUR RESIDENTS – PGY4



Caroline Bjorkman

Hometown: Goshen, NY
Undergrad: St. Thomas Aquinas College
Medical School: NYIT College of Osteopathic Medicine
Hobbies: Hot HIIT class, Running, Biking, Hiking, Hanging out with my puppy, Brunch
Professional Interests: Not sure yet.

Favorite part of our residency:

The opportunity to provide care and learn from a diverse patient population.



Lawrence Chow

Hometown: Montgomery, New Jersey
Undergrad: Johns Hopkins University
Medical School: New York University School of Medicine
Hobbies: Reading, spending time with my family, cooking, trying new restaurants in the city
Professional Interests: Adult psychiatry, addiction psychiatry

Favorite part of our residency:

Super supportive friends and colleagues, exposure to a wide range of different patients and the ability to explore my interests in psychiatry



Albert Fernandez

Hometown: San Juan, Puerto Rico

Undergrad: Princeton University

Medical School: Stony Brook School of Medicine

Hobbies: Long-distance running, dinner parties with friends, hot yoga, molecular gastronomy, international travel

Professional interests: Psychoanalysis, biological psychiatry, adolescent psychiatry

Favorite part of our residency:

My wonderful co-residents, our collegial community, living and working in the heart of Manhattan, affordable housing through our union, flexibility to pursue large range of professional interests, CITPD



Bakshander Kaur

Hometown: Fremont, California

Undergrad: California State University East Bay

Medical School: St. George's University School of Medicine

Hobbies: I have a special interest in interior designing. Love spending time with my family. I enjoy watching movies, driving and traveling.

Professional Interests: After completing residency, my plan is to practice in a rural area in California. I have special interest in serving underserved population.

Favorite part of our residency:

Tremendous amount of support from the program director, chief residents, co-residents and attending physicians.



Lydia Liu

Hometown: Great Neck, NY (Long Island)

Undergrad: New York University (Economics, Psychology)

Graduate School: New York University (Economics)

Medical School: Stony Brook University School of Medicine

Hobbies: Shoving desserts in my face (see above), traveling, movies (psychological thrillers are my favorite).

Professional Interests: Working with young adults and the Asian American population.

Favorite part of our residency:

Figuring out what kind of psychiatrist I want to be, getting to know my amazing colleagues, and building a family.



Brittany Rush

Hometown: Oakland, California

Undergrad: New York University

Medical School: Stony Brook University School of Medicine

Hobbies: Spending time with friends, family, and my dog, trying to get other people to get dogs, reading, exploring new places on foot

Professional Interests: General adult psychiatry, medical ethics, serious mental illness, CBT for psychosis

Favorite part of our residency:

Training in the heart of New York City and treating a wide range of pathology.



Langston Sun

Hometown: Boston, MA

Undergrad: Cornell University

Medical School: NYU School of Medicine

Hobbies: I enjoy sports, reading, and biking around the city.

Professional Interests: I am interested in psychotherapy and innovative psychiatric research.

Favorite part of our residency:

Learning how to work with different types of patients, seeing them make progress, and having great colleagues.



Ekaterini Telonis

Hometown: Syracuse, NY

Undergrad: Johns Hopkins University

Graduate School: Kings College London

Medical School: St. George's University

Hobbies: Spending time with my husband and daughter, going to the beach, reading lots of books, hanging out with my two cats

Professional Interests: Reproductive psychiatry, addiction psychiatry

Favorite part of our residency:

Warm and easily accessible mentors and advisors, good exposure to addiction psychiatry, flexibility to explore personal interests within the field.