

CLINICAL PSYCHIATRY TRACK



Eva Chernoff, MD, MPH

MD & MPH: University of Pittsburgh School of Medicine BA: Pennsylvania State University

Raised in a multicultural family in inner city Pittsburgh, Eva graduated with honors from Penn State University with a B.S. in Psychology and Neuroscience. Throughout college and after graduation, she worked for an NIMH-funded study of children with ADHD. At Pitt, Eva fulfilled dual additional Areas of Concentration in both

Global Health and Underserved Populations, an exceedingly rare accomplishment requiring multiple clinical and scholarly efforts beyond the standard curriculum. A strong interest in public health led Eva to also obtain an MPH in Behavioral and Community Health while in medical school, completing in one year what is normally a two-year program. Her master's thesis examined structural bias against medical trainees who identify as nonconforming sexual or gender minorities. For 4 years, she served as PI for a project in the Philippines focusing on the capacities of health delivery systems to respond endemic soil-transmitted helminth infection in the aftermath of a natural disaster. In recognition of her tireless commitment to bettering the lives of others, Eva was inducted into the Gold Humanism Honor Society. Eva has been president of the medical student a cappella group PalPITTations and starred in the annual student satirical musical. In her spare time, she performs in the rock band, Herd Immunity.



Celia Foster, MD

MD: Emory University School of Medicine BA: Swarthmore College

Celia was born in New Zealand and raised in North Dakota. Graduating from Swarthmore with a degree in Sociology and Anthropology, she subsequently applied her studies to helping develop programs for disadvantaged populations, as she consulted for organizations in the nonprofit and philanthropic sectors, advising them on strategic planning, board development, and fundraising. For most of

medical school, she served on the Board and Executive Committee of the 501(c)(3) nonprofit, Health Students Taking Action Together, focused on improving the health of Georgians through service programs and through advocacy on Medicaid expansion. More recently, she co-founded a mental health clinic in Atlanta that predominantly serves refugee and immigrant populations, subsequently serving as a representative on Emory's Refugee Subcommittee. She worked throughout college at Swarthmore's List Art Gallery, organized and ran farmers markets in disadvantaged neighborhoods across Philadelphia, and conducted research at Swarthmore on environmental sustainability that was central to Swarthmore's decision to hire its first Sustainability Director. Her work in an immunology lab after college focusing on the role of the innate immune system in autoimmune diseases resulted in a paper in *Nature Immunology*. She will graduate medical school having been inducted into AOA.





William Garrett, MD, MPH

MD: SUNY Downstate Medical Center College of Medicine MPH: Johns Hopkins Bloomberg School of Public Health BS: Haverford College

While studying Biology and Neural and Behavioral Sciences at Haverford, William's initial microbiology work examined the expression patterns of genes during embryogenesis in a mosquito vector of malaria in sub-Saharan Africa; his findings were later presented at the Beating Malaria conference in London. Concurrently, he

cultivated an interest in understanding the health and service needs of the LGBT community in Philadelphia, and he conducted assessments of older adults within this population. Following graduation from college, William spent two years working at the New York State Department of Health AIDS Institute as Coordinator for the sexually transmitted infections and Hepatitis C subcommittees of the HIV Quality of Care Advisory Committee. Analyzing statewide clinical data, he presented findings at professional conferences and in peer-reviewed journals. He pursued a similar focus in medical school where he conducted HIV and HCV counseling and testing, ultimately serving as Director of Training in HIV and HCV epidemiology and disease backgrounds, testing protocols, and pre- and post-test counseling strategies. He researched and adapted HCV quality of care indicators and piloted select indicators among HCV/HIV co-infected patients to prompt improvements in Hepatitis B vaccination rates and screening for alcohol use. During his MPH, he designed a structured survey on attitudes toward HIV pre-exposure prophylaxis (PrEP) among adolescent and young adults in a primary care clinic. In addition, he worked with Baltimore community-based organizations to determine needs for strengthening mental health services. He was Captain of his high school ice hockey team and Captain of his college varsity tennis team.



Kellie Gergoudis, MD, MSCR

MD & MSCR: Icahn School of Medicine at Mount Sinai BA: Columbia University

An accomplished Soprano, Kellie was trained in classical, musical theatre, and folk styles in both English and Classical languages. She graduated from Columbia with a degree in Psychology and was admitted to Mount Sinai through the School of Medicine's Humanities and Medicine Program. She was subsequently awarded tuition funding for a Masters in Clinical Research through the Patient Oriented

Research Training & Leadership (PORTAL) program. She evaluated whether enrollment in a locally and nationally-funded Children's Integrated Pediatric Psychiatry clinic decreases patients' ER and hospital utilization; she presented her work at the annual AACAP meeting. She also conducted research at the Seaver Autism Center, one of 10 sites participating in the NIH funded (Developmental Synaptopathies Consortium) DSC, with the goal of characterizing the behavioral phenotype of monogenic causes of Autism Spectrum Disorder, such as Phelan McDermid Syndrome (PMS). She was first author on a project which leveraged DSC clinical data to create an adapted form of the Social Responsiveness Scale for use in PMS populations, and validation of the outcome measure developed in this project is now a major aim of the DSC going forward. (Before medical school and for almost a decade, Kellie spent every summer as a Teaching Assistant at the School for Language and Communication Development.) Earlier in medical school, she conducted research in ophthalmic plastic and reconstructive surgery on a 5-year prospective randomized control trial which has now been published in Acta Ophthalmologica. She has been the Co-Producer/Co-Director of the Vagina Monologues, the Young Physician Ambassador of the Hellenic Medical Society of New York, an Executive Board Member of the Mount Sinai Med-Start Enrichment Camp designed to inspire middle school students from East Harlem to pursue careers in science and medicine, and a Board Member and Editor of the Journal of Narrative Visions. She won the Picmonster Award for the most creative entry to the Picmonic medical picture mnemonic competition.





Robert Henseler, MD

MD: Rutgers New Jersey Medical School BA: New York University

Initially pursuing architecture in college, Robert quickly found his greater sense of purpose elsewhere, graduating from New York University with an honors degree in Political Science. He then spent several years as a consultant for companies engaged in heathcare culture shaping, executive search, and leadership consulting. Soon driven to make changes from the inside, he began medical school at Rutgers

in his home state of New Jersey. From early on he brought his leadership drive and enthusiasm for structural change to medical school. He was elected to be the student representative on medical school committees for both the Pre-Clinical Curriculum and the Clinical Clerkship Curriculum, charged with evaluating and advancing undergraduate medical education. He was also captain of the medical school hockey team (Medwings), where he oversaw raising \$70,000 for local charities. Prior to finding his passion in psychiatry, he was drawn to ophthalmology where he published on light-near dissociation and on idiopathic intracranial hypertension, as well as in the *Journal of Academic Ophthalmology*. Robert has worked throughout high school as a house painter, sales associate, restaurant server and manager, lifeguard, and medical assistant, and he taught grades 1-3 in Kenya. Robert has been nominated for AOA and has been inducted into the Gold Humanism Honor Society.



Ethan Hochheiser, MD

MD: Albert Einstein College of Medicine BA: Tufts University

Imagining a career in a field related to politics, Ethan studied International Relations at Tufts. He was an active co-leader of a campus organization that successfully supported a presidential candidate through campaigning and trips to battleground states, and he worked at an organization connecting underprivileged individuals with government benefits. After college and as he pursued an ongoing

drive to mitigate disparities in healthcare delivery and other services, he began employment as a healthcare analyst at Booz Allen Hamilton, where he established an integrated statistical database on antimicrobial resistance with the FDA and the CDC. He led a quality assurance team and worked to further advance the objectives for the "Leaders Engaged on Alzheimer's Disease" project. Desiring more ongoing involvement and personal contact with those afflicted, he worked as a medical scribe and then a physical therapy aide where he helped establish new satellite sites, before matriculating at Einstein. In medical school he has continued his community focus. In his position as an outreach officer on the board of the Einstein Community Health Outreach clinic, he was instrumental in securing an in-house "civil surgeon" designation for the clinic, facilitating the necessary steps that would allow green card holders to use these medical exams as approved aspects of the legal residency process. Ethan was also president of an organization that performed testing and promoted education on HIV, and he was selected by his classmates as a Peer Mentor. He has lived, studied, or worked in England, Costa Rica, Spain, Peru, and Chile.





Chelsea King, MD

MD: McGovern Medical School at the University of Texas Health Science Center at Houston

BS: University of Texas at San Antonio

The first in her family to graduate college, Chelsea studied Biology *cum laude* several years before beginning medical school at UT Houston, from where she will graduate having been inducted into both AOA and the Gold Humanism Honor Society in recognition of her top-of-the-class academic success and her excellence

in clinical care, leadership, compassion, and dedication to service. Prior to medical school, she worked as a scribe trainer in an emergency department overseeing trainees' 70-hour training periods. She was later employed as an eyebank technician at the Nevada Donor Network, where she completed corneal donation processing for one of the top donor networks in the nation. In the year just before medical school, she worked as an ophthalmic technician. During her second year of medical school, she was awarded a merit-based the Albert Schweitzer Fellowship, during which she completed a 200-hour community service project where she developed and implemented a curriculum at a low-income housing community. In the context of a community long struggling with issues of trust, addiction, and interpersonal conflict and with limited resources and funding to address needs beyond room and board, Chelsea successfully created and deployed a curriculum of 14 weekly seminars focused on teaching mental health improvement and coping strategies. She has been selected as a peer mentor who helps integrate junior students, and she has presented her work in Sri Lanka at the Traditional Medicine International Conference.



Mary Nwosuocha, MD

MD: Icahn School of Medicine at Mount Sinai BA: Northwestern University

A first-generation American and an accomplished clarinet player in her Texas high school band, Mary has been highly successful across multiple arenas. After studying Comparative Literature at Northwestern and worked in fashion before completing a post-bac at Columbia and entering medical school. Mary has been an avid powerlifter since before medical school and has won first place in her weight class

in each of four meets since the start of medical school. Her story of finding her place in powerlifting has been featured in Buzzfeed. She is also on the advisory board of the Women' Strength Coalition, a nonprofit organization that unites gyms that want to increase access to strength training for underserved communities. Mentored by Dennis Charney, Mary is also the co-president of Sinai Strong, where she teaches powerlifting and advises administrators on gym layout and equipment. During her scholarly year, she worked with the Admissions Department and the Center for Multicultural and Community Affairs on her project about how the social media behavior of accepted FlexMed students should or shouldn't impact Admission to Medical School and presented her work at an AAMC conference. Mary has been successfully advocated as Vice President of the Mount Sinai chapter of the SNMA and organizer of LGBTQ People in Medicine. She co-organized a Sexual Health Nexus course and is a teaching assistant in the medical school's largest and longest course, "Art and Science of Medicine." She is also a student representative on the Promotions Committee, reviewing cases of medical students not meeting standards of academic performance and/or professional behavior. During her work as a sales associate at Nordstrom, she achieved Top Tier status within the multimillion-dollar revenue division. Mary has been inducted into the Gold Humanism Honor Society.





Adrienne "Isobel" Rosenthal, MD, MBA

MD: Icahn School of Medicine at Mount Sinai MBA: Columbia University BA: Yale University

Isobel graduated Yale with a degree in History, and her honors thesis was awarded the best paper in American History. Long interested in working with communities, while in college she ran Yale Reach Out, an organization that every year sent 100+ undergraduate students abroad to work with local organizations/NGOs in

countries such as Rwanda, Jordan, and Kazakhstan. She has also interned at Doctors Without Borders. At Mount Sinai she secured funding to study the effectiveness of alcohol self-help groups in Saint Vincent and the Grenadines, leading a team on the ground and coordinating in-country approval for her work. She published two scholarly articles as first author, one of which resulted from this work in global mental health. She has led the Mount Sinai Students for Integrative Medicine and Medical Students for Choice, as well as working as a Teaching Senior in the American Psychiatric Association's Helping Hands Grant at Mount Sinai's East Harlem Health Outreach Project 's mental health clinic. In 2016 she was on the winning team of Icahn School of Medicine Shark Tank: Clinical Process Improvement Competition. Completing an MBA at Columbia Business School between her 3rd and 4th years of medical school, Isobel was selected for several healthcare-related leadership positions including Vice President of Entrepreneurship for the business school's Healthcare Industry Association, the business school's representative to and board member of the Health Tech Assembly at Columbia University, and the intern to the CEO of UCLA Hospital System. She was also selected as a Flare Capital Scholar to work among a group of leading industry professionals to research behavioral health technology trends and companies, resulting in two forthcoming publications.



Stephen Smilowitz, MD

MD: Case Western Reserve University School of Medicine BA: University of Pennsylvania

Inspired by his grandparents' fleeing Cuba for America, Stephen developed an early interest in sociology, others' lived experiences, and the intersection of health and societies. His senior undergraduate thesis leveraged GPS to develop maps exploring the importance of spatial relationships to questions related to health, nutrition, and safety in community members' perceptions of their built

environment and fear of crime. He was a Collegiate Leader in Environmental Health at the CDC as well as a house mentor to a group of special needs young adults at The College of New Jersey. Early in medical school, he was chosen to be a member of the CWRU Urban Health Pathway, and he founded the Urban Health Interest Group. With lifelong interests in geriatric medicine, he led the student geriatrics group, evaluated age-based differences in medication non-adherence among patients with bipolar disorder, and developed and expanded a longitudinal experiential curriculum, in which teams of students from medicine, nursing, and physician assistant programs visit older adults in their homes. As the President of the Artful Scholar, he was instrumental in bringing art in medical education as well as facilitating students' participating in Cleveland's Human Rights Campaign. Stephen also has further interests in addiction, consult liaison, intellectual disability, LGBT/HIV, and reproductive psychiatry. Stephen is a talented singer and is fluent in Spanish.





Bertrand Vulcain, MD

MD: Howard University College of Medicine BS: University of Miami

Born in Montreal, raised in Miami, and having worked in healthcare in Haiti, Nicaragua, and the Dominican Republic, Bert has managed to integrate a cosmopolitan mindset with a down-to-earth approach to service. Before he started medical school, he worked as a head counselor at a children's camp for 4 years, researched the role of NMDA antagonists in conditioned place preference in mice

focusing on acquisition, extinction, and reinstatement of cocaine-associated memory, and was employed as a patient financial services specialist for a community health program in South Florida. In medical school at Howard, Bert studied the effectiveness of suvorexant on insomnia and associated PTSD symptoms, while remaining actively involved in community activities for disadvantaged children. For all four years of medical school, Bert served on the Executive Board of his class, leveraging his videography and directorial skills to create "Behind the White Coat", a series of interviews of classmates detailing their lives outside of medical school and the struggles they encountered on their journeys to becoming physicians. His work has been shown to the student body, celebrating the graduating seniors as they match into residency. He is fluent in French and French Creole.



Anne Yeung, MD

MD: Georgetown University School of Medicine BA: Duke University

Raised in New York City, Anne graduated Duke with a degree in Public Policy and worked in Beijing examining morbidity, health-seeking behaviors, access to health care, and social determinants of health of rural-to-urban migrant children. Dedicated to serving the underserved, she partnered with Duke University, to create an executive fellowship position at the Community Empowerment Fund, where she

helped manage 200+ volunteers in the area of homeless services. While at Georgetown she continued her public health focus, as she was one of very few students selected for both the Healthcare Leadership Track and the Longitudinal Integrated Clerkship, allowing her to focus on healthcare innovation, quality improvement, patient safety, leadership development, and person-centered care. Anne has been a leader and innovator who generates positive change in her community, as evidenced by her founding two impactful programs: Hoya SIMS, which facilitates peer teaching of clinical skills, and Wellness Programs, which coordinates volunteer-driven arts and fitness programming for Georgetown's adult inpatient psychiatry unit. She also designed and facilitated education and community-building workshops on identity politics, gender, sexuality, disability, and allyship, and she was an advisor to the Senior Associate Dean for Diversity & Inclusion to integrate diversity/inclusion into the medical school curriculum. She has been inducted into the Gold Humanism Honor Society, and she was one of only six students nominated for the *Cura Personalis* Award for exemplifying "care of the whole person."





Margaret Zhang, MD

MD: Ohio State University College of Medicine BS: Yale University

At Yale, while studying and publishing on insulin signaling in the development of endometrial cancer and hyperplasia, Margaret worked as a College Coordinator at Yale's Office of Sustainability, designing waste management solutions and creating opportunities to compost. At the same time, she worked as an intern at Proctor and Gamble's Iams brand, assessing national Mad Cow Disease status and its impact on

the brand's ability to enter into international emerging markets and conducting landscape analyses on meat sourcing by competing dog food brands. Following graduation, she worked for the Gillette brand, creating razor claims by researching men's subjective relationships with razors, while helping develop a new business model to face emerging competitive online threats. Concurrently, she worked in a shelter clinic run by Boston Health Care for the Homeless. She matriculated at Ohio State, obtained a four-year Merit Scholarship, and was elected Vice President of her class throughout all four years of medical school. She has continued her work with underserved patient populations, including with chronically ill prisoners and individuals of diverse backgrounds, and worked as a community health educator and a health coach. She has researched the bioinformatics of breast cancer, investigated the ability of trained neurotologists to correctly diagnose ear pathology on 2D imaging via telemedicine, and most recently investigated the effect of earplug use on rates of ICU delirium. She has performed as an ear acupuncturist throughout her time in medical school. Margaret has been inducted into the Gold Humanism Honor Society.



Timothy Becker, MD (PGY-2)

MD: Perelman School of Medicine at the University of Pennsylvania BS: Cornell University

Internship in Psychiatry: Beth Israel Deaconess Medical Center, Harvard Medical School

Graduating from Cornell with a degree in Urban & Regional Studies, Tim received the department's Academic Achievement Award. Following graduation, he worked as a premedical biology and chemistry teaching assistant at Weill Cornell

Medicine—Qatar and was awarded the Excellence in Teaching Award. The following year, he returned to Philadelphia and worked full-time as a Youth Advisor/Case Manager at Covenant House Pennsylvania, an emergency shelter that serves 18-22 year-old homeless and marginalized youth, including former foster youth, LGBT+ youth, immigrants, trafficked youth, and youth with mental illness and disabilities. While there, he designed an electronic system to manage client data and daily reports that was implemented throughout the shelter. In medical school at UPenn, Tim continued as a class coordinator for student involvement at Covenant House. After his first year, he helped design and implement a head trauma database in Botswana in efforts to better understand the country's developing emergency medicine system, and during his senior year traveled to Botswana to investigate culture-specific aspects of stigma related to HIV and mental illness. He has helped study a resident clinic intervention using community health workers to enhance education in social determinants of health. He also analyzed an observational study of parent, child, and physician interpersonal dynamics, to understand how communication behaviors, including parent and physician interference, social-emotional statements, and partnership building statements, are associated with child participation, understanding, and satisfaction. During his second year of medical school, he ran the Philadelphia Marathon.



PHYSICIAN-SCIENTIST RESEARCH TRACK



Andrew Mckenzie, MD, PhD

MD/PhD: Icahn School of Medicine at Mount Sinai BA: Vassar College

Andrew was raised in Marin County, CA and attended San Francisco University High School, where he was co-captain of the basketball team. He subsequently attended Vassar College, where he majored in Neuroscience & Behavior, minored in Mathematics, and performed research on choice behavior in pigeons under variable reinforcement schedules. After his undergraduate work, he was awarded a position

as a post-baccalaureate intramural research trainee at the NIH, where he studied gene expression in bacteria. In the Medical Scientist Training Program at the Icahn School of Medicine at Mount Sinai, he extended his work on gene expression to the study of oligodendrocytes and myelination in Alzheimer disease. Comentored by Drs. Patrizia Cassacia and Bin Zhang, he was supported in his PhD studies by an NRSA predoctoral fellowship from the National Institute of Aging. Andrew's PhD work uncovered dysregulation in a network of genes associated with oligodendrocytes in Alzheimer disease, several of which are genetic risk factors for the disease. A true innovator Andrew created open-source software packages to analyze gene expression data in a novel way, which have been downloaded thousands of times. Andrew is incredibly productive and has published 13 publications, including five first-author publications in prestigious journals such as *Molecular Neurodegeneration* and *Scientific Reports*, as well as co-authored publications in *Nature Neuroscience*, *Human Molecular Genetics*, and *Genome Medicine*. Andrew's goal going forward at Mount Sinai is to leverage his background in genetics and gene expression to study the pathophysiology of mental illness. In addition to pursuing his passion for patient care, he is interested in performing translational research to pave the way for new therapies that will improve the lives of people suffering from mental illness.



Simone Tomasi, MD, PhD

MD/PHD: Universita degli Studi di Torino Postdoctoral Fellowship: Yale University School of Medicine

Simone was born and raised in Torino, Italy and was the first in his family to go to college where he earned a degree in Medicine *summa cum laude*. His work focused on the study of cellular responses evoked in the brain by distinct noxious stimuli was awarded "Best Medical Thesis in Neuroscience" by his university. During his PhD training, Simone worked in collaboration with several research groups from

both Europe and the US studying the mechanisms of neuronal death and possible strategies to achieve neuroprotection. To gain expertise in cutting-edge techniques used in studying the molecular basis of psychiatric disorders, such as the generation of human induced pluripotent stem cells (hiPSC), he joined Yale as a postdoctoral fellow. As the recipient of a prestigious NARSAD/Brain and Behavior research Foundation Young Investigator Award, he investigated the genetic and epigenetic underpinnings of brain development, with a particular focus on the regulation of surface area, gyrification and the role of fibroblast growth factor 2. As a member of the Brain Somatic Mosaicism Network, he explored the role of single nucleotide variants (SNVs) in the onset of Tourette's syndrome. Simone is a highly productive researcher, having already authored 16 publications, 5 of them as first author including in *Cerebral Cortex* and the *Journal of Neuroscience*. Simone's ultimate translational research goal is to personalize medical treatments based on the genetic background of an individual.



Residency + PhD Research Track



Hillary Duenas, MD/MPH

MD & MPH: University of Alabama School of Medicine BA: Columbia University

Named after Sir Edmond Hillary, Hillary has a passion for exploration. Beginning college at Yale through the Yale-New Haven Partnership Scholarship and the Promesa Youth Scholarship awarded to an outstanding member of the Latino community in Connecticut, Hillary later studied mathematics at Columbia, played a

key role in fundraising and development for a successful online healthcare startup, priced exotic options in trading at JP Morgan Chase Investment Bank, and had a career as a technology consultant at Accenture, before matriculating at the MD/MPH program at University of Alabama Birmingham, earning a Dean's Medical Student Scholarship. In her MPH training, she conducted field work in Cameroon to help implement electronic health systems in remote regional hospitals. Additionally, through a partnership with the Cameroon Baptist Commission Women's Health Program and the Oracle Corporation, she helped to develop a novel diagnostic technology to diagnose cervical cancer in resource-limited settings through the application of Artificial Intelligence and Convolutional Neural Networks. In residency and in her PhD training, Hillary plans on pairing technology in computational phenotyping with theoretical models of human behavior and perception, with a goal to integrate these tools with genetics and deep brain stimulation to generate data-driven novel models and treatments for psychiatric disorders. Additionally, with her background in high-level consulting, mathematics, financial project management, and software implementation across diverse environments from New York City to Cameroon, Hillary's hopes to impact and improve care at the health system level and influence global health interventions.