

The Donald and Vera Blinken FlexMed Program

At the Icahn School of Medicine at Mount Sinai (ISMMS), our educational foundation is based on a set of values that provides our students with the knowledge, attitude, and support they need to become the next generation of change agents in medicine and biomedical science. For half a century, our forward-thinking educational philosophy has proven successful—Icahn School of Medicine graduates are known for integrity, discovery, altruism, clinical excellence, and a commitment to community service.

Building on our tradition of innovative education, and in response to major societal changes in the priorities of biomedical science and health care, the Icahn School of Medicine was the first medical school in the United States to drive a fundamental shift in pre-medical education by offering early assurance of acceptance to college sophomores from any major—with no MCAT requirement.

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The early assurance program, FlexMed, allows college sophomores to be accepted early to an outstanding medical school, enhancing their academic journey and giving them flexibility to pursue more impactful and innovative activities as an undergraduate student.

— David C. Thomas, MD, MHPE

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Icahn School
of Medicine at
Mount
Sinai

■ ABOUT FLEXMED

The FlexMed Program is an early assurance program that offers college sophomores from any major—early acceptance to medical school, exempting them from taking the MCAT. We are interested in students from all areas of study who are passionate about a future career in medicine and are poised to be future leaders in medicine, healthcare delivery and biomedical science. The Donald and Vera Blinken FlexMed Program is open to all undergraduate sophomores in good academic standing from any major. The program draws students who concentrate in biomedical sciences, the humanities and social sciences, and computational sciences and engineering. You must be entering your second year of college as a full-time student, working towards your first bachelor's degree at an accredited college or university in the US.

The world of biomedical science and health care delivery is changing. Our Donald and Vera Blinken FlexMed Program allows students to join our tradition of cultivating future physicians who are self-directed learners, thrive on academic rigor and mentorship, and have a strong commitment to serving their community. FlexMed is revolutionizing medical education by developing physicians who integrate cutting-edge science with a deep understanding of the social forces shaping health care.

From day one, students learn in a variety of ways—from lectures and labs to small groups and research presentations.



■ HOW TO APPLY TO FLEXMED

Students who are interested in FlexMed must apply during their sophomore year of college. FlexMed applications are not submitted through AMCAS and can be accessed directly from our website. Applicants must have completed either one year of Biology or Chemistry and the SAT/ACT in order to apply.

For more information, visit:

icahn.mssm.edu/FlexMedAdmissions.

The Icahn School of Medicine is a highly selective institution with the goal of preparing physicians and scientists to enter the medical field as informed advocates and change-makers ready to advance research and clinical care. We expect our applicants to have a strong educational background, outstanding values and personal attributes, and the ability to articulate their passion and commitment to a career using science in the service of society. Letters of acceptance are sent out by the summer of applicants' sophomore year.



IMPORTANT DATES

- ☐ **Application Opens:** October 1
- ☐ **Application Submissions Deadline:** Mid-January
- ☐ **Acceptances Sent:** July

MATRICULATION REQUIREMENTS

Students who are accepted to FlexMed must adhere to the requirements below before matriculation.

- ☐ **Complete their Bachelor's Degree from their current college/university**
- ☐ **Minimum of**
 - One year of biology
 - One year of general chemistry
 - One year of english
 - One semester of physics (or AP physics with a score of 5 or higher)
 - One year of lab in biology and/or chemistry
 - One semester of statistics
 - One semester of biochemistry
 - One semester of organic chemistry
- ☐ **Academics**
 - Achieve at least a "B" in all required courses
 - Maintain an annual cumulative GPA of 3.5 (or equivalent) or higher for each year in the program
 - Maintain a cumulative Science (biology, chemistry, physics, and mathematics) GPA of 3.6 (or equivalent) or higher
- ☐ **Experiences**
 - Students are encouraged to complete a senior thesis or equivalent in an area of academic concentration.
 - 100 hours of clinical experience providing exposure to human illness and health care delivery occurring after acceptance to the program.

APPLICATION CHECKLIST

The following must be submitted:

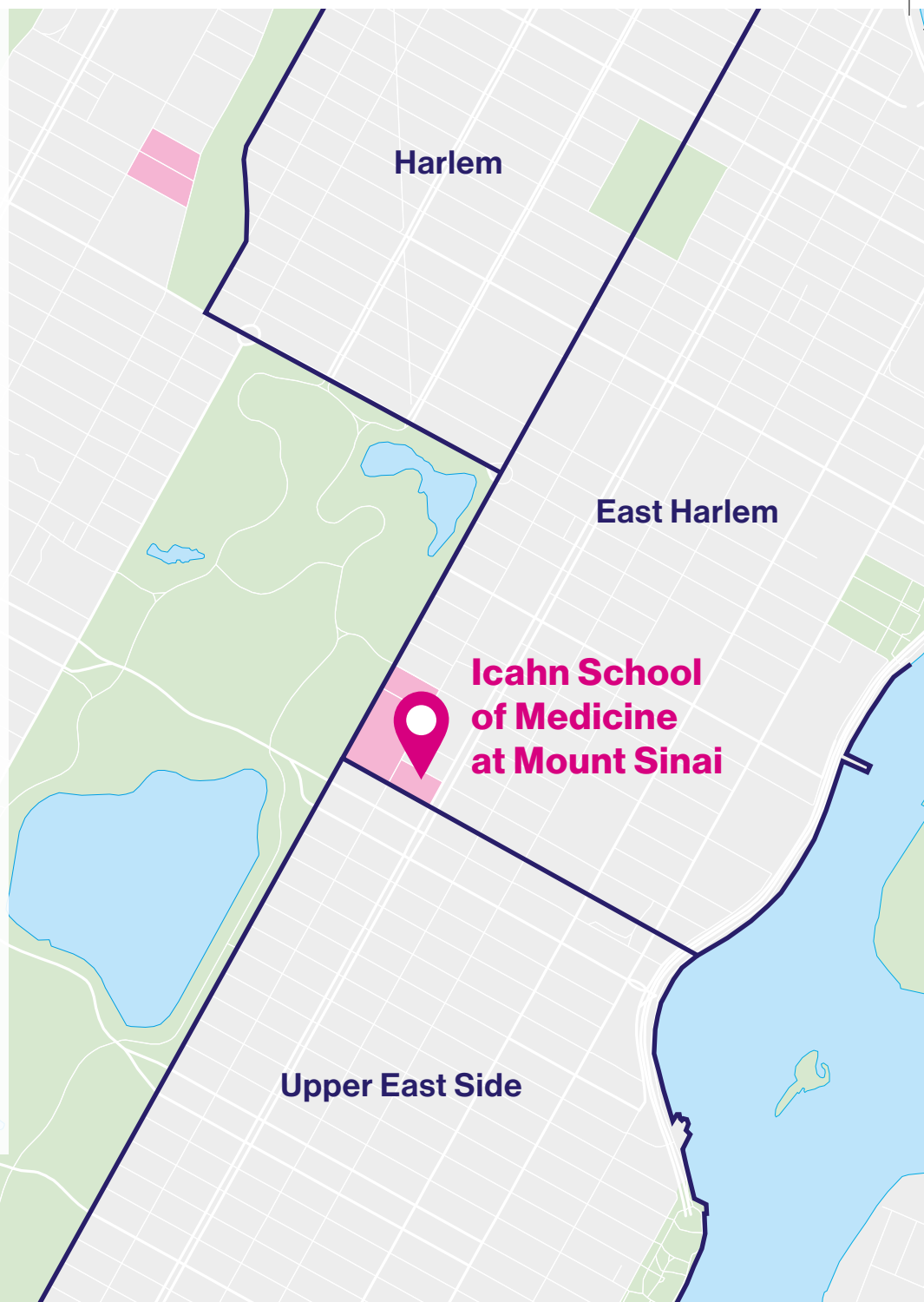
- ☐ Completed FlexMed Application
- ☐ Completion of one year or equivalent of Biology or Chemistry
- ☐ Cumulative GPA of 3.5 (or equivalent) or higher
- ☐ High School Transcripts
- ☐ College Transcripts
- ☐ SAT and/or ACT scores
- ☐ Letters of Recommendation
- ☐ \$110.00 Application Fee

■ LOCATION, LOCATION, LOCATION

The Icahn School of Medicine at Mount Sinai is located in New York City, one of the most dynamic and exciting cities in the world.

Our school borders the Upper East Side, which is among the most affluent neighborhoods in the country, and East Harlem, which is one of the most medically underserved. Beginning the very first day of medical school, our students work side by side with our doctors to serve the most diverse patient population in the country.

The MD Program combines the most forward thinking, technologically advanced, scientifically-based education with the goal of meeting societal health care needs locally and globally.



To learn more about the
Donald and Vera Blinken
FlexMed Program
and to apply, please visit
icahn.mssm.edu/flexmed



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