The Program in Global Mental Health Program at the Icahn School of Medicine at Mount Sinai enhances access to mental health care for people in East Harlem and around the world. Our program develops, trains, and educates ISMMS students, residents, and faculty to provide mental health services to those who need them most.

**Resilience in the Wake of the 3/11 Triple Disaster in Fukushima**

*Halley Kaye-Kauderer, ISMMS Class of 2020*

*Jake Levine, ISMMS Class of 2020*

We traveled to Fukushima for two months after completing our first year of medical school in order to conduct research on resilience in the wake of the 3/11 triple disaster. Our summer included a research project, 9/11 cross-cultural exchange trip, and a class in disaster medicine. While it was only a couple of months, we both never felt more welcomed in a place. There is a shared sense of pride in the city and the strength of its people is palpable. A camaraderie is present inside every small restaurant, among police officers, business people, artists and professors – people who have come to know each other over time. Everyone wished to know why a pair of young Americans came to their home. They were exhilarated to learn of our work on resilience, turning collective tragedy into growth and strength. Each person we met shared a bit of their story, excited to humbly explain what Fukushima really is like. “Tell the world that it is safe here. That we are happy, that there’s nothing to be afraid of anymore. Teach people that there is more to us than disaster.”

Our time in Fukushima taught us a lot, and this knowledge went far beyond the surveys we collected and the interviews we conducted. From spending an entire week with 9/11 docents, we learned the power of words and the strength of human connection. From living in a place with recent tragedy and disaster, we learned the difficult yet crucial balance between remembering and forgetting. From the people that we met in Fukushima, we were reminded once again that people will always shape us, and in doing so, bring boundless joy to our lives.
2017–2018 Academic Year Program

Faculty
- Cindy Aaronson, PhD
- Amy Aloysi, MD, MPH
- Ben Angarita, MD
- Amy Cushing-Savvi, LCSW
- Lanre Dokun, MD
- Steve Fayer, MD
- Rachel Fischer, MD
- Ludwig Florez-Salamanca, MD
- Vicki Gluhoski, PhD
- Gary Katzman, MD
- Jeffrey Kleinberg, PhD, MPH
- Daniella Loh, MD
- Glenn Martin, MD
- Milana Mor, MD
- Andrew Pearson, MD
- Anna Rosen, MD
- Diana Samuel, MD
- Joshua Stein, MD
- James Squires, MD
- Hiwot Woldu, MD
- Robert Yanagisawa, MD

PGY-3
- Zebib Abraham, MD
- Joy Choi, MD
- Daniel DeFrancisco, MD
- Michael MacIntyre, MD
- Rachel Wiedermann, MD

PGY-4
- Issa Bagayogo, MD, PhD
- Gabriella Goodfriend, MD
- Jesse Hanna, MD
- Yasin Ibrahim, MD
- Nigel Kennedy, MD
- Brenda Ratemo, MD
- Casey Smith, MD
- Samantha Swetter, MD

My experience and training in global mental health positively impacted my life and has shaped my career and made me better equipped to address cultural issues in psychiatry and daily clinical encounters with patients. My interest in global mental health and research began during my graduate training at Mount Sinai School of Medicine, New York, where I completed training at the Arnhold Institute, Global Health track and earned degrees in psychiatry. Following a one-year training in psychoanalytic psychotherapy at the Psychoanalytic Institute, New York University, I relocated to Missouri in 2013 to begin a one-year fellowship training in forensic psychiatry at the University of Missouri School of Medicine. Shortly after completing my training, I relocated to western Pennsylvania.

As one of the few attending psychiatrists in a small, predominantly white town, I enjoy some of the benefits of living in a rural area and at the same time I get to treat many patients who present with symptoms of acute depression or acute stress disorder, often following the traumatic loss of a close friend or relative due to opioid overdose.

Inspired by the shortage of mental health services, as well as concerns about the proliferation of untreated mental health conditions, the epidemic of opioid addiction and overdose, and increasing suicide rates in our communities, I founded Compassion Mental Health Services of Pennsylvania in June 2017.

Compassion Mental Health Services is a comprehensive, patient-centered practice that provides a full range of behavioral health services for children, adolescents, adults and families. Our mission at Compassion Mental Health is to strengthen behavioral health services by providing accessible, high-quality care to a wide range of clients, cutting across steep divides.

Following my Global Health training experience, I have been inspired to write and publish several papers about major global health issues as well as to developing programs to help my community and those with limited access to health care. Get Inspired, Get Involved!