How to Apply

This fellowship is a year-long program. Fellows must have a New York Medical License and be board certified or board eligible in Physical Medicine and Rehabilitation or Emergency Medicine before beginning the fellowship. All fellows receive a stipend for the duration of the program. There are 3 Physiatry and 1 Emergency Medicine Sports Medicine Fellow positions available per year.

All applications should be submitted through the Electronic Residency Application Service (ERAS). Foreign medical graduates should include a copy of the Educational Commission for Foreign Medical Graduates (ECFMG) certificate and evidence of visa status with their applications. Potential applicants are not required to take an elective in the Department. We have committed all of our fellowship positions to the National Residency Matching Program (NRMP).
**Our Mission**

Our goal is to train broadly competent, sports medicine specialists who can evaluate and manage a full spectrum of sports-related disorders. Our program integrates training alongside non-operative and surgical specialists, providing fellows the opportunity to develop outstanding clinical skills in an evidence-based framework. Scholarly activity is encouraged and expected. This fellowship is affiliated with the Department’s residency training program. This offers fellows the opportunity to attend the program’s didactic lecture series and grand rounds, as well as other specialty grand rounds. Fellows have an integral role in education through interactions with residents and medical students. As a fellow, you will contribute to and help organize our regular didactic program, sports medicine conferences, and cadaver lab sessions.

**Training Program**

We offer fellows comprehensive training including sports injury evaluation and management, concussion evaluation and management, sports ultrasound for diagnosis and guided procedures, interventional pain management procedures of the spine and limbs, electromyography (EMG), general musculoskeletal care, nutrition, sports psychology, and exercise physiology. Procedure training include joint injections, bursal injections, trigger point injections, platelet-rich plasma (PRP) and cellular mesenchymal stem cell injections, prolotherapy, and viscosupplementation. Spinal interventions include cervical, thoracic, and lumbosacral procedures, including transforaminal and interlaminar epidural steroid injections, medial branch blocks, radiofrequency ablation, discograms, sacroiliac joint injections, and spinal cord stimulators.

Fellows offer training opportunities covering high school football, collegiate athletics, professional and amateur sporting events such as USA Boxing, USA Fencing, Australian Football League, NYJTL Tennis Open, the NYC Marathon, and other Road Runner events. They will serve as team physicians to a Division III college and the official Red Bull North America Medical Team Member, and Performance P360 Provider.

**Meet the Team**

- **Joseph E. Herrera, DO**
  Program Director
  Chairman and Lucy G Moses Professor
  Department of Rehabilitation Medicine

- **Richard G. Chang, MD, MPH**
  Associate Program Director
  PM&R/Sports Medicine

- **Amie M. Kim, MD**
  Assistant Program Director
  EM/Sports Medicine

- **Gerardo Miranda-Comas, MD, RMSK**
  PM&R/Sports Medicine

- **Melissa Leber, MD**
  EM/Sports Medicine

- **Eliana Cardozo, DO**
  PM&R/Sports Medicine

- **Dayna McCarthy, DO**
  PM&R/Sports Medicine

- **Mariam Zakhary, DO**
  PM&R/Sports Medicine

- **David Spinner, DO, RMSK**
  PM&R/Pain Management

- **Parag Sheth, MD**
  PM&R/Interventional Spine

- **James Gladstone, MD**
  Orthopedic Surgery/Sports Medicine

- **Alexis Colvin, MD**
  Orthopedic Surgery/Sports Medicine

- **Sheena Ranade, MD**
  Orthopedic Surgery/Pediatric Ortho

- **Stuart Kahn, MD**
  PM&R/Interventional Spine

- **Alexander Lee, MD**
  PM&R/Interventional Spine

- **Robert Irish, MD**
  Musculoskeletal Radiology

- **Wayne Gordon, PhD**
  Neuropsychology

- **David Putrino, DPT**
  Director of Abilities Research Center