

INTERN DIDACTICS 2020-2021 Topic

BLOCK 1

How to Intern

7/1/2020 Wednesday	Vora Introduction / Introductions / Q&A
7/2/2020 Thursday	How to Take Call: Decision Making, Agitation PRN's and More Documentatic
7/6/2020 Monday	Inpatient Pharm Review: Antipsychotics and PRN's
7/8/2020 Wednesday	PROCESS GROUP: Debrief on Week One
7/9/2020 Thursday	The Psychiatric Interview
7/13/2020 Monday	Epic Tips / Documentation / Work Flow on the Unit
7/15/2020 Wednesday	Psychiatric Review of Symptoms
7/16/2020 Thursday	Being an Educator: Working with Medical Students
7/20/2020 Monday	Neuro Overview: Demyelinating Disorders
7/22/2020 Wednesday	PROCESS GROUP
7/23/2020 Thursday	Neuro Overview: Epilepsy and PNES and Encephalitis

BLOCK 2

7/27/2020 Monday	NOTE WRITING 101: H&P
7/29/2020 Wednesday	Neuro Overview: Reviewing Neuroanatomy and the Neuro Exam
7/30/2020 Thursday	PRN's & Managing Agitation and Anxiety on the Inpatient Unit

Bipolar Disorder

8/3/2020 Monday	Intro to Bipolar Disorder: History, Epidemiology, Definitions
8/5/2020 Wednesday	High Risk Case Conference
8/6/2020 Thursday	Bipolar Disorder: Acute Mania
8/10/2020 Monday	Bipolar Disorder: Bipolar Depression
8/12/2020 Wednesday	Emergency Medicine: How to be a good off-service rotator
8/13/2020 Thursday	PSYCHOPHARM: Mood stabilizers
8/17/2020 Monday	Acute Mania on the inpatient unit
8/19/2020 Wednesday	High Risk Case Conference
8/20/2020 Thursday	PROCESS GROUP

BLOCK 3

8/24/2020 Monday	NOTE WRITING 101: HPI
8/26/2020 Wednesday	THERAPY 101: How to Be Supportive with Patients Part 1
8/27/2020 Thursday	THERAPY 101: How to Be Supportive with Patients Part 2

Schizophrenia and Psychosis

8/31/2020 Monday	Schizophrenia: History, Course of the illness
9/2/2020 Wednesday	High Risk Case Conference
9/3/2020 Thursday	Schizophrenia: Diagnosis and Treatment
9/7/2020 Monday	LABOR DAY / SINAI HOLIDAY - NO CLASS
9/9/2020 Wednesday	NOTE WRITING 101: Mental Status Exam
9/10/2020 Thursday	Schizophrenia: Pathophysiology and the Biological Background
9/14/2020 Monday	PSYCHOPHARM: Antipsychotics
9/16/2020 Wednesday	High Risk Case Conference
9/17/2020 Thursday	PRITE

BLOCK 4

9/21/2020 Monday PSYCHOPHARM: Titrating Antipsychotics on the Inpatient Unit
 9/23/2020 Wednesday PROCESS GROUP
 9/24/2020 Thursday Schizophrenia: Goals of Treatment on the Inpatient Unit (AOT and communit

Depression

9/28/2020 Monday Intro to Depression: History, Epidemiology and Definitions
 9/30/2020 Wednesday High Risk Case Conference
 10/1/2020 Thursday Depression: Diagnosis and Differential

10/5/2020 Monday Depression: Pathophysiology
 10/7/2020 Wednesday NOTE WRITING 101: Progress Notes
 10/8/2020 Thursday Genetics

10/12/2020 Monday PSYCHOPHARM: Antidepressants
 10/14/2020 Wednesday High Risk Case Conference
 10/15/2020 Thursday Neuromodulation: ECT, DBS and TMS

BLOCK 5

Personality Disorders

10/19/2020 Monday Borderline Personality Disorder
 10/21/2020 Wednesday THERAPY 101: Intro to CBT
 10/22/2020 Thursday PROCESS GROUP

10/26/2020 Monday M&M Debrief
 10/28/2020 Wednesday Applicant Interviewing Season (No Class)
 10/29/2020 Thursday Applicant Interviewing Season (No Class)

11/2/2020 Monday Cluster C: Avoidant, Dependent, Obsessive-Compulsive
 11/4/2020 Wednesday Applicant Interviewing Season (No Class)
 11/5/2020 Thursday Applicant Interviewing Season (No Class)

11/9/2020 Monday Cluster A: Paranoid, Schizoid and Schizotypal, part I
 11/11/2020 Wednesday Applicant Interviewing Season (No Class)
 11/12/2020 Thursday Applicant Interviewing Season (No Class)

BLOCK 6

11/16/2020 Monday Cluster A: Paranoid, Schizoid and Schizotypal, part II
 11/18/2020 Wednesday Applicant Interviewing Season (No Class)
 11/19/2020 Thursday THERAPY 101: Intro to DBT

11/23/2020 Monday Borderline Personality Disorder on the Inpatient Unit
 11/25/2020 Wednesday Applicant Interviewing Season (No Class)
 11/26/2020 Thursday THANKSGIVING / SINAI HOLIDAY - NO CLASS

11/30/2020 Monday PEERS for MS1's
 12/2/2020 Wednesday Applicant Interviewing Season (No Class)
 12/3/2020 Thursday Applicant Interviewing Season (No Class)

Child and Adolescent Psychiatry

12/7/2020 Monday Overview of Child Development
 12/9/2020 Wednesday OCD and Tic Disorders
 12/10/2020 Thursday NOTE WRITING 101: Assessments

BLOCK 7

12/14/2020 Monday	Intellectual Developmental Disorders
12/16/2020 Wednesday	Applicant Interviewing Season (No Class)
12/17/2020 Thursday	Applicant Interviewing Season (No Class)
12/21/2020 Monday	OPEN
12/23/2020 Wednesday	Applicant Interviewing Season (No Class)
12/24/2020 Thursday	CHRISTMAS EVE - NO CLASS
12/28/2020 Monday	Externalizing Disorders and Psychopharmacology: ADHD and Impulse Con
12/30/2020 Wednesday	Applicant Interviewing Season (No Class)
12/31/2020 Thursday	NEW YEARS EVE - NO CLASS

Geriatric Psychiatry

1/4/2021 Monday	Dementia
1/6/2021 Wednesday	Applicant Interviewing Season (No Class)
1/7/2021 Thursday	Applicant Interviewing Season (No Class)

BLOCK 8

1/11/2021 Monday	NOTE WRITING 101: Discharge Summaries
1/13/2021 Wednesday	Applicant Interviewing Season (No Class)
1/14/2021 Thursday	Applicant Interviewing Season (No Class)
1/18/2021 Monday	MLK DAY / SINAI HOLIDAY - NO CLASS
1/20/2021 Wednesday	Applicant Interviewing Season (No Class)
1/21/2021 Thursday	Applicant Interviewing Season (No Class)
1/25/2021 Monday	PROCESS GROUP
1/27/2021 Wednesday	Applicant Interviewing Season (No Class)
1/28/2021 Thursday	Applicant Interviewing Season (No Class)
2/1/2021 Monday	Managing Borderline Patients on the Inpatient Unit
2/3/2021 Wednesday	Behavioral Disturbances in the Geriatric Population
2/4/2021 Thursday	Research: Introduction

BLOCK 9

Substance Use Disorders

2/8/2021 Monday	Psychopharmacology: Managing Withdrawal
2/10/2021 Wednesday	Alcohol Use Disorder and Medical Consequences
2/11/2021 Thursday	Clinical Trials: Fluoxetine in Anorexia Nervosa
2/15/2021 Monday	PRESIDENTS DAY / SINAI HOLIDAY - NO CLASS
2/17/2021 Wednesday	High Risk Case Conference
2/18/2021 Thursday	Clinical Trials: Brexanolone in Post-Partum Depression
2/22/2021 Monday	Opioid Use Disorder and the Opioid Epidemic
2/24/2021 Wednesday	PSYCHOPHARM: Opioids and Treatment of Pain
2/25/2021 Thursday	Clinical Trials: STAR-D
3/1/2021 Monday	PROCESS GROUP
3/3/2021 Wednesday	PSYCHOPHARM: Anxiolytics
3/4/2021 Thursday	Clinical Trials: CATIE-EUFEST-OPTIMISE

BLOCK 10

3/8/2021 Monday	Sleep Disorders
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3/10/2021 Wednesday	PSYCHOPHARM: Treating Insomnia
3/11/2021 Thursday	Clinical Trials: Esketamine
3/15/2021 Monday	THERAPY 101: Attachment Theory
3/17/2021 Wednesday	COVID-19 Session
3/18/2021 Thursday	STEP-BD
3/22/2021 Monday	PSYCHOPHARM: Treating Insomnia
3/24/2021 Wednesday	Managing Mood Disorders during Pregnancy
3/25/2021 Thursday	Meta-Analysis in Psychopharmacology: OCD and High Dose SSRI's
3/29/2021 Monday	Managing Psychosis during Pregnancy
3/31/2021 Wednesday	PROCESS GROUP // HRCC
4/1/2021 Thursday	Meta-Analysis in Psychopharmacology: Combination vs. Monotherapy in Sch

BLOCK 11

Structural Competency

4/5/2021 Monday	Structural Competency and Unconscious Bias
4/7/2021 Wednesday	Providing Gender-Affirming Care: Comprehensive Mental Health Care of Tra
4/8/2021 Thursday	Network Meta-Analysis: Schizophrenia
4/12/2021 Monday	Structural Competency: On the intersection of race and mental health
4/14/2021 Wednesday	PROCESS GROUP
4/15/2021 Thursday	Network Meta-Analysis: Bipolar Disorder
4/19/2021 Monday	Within-Subject Observational Study: Schizophrenia/Bipolar Disorder
4/21/2021 Wednesday	PROCESS GROUP
4/22/2021 Thursday	Ethics
4/26/2021 Monday	THERAPY 101: Psychodynamic Psychotherapy
4/28/2021 Wednesday	PROCESS GROUP
4/29/2021 Thursday	Genetics and Precision: Schizophrenia GWAS and high-risk for Schizophren

BLOCK 12

Consult Liaison

5/3/2021 Monday	Depression in the Medically Ill
5/5/2021 Wednesday	Delirium and Managing Agitation in the Medically Ill
5/6/2021 Thursday	Genetics and Precision: Pharmacogenomics and STAR-D
5/10/2021 Monday	Malingering
5/12/2021 Wednesday	PROCESS GROUP
5/13/2021 Thursday	Neuroanatomy for Psychiatrists
5/17/2021 Monday	Capacity
5/19/2021 Wednesday	Preparing for the VA: What to expect, How to navigate the System, Intro to C
5/20/2021 Thursday	Neural Circuits and Psychopathology
5/24/2021 Monday	PROCESS GROUP
5/26/2021 Wednesday	Emerging Approaches in Psychiatry: Cannabis, CBD and Psychosis
5/27/2021 Thursday	PTSD and Acute Stress Disorders

BLOCK 13

Anxiety and Trauma

5/31/2021 Monday	MEMORIAL DAY / SINAI HOLIDAY - NO CLASS
6/2/2021 Wednesday	Novel Treatments of PTSD

6/3/2021 Thursday	Emerging Approaches in Psychiatry: Evidence Based Brain Stimulation Ther
6/7/2021 Monday	PTSD and Acute Stress Disorders
6/9/2021 Wednesday	Emerging Approaches in Psychiatry: Biofeedback
6/10/2021 Thursday	PROCESS GROUP
6/14/2021 Monday	PSYCHOPHARM: Treating Depressive Symptoms in the Outpatient Setting
6/16/2021 Wednesday	PSYCHOPHARM: Treating Psychosis in the Outpatient Setting
6/17/2021 Thursday	Emerging Approaches in Psychiatry: MDMA and Psilocybin
6/21/2021 Monday	PSYCHOPHARM: Treating Anxiety in the Outpatient Setting
6/23/2021 Wednesday	PROCESS GROUP
6/24/2021 Thursday	Emerging Approaches in Psychiatry: TBD