

# Psychiatric Residency at Mount Sinai Morningside/West



## PSYCHIATRY GENERAL TRACK – CLASS OF 2029



### Garrett Brown

**Hometown:** West suburbs of Chicago, IL

**Undergrad:** University of Notre Dame

**Med School:** Case Western Reserve University School of Medicine

**Personal Interests/hobbies:** My personal interests include doodling, eating ice cream (favorite is Mitchell's from Cleveland), going to local shows (musicals/plays/comedy), thrifting vintage polo shirts (like the kind Tony Soprano and my grandpa wear), embracing the camp of the Fast and Furious franchise, and collecting amateur cottage landscape paintings. By far my favorite hobby is creating and performing improv comedy, where I get to explore impulses and become ridiculous characters.

**Professional Interests:** My professional interests include psychedelics, trauma, psychotherapy, borderline personality disorder, addiction, and the effects of long-term psychiatric drug use.

### Favorite part of our residency so far:

In addition to the amazing people I have met, my favorite part of our residency so far is the gradually increasing independence. I have felt fully supported diving into NYC psychiatry (which is a lot!) with seniors and attendings adjusting perfectly as I am comfortable with my developing skills.



## Hugh Burke

**Hometown:** Minneapolis, MN

**Undergrad:** University of Notre Dame

**Med School:** University of Minnesota Medical School

**Personal Interests/Hobbies:** Group fitness, children's book writing, anything to do with Minnesota sports, baking, trying out new restaurants and foods, board games, and travel.

**Professional Interests:** Child and Adolescent Psychiatry, treatment-resistant depression, interventional psychiatry

### **Favorite part of residency so far:**

Hanging out in 7G with my co-interns and other unit staff! It's a really fun way to hang out and discuss interesting cases.



## Romy Chu

**Hometown:** Richmond, VA

**Undergrad:** College of William and Mary

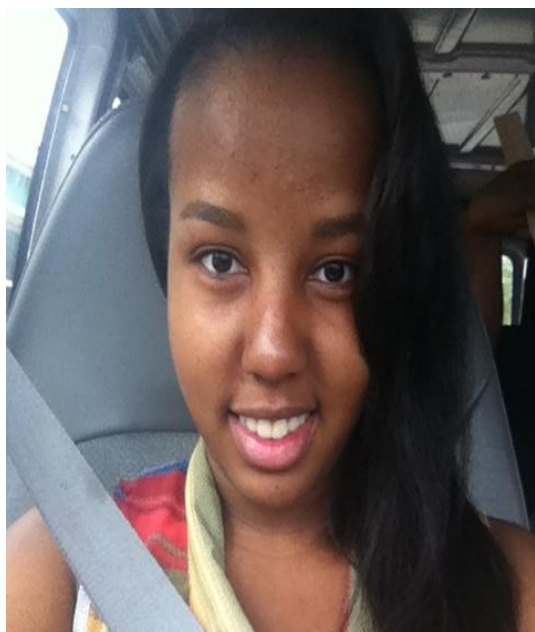
**Med School:** Virginia Commonwealth University

**Personal interests/hobbies:** exploring cafes, hosting, pickleball, walking down these bustling new york streets, collecting miniature things, going to IKEA

**Professional interests:** child psych and community psych

### **Favorite part of our residency so far:**

new friends, the new york food scene, !subsidized housing!, apartment decorating



## Olivia Descorbeth

**Hometown:** Great Neck, NY

**Undergrad:** Yale University

**Med School:** NYU Grossman School of Medicine

**Personal interests/hobbies:** Running, Broadway shows (especially musicals), writing, baking, exploring NYC neighborhoods with friends

**Professional interests:** Addiction psychiatry, psychoanalysis, LGBTQ+ mental health, and community psychiatry

### **Favorite part of our residency so far:**

The strong sense of comradery among my amazing co-residents, the supportive faculty, and the program's commitment to social justice



## John Gnalian

**Hometown:** Pittsburgh, PA

**Undergrad:** University of Pittsburgh

**Med School:** Frank H. Netter MD School of Medicine at Quinnipiac

**Personal interests/hobbies:** I taught myself how to play guitar since I was 12 and can play too many Elliott Smith songs as I was in my sadboy era during that time. I picked up cross-stitching as a hobby during the pandemic. I enjoy exploring restaurants and eating ice cream around the city. I enjoy reading a lot of nonfiction. I like to spend quality time with friends and loved-ones whether it be movie nights or board games.

**Professional interests:** CAP, psychodynamic psychotherapy, working with patients with special needs and their families

### **Favorite part of our residency so far:**

I really appreciate how supportive the co-residents are across specialties are. Work has been really enjoyable when my co-residents are my friends. Also, the location of our program is in two beautiful neighborhoods. It's been very nice to be able to live in the city comfortably due to the residency's support.





## William Hsu

**Hometown:** Taipei, Taiwan

**Undergrad:** Tufts University

**Med School:** Larner College of Medicine at the University of Vermont

**Personal interests/hobbies:** Baking new cookie recipes, brewing tea, exploring NYC and its many different restaurants, gaming, and reading

**Professional interests:** Trauma, psychotherapy

### **Favorite part of our residency so far:**

As corny as it is, the people. Everybody has been super supportive. There are seniors that are paired with you for the first few calls and all of the staff (nurses, social work, PRTs) on the unit have been super helpful. My co-interns have been amazing to work with and hang out with. It is a really welcoming and inviting community to be a part of!



## Sumaiya Islam

**Hometown:** Longmont, CO

**Undergrad:** Brandeis University

**Med School:** New York Institute of Technology College of Osteopathic Medicine (NYITCOM)

**Personal Interests/Hobbies:** Recently got into baking/decorating cakes after watching the Junior Bake Off, but most of my time is spent with friends, trying out new restaurants in the city, reading, or hanging with my pet cat (Bug)

**Professional Interests:** Everything!! But right now mostly General Adult Psychiatry, Community Psychiatry, and Education

### **Favorite part of our residency so far:**

I know this is cheesy, but it's the people! I honestly look forward to going to work every day, and it has been so fun hanging with my co-residents. I have felt super supported by the attendings, nurses, social workers, and staff members on the unit



## Tamar Jacobsohn

**Hometown:** Bethesda, MD

**Undergrad:** Northwestern University

**Med School:** NYU Long Island School of Medicine

**Personal Interests/hobbies:** I love finding new cute coffee shops and feeding my caffeine addiction. I also love reading fiction (especially mystery/thrillers), binge watching TV, and hiking!

**Professional Interests:** My professional interests include reproductive psychiatry, young adult mental health, and psychotherapy

### **Favorite part of our residency so far:**

My class has been so amazing and warm, which has been especially great when jumping into such a new and different experience. It has also been super fulfilling taking care of psychiatric patients and seeing their positive progress as a more central part of the care team



## Lydia Maliackel

**Hometown:** Mechanicsburg, PA

**Undergrad:** University of Pennsylvania

**Med School:** Drexel University

**Personal interests/hobbies:** Dancing, listening to music, trying new restaurants, crocheting, and watching reality TV!

**Professional interests:** Child & adolescent psychiatry, women's health

### **Favorite part of our residency so far:**

My favorite part of residency has been the people from co-residents to faculty to patients! I have been enjoying meeting everyone and getting to know them has been such a treat.





## Kerry Quigley

**Hometown:** Newburgh, Maine

**Undergrad:** Haverford College

**Med School:** Tufts University -- Maine Track

**Personal interests/hobbies:** Running, cooking, baking bread, trying new restaurants, reality TV, and being outdoors!

**Professional interests:** Emergency psychiatry, addiction psychiatry, consult psychiatry

### **Favorite part of our residency so far:**

Everyone has been so welcoming!! My psych co-interns are wonderful and I'm also really enjoying getting to know the medicine and neuro folks too. I also love living in New York! There's always so much to do and see and the subsidized housing lets me enjoy the city while keeping within my budget. The location is incredibly convenient to both the hospitals, and I love running into my co-residents in the elevators or heading into work.



## Michael Schumeister

**Hometown:** Hackensack, NJ

**Undergrad:** Washington University in St. Louis (Majors in Economics and International Studies)

**Med School:** Albert Einstein College of Medicine

**Personal interest/hobbies:** baking, cooking, cycling, running, photography (film & digital), backcountry camping, hiking

**Professional interests:** Addition psychiatry, interventional psychiatry, psychedelics, AI & digital innovation

### **Favorite part of residency so far:**

The support of my co-interns, residents, and staff as I transition to residency!!!



## Trent Sorenson

**Hometown:** Laguna Beach, CA

**Undergrad:** Middlebury College

**Med School:** Drexel University College of Medicine

**Personal interests/hobbies:** Tennis, Skiing, Surfing, Trying New Restaurants, Traveling, Cold Plunge, Fitness

**Professional interests:** Child and Adolescent Psychiatry, Psychedelics, Interventional Psychiatry

### **Favorite part of our residency so far:**

Patient population, diversity of cases, and my amazing co-residents! We truly have so much fun working together and even getting together outside the hospital! Also being in NYC is incredible!! Also FREE MASSAGES!

## VA SCHOLARLY TRACK — CLASS OF 2029



## Ho Sung (Harry) Kim

**Hometown:** Seoul, South Korea

**Undergrad:** New York University

**Med School:** Albert Einstein College of Medicine

**Personal interests/hobbies:** Running, ruck marching, meditation, Takoyaki-Tuesdays, hiking with my wife, and connecting over stories.

**Professional interests:** Trauma-informed care, veteran mental health, psychodynamic psychotherapy, and cross-cultural psychiatry.

### **Favorite part of our residency so far:**

Starting on medicine has been both humbling and energizing. The environment is incredibly supportive, and the co-residents and team have made this transition feel exciting and something to look forward to every day. I'm grateful for the chance to grow alongside my co-interns—there's always something valuable to learn from the person working next to you.



## Naama Ronn

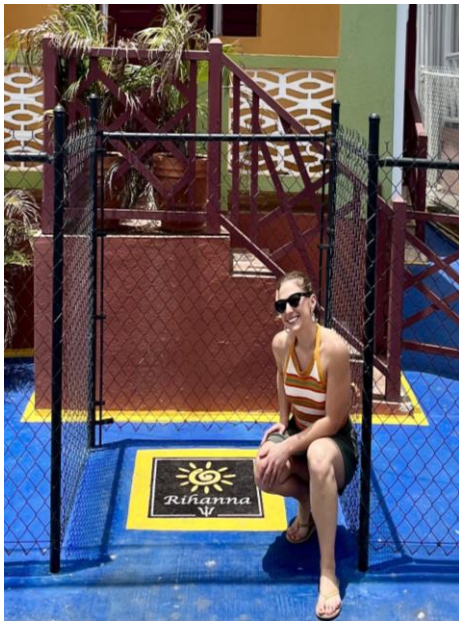
**Hometown:** Tel Aviv, Israel

**Med School:** Gray school of Medicine, Tel Aviv University

**Personal interests/hobbies:** Tennis , yoga , and enjoying an Aperol spritz with my husband while our daughters run around.

**Professional interests:** Women's health, exploring how AI can improve patient care and medical education

**Favorite part of our residency so far:** The supportive community, amazing co-residents (!!), and meaningful patient interactions from day one



## Caroline Meuser

**Hometown:** Dallas, PA

**Undergrad:** University of Pennsylvania

**Med School:** George Washington University

**Personal interests/hobbies:** Music (especially Rihanna), going to concerts, karaoke, movies (especially horror), traveling, caring for houseplants, playing tennis, and spending summer days at the beach or fishing on Long Island.

**Professional interests:** Geriatric psychiatry, interventional psychiatry (especially ECT), neuromodulation, and integrated care

### **Favorite part of residency so far:**

From day one, I've been struck by the genuine warmth and camaraderie of this community. Even while rotating off-service on medicine and neurology, I've felt constant support from every level — program leadership, attendings, co-residents, and nursing staff. There's a shared commitment to curiosity, teaching, and teamwork that extends from patient care to colleague care. Everyone is seen as a whole person here — including the patients — and that's what I love most. On top of all that, the community beyond the hospital is second to none — you simply can't beat the richness, energy, and excitement of the West Side of Manhattan and West Harlem.





## Christopher Wan

**Hometown:** Bridgewater, NJ

**Undergrad:** Cornell University

**Med School:** Hackensack Meridian SOM

**Personal interests/hobbies:** I like staying active and enjoy basketball, ultimate Frisbee, and walks. Also love trying new restaurants, with a bias for Asian food, and listening to R&B/Jazz.

**Professional interests:** Consultation-Liaison Psychiatry, Addiction Psychiatry, Public Health

**Favorite part of our residency so far:**

My co-residents have been very welcoming and supportive, and rotating at the VA for psychiatry has been a great learning opportunity!