# **Internship Admissions, Support, and Initial Placement Data**

Date Program Tables are updated: Sept 1 2025

## **Program Disclosures**

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?	X Yes No
If yes, provide website link (or content from brochure) where this specific inform	mation is presented:
https://icahn.mssm.edu/education/residencies-fellowships/list/msbi-clinical-p	sychology-internship

### **Internship Program Admissions**

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

Welcome to our program description. We participate in the Association of Psychology Postdoctoral and Internship Centers Matching Program, administered by National Matching Services, Inc. To apply to our internship, we ask that you register with the National Matching Services online or by contacting them at (416) 977-3431. Our program match code is 146411.

We ask that applicants follow the application process described in the AAPI Application for Psychology Internship (AAPI) Online section of the APPIC website (www.appic.org), and the procedures described for psychology internship programs on the NMS website. (www.natmatch.com/psychint).

Applications must be submitted no later than November 1.

Due to the large number of applications received, we can offer interviews only to a sub-group of applicants. If you are selected for an interview, we will contact you to select an interview date. Interviews are held remotely.

Policies on Intern selection, practicum and academic preparation requirements.

#### Clinical Experience and academic preparation policies:

We ask our applicants to have at least three years of training in an APA accredited PhD or PsyD Clinical Psychology doctoral program and have proposed their dissertation by ranking deadline. In addition, we ask that applicants have completed **at least** 600 hours of Total Direct Contact Intervention Hours and at least 50 Total Direct Contact Assessment Hours at the time of their application.

**Recruitment**: The Mount Sinai-Behavioral Health Center (MSBHC) disseminates information about the Doctoral Internship Program in Clinical Psychology through public forums, including both a dedicated web page and a listing in the Association of Psychology Postdoctoral and Internship Centers directory in order to recruit diverse applicants. Our web page provides a detailed description of the program, including the setting of the internship, our patients, work environment, training philosophy and training goals and competencies and its policies, available clinical placements and rotations, supervision and didactics offered, a listing of the training faculty, instructions for applying to the program, and specifics on employment such as salary and benefits, and post-internship activities. This information gives applicants knowledge about our program that enables them to determine "goodness of fit".

**Application Review and Selection Process**: The Doctoral Internship in Clinical Psychology program at Mount Sinai-Behavioral Health Center (formerly at Mount Sinai Beth Israel) only accepts Application for Psychology Internships (AAPI) applications through the Liaison International portal. We accept applicants from the United States and from international students with F-1 visas.

Each application is read by at least two faculty members and rated on a variety of factors such as academic and research achievement, clinical experience, breadth and diversity of clinical experience, amount and scope of psychological testing experience, quality of written expression and self-awareness, as well overall quality of fit with the training goals of the program. The top 60 applicants are invited to interview for the internship program. Five interview dates are offered, typically in starting in early December through early January, with 12 applicants seen on each day. On the interview day, all 12 applicants are seen together as a group by the Training Director and Associate Training Director for a one hour overview of the training program. Then each applicant is interviewed by at least two faculty

members, utilizing videotape segments of intake and psychotherapy sessions to provide clinical material for discussion – allowing the faculty to assess diagnostic and therapy skills in vivo. Applicants are rated for both competence and trainability based on their interview performance. After all interviews are completed, the top half of applicants are ranked. The ranked list of applicants is then submitted to APPIC for the national match. We accept six interns each year.

Applicants are selected to be ranked for the match on the basis of their overall academic performance, clinical and research interests, achievement of minimum number of hours in intervention and assessment required by our program, quality of letters of recommendation, ability to "think on their feet" during the interview process, and the overall goodness of fit between their stated goals and our program offerings.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:			
Total Direct Contact Intervention Hours	Amount: 600		
Total Direct Contact Assessment Hours	Amount: 50		

#### Describe any other required minimum criteria used to screen applicants:

Screening Process and Academic Preparation Requirements: All applications are screened initially to compile those to be reviewed in detail. Initial data needed to move the application forward to the review stage include: three years minimum of training in an APA-approved PhD or PsyD graduate program in clinical psychology, dissertation proposal accepted prior to ranking date, achievement of required intervention and assessment hours. Academic performance, breadth of clinical experience and training, number of psychological assessments completed and total number of actual intervention hours met, strength of letters of recommendation, personal essays, prior work experiences outside of graduate school are considered in the in-depth review. We consider students who are United States citizens and those with F-1 visas. Our goal in reviewing applications is to identify those applicants who share a "goodness" of fit with our program.

# Financial and Other Benefit Support for Upcoming Training Year\*

Annual Stipend/Salary for Full-time Interns	\$450	00.00
Annual Stipend/Salary for Half-time Interns	\$0	.00
Program provides access to medical insurance for intern?	X Yes	☐ No
If access to medical insurance is provided:		
Trainee contribution to cost required?	Yes	X No
Coverage of family member(s) available?	X Yes	☐ No
Coverage of legally married partner available?	X Yes	☐ No
Coverage of domestic partner available?	X Yes	☐ No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	2:	10
Hours of Annual Paid Sick Leave	9	90
In the event of medical conditions and/or family needs that require extended		
leave, does the program allow reasonable unpaid leave to interns/residents in		
excess of personal time off and sick leave?	X Yes	☐ No
Other Benefits (please describe):		
Full Human Resources package:		
Medica insurance: access to any providers in Mount Sinai network		
Dental Insurance		
Vision Insurance		
Life Insurance		
403B retirement account		
Dependent Care account		
Flexible spending account		
Commuter Account		

 $<sup>^{</sup>st}$  Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

## **Initial Post-Internship Positions**

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

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	2021-2024		
Total # of interns who were in the 3 cohorts	18		
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0		
	PD	EP	
Academic teaching	<b>PD</b> = 0	<b>EP</b> = 0	
Community mental health center	<b>PD</b> = 1	<b>EP</b> = 0	
Consortium	<b>PD</b> = 0	<b>EP</b> = 0	
University Counseling Center	<b>PD =</b> 3	<b>EP</b> = 0	
Hospital/Medical Center	<b>PD =</b> 5	<b>EP</b> = 0	
Veterans Affairs Health Care System	<b>PD</b> = 0	<b>EP</b> = 0	
Psychiatric facility	<b>PD</b> = 0	<b>EP</b> = 0	
Correctional facility	<b>PD</b> = 0	<b>EP</b> = 0	
Health maintenance organization	<b>PD</b> = 0	<b>EP</b> = 0	
School district/system	<b>PD</b> = 0	<b>EP</b> = 0	
Independent practice setting	<b>PD</b> = 7	<b>EP</b> = 0	
Other	<b>PD</b> = 2	<b>EP</b> = 0	

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.