

New Psychiatry Residents, 2026 – 2027



Alexander Auchus, MD

MD: University of California, San Diego School of Medicine
BA: University of Pennsylvania

Growing up in Singapore and the American South and Midwest, Alex developed a strong interest in how environment and culture shape identity and mental health. He studied Psychology and Chemistry in college and was then drawn to the intersection of public health, behavior, and access to care. At UC San Diego, that interest sharpened around the stigma and social conditions that influence prevalence and outcomes of substance use in marginalized communities. His subsequent scholarly work on anabolic-androgenic steroid use among young Latino sexual minority men led to national presentations and awards. The same attention to who gets left out of care runs through his community work: as a team lead with the Harm Reduction International Health Collective, he led street outreach teams providing naloxone, safer-use supplies, and referrals for people experiencing homelessness. Outside of medicine, Alex sings, has recorded a solo track for the album *These Four Walls*, and keeps up an eclectic set of pursuits: natural bodybuilding, gymnastics (he was once a Mississippi state champion in the sport), karaoke, hair care science, and consumer technology.

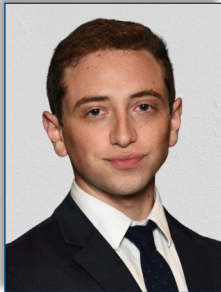


Andrea Badillo Perez, MD

MD: New York University Grossman School of Medicine
BS: University of North Carolina at Charlotte

Andrea grew up in Puerto Rico, and an interest in how culture, community, and mental health intersect has run through her path to psychiatry. In college, she studied psychology, public health, and biology. She conducted research on cognition and emotion related to healthy eating and food insecurity, which led to her to build a full-service food pantry for food insecure patients. With a passion for social justice, she led healthcare activism by founding her university's first undergraduate chapter of Students for a National Health Program. She carried that pattern of research feeding directly into something built through NYU's Five-Year MD Research Program, where her work focused on anxiety disorders, perinatal mental health, and health disparities. During her research year, she contributed to randomized controlled trials on mindfulness, cannabidiol, and exercise for anxiety, as well as a project on self-compassion in generalized anxiety disorder. Some of her broader scholarship included examining the effects of socioeconomic disadvantage and racial discrimination on health and the use of inclusive language in the perinatal mental health literature. Inspired by the interconnectedness of her work, she received funding through an APA Foundation Helping Hands Grant to develop a mindfulness-based stress reduction program for predominantly Black and Hispanic perinatal patients. Extending her scholarly and humanistic interests into leadership, she was vice president of NYU's Latino Medical Student Association chapter (and chaired its Northeast Regional Conference) and president of its Students for a National Health Program chapter, work recognized with the NYU Community Service Distinction Award and Gold Humanism Honor Society membership. She then went on to lead workshops on the cultural dimensions of mental health in Hispanic communities and is currently contributing to a chapter of APA's *Salud Mental: A Clinician's Guide to Hispanic Behavioral Health*. Outside of medicine, she enjoys photography, meditation, interior design, and dance cardio.

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Emilio Blair, MD

MD: Florida International University Herbert Wertheim College of Medicine
BA: New York University

Emilio was born in Queens, raised in Mexico, and later lived in New York and South Florida. He studied Chemistry and Anthropology in college on a full-tuition Dean's Scholarship. Alongside his research on adolescent mental health during the COVID-19 pandemic, his anthropology honors thesis developed a culturally responsive framework for assessing depression resilience in Latina adolescents. That interest in cultural psychiatry and access to care continued into medical school, where his scholarly work ranged across

barriers to telepsychiatry access among older adults, substance-induced psychosis, ocular-tracking technology for early schizophrenia detection, culturally specific presentations of anxiety, and medical student mistreatment. He was honored as Psychiatry Student of the Year, inducted into the Gold Humanism Honor Society, and received the Strand Honors in Medicine and Society. As president of the Medical Humanities Club, he built programming that brought art, literature, and reflection into medical training, and he co-developed a national workshop through the Society of Teachers of Family Medicine on medical student mistreatment. He also mentored premedical and medical students through the PUMP and MedLEAD programs, served in admissions and ambassador roles, and contributed to community-based work through NeighborhoodHELP, including a project on disparities in green space availability in South Florida. The thread of art as a way of seeing and being seen runs through his life outside medicine as well: he works in digital art, ceramics, creative writing, musical production, guitar, and drums. His artwork has appeared in *Eloquor*, including as cover art, and one piece was selected for international exhibition at the Kunstbrug gallery in Oldenzaal, the Netherlands. He is also an open-water swimmer and weightlifter.



Hannah Carroll, MD

MD: University of Massachusetts T.H. Chan School of Medicine
BA: University of Massachusetts, Amherst

Hannah's path to psychiatry has been shaped by growing up with, and later helping care for, an older sister with profound autism. With an interest in child and adolescent psychiatry and family-centered care, she studied Psychology in college and began conducting autism research at the MGH Lurie Center for Autism. She continued this work throughout medical school, examining autism spectrum disorder and related neurodevelopmental conditions across the lifespan, with particular interests in adult

diagnosis, psychiatric comorbidities, and psychopharmacology, resulting in multiple peer-reviewed publications and book chapters. As a facilitator for the Sibling Support Program at the Eunice Kennedy Shriver Center, she has led virtual groups for children whose siblings have autism and other mental health conditions, with discussions centered on identity, frustration, empathy, and the unique experiences of siblings and families navigating disability. Beyond her clinical and research work, Hannah enjoyed being actively involved in student life and medical school admissions at UMass Chan, serving as a student ambassador, MMI interviewer, and curriculum representative. Hannah has also remained closely connected to music throughout her training. As a leader of Docapella—an a cappella group at UMass Chan—she carried forward a background that includes training with a Broadway vocal coach and performances across the United States prior to starting medical school. Outside of medicine, she enjoys reading, hot yoga, baking, and listening to true crime podcasts.

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Cara Cavarretta, MD

MD: Keck School of Medicine of the University of Southern California
BS: University of California, Los Angeles

A longstanding interest in the intersection of addiction, severe mental illness, crisis response, and socially responsive care has shaped Cara's path to psychiatry. She studied Psychobiology in college, where her commitment to service was already a visible thread. As an undergraduate, she helped organize HIV counseling and testing events for at-risk communities, volunteered as a crisis counselor for Crisis Text Line, tutored children of healthcare workers during the COVID-19 pandemic, and participated in literacy outreach for elementary school students in the Watts neighborhood. She also worked as an EMT at an inpatient dual-diagnosis unit in Los Angeles, where she monitored patients during detoxification, helped lead recovery-oriented groups, and cared for individuals with co-occurring psychiatric and substance use disorders. In medical school, Cara deepened both her clinical and scholarly work in addiction and early intervention. At the Prevention, Early Intervention, and Addictions Recovery Lab at Keck, she studied how protective behavioral strategies may moderate the relationship between e-cigarette dependence and mental health symptoms in college students. Her broader research has also included undergraduate work through the UCLA Cannabis Research Initiative and the Brain Behavior and Aging Research Center at the UCLA Semel Institute for Neuroscience, as well as published scholarship on anti-NMDA receptor encephalitis associated with testicular teratoma in a patient with long-standing schizophrenia. She has remained deeply involved in harm reduction, human rights work, and peer support, co-founding the Keck chapter of End Overdose, supporting asylees in the Keck Human Rights Clinic, and serving as a peer supporter for fellow medical students. Outside of medicine, Cara has a background in competitive dance, is an avid hot yoga and reformer Pilates practitioner, and also enjoys beach days, skiing, golfing, and electronic dance music.



Roshan Chudhry, MD

MD: Weill Cornell Medicine
BA: City University of New York, Hunter College

Born and raised in Brooklyn, Roshan has a longstanding commitment to health equity, mentorship, and community-based mental health education. She studied Biology and Psychology at Hunter through Macaulay Honors College, where she graduated as valedictorian and received the Macaulay Honors College Community Service Award. In medical school, her interests in psychiatry developed alongside work that consistently linked education, access, and advocacy. At the Weill Cornell Community Clinic, she served as a senior clinician and CBT instructor, helping care for uninsured patients. She has also been deeply involved in mentorship and education, supporting underrepresented premedical students, leading workshops for high school students through Women in Medicine, and teaching sexual and mental health education in New York City schools. Her scholarly work has centered on health equity, health literacy, and access to psychiatric care. Through the Cornell Center for Health Equity, she developed research projects on chronic illness care, social support, and depression, co-founded the student chapter, and helped lead both its advocacy initiatives and newsletter work. Earlier, as a fellow with the American Pakistan Foundation and a research intern with Sehat Kahani, she led a study on telemedicine in underserved areas of Karachi and wrote about health equity challenges affecting communities in Pakistan. Roshan has also served as president of the South Asian Medical Student Association chapter at Weill Cornell Medicine and has authored a book chapter on behavioral addictions while presenting research on anxiety, attention bias, telehealth, and the relationship between depression, social support, and health behaviors. She was elected to Alpha Omega Alpha. Outside of medicine, she enjoys creating digital art focused on social issues in the South Asian community.

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Christian Cook, MD

MD: University of North Carolina at Chapel Hill School of Medicine

BS: University of North Carolina at Chapel Hill

Christian grew up moving among Florida, Texas, North Carolina, and Ohio before returning to North Carolina for college at UNC Chapel Hill, where he studied Biology and English. He later returned to UNC for medical school, where he became interested in medical education and psychiatry. His commitment to teaching others has taken several forms. He served as one of two Psychiatry Medical Student Chiefs, helping guide students through the psychiatry curriculum, developing educational materials, and supporting the transition to a new clerkship structure. He has also worked as a peer tutor and mentor, extending that interest in education into day-to-day support of fellow learners. Christian's institutional leadership has included service as a voting student member of the UNC School of Medicine Admissions Committee and as co-chair of the Interprofessional Education Academic Committee. His service work has centered on access to care and collaborative support for underserved patients. At the student-run free clinic, he was a Medical Team Senior, helping lead interdisciplinary teams, mentor younger students, and connect patients with needed community resources. His scholarship is notably wide-ranging, with projects on patient satisfaction with point-of-care clozapine monitoring in a schizophrenia treatment clinic, social determinants of health in surgical oncology, case-based work in internal medicine, emotional intelligence in medical school admissions, and the diagnostic evaluation of lumbar spinal stenosis. Outside of medicine, Christian enjoys reading fantasy and science fiction, teaching himself the viola, and spending time with his family and his cat, Dracula.



Clémence Cuillerot, MD

MD: Boston University School of Medicine

BS: McGill University

Clémence grew up between Montmasson in rural France, Westport, Connecticut, and Boston. As an undergraduate, she studied foreign language, anthropology, microbiology, and immunology. Before medical school, she spent more than 1,000 hours with the McGill Student Emergency Response Team as a first responder and leader, also serving as a bilingual crisis texter. In medical school, she pursued projects across global health, medical education, and mental health law. Her work in Zambia included a study of caregiver resistance to malnutrition care in five urban district-level hospitals, an assessment of electronic medical record implementation in a peri-urban clinic near Lusaka, and an analysis of community health worker training and childhood malnutrition in Luangwa. She presented this work at the American Public Health Association annual meeting and on ethical decision-making in global health at the Massachusetts Medical Society. Clémence also contributed to research on inclusive preclinical curriculum design, faculty preparedness for caring for diverse patient populations, decolonial approaches to global and Indigenous health education, and barriers to HIV pre-exposure prophylaxis use among adolescent girls and young women in sub-Saharan Africa. Her writing has ranged from a guide to boundary setting for a mental health resource platform serving girls of color in Boston, to work on the legal landscape of involuntary psychiatric treatment in the United States. She serves on the International Board of Directors of Medical Students for Choice and has also served as Finance Committee Chair. At her institution, she founded a peer support program, helped lead a trauma-informed care task force, coordinated learning-environment sessions, and taught interviewing and note-writing skills. Outside of medicine, Clémence enjoys running, reading magical realism and character-driven fiction, baking tiramisu in flavors like matcha-raspberry and Nutella, and hiking; she has completed several half marathons, one full marathon, and the South GR20 trek in Corsica.

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Judson Ellis, MD

MD: Washington University in St. Louis School of Medicine

BA: Brown University

Originally from the New York City area, Judson's background spans research, writing, music, and community-based care. An undergraduate record that included election to Phi Beta Kappa and Sigma Xi gave way, before medical training, to teaching English to children in Peru and working as a full-time researcher in genetics and genomic sciences at The Mount Sinai Hospital. His later research centered on the ways storytelling can illuminate psychiatric suffering when direct expression or emotional insight is limited.

With Dr. Joan Luby at WashU's Early Emotional Development Program, he spent three years studying story stem narratives in preschool children with depression and published a paper on the decreased expression of maladaptive guilt following treatment with parent-child interaction therapy with an emotional development module (PCIT-ED). He also worked on a pilot study exploring how adult participants experienced IV ketamine therapy and radically open DBT for treatment-resistant depression. In his service work, Judson has consistently gravitated toward communities poorly served by existing systems: volunteering annually at Camp WeCanDu for children with physical disabilities, working to provide care for unhoused and underinsured patients in St. Louis, and teaching health education at the Saint Louis Juvenile Detention Center. He is also a strong believer in the power of medical humanities, serving as editor-in-chief of the Arts and Literature magazine Hippocrene, publishing writing in online journals like KevinMD, and performing music and theater both inside and outside the hospital setting. Finally, he is also something of an amateur naturalist who believes animals have much to teach us about community.



Blake Gilbert-Bono, MD

MD: Perelman School of Medicine at the University of Pennsylvania

BA: Brown University

Blake has long been interested in how systems, technology, and medical entrepreneurship can better support patients, families, and clinicians. During college, he volunteered at the Rhode Island Adult Partial Hospitalization Program and worked as a research assistant at the NYU Langone World Trade Center Health Program, supporting care for 9/11 first responders living with PTSD. In medical school, Blake explored digital psychiatry and health system innovation through his work with Penn Cobalt, Penn Medicine's digital

mental health platform, and a fellowship with Penn Medicine's Applied Health Informatics and the Center for Health Care Innovation. There, he worked on initiatives involving e-consults, telehealth, patient-provider communication, and behavioral health access. His research has included investigating ketamine and esketamine for treatment-resistant depression through the Clinical Neurosciences Training Program at Penn. Outside of medicine, Blake spent four years with the Sexual Assault Prevention & Education program, facilitating workshops on consent and survivor support, and volunteers with the Life Rolls On Foundation supporting adaptive surf events for individuals with disabilities. A longtime athlete, he was co-captain of Brown University's varsity squash team, earning team MVP honors and a league-wide Sportsmanship Award. Outside of medicine Blake enjoys racket sports, woodworking (first-place in the 2016 New England Woodworking & Design competition for a handmade canoe), film photography, and skiing.

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Emmanuelle Hanna, MD

MD: Northwestern University Feinberg School of Medicine
BS: University of Michigan

Originally from Lake Orion, Michigan, Emma's interest in psychiatry grew alongside years of work with young people, individuals living with neuropsychiatric illness, and community-based advocacy. Before medical school, she worked as a medical assistant during the COVID-19 pandemic in both urgent care and maternal-fetal medicine. During medical school, she tutored and mentored Chicago public school students while organizing medical school programming on adolescent mental health, sexual health, and substance use. Her work with Generation Mental Health included helping found the first college chapter at Michigan and later serving the global organization. She also participated in a companionship program for individuals living with early-stage Alzheimer's disease. In leadership roles, Emma served as co-chief of the Community Health Advocacy Initiative, where she developed diabetes self-management resources for patients, and as vice president of the Disability Advocacy Coalition in Medicine, where she helped organize a national conference on intersectionality in disability medicine. Her research has spanned studies of pancreatic cancer epigenetics as an undergraduate and, in medical school, projects in plastic surgery and dermatology on wound healing, breast free flap salvage, and psoriasis comorbidities, resulting in multiple publications and presentations. She also participated in a global health experience in Argentina. Outside of medicine, Emma fosters kittens with medical and behavioral needs. She enjoys also enjoys pottery, art fairs and galleries, hosting game nights, and traveling with an eye toward local art and craft traditions.



Eliah Hiken, MD

MD: University of Cincinnati College of Medicine
BA: Davidson College

From Kentucky, Eliah brings to psychiatry a background joining art, service, and a wide-ranging intellectual path. In his undergraduate years, he studied economics and philosophy. He then spent two years at Bain & Company, where he advised Fortune 100 clients across the healthcare, technology, and retail sectors. In medical school, he participated in a four-year Psychiatry Medical Student Scholars Program, where his research at Cincinnati Children's centered on pediatric psychopharmacology. His team studied aripiprazole pharmacokinetics and CYP2D6 metabolizer status in children and adolescents, and he presented at AACAP and the UC Research Symposium. Throughout medical school, he volunteered weekly at a nonprofit studio for artists with intellectual and developmental disabilities, where he supported multimedia artmaking, exhibitions, and community events. Art has remained a major thread throughout his life, and he maintains a personal portfolio including works in sculpture, ceramics, photography, drawing, and digital media. In his free time, he also enjoys exploring new music, watching movies, and rock climbing.

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Abigail Isaac, MD

MD: Rutgers New Jersey Medical School

BA: Rutgers University

Raised and educated in Bayonne, New Jersey, Abigail studied biology, conducted psychology research on scarcity and social reward valuation, and was awarded the Dean's Award for academic excellence during her undergraduate career. In medical school, she built a strong identity as both educator and advocate: she was elected to Alpha Omega Alpha, selected for the Distinction in Medical Education program, and developed a scholarly focus on innovative teaching methods, including research on short-form video in medical education that was published in *Medical Education* and multiple oral and poster presentations. She has also done research on the relationships between cannabis use, handedness and schizophrenia, as well as online reports of nutmeg intoxication. Alongside this scholarship, Abigail has founded an evidence-based peer support program, leading a team of student mentors while conducting quality-improvement work on the program's impact. Her work in this sphere earned her both the Alexander Gordon Memorial Endowed Scholarship Fund Award and the Dr. Emily Fay & Dr. Thomas Eck Mentoring Award. She also served as psychiatry student chief, mentor to both medical students and premedical undergraduates, and anatomy course representative, where she helped organize her school's first donor ceremony. Her service work has remained closely tied to health equity, working and teaching at the student run free clinic, as well as through Public Understanding of Medicine in Action where she led health education sessions for residents of rehabilitation centers in Newark. Abigail also brings a strong editorial and creative side to her work as editor and co-editor-in-chief of PsychSIGN Magazine and Ward Wisdom. Outside of medicine, she enjoys reading thrillers, café-hopping and visiting museums, hiking, and playing pickleball.



Esther Kim, MD

MD: Rutgers, Robert Wood Johnson Medical School

BA: Williams College

Esther studied Chemistry and Public Health as an undergraduate, later contributing to basic science work at NYU Langone that led to a second-author publication in *Nature* on a newly defined CoQ10 biosynthesis pathway. In medical school, she became deeply involved in community-engaged health initiatives, drawn to opportunities that centered education, human connection, and understanding people within their social and cultural contexts. She co-founded the Forum for Education on Menopause, a participant-informed program that promotes health literacy and self-advocacy for underserved women and has since been incorporated into her school's long-term community health initiatives. She also served as co-president of Empathetic Ears, a hospital-based program in which medical students provide empathic listening and support to psychiatry consultation-liaison patients during hospitalization. Her commitment to mentorship and education extended to serving on her medical school's admissions committee and to designing and leading an undergraduate seminar that uses animated film to explore psychiatric themes and make mental health concepts more accessible and engaging. She has researched adolescent substance use, digital technology trends and social media use, and early mental health risk factors, including work for a state-funded learning library for New Jersey's public behavioral health system. Additional experiences have included a psychiatry elective in South Korea, undergraduate research in Zimbabwe, and trauma-sensitive dance teaching for survivors of sex trafficking in the Philippines, each of which deepened her interest in how cultural and social contexts shape mental health and patients' experiences of care. Outside of medicine, Esther enjoys writing to pen pals, hosting craft nights and dinner parties, and skiing.

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Ruby Ladd, MD

MD: Emory University School of Medicine

BA: Washington University in St. Louis

Ruby hopes to become a general adult outpatient psychiatrist rigorously trained to manage both the psychopharmacologic and psychotherapeutic treatment of her patients. Her background features humanistic scholarship, rigorous science, and sustained advocacy for people affected by incarceration, immigration detention, and barriers to care. She studied Classics as an undergraduate at WashU, where she served as an undergraduate Teaching Assistant and won awards for her academic performance in Greek and Latin translation. After college, she spent two years as a research specialist in the AIDS Vaccine Research Laboratory at the University of Wisconsin-Madison before beginning medical school at Emory. In Atlanta, her work became increasingly centered on psychiatry and structural inequity, conducting research on the stigma against electroconvulsive therapy and engaging in advocacy for incarcerated patients. She has served as president of Emory's Students for a National Health Program (SNaHP) chapter, presented on Cop City at the national SNaHP Summit in Atlanta, researched treatment of opioid use disorder in Georgia jails, helped create educational materials on the rights of incarcerated patients in hospital settings, written publicly on policing policy and public health, and contributed to compassionate release declarations for individuals in ICE custody. Outside of medicine, Ruby enjoys playing the harp, Latin dancing, video games, pottery, and tending to her sourdough starter.



Bonnie Lerman, MD

MD: Icahn School of Medicine at Mount Sinai

BS: Duke University

Bonnie has long been interested in child and adolescent mental health, medical education, and advocacy for patients and trainees alike. As an undergraduate, she studied Neuroscience and Psychology and later worked as a clinical research coordinator at Mount Sinai's Seaver Autism Center, where she helped manage an R01-funded clinical trial focused on autism spectrum disorder and Phelan-McDermid syndrome. Her research and scholarship in neurodevelopmental and child mental health have resulted in numerous publications and presentations on ASD, ADNP syndrome, CHAMP1 disorder, DDX3X syndrome, FOXP1 syndrome, and the impact of maternal stress on child neurobehavioral outcomes. She continued this work in medical school as a Klingenstein Third Generation Foundation Fellow in Child and Adolescent Psychiatry, presenting at two consecutive national conferences. In medical school, she co-founded Advocates for Family Building in Medicine, where she secured funding for and spearheaded the development of a parental leave policy that was approved and incorporated into the student handbook. She has also held several leadership roles at the student-run East Harlem Health Outreach Program, where she has worked as an Access to Care Manager, Chronic Care Senior, and Teaching Senior. Bonnie has also led multiple student groups, coordinated educational electives, served as a teaching assistant, facilitated wellness programming through the PEERS initiative, and designed day camps for middle school girls through Girls Empowered in Medicine and Science. Outside of medicine, she enjoys cooking, traveling, exploring NYC, and spending time with family and friends.

New Psychiatry Residents, 2026 – 2027



Ruth Ling, MD

MD: Washington University in St. Louis School of Medicine

BA: Stanford University

Ruth's path to psychiatry has been shaped by her clinical, scholarly, and artistic endeavors. She studied psychology as an undergraduate and completed interdisciplinary honors work in the arts, developing a movement-based project on how depression and anxiety are experienced and expressed through the body. In medical school, her research has examined public health issues such as substance use-related mortality in immigration detention and psilocybin as an emerging psychiatric treatment. Her interests in psychiatry lie in how mental health interacts with various social institutions, particularly the criminal legal system. She has worked with art and music therapists at the St. Louis Forensic Treatment Center and tutored incarcerated students through the Prison Education Project. She is also interested in the mind-body connection, alternative therapies, and how mental illness is socioculturally defined. She was actively involved in her medical school's creative community, serving as editor-in-chief and layout editor of the literary and visual arts magazine. Outside of medicine, Ruth continues to dance, play tennis, and watch films.



Emily Ng, MD

MD: Medical College of Georgia

BS: Emory University

Raised in Georgia, Emily has built her path to psychiatry around advocacy, community partnership, and a clear commitment to children and adolescents navigating vulnerable circumstances. Her undergraduate training in neuroscience was followed by a broad range of roles that anticipated her later interests in psychiatry, public health, and education. In medical school, much of her scholarship centered on youth mental health and access to care: she has studied risk factors for inpatient hospitalization among LGBTQ+ youth in Georgia, gaps in substance use disorder screening for patients with autism spectrum disorder, barriers to child and adolescent psychiatric hospitalization, and the relationship between school scheduling models and student mental health outcomes. Her research has also included qualitative work on stress and triple-negative breast cancer risk among Black women. She has presented her research at regional and national meetings, including the APA. As Advocacy Chair for the American Medical Women's Association, she developed networking and educational programming, partnered with a local shelter to implement schoolwide intimate partner violence screening training, founded a student committee to improve mistreatment reporting, and helped produce scholarship on support for women in training. As co-president of the Psychiatry Student Interest Group, she expanded student access to shadowing, created a psychiatry research committee, organized programming on careers in psychiatry, and helped produce public-facing mental health education. She has worked in student-run clinics caring for uninsured patients, led school inclusivity efforts, provided reproductive health education through Medical Students for Choice, and completed several years of civic engagement with Asian Americans Advancing Justice–Atlanta, where she organized community events focused on immigrant mental health and civic participation. Her work has been recognized with an AACAP mentorship grant. Outside of medicine she enjoys running, singing, hot yoga, and searching for the best jasmine milk tea.

New Psychiatry Residents, 2026 – 2027



Carly Onofrio-Kane, MD

MD: Sidney Kimmel Medical College at Thomas Jefferson University

BA: Temple University

Before entering medicine, Carly spent ten years as a hairstylist in Philadelphia, building a loyal multigenerational client base while supporting herself through college, a path recognized with the Naomi Zelnick Award for self-supported, non-traditional students. In medical school, she pursued her interests in addiction, trauma, veterans' health, and the medical humanities. Her development of a narrative medicine and documentary photography project on veterans and service dogs, exploring why these relationships can be deeply healing alongside or beyond more conventional medical interventions, received the Dean's Student Research Award, won best presentation, and was later developed into a solo exhibition at Jefferson's Helix Gallery. Her broader scholarship and service have also focused on substance use and pain: studying cognitive behavioral therapy and stress in opioid use disorder, presenting work on buprenorphine transitions for phantom limb and neuropathic pain, and helping organize campus Narcan training and harm reduction programming as co-president of the Student Opioid Response Team. She has volunteered with various harm reduction and community organizations, taught Stop the Bleed courses throughout Philadelphia, contributed planning and photography to Team Foster's fundraising work for veterans and service dogs, and participated in the VA's *My Life, My Story* program by interviewing veterans and writing first-person narratives for inclusion in the medical record. She has been recognized by the Allan D. Gilmour Scholarship for LGBTQ+ advocacy, the Asano Humanities and Health Program, Psi Chi, the McClellan Surgical Honor Society, and was awarded the Baldwin L. Keyes, MD, ScD Prize in Psychiatry upon graduation from medical school. Outside of medicine, she trains in Muay Thai, creates pen-and-ink art and photography, and tends a garden of roses.



Rosa Shapiro-Thompson, MD

MD: New York University Grossman School of Medicine

BA: Yale University

Rosa grew up in western Massachusetts and graduated *summa cum laude* from Yale University, where she majored in History. She also completed a certificate in human rights studies and was elected to *Phi Beta Kappa*. As an undergraduate, Rosa worked with New Haven's refugee services organization to launch a youth group for recently resettled teenagers. She also worked in the local public defender's office to support clients with substance use disorders seeking treatment-based alternatives to incarceration. These experiences kindled her interest in mental health and health equity. After college, Rosa spent two years as a clinical researcher at Yale, contributing to studies of novel treatments for borderline personality disorder such as ketamine and neurofeedback. Her research led to two first-author papers, including one on prescribing in BPD that was cited in the 2024 APA Practice Guideline. Motivated to pursue a career in psychiatry, Rosa then completed a premedical postbaccalaureate program at Goucher College while volunteering in addiction medicine and hospice care. At NYU Grossman School of Medicine, Rosa contributed to community-based research on equitable access to HIV prevention and the impact of maternal childhood adverse experiences on pregnancy. She also co-led the Environmental Health Interest and Advocacy Group—producing NYU's first Planetary Health Report Card—the History of Medicine Club, and the Harm Reduction Alliance. Rosa is thrilled to continue her training at Mount Sinai and to explore her interests in child and adolescent psychiatry, community psychiatry, and climate health throughout residency. Outside of medicine, she enjoys park picnics, art exhibits, and spending time with her spouse and dog.

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Alexandra Stanford, MD

MD: University of North Carolina at Chapel Hill School of Medicine
BA: Wellesley College

Alexandra's career in psychiatry started in college, where she majored in Neuroscience and pursued a psychiatry neuro-imaging research fellowship on adolescents and young adults diagnosed with eating disorders. After college, she expanded her clinical experience, working as an in-home personal caregiver for adults with significant care needs and as a behavioral health technician at a residential eating disorder treatment facility. From these pre-clinical experiences, she gained a deep appreciation for the multi-disciplinary, multi-generational, and systems-level care of psychiatric patients. In medical school, she paired these clinical interests with educational and advocacy work surrounding trauma-informed care and violence-prevention. She was a lead curriculum writer and instructor for a trauma-informed care seminar series for first-year medical students. Subsequently, she developed an original survey measuring adverse and benevolent childhood experiences and attitudes toward trauma-informed care among students and faculty, which she presented nationally. She also served as president of the Interpersonal Violence Advocacy and Awareness Club. Outside of work, she enjoys gardening, painting, finding joyful ways to move her body, and spending time with her large, multi-generational, bi-coastal extended family.



Jennie Vyas, MD, MPH

MD: University of Miami Leonard M. Miller School of Medicine
BA: University of Pennsylvania

Ridhi Vyas, who goes by Jennie, grew up in Lakeland, Florida before studying Public Health, Chemistry, and Psychology in college. Raised by two first-generation Indian immigrants, Jennie is committed to advancing community health, fostering cultural humility, and translating her scholarly work into concrete patient impacts. Her undergraduate research focused on opioid knowledge and examined ideological barriers to publicly-funded addiction treatment. In medical school, she contributed to research on geospatial cancer disparities and intimate partner violence screening with the goal of informing community-tailored care in South Florida. Her scholarly output and case-based work on delirium, rare neuropsychiatric syndromes, perinatal valproate exposure, and MDMA-assisted psychotherapy, have resulted in multiple first-author publications and have been recognized with various travel and presentation awards. As Co-Executive Director of the Wellness Advisory Council, she led programming for more than 800 students and worked with school leadership on structural responses to burnout and social isolation. As chapter president of the Gold Humanism Honor Society, she led initiatives including No One Dies Alone, This is My Story implementation, and disability justice projects on provider education and adaptive equipment access. She also served as a peer support navigator and contributed to advocacy through the Human Rights Clinic and Reproductive Health Advocates. Outside of medicine, Jennie explores coffee shops for dirty chai, wanders farmers markets, cooks vegetarian food drawn from Southeast Asian, Mediterranean, and Indian cuisines, expresses herself through visual art, and spends time with her orange cat, Lux.

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Physician-Scientist Research Track



Jeremy Sherman, MD, PhD

MD/PHD: Icahn School of Medicine at Mount Sinai
BA: Columbia University

Born and raised in Connecticut, Jeremy majored in Neuroscience and Behavior, graduating *summa cum laude* and *Phi Beta Kappa*. As an undergraduate, he spent five years in the laboratory of Christoph Kellendonk studying the role of the D2 receptor in the nucleus accumbens on motivated behavior, culminating in a paper in *Nature Communications*. He also worked in the laboratories of Jonathan Javitch, performing chemogenetic experiments on accumbens output to the ventral pallidum, and Mary Jeanne Kreek at The Rockefeller University, studying dopamine receptor expression in response to long-access cocaine self-administration. Jeremy then entered MD/PhD training, completing his PhD in Neuroscience in the laboratory of Yasmin Hurd. His dissertation used multi-omic sequencing to interrogate transcriptional and epigenetic signatures of heroin use. He identified disruptions to cellular metabolism as a cross-species hallmark of heroin use localized to medium spiny neurons and the dorsolateral striatum, with evidence that these changes were regulated by epigenetic marks at H3K27. This work was supported by an NIH F30 fellowship and presented at multiple national meetings including the International Narcotics Research Conference and the College on Problems of Drug Dependence. Throughout medical school, Jeremy was deeply engaged in clinical service at the East Harlem Health Outreach Partnership student-run free clinic for the uninsured, where he served as a mental health clinician, teaching senior, and student chair. There he led an access-to-care initiative, securing a \$50,000 annual RTW Foundation humanitarian grant—since renewed and expanded to \$100,000—to provide transportation assistance, durable medical equipment, and attendance vouchers, reducing the clinic's no-show rate by 30%. His clinical experiences treating patients with substance use disorders shifted his scientific focus from the mechanisms of addiction toward understanding the process of recovery, insight, and behavior change using computational methods such as natural language processing from clinical interactions. In his spare time, Jeremy enjoys running in Central Park, playing the piano, and spending time with family and friends.



Collin Teague, MD, PhD

MD: University of California, Los Angeles David Geffen School of Medicine
PhD: Icahn School of Medicine at Mount Sinai
BS: Arizona State University

Collin is originally from Phoenix, Arizona. He studied Biological Sciences and Biochemistry before completing an PhD in Neuroscience at the Icahn School of Medicine at Mount Sinai, working under Eric Nestler. His research focused on the neurobiology of drug addiction and how changes in gene expression affect cellular physiology, neural circuits, and behavior. He discovered that a specific enzyme, known as phosphodiesterase 1b (Pde1b), reduces cocaine intake specifically in female rodents through alterations in gene expression and modulation of medium spiny neuron activity, highlighting key sex differences in addiction neurobiology. After completing his PhD, Collin's interests in neuroscience and clinical psychiatry inspired him to pursue medical school at UCLA. As a medical student, he continued his research in addiction neuroscience in Nicolas Massaly's laboratory by developing a wireless intravenous infusion device to enable studies on rodent drug self-administration in the home environment. Collin's research has been published in journals such as *The Journal of Neuroscience*, *Molecular Psychiatry*, and *Biological Psychiatry*. His work has also been recognized by awards from the Society for Neuroscience, College on Problems of Drug Dependence, and the American Medical Association. In his spare time, Collin enjoys practicing yoga, visiting national parks, and aspiring to be a cold brew coffee connoisseur.