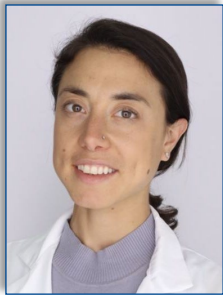


New Psychiatry Residents, 2025 – 2026



Alia Badawi, MD

MD: George Washington University School of Medicine and Health Sciences
BA: University of Maryland–College Park

Born and raised in Baltimore, Alia attended college on a full scholarship, majoring in English and developing a strong foundation in narrative, communication, and critical thinking. Prior to medical school, she worked as a communications and program assistant at BridgeEdU, a Baltimore-based social impact startup supporting first-generation college students through mentorship and educational technology. During this time, she also served as a tutor with Reading Partners, working one-on-one with elementary school students in Baltimore public schools to improve literacy. A certified yoga and trampoline fitness instructor, Alia taught community-based wellness classes for over four years, integrating movement and mindfulness into her work with diverse populations. Her interest in integrative health and social justice led her to medical school, where she founded the GW Integrative Medicine Interest Group. She also served as National Co-Chair of Medical Students for a Sustainable Future, led a regulated medical waste reduction initiative as a Climate Health Institute Fellow, and conducted research on the gut-brain axis in the Frame-Corr Lab. Alia has been elected to Alpha Omega Alpha and the Gold Humanism Honor Society. She is interested in pursuing CAP or Geriatric fellowship and looks forward to working with both populations more throughout training. In her free time, she enjoys spoken word events, ecstatic dance, yoga, and jigsaw puzzles.



Michael Batista, MD

MD: Boston University School of Medicine
BS: George Washington University

Coming from northeastern New Jersey, Michael is the son of hard-working immigrants from the Dominican Republic. His path toward medicine—and ultimately psychiatry—has been guided by a deep commitment to mentorship, advocacy, and cultural humility in clinical care. Michael earned his B.S. in Biology with a minor in Psychology, graduating as a four-year recipient of the Presidential Scholarship. During college, he served as a mentor with Hispanics Inspiring Students' Performance and Achievement (HISPA), leading motivational assemblies for Latino middle school students across New Jersey. He also worked as a medical assistant at Batista Pediatrics, his uncle's clinic serving low-income families in Paterson—an experience that sparked his passion for addressing structural barriers to care. In medical school, Michael continued this work through several community-driven initiatives. He provided essential supplies and health education to immigrant communities in East Boston through the Outreach Van Project, built lasting relationships through Big Brothers Big Sisters of Eastern Massachusetts, and supported newborns experiencing neonatal abstinence syndrome through the CALM program. He also served as a peer advisor for underrepresented students, contributed to G.R.A.C.E.—a student-led group focused on grief, reflection, and empathy in clinical care—and mentored junior medical students as a senior clinical instructor. Michael's dedication to service and leadership has been recognized through his induction into both Alpha Omega Alpha and the Gold Humanism Honor Society. He was also awarded the Ruth Hunter Johnson Prize by the Department of Psychiatry. Yet, among all honors, the one he holds most dear is being voted "Most Likely to Brighten Someone's Day" by his classmates. Outside of medicine, Michael is a devoted sports fan and storyteller. He enjoys cheering on the Yankees at Yankee Stadium, watching films, visiting friends and family across the country, tossing a ball around with his black poodle, Harvey, and investing an unquantifiable amount of energy into his multiple fantasy baseball and football championships.

New Psychiatry Residents, 2025 – 2026



Stephanie Bueno, MD

MD: UCLA/Drew Medical Education Program
BS: UCLA

Raised in a multilingual, multicultural household in San Diego, Stephanie's journey into medicine has been shaped by a lifelong commitment to health equity, mentorship, and community engagement. A first-generation college student, she earned both her degree B.S. in Human Biology and her M.D. from UCLA, where she distinguished herself as a leader in education, advocacy, and service. As a Fulbright Scholar in Taiwan, Stephanie taught English and developed culturally relevant curricula for Indigenous students, deepening her understanding of global health and cross-cultural communication. At UCLA, she co-developed the "Connected for Wellness" app to support Black and Latino youth, led webinars on adolescent mental health, and served as a teaching assistant in anatomy and point-of-care ultrasound—dedicating over 600 hours to peer education. Her commitment to structural change was evident in her work designing and implementing UCLA's Structural Racism and Health Equity curriculum, which she presented at national conferences. As a delegate to the AMA and CMA, she advocated for health policy reform, amplifying the voices of underserved communities. Clinically, Stephanie volunteered with the Spanish-Speaking Psychosocial Clinic and participated in health fairs that served over 600 families. Fluent in English, Spanish, and Portuguese, she is passionate about providing trauma-informed, culturally responsive psychiatric care to Latinx and immigrant populations. Stephanie's dedication has been recognized through her induction into the Gold Humanism Honor Society, honoring her compassionate approach to medicine and her unwavering commitment to equity.



Osha Chesnutt-Perry, MD

MD: Saint Louis University School of Medicine
BS: Saint Louis University

Originally from Boulder, Colorado, Osha brings a blend of scientific rigor and humanistic insight into her work in medicine. She earned her B.S. in Neuroscience with a minor in Philosophy from Saint Louis University, where she cultivated a deep interest in the intersection of mind, body, and ethics. Before beginning medical school, Osha spent five years as a medical assistant at a multidisciplinary clinic. There, she co-authored the clinic's handbook, trained incoming staff, and developed a wellness program that supported over 100 employees. During a gap year, she completed a 256-hour certification in well-being coaching through the Anthropeia Institute—becoming the youngest graduate in the program's history. As a medical student, Osha was elected Curriculum Chair of the Medical Student Government and served as a voting member on five institutional committees, including the Curriculum and Student Selection Committees. She co-authored the LCME Independent Student Analysis and was selected as a student interviewee during the school's re-accreditation site visit. Her passion for education and mentorship is reflected in her roles as a tutor across nearly every preclinical subject, a group facilitator in health systems science, and a mentor through AMWA, Savoir Faire Mentoring, and Qalam Editing. Her research spans cognitive neuroscience—focusing on stress and decision-making—and maternal-fetal medicine, with four co-authored abstracts accepted at the 2024 Fetal Growth Conference. Osha has been inducted into both Alpha Omega Alpha and the Gold Humanism Honor Society in recognition of her academic excellence and compassionate leadership. Outside of medicine, she enjoys reading historical fiction and philosophy, creating pottery, and walking her bulldog, Benny.

New Psychiatry Residents, 2025 – 2026



Katie Chiou, MD

MD: The Warren Alpert Medical School of Brown University
BS: Brown University

Originally from Los Angeles, Katie Chiou graduated Brown with a concentration in Science, Technology, and Society with a focus in anthropology through the eight-year combined BA/MD Program in Liberal Medical Education (PLME). In medical school, she completed a Scholarly Concentration in Medical Education, where she developed and implemented a disability justice curriculum for preclinical students and faculty. Similarly, her academic and clinical interests have centered on trauma-informed care, child and adolescent psychiatry, and justice-involved youth. As an AACAP Summer Medical Student Fellow, she conducted research on suicidal ideation and adverse childhood experiences in preschool-aged children at Bradley Hospital, presenting her findings at the 2022 AACAP Annual Conference. She also worked with the Hope for Justice Clinic and the Rhode Island Training School, a juvenile detention center, where she studied non-suicidal self-injury and reentry care for incarcerated youth, presenting her findings at the National Conference on Correctional Healthcare and at the 2024 AACAP Annual Conference. Katie served as a case coordinator for the Brown Human Rights Asylum Clinic, a peer educator with Project LETS, and led the child psychiatry interest group, organizing the 17th Annual Klingenstein Child Psychiatry Conference. Katie is also an avid reader—having read over 250 novels last year—and enjoys reviewing advanced reader copies. She has been inducted into Alpha Omega Alpha and awarded the Christopher Benedick award in Child Psychiatry.



Madeleine Coffey, MD

MD: Zucker School of Medicine at Hofstra/Northwell
BS: Dartmouth University

Originally from Bangor, Maine, Madeleine brings a global perspective and a deep commitment to community-centered care to her work in medicine. She graduated from Dartmouth with a B.A. in Middle Eastern Studies and a minor in Arabic, where she was named a James O. Freedman Presidential Scholar and conducted basic science research on inflammasomes in Parkinson's disease. Following graduation, Madeleine spent a year in Tetouan, Morocco as a Fulbright English Teaching Assistant. There, she taught large classes, co-founded an English club, and studied Moroccan Arabic—an experience that deepened her passion for cross-cultural education and global health. Before entering medical school, she worked as a Clinical Research Coordinator at the University of Rochester, leading studies on Parkinson's and Huntington's disease and co-authoring multiple peer-reviewed publications. In medical school, Madeleine pursued her interest in global mental health through a range of international and domestic initiatives. In Guyana, she partnered with the Ministry of Health to develop a REDCap database for patient transfers and trained rural physicians in its use. She later collaborated with Georgetown Public Hospital and Northwell Health to explore lithium testing implementation, presenting her work at the Guyana Well-Being Conference. She also conducted a systematic review on catatonia treatment in low- and middle-income countries with Duke University, which was accepted for presentation at the World Congress of Psychiatry. At home, Madeleine served as Clinic Coordinator for the Zucker Human Rights Initiative, where she helped establish a partnership with Hofstra Law to provide psychiatric evaluations for asylum seekers. She also led outreach efforts with CARECEN and Ronald McDonald House and coordinated student-led initiatives focused on healthcare access for immigrant communities. Her clinical interests lie at the intersection of global mental health and community psychiatry, where she continues to advocate for equitable, trauma-informed care across borders.

New Psychiatry Residents, 2025 – 2026



Michael Cronin, MD

MD: Boston University School of Medicine

BS: University of Chicago

Growing up between Chicago, Santa Cruz, and Tucson, Mike developed a wide-ranging curiosity that has shaped his path through mathematics, neuroscience, and the medical humanities. He earned his B.S. in Mathematics from the University of Chicago, where he conducted research in both combinatorial game theory and bioethics. While at UChicago, he co-led the Lean on Me emotional support hotline and contributed to public health research at the Chicago Center for HIV Elimination, where he helped develop a machine learning algorithm to identify cisgender female PrEP candidates in the emergency department. His work also extended to patient navigation and breast cancer outcomes among African American women. In medical school, Mike was awarded the American Heart Association Predoctoral Fellowship to lead a neurology research project on coma recovery. His work resulted in a novel eye movement detection algorithm, published in *SLEEP* and presented at the American Academy of Neurology. He also contributed to research in neuroradiology and traumatic brain injury, with multiple peer-reviewed publications. Mike's passion for the medical humanities is reflected in his leadership of the Narrative Medicine Interest Group and his published reflective essays. As a founding member of the Hippocratic Society, he has promoted virtue ethics and clinician well-being within the medical community. His academic excellence and dedication to internal medicine were recognized through his induction into the Eli Shapiro Academy. His clinical and scholarly interests include psychiatric ethics, disorders of consciousness, and the integration of neuroscience with narrative care. Outside of medicine, Mike enjoys creative writing, playing electric guitar, exploring spicy cuisines, and frequenting art museums.



Korey Henderson, MD

MD: Perelman School of Medicine at the University of Pennsylvania

BS: Carnegie Mellon University

A Pennsylvania native, Korey was drawn to psychiatry through early experiences that shaped his understanding of how social and structural factors influence mental health and substance use. He earned his undergraduate degree in Biological Sciences, graduating with Research Honors and a Student Service Award for his contributions to teaching in the biology department. After graduation, he worked in New York City as a treatment coordinator for AHRC, a nonprofit supporting individuals with intellectual and developmental disabilities, where he helped expand access to psychotherapy telehealth during the COVID-19 pandemic. In medical school, Korey served as a leader of the First-Generation and Low-Income Affinity Group, mentoring undergraduates and advocating for increased institutional support for students. He also held leadership roles in the Addiction Medicine and Psychiatry Interest Groups and remained active in community-based care as a clinical leader at UCHC, a student-led free clinic, where he managed operations, taught junior students, and led harm-reduction initiatives, including naloxone distribution. Korey's research work has included harm-reduction technology, adolescent opioid use, and equity in medical education. As part of the DOVE project, he contributed to the clinical testing of a wearable device for opioid overdose detection and reversal. He also co-authored a study examining demographic disparities in medical school admissions, highlighting structural barriers to training diversity. His work has been published in *BMC Medical Education* and presented at national conferences. He is passionate about addiction psychiatry, community mental health, and advancing equity in psychiatric care.

New Psychiatry Residents, 2025 – 2026



Matina Kakalis, MD, MPH

MD: Icahn School of Medicine at Mount Sinai
BS: Duke University

Matina grew up in New Jersey and graduated *summa cum laude* and Phi Beta Kappa from Duke with degrees in Biology and Global Health. Her passion for public health led her to pursue an MPH at Columbia University's Mailman School of Public Health, where she conducted qualitative research on *Duelo Migratorio*, a cultural construct of distress among Venezuelan migrants. She also interned with HIAS Colombia, working to expand mental health access for migrants in transit. As a medical student, Matina served as Student Director of the Mount Sinai Human Rights Program. In this role, she led forensic evaluations for asylum seekers, organized clinician trainings, and presented research on minor asylum seekers at national conferences. Her clinical work included providing psychotherapy and medication management at EHHOP's student-run mental health clinic, where she chaired the education committee and developed CBT modules tailored to underserved populations. In the Perez-Rodriguez Lab, Matina's research explored cognitive changes during pregnancy and postpartum, integrating neuroinflammatory markers and cognitive assessment tools. She has presented this work at multiple national conferences and published on additional topics including youth mental health and screen use, HIV vaccine responses, and physician best practices for torture documentation. Prior to medical school, she worked in Washington DC and contributed to public health policy reports through her work at New America's Health Innovations Lab. A first-generation Greek American, Matina is deeply committed to global mental health, human rights, and culturally responsive care. Outside of her academic and clinical work, she enjoys mentoring peers, building wellness spaces, and exploring the healing power of narrative.



Katie Kuk, MD

MD: Albert Einstein College of Medicine
BA: Princeton University

Katie immigrated from South Korea at age eight and grew up in New Jersey, serving as the *de facto* language and cultural interpreter for her family. At Princeton, she majored in Spanish Language and Culture, writing her thesis on disparities in contraceptive access among Latina and white women. Before medical school, she spent a year working full-time at the Association to Benefit Children in East Harlem, supporting children with special education needs and families facing socioeconomic challenges, then continued to volunteer with the organization throughout her medical training. In medical school, Katie was awarded the Dean's Recognition Award and the Dr. Oscar Palatucci Endowment for Research in Diabetes. Her research spans neuropsychiatry, child and adolescent mental health, and consult-liaison psychiatry, including projects on Bardet-Biedl syndrome, agitation protocols for pediatric neurodevelopmental disorders in the emergency setting, and mental health transitions for adolescents with sickle cell disease. She has presented at the Pediatric Academic Societies Meeting and published work in the *Journal of Palliative Medicine*. Katie served as an officer for Medical Students for Choice, helping organize a citywide fundraiser that raised \$20,000 for abortion advocacy organizations following Dobbs, and volunteered as a clinic escort and Spanish interpreter at Einstein's free community clinic. She also mentored first- and second-year students as a clinical skills teaching assistant. Fluent in Korean and Spanish, she is drawn to the ways culture, language, and silence shape psychiatric presentations. Outside of medicine, Katie is a competitive synchronized figure skater, currently with the Gotham City Synchronized Skating Team, a practice she has sustained since the fourth grade.

New Psychiatry Residents, 2025 – 2026

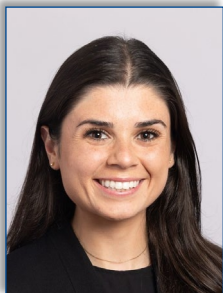


Claire Laubacher, MD, PhD

MD/PHD: University of Wisconsin School of Medicine and Public Health

BA: Pomona College

Originally from the Chicago area, Claire completed her undergraduate studies in Neuroscience at Pomona College, where she co-founded the 5Cs Mental Health Alliance to promote dialogue and destigmatize mental illness across the Claremont Colleges. Before starting her MD/PhD, she spent two years working at the NIH's National Center for Complementary and Integrative Health. There she used neuromodulation and neuroimaging to study the cortical representation of pain and touch, resulting in multiple co-authored publications in high-impact journals including *The New England Journal of Medicine* and *The Journal of Neuroscience*. Her doctoral research in psychology focused on the intersection of inflammation, brain function, and mental health. Working in the Center for Healthy Minds under Dr. Melissa Rosenkranz, her dissertation focused on how chronic peripheral inflammation, specifically in asthma, affects brain microstructure and cognitive outcomes in youth. She also investigated how mindfulness-based stress reduction alters resting-state functional connectivity in the salience network and how these changes relate to asthma control, publishing two first-author papers in *Brain, Behavior, and Immunity*. She has presented her work at international conferences such as the European Psychoneuroimmunology Network and the International Society for Contemplative Research. Claire has been honored with the MSTP Diversity and Equity Champion Award for her leadership in developing and facilitating an anti-bias curriculum and organizing equity-focused journal clubs. Her interests in psychiatry include developmental psychopathology, contemplative neuroscience, taxonomic alternatives to DSM, psychotherapy and interdisciplinary approaches to mental health. Outside of medicine, Claire enjoys dance, birdwatching, tabletop role-playing games, and trying new restaurants with her loved ones.



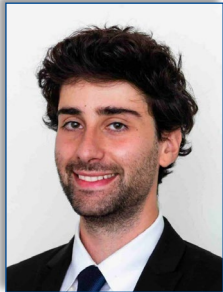
Tomasina Leska, MD

MD: Icahn School of Medicine at Mount Sinai

BS: Cornell University

Born and raised in Vestal, New York, Tomasina graduated Cornell with a degree in Human Biology and minors in Health Policy and Inequality Studies. She competed for four years on Cornell's Division I women's lacrosse team, contributing to two Ivy League Championships and twice earning IWLCA Scholastic All-American honors. Following college, she joined the Children's Hospital of Philadelphia's Department of Orthopedics as a clinical research coordinator for two years. She facilitated multiple prospective studies focusing on ACL reconstruction and recovery and osteochondritis dissecans of the knee and elbow. She also helped launch the first prospective multi-center study of tibial spine fractures, garnering the Arthur H. Huene Memorial Award of \$30,000. In medical school and informed by her interests in neuroscience and the psychological aspects of sports, Tomasina shifted her focus to psychiatry. With Dr. Adriana Feder at the World Trade Center Health Program, she contributed to research on genetic and neuroimaging biomarkers of PTSD and resilience in 9/11 rescue and recovery workers. She has authored over 20 peer-reviewed publications and has presented her work at numerous national conferences, including as a first author in the *Journal of Affective Disorders* on linguistic predictors of response to psychotherapy for patients with PTSD. Tomasina also deepened her work with vulnerable populations through engaging the Mount Sinai Human Rights Program (MSHRP) and the East Harlem Health Outreach Partnership (EHHOP), Mount Sinai's student-run free clinic. As Clinic Manager of MSHRP, Tomasina facilitated medical and psychiatric evaluations for asylum seekers and collaborated with physicians and attorneys to produce medical-legal affidavits, which contributed to an asylum grant rate of over 90%. She also spent two years working as a senior clinician in the EHHOP Mental Health Clinic and oversaw treatment and education for patients with substance use disorders as the Director of Substance Use Disorder Care. Outside of medicine, she enjoys film photography, traveling, and long-distance running, and has completed five marathons.

New Psychiatry Residents, 2025 – 2026



Samuel Nussenzweig, MD

MD: The Warren Alpert Medical School of Brown University

BA: Columbia University

Originally from Bethesda and New York City, Sam graduated from Columbia with a degree in Biology and Mathematics. Before medical school, he spent two years at Memorial Sloan Kettering Cancer Center conducting research on tumorigenesis in esophageal and lung cancers. His work earned him the prestigious Dolores Zohrab Liebmann Fellowship, a three-year full tuition scholarship awarded for excellence in cancer research. In medical school, Sam continued his oncology research, while also expanding into global health through a study on peripheral arterial disease in Rwanda. His interest in psychiatry emerged through clinical and research experiences, including working at Rhode Island's juvenile correctional facility and contributing to a multi-center clinical trial on deep brain stimulation for intractable OCD. Sam also served as a venture fellow at Angelini Ventures, an Italian healthcare VC firm, where he evaluated biotech innovations in psychiatry, neurology, and addiction recovery. His interests include interventional psychiatry, forensic mental health, and the integration of technology in psychiatric care. Outside of medicine, Sam is triathlete and cyclist and enjoys New York's museums and music scene.



Spencer Olesky, MD

MD: Tulane University School of Medicine

BA: Tulane University

Raised in Manhattan and London, Spencer graduated *summa cum laude* from Tulane University with a B.A. in Neuroscience and a minor in History. He was inducted into the Peery Society, Tulane's highest academic distinction. Throughout both his undergraduate and medical studies at Tulane, Spencer worked to bring science to life for a broader audience as a scientific editor for *The Code Breaker*, Walter Isaacson's acclaimed biography of Nobel laureate Jennifer Doudna. While serving as an editor, he developed a lasting interest in the intersection of science, narrative, and public understanding. He later applied his clinical insight in the technology space, working with Elemeno Health, an education technology company, to design resources that enhance healthcare delivery through improved education. Spencer's commitment to mentorship and service has been a constant throughout his journey. He co-led UpTUBAT, Tulane's tutoring initiative for first-year medical students, and mentored middle and high school students through Let's Play and College Track. His volunteer work also extended to Habitat for Humanity, where he helped rebuild homes in New Orleans' Lower 9th Ward. A lifelong soccer player and team captain at Tulane, Spencer thrives in collaborative environments and finds joy both on the soccer field and at live music shows. He continues to explore the crossroads of narrative medicine and the integration of technology into psychiatry, bringing to each endeavor a thoughtful blend of scientific rigor, empathy, and a storyteller's sensibility.

New Psychiatry Residents, 2025 – 2026



Michael Peruggia, MD

MD: Icahn School of Medicine at Mount Sinai
BS: Davidson College

Michael grew up in Staten Island and graduated from Davidson College with a major in Psychology and a minor in Neuroscience. His early interest in autism, shaped by personal family experiences, led him to the Seaver Autism Center at Mount Sinai, where he worked in both basic and clinical research. He investigated social reward circuitry in rodent models of Phelan-McDermid Syndrome as a member of the Harony-Nicolas lab and led a project analyzing social media representations of autism in the Foss-Feig lab. During the pandemic, Michael co-hosted virtual bingo nights for The GRACE Foundation, raising over \$50,000 for autism programming. These efforts earned him a Staten Island Nonprofit Community Service Award. During medical school, he led naloxone trainings through the Harm Reduction and Addiction Medicine Club, mentored peers through the PEERS program, brought music to patients through bedside performances, and brought his fellow students together at open mic nights as leader of the Music and Medicine Club. For his dedication to the arts and psychiatry, he was awarded the Joseph Collins Scholarship. Michael's professional interests include autism spectrum disorders, community psychiatry, and the intersection of neuroscience and advocacy. Outside of medicine, he enjoys singing and organizing creative spaces for connection and expression.

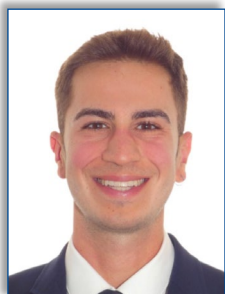


Gianna Radeljic, MD, MPP

MD: David Geffen School of Medicine at UCLA
BA: Amherst College

Originally from New York, Gianna graduated from Amherst with a degree in Neuroscience. She was a Lead EMT with the Amherst College Emergency Medical Service, responding to campus emergencies and mentoring junior EMTs. After college, she spent three years in Boston working as a Community Residence Counselor at McLean Hospital's Adolescent DBT Program, where she coached patients in mindfulness, distress tolerance, and emotion regulation skills. During the COVID-19 pandemic, she transitioned to McLean's Dissociative Disorders and Trauma Inpatient Unit, supporting women with complex trauma histories. Concurrently, she worked full-time as a Research Technician in the Sabatini Lab at Harvard Medical School, investigating hypothalamic control of micturition and dopamine reward pathways in the basal ganglia, resulting in two peer-reviewed publications. In medical school, Gianna pursued a dual MD/MPP degree, studying Family Systems Interventions, Child and Adolescent Trauma, and Leadership for Social Change. She authored a policy brief for the California Department of Health Services on access to partial hospitalization programs for publicly insured children and served as a policy consultant for a mental health nonprofit. As a Wellbeing Committee Representative on the Medical Student Council, she organized wellness events and advocated for student mental health. Gianna's interests include trauma-informed care, adolescent psychiatry, and mental health policy reform. In her free time, she enjoys arranging flowers from local markets, discovering new music, and spending time at the beach with friends.

New Psychiatry Residents, 2025 – 2026



Ziad Saade, MD

MD: Harvard Medical School

BS: Columbia University

Born and raised in Beirut, Lebanon, Ziad graduated *summa cum laude* from Columbia with a degree in Biomedical Engineering, where he was awarded the Richard Skalak Memorial Prize and inducted into Tau Beta Pi. At Columbia, he received a full scholarship and ranked first globally in the French Baccalaureate among over 700,000 students. A trilingual speaker from childhood, Ziad is fluent in six languages and has used his linguistic skills as a certified medical interpreter in Arabic, French, and Spanish, volunteering at Mount Sinai

Hospital and the Columbia Immigrants' Rights Clinic to support asylum seekers and torture survivors. In medical school, Ziad pursued his passion for culturally sensitive psychiatry through clinical work, advocacy, and research. He led multiple scholarly projects on psychedelic-assisted therapies, including ketamine and MDMA, with a focus on alcohol use disorder and PTSD in sexually and gender diverse populations. He presented his work internationally and published in peer-reviewed journals such as *LGBT Health*. Ziad was the only medical student selected to attend the Healing Balkans conference in Sarajevo, where he explored culturally sensitive implementation of novel psychiatric treatments in post-conflict regions. He also served as social and financial chair of LAHMS, Harvard's LGBTQIA+ student group, and led a mental health access initiative for LGBTQIA+ individuals in Lebanon through the NGO Helem. His clinical interests include interventional psychiatry, trauma-informed care, and global mental health. In his free time, Ziad enjoys photography, language learning, surfing, and exploring new cultures through travel and cuisine.



Sonal Sharda, MD, MS

MD: University of Massachusetts T.H. Chan School of Medicine

BS: Johns Hopkins University

Sonal grew up in Massachusetts and spent many summers in India, where early experiences with a distinct healthcare system first drew her toward medicine. Graduating college with a degree in Neuroscience, she earned departmental honors and induction into both Nu Rho Psi and Omicron Delta Kappa honor societies. She went on to earn a master's degree in mental health from the Bloomberg School of Public Health at Johns Hopkins, where she was inducted into the Delta Omega honor society and completed a graduate practicum

developing a chronic absenteeism intervention across five Baltimore schools. Before medical school, Sonal worked as a mental health specialist on the Psychotic Division inpatient team at McLean Hospital. During medical school, she was selected as 1 of 52 students for the NIH Medical Research Scholars Program, where she co-led a ten-institution collaboration on social determinants of health in cardio-oncology under Dr. Tiffany Powell-Wiley at the NHLBI, co-mentored a team of post-baccalaureate fellows, and was a finalist in the NHLBI Three Minute Talk Competition. She also received a Fulbright-Nehru Research Grant. This work produced a first-author publication in *JACC: CardioOncology*, with additional publications in *Circulation*, *JAMA Health Forum*, and *Cancer Research*. As primary clinic coordinator at the Worcester Free Care Collaborative, she managed care for over 30 volunteers, conducted appointments in Hindi and Spanish, and helped families access community resources. She co-founded a multilingual newborn health literacy program at the Family Health Center of Worcester, supported by the Remillard Family Community Service Fund, which provided thermometers and multilingual fever education materials to families with limited resources. She co-authored a piece in *The Lancet Americas* exploring cultural and spiritual dimensions of end-of-life care across global contexts, and she has developed and led curricula for medical school electives on public health and the healer's art. Outside of medicine, she enjoys curling up with a good mystery novel, discovering new cities through their dessert scenes, and playing soccer with her dog, Zuko.

New Psychiatry Residents, 2025 – 2026



Hannah Silverman, MD

MD: UCSF School of Medicine

BA: Brown University

Hannah was born and raised in New York City, where an early curiosity about the human mind led her to pursue a degree in Psychology at Brown University. She graduated *magna cum laude* and was inducted into Phi Beta Kappa. Her honors thesis examined the impact of transcranial direct current stimulation on emotional responses during decision-making—an early indication of her future focus in neuropsychiatry. Following her undergraduate studies, Hannah spent five years at Columbia University Medical Center as a research coordinator, contributing to studies on *neuropsychiatric symptoms in* frontotemporal dementia and Huntington’s disease. Her work resulted in several first-author publications in peer-reviewed journals. She later joined the University of California, San Francisco (UCSF), where she conducted research under the mentorship of Dr. Riley Bove, investigating hormonal changes in women with multiple sclerosis. Hannah has presented her findings at national conferences and developed a narrative medicine elective that encourages students to explore the hospital environment through interdisciplinary texts and reflective writing. Her clinical experience includes volunteering at Clínica Martín-Baró, a student-run clinic serving uninsured Spanish-speaking adults, and working as a case manager for asylum seekers at Weill Cornell’s Center for Human Rights. Hannah’s academic interests span neuropsychiatry, medical humanities, and palliative care. Outside of medicine, she enjoys reading, hiking, baking, and exploring new cities on foot.



Wendy Tan, MD

MD: Washington University in St. Louis School of Medicine

BA: Swarthmore University

Originally from Malvern, Pennsylvania, Wendy graduated Phi Beta Kappa from Swarthmore College with a degree in Neuroscience, distinguishing herself through both academic excellence and a deep commitment to community service. As an undergraduate, she served as a site coordinator for the Dare2Soar tutoring program, leading a team of 20 tutors and advocating for sustained educational support amid budget constraints. After college, Wendy joined the Children’s Hospital of Philadelphia, where she managed a colony of over 2,000 mice and conducted research on biomarkers for mitochondrial disease. At WashU Medicine, she pursued her passion for child and adolescent psychiatry, joining the Vogel-Hammen Lab to conduct fMRI studies on emotional dysregulation in children. She presented her findings at the AACAP Annual Meeting and contributed to the development of a climate change curriculum for first-year medical students, which her team presented at the AAMC Central Group on Educational Affairs. Wendy’s clinical experiences include serving as a NICU cuddler at St. Louis Children’s Hospital, supporting infants experiencing substance withdrawal syndromes and training new volunteers. She also demonstrated a strong commitment to student wellness and community building as a Cori Society Leader, coordinating the class show and editing the *DisOrientation Guide*. Outside of her professional pursuits, Wendy is currently channeling her creativity into writing her first novel.

New Psychiatry Residents, 2025 – 2026



Jeremy Tuttle, MD

MD: Weill Cornell Medicine

BS: Temple University

Raised in Pennsylvania, Jeremy graduated magna cum laude from Temple with a B.S. in Biochemistry and was inducted into Phi Beta Kappa for his academic excellence. Before medical school, Jeremy taught high school chemistry in Baltimore through Teach For America, where he led the science department during the COVID-19 pandemic. This experience deepened his commitment to equity in education and healthcare. In medical school, Jeremy served as a senior clinician at the student-run Weill Cornell Community Clinic, providing psychiatric and medical care to uninsured patients. He founded the Physical Medicine and Rehabilitation Interest Group and co-led the Sports Medicine Interest Group, organizing hands-on ultrasound workshops and mentorship events for fellow students. His research, conducted under Dr. Jaspal Singh, explored virtual yoga interventions for back pain and disability. He also collaborated with a biotech company to pilot a remote therapeutic monitoring platform. Jeremy has presented his work at national conferences and co-authored multiple peer-reviewed publications, including a book chapter on interventional pain techniques. Jeremy's dedication to service extends beyond the clinic. He has guided athletes with disabilities through Achilles International and taught wellness to underserved middle schoolers through the MACHO program. A certified yoga instructor, he also led classes for the Weill Cornell community. His clinical interests include community mental health, psychodynamic therapy, and the integration of mind-body approaches in psychiatric care. Outside of medicine, Jeremy enjoys cycling, backpacking, practicing capoeira, and exploring art museums and local food scenes.



Nkemdilim Ugwu, MD

MD: Tufts University School of Medicine

BA: Brown University

Originally from West Chester, Ohio, Nkem graduated from Brown University with a degree in Interdisciplinary Studies. While at Brown, Nkem's passion for movement and inclusion came to life—she co-directed the Impulse Dance Company and led creative expression workshops for adults with developmental disabilities. Her journey continued at Tufts, where she became a strong voice for equity in healthcare. She played a key role in medical education, serving as a peer educator and section leader for the Doctor–Patient Relationship course. She mentored junior students and helped revise the psychiatry curriculum to promote inclusive practices. Her academic work included research with the Racism Equity and Diversity Lab, where she investigated how various forms of racism impact physical and mental health. Nkem also contributed to Alzheimer's research at Mount Sinai, co-authoring a published study that examined African American participation in memory research. Her advocacy extended well beyond the classroom: she served as the Diversity, Equity, and Inclusion Representative for her class, mentored Boston high school students through the Pediatric Community Advocacy Program, and taught movement as an assistant instructor for Dance for Parkinson's Disease. Her reflections on stigma in opioid use disorder treatment were published in *MoHo Dance*. With a deepening interest in psychiatry, Nkem is especially drawn to the intersections of trauma, addiction, race, and mental health. Outside of her professional life, she finds joy in dancing with Afrobeats Dance Boston, solving puzzles, and diving into DIY projects.

New Psychiatry Residents, 2025 – 2026

Physician-Scientist Research Track



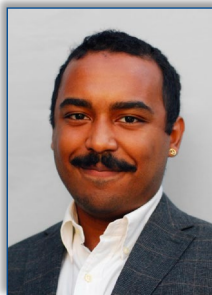
Ethan Dutcher, MBBS, PhD

MBBS: University of Adelaide Faculty of Health Sciences

PhD: University of Cambridge

Originally from Los Angeles, Ethan moved to Adelaide, Australia as a child and completed middle school, high school, and undergraduate medical school there. Having greatly enjoyed his research experiences during medical school, he then went on to complete a PhD in psychiatric neuroscience at the University of Cambridge as a Gates Cambridge Scholar. His doctoral research explored the impact of early-life stress on brain development, immune function, and depression-related behavior. During his PhD, he gained expertise in rodent models, wet lab techniques, and

advanced data analysis, including in statistics, MRI analysis, bioinformatics, and machine learning. After obtaining his PhD, he served as a postdoctoral scholar in the Department of Psychiatry at UCSF, working with Dr. Andrew Krystal, where he co-designed a clinical trial focused on subtype-based depression management. He also served as a biostatistician working with Dr. Elissa Epel, leading analyses examining the interplay between stress, depression, immune function, and vaccine response. Ethan has authored multiple first-author publications in leading journals such as *PNAS*, *Annals of Internal Medicine*, *JAMA Psychiatry*, and *Translational Psychiatry*, and he has presented his work internationally. His research plans in residency include using clinical trials and cohort studies to address mechanistic, efficacy, comparative effectiveness, and treatment selection questions related to depression intervention. Beyond research, Ethan has held leadership roles including founding the Adelaide University Psychiatry Society and serving on his university's board of directors. He enjoys teaching and has taught clinical skills and neuroanatomy to medical and undergraduate students. Outside of medicine, Ethan enjoys many outdoor activities and is an enthusiastic foodie and traveler.



Bruce Ramphal, MD

MD: Harvard Medical School

BS: Brown University

Born and raised in the South Bronx in a Guyanese immigrant family, Bruce graduated *magna cum laude* with a degree in Neuroscience. As an ENDURE Neuroscience Pipeline Scholar at Washington University in St. Louis, he worked with Drs. Chad Sylvester, Cynthia Rogers, and Christopher Smyser, authoring his first publication on socioeconomic disparities in neonatal brain functional connectivity. After college, Bruce worked at Columbia University with Dr. Amy

Margolis examining how environmental exposures like air pollution and tobacco smoke related to child brain structure, brain function, and mental health over development. He also developed a line of work examining the contributions of socioeconomic resources to brain development and psychiatric risk. Bruce then attended Harvard Medical School with the support of the Dean's REACH full scholarship. There, he completed the Cambridge Integrated Clerkship and worked with Dr. Natalie Slopen at the TH Chan School of Public Health studying rental evictions and child health. He also served as a principal investigator on a grant from the Understood Foundation to study how aggressive neighborhood policing relates to neurodevelopmental risk in New York City. By the start of residency, he had coauthored over 20 publications, including 6 as first-author in top journals such as *JAMA Network Open*, *Developmental Cognitive Neuroscience*, *Environmental Research*, and *Environment International*, reflecting an h-index of 14. A dedicated mindfulness practitioner for over a decade, Bruce founded a meditation group for people of color as an undergraduate at Brown, studied abroad at a Buddhist monastery in India, and co-led a grant-funded wellness initiative at Harvard focused on yoga and anatomy. He also enjoys mentoring first-generation and underrepresented premedical students. Bruce's interests in psychiatry include the structural determinants of mental health, spatial epidemiology, child and adolescent development, and community-based care. Outside of medicine he enjoys baking, practicing yoga, ceramics, spending time with his siblings, and solving crossword puzzles with his partner, who is also a psychiatry resident.