

CLINICAL PSYCHIATRY TRACK



Adam Alghalith, MD, MS (he/him)

MD: David Geffen School of Medicine at UCLA

BA & MS: University of Pennsylvania

Adam grew up in rural Missouri, where his curiosity and creativity led him to diverse pursuits, from building a pinball machine to exploring virtual economies. He completed undergraduate degrees in Physics and Biochemistry, as well as a Master's in Chemistry, at the University of Pennsylvania. During this time, he conducted cutting-edge research in oncology and autoimmune diseases, with findings published in *Nature Communications*. Originally enrolled in the UCLA/CalTech MD/PhD program, Adam chose to focus more on clinical endeavors in medical school. While at UCLA, Adam co-founded a Special Olympics chapter, offering free sports physicals, health education, and integrative medicine workshops for athletes with disabilities. He also co-developed a longitudinal disability curriculum for the medical school. Adam's research interests have focused on the intersection of health, policy, and urban environments. As part of Streets for All, a Los Angeles-based organization, he contributed to the passage of key legislation in California, including Senate Bill 922 to expedite sustainable transportation projects and Assembly Bill 2147 to decriminalize jaywalking. He collaborated with the UCLA Center for Neighborhood Knowledge to study disparities in environmental exposures and their impact on community health, as well as the outcomes of New York City's Universal Access to Counsel law. He also authored case reports on kratom use disorder and social factors affecting care for underserved populations. In his free time, Adam enjoys playing intramural soccer, surfing, and karaoke.



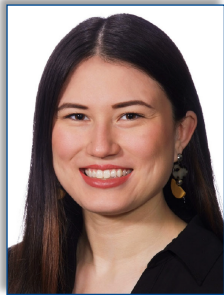
Eric Bean, MD, MA, MBE (he/him)

MD & MBE: Perelman School of Medicine at the University of Pennsylvania

MA: IE Business School, Madrid, Spain

BA: Claremont McKenna College

Born and raised on a farm in rural Iowa, where his family raised horses, alpacas, and goats, Eric's nontraditional path to psychiatry reflects his deep-seated curiosity about the natural world and the human experience within it. After studying economics and playing soccer at Claremont McKenna College, he worked in consulting in Los Angeles and later moved to Madrid to help launch a data analytics startup called Carto. Helping a close friend navigate a devastating mental illness inspired Eric to pursue a career in medicine. He returned to the US to attend medical school at the University of Pennsylvania, where he concurrently pursued a Master of Bioethics, exploring the ethical nuances of mental healthcare, including the ethics of involuntary treatment, AI psychotherapy, and the emerging field of psychedelic-assisted therapy. As a researcher, Eric has examined the efficacy of intravenous ketamine for severe bipolar depression and peer mentoring programs for postoperative depression. He also worked with the Penn Psychedelics Collaborative to help organize "Philadelic," a conference promoting interdisciplinary research on psychedelics as therapeutic tools. Eric looks forward to a multi-disciplinary career in psychiatry, where he can explore his passion for transforming mental healthcare delivery via innovative therapies and technologies. Outside the hospital, he is often found playing pickup basketball, exploring the vibrant NYC music scene, or pampering his two mischievous cats.



Isabella Cuan, MD, MSc (she/her)

MD: New York University Grossman School of Medicine

MS: University of Manchester

BA: University of Pennsylvania

Isabella's journey in medicine integrates art, science, and social advocacy. As a Cuban-Filipina woman growing up in Sparta, New Jersey, her early fascination with identity and storytelling shaped her commitment to amplifying underrepresented voices. Majoring in Neuroscience and minoring in the History of Art, Isabella conducted research on decision-making processes, led patient interviews in nursing homes, and contributed to a multisite opioid risk reduction study. Her academic and humanitarian efforts earned her the prestigious Thouron Award, which funded her Master's in Medical Humanities in England. Her dissertation proposed photography as a medium to reduce physician burnout, strengthen clinical skills, and deepen professional identity. Following her graduate studies, she remained in the UK working for Refugee Action's Asylum Crisis Project. In medical school, Isabella's commitment to addressing social determinants of health and immigrant experiences continued to flourish. As a Summer Rudin Fellow, she designed and executed a qualitative study of the social history in immigrant health assessments, presenting her findings at the Health Humanities Consortium Conference. As Director of the NYU Asylum Clinic, Isabella oversaw all clinic operations, organized training for more than 50 healthcare professionals in collaboration with Physicians for Human Rights and developed a post-evaluation care team to connect asylum seekers with essential resources. She was also a member of the Physicians for Human Rights Student Advisory Board, serving on the Human Trafficking Committee to create an interdisciplinary educational series on labor and sex trafficking in healthcare. Her leadership at the EMPOWER Lab included directing a retrospective cohort study analyzing vulnerabilities to trafficking and designing evidence-based public health infographics. She has been inducted into the Gold Humanism Honor Society. Isabella has been a professional photographer since 2014, with work including portraiture, documentary projects, and collaborative exhibitions. One of her most meaningful projects is a documentary exploring her grandparents' immigrant narrative, documenting their experiences of fleeing Cuba during Fidel Castro's dictatorship. Isabella also applies her artistic sensibilities in medicine, using photography to teach observation skills and emotional resilience to medical students.

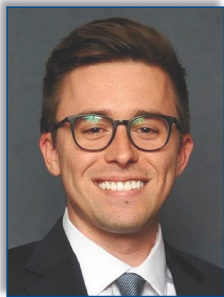


Gabriela de Queiroz Campos, MD, MS (she/her)

MD: Yale School of Medicine

BS & MS: Brown University

Gabriela was born and raised in São Paulo, Brazil, and moved to the United States at 18 to pursue her undergraduate studies at Brown University. At Brown she earned her undergraduate degree in Cognitive Neuroscience and a Master's in Psychology, receiving the Davids Prize in Clinical Psychology for her academic achievements and contributions to the field. During medical school at Yale School of Medicine, Gabriela served as both a mentor and as Executive Director of F-1 Doctors—a global mentorship organization supporting international students aspiring to pursue medical education in the U.S.—where she helped guide mentees in navigating the complex process of applying to medical school. She advocated for greater inclusivity in medical education, providing tailored mentorship on everything from crafting compelling personal narratives to navigating complex visa and financial barriers. During medical school, she was also involved in research through the Mood Disorders Research Program, where she published a systematic review on the rest-activity cycle in bipolar disorder, and through the Pediatric Gender Program, where she performed qualitative research on the lived experience of trans men with endometriosis. She was also involved in narrative medicine projects and was a student facilitator for the Healer's Art class. In her work with Yale's Addiction Medicine Collaborative, she co-designed a monthly podcast discussion series featuring expert panelists discussing harm reduction, stigma reduction, and evidence-based practices in addiction medicine. Her presentation at the American Academy of Addiction Psychiatry demonstrated her skill in fostering interprofessional approaches to substance use disorders. Outside of medicine, Gabriela enjoys swimming, trying out new recipes, and road cycling.



Jakub Denkiewicz, MD (he/him)

MD: The University of Tennessee Health Science Center
BS: The University of Alabama

A first-generation college student and recipient of a full-tuition Presidential Scholarship, Jakub graduated from The University of Alabama *summa cum laude* with a degree in Psychology. His undergraduate research in the Embodied Learning Design and Educational Neuroscience Lab included using voxel-based morphometry to study structural brain differences in Alzheimer's Disease in comparison with mild cognitive impairment as well as running EEG studies on numerical cognition. During medical school he received a T35 National Research Service Award and worked on a multisite study examining pain sensitivity in patients with Alzheimer's Disease and cancer. As President of UTHSC's chapter of PsychSIGN, he spearheaded a partnership with the South Memphis Wellness and Stress Clinic to create a new psychiatric treatment space, funded by a Helping Hands Grant from the American Psychiatric Association. Jakub has also been consistently involved in leading student wellness initiatives. In college he was the Vice Chair of the Student Health and Wellbeing Advisory Board. In medical school he was a board member of UTHSC's Wellness Committee, through which he organized a campus-wide Suicide Awareness Week, reframing wellness initiatives to focus on students' basic needs, such as safety and belonging. He also co-authored a publication and presented on medical students' attitudes toward wellness programs. Jakub also served as COO and Vice President of Research and Development for Cope, a nonprofit organization based out of UTHSC that hopes to "...end burnout and create a culture of health in medical training." Jakub has been inducted into the Gold Humanism Honor Society. He is a marathon runner.



Alexander Fang, MD (he/him)

MD: SUNY Downstate Health Sciences University College of Medicine
BS: University of Delaware

With a degree in Pre-Veterinary Medicine and Animal Biosciences, Alexander was initially accepted into veterinary school. However, his work with patients, particularly during his role working at a veterinary practice, shifted his focus to human medicine. As a Senior Research Associate and Keith London Research Fellow at SUNY Downstate and NYU Langone Health, Alexander led and contributed to numerous clinical studies. His work includes aggregating the largest adolescent varicocele database in known literature, investigating nocturia in patients with psychiatric medication use, and analyzing suicide risk assessment tools in diverse adolescent populations. He has authored multiple manuscripts and over 15 posters and oral presentations at national and international conferences, earning him the SUNY Downstate Alumni Association Research Scholarship. Alexander has served as CEPC Chair of the Medical Student Liaison Committee for the Class of 2024. He was a Near Peer Educator leading sessions on clinical reasoning, patient interviews, and physical examination techniques for junior medical students, while also developing innovative assessment tools for surgical resident evaluation, culminating in a presentation at the World Congress of Robotic Surgery. Alexander launched the SUNY Downstate Garden, providing fresh produce to students and the local community. He also organized wellness programs, speaker events, and published a cookbook focusing on simple, nutritious recipes to promote healthy living. He has been inducted into both the Alpha Omega Alpha Honor Society and the Gold Humanism Honor Society. Alexander is a skilled percussionist who has been inspired by his grandfather, a professional jazz pianist, and has played in alternative rock bands and recorded a jazz CD with his grandfather. He is fluent in Spanish.



Madeleine Granovetter, MD (she/her)

MD: Rutgers, Robert Wood Johnson Medical School
BA: Harvard College

Growing up in Glen Ridge, New Jersey with a brother on the autism spectrum, Maddy was inspired early to study and champion the mental health needs of individuals with developmental disabilities. While obtaining her degree in Molecular and Cellular Biology, Maddy served as President of Harvard's Friday Night Club, organizing sensory-friendly social activities for Boston-area teens with autism. During a year-long fellowship at the NIH's Social and Behavioral Research Branch, she led a study addressing the psychological implications of caregiving among siblings of children with rare metabolic disorders and published her findings in the *Journal of Developmental and Behavioral Pediatrics*. During medical school she conducted research at the Boggs Center on Developmental Disabilities, exploring how early intervention providers navigate making referrals for autism evaluations with families. Her findings, which highlighted inconsistencies in referral practices, were presented at the 2023 International Society for Autism Research conference in Stockholm, Sweden. She also engaged with the Director of Early Intervention Services at Children's Specialized Hospital to advocate for systemic improvements, reflecting her commitment to translating research into actionable change. Maddy has also worked to integrate the humanities into medical education, co-creating and leading the first Narrative Medicine course at Rutgers Robert Wood Johnson, with the goal of teaching students how storytelling fosters empathetic patient-physician relationships. Her course helped prompt the creation of the school's Distinction in Medical Humanities (DIMH) program, which Maddy graduated with in recognition of her contributions. During her fourth year of medical school, she continued to mentor students by creating a didactic series that used short stories and creative essays to teach concepts in psychiatry, which she taught to undergraduates. She also co-developed an OSCE assessing COVID-19 vaccine counseling, utilized across multiple specialties, to evaluate and improve this competency among medical students. Maddy has been inducted into the AOA Honor Society.



Jackie Lawson, MD (she/they)

MD: New York University Grossman School of Medicine
BA: Columbia University

Born and raised in Tampa, Florida in a Mexican-American household, Jackie worked multiple jobs throughout high school, graduated as valedictorian, and earned a full scholarship to Columbia University, where she majored in Psychology. At Columbia, Jackie pursued research on mouse models of schizophrenia, drug addiction, and Parkinson's disease, co-authoring multiple publications (including in *Nature Communications*) and presenting at national conferences. At NYU, she was awarded the American Academy of Child and Adolescent Psychiatry (AACAP) Summer Medical Student Fellowship and conducted research on an open-label phase II trial investigating cannabidiol as a treatment for autism spectrum disorder in children. Her work led to poster presentations at AACAP and the American College of Neuropsychopharmacology. Jackie's passion for community advocacy is reflected in her role as Continuing Care Coordinator at NYU's Asylum Clinic. In addition, as an advocate with Mount Sinai's Sexual Assault and Violence Intervention program, Jackie provided emotional and logistical support to survivors of sexual assault and intimate partner violence. Jackie has served as co-leader of NYU's LGBTQ+ Med, where she expanded the Queer Mentor Advising Program to connect students with physician mentors and created a gender-inclusive language checklist for faculty. She also organized training sessions on LGBTQIA+ care for volunteers at the NYC Free Clinic. As treasurer of the Latino Medical Student Association, Jackie managed the chapter's finances and organized cultural and educational events, including panels on Latino health disparities and networking programs for underrepresented students in medicine. As a founding member of the Student Wellness Committee at NYU, she organized initiatives to address the mental health impacts of the COVID-19 pandemic on her classmates. Jackie has been inducted into the Gold Humanism Honor Society.



Benjamin Ogedegbe, MD (he/him)

MD: New York University Grossman School of Medicine
BS: George Washington University

A first-generation Nigerian-American, Ben was awarded a full cost of attendance scholarship to play soccer at Indiana University–Purdue University Indianapolis (IUPUI), where he received multiple distinctions, including the Summit League Distinguished Scholar, Summit League Academic Honor Roll, and election into the Alpha Lambda Delta and Phi Eta Sigma honor societies. He also cofounded and was public relations officer for the school's chapter of the National Organization for the Advancement of Black Chemists and Chemical Engineers.

After a few years, he transferred to GWU, again with scholarship support, and was recognized as an Arthur Ashe Junior Sports Scholar as he continued in Division 1 soccer, spending summers training with a variety of teams, including Nigeria's Olympic team and DC United's professional team. He unfortunately sustained a career-defining injury requiring bilateral hip surgery, which spurred his interest in the psychological aspects of recovery. After graduation, Ben spent two years as a postbaccalaureate research assistant at the NIH's National Institute of Aging, participating in several projects investigating DNA repair in diseases associated with aging, leading to a peer-reviewed publication and presentations at the NIH Postbaccalaureate Research Symposium. While in Baltimore, Ben volunteered for two years as an assistant coach for Soccer Without Borders, a nonprofit soccer program for refugee children. In medical school Ben liaised for the Student Diversity Initiative, working to integrate topics on health equity, structural racism, and diverse identities into the curriculum. His efforts contributed to the restructuring of NYU's social determinants of health block and the integration of health disparities into tested content. Additionally, as a member of the LCME student committee, Ben helped design and analyze surveys to improve the student experience during NYU's reaccreditation process. Ben is an avid DJ, finding joy in bringing people together through music, performing at events, bars, and clubs in New York City.



Tonia Ogundipe, MD (she/her)

MD: Columbia University
BA: Icahn School of Medicine at Mount Sinai

As an early witness to how mental illness is often misunderstood, stigmatized, and exacerbated by intergenerational trauma, Tonia has long been passionate about service and advocacy. Originally from Maryland, Tonia graduated Columbia University with a degree in Earth Science, while leading programs geared toward student wellness. After college she began her journey as an assistant at a Women, Infants, and Children (WIC) clinic in Washington, D.C., where she frequently encountered clients who had endured food and

housing insecurity, domestic violence, gun violence, and other forms of trauma. She soon determined that a career in medicine would be a realization and a driver of her social action. In medical school Tonia was the Clinic Manager for the Mount Sinai Human Rights Program, and she coordinated evaluations and assisted in the creation of medical affidavits for those seeking asylum. She also worked as a Chronic Care Senior and Mental Health Clinic Senior in the East Harlem Health Outreach Partnership, Mount Sinai's student-run free clinic. Tonia has contributed to various research projects including one evaluating the racial and ethnic biases of the Vaginal Birth After Cesarean Calculator, contributing to a publication in *Reproductive Sciences* and co-developing a successful presentation for hospital leadership that advocated for eliminating race-based variables in obstetric care. She also contributed to studies examining the resilience of individuals with inflammatory bowel disease and social cognition in pregnancy and postpartum. Lastly, as a co-leader of IcahnBeWell, she collaborated with administration to create a comprehensive wellness resource guide for students and organized wellness events during the COVID-19 pandemic.



Charlotte Pierce, MD (she/her)

MD: Wesleyan University

BA: Icahn School of Medicine at Mount Sinai

Raised in Manhattan, Charlotte attended Wesleyan, double majoring in Neuroscience and Studio Art. Her senior thesis, a series of illusionistic oil paintings inspired by biological material, redefined perception by presenting everyday objects in unfamiliar scales and contexts. This work was awarded a place in Wesleyan's permanent collection. She also created a 60-page, hand-made book exploring the stigma surrounding mental health, combining interviews with college students and original artwork. Incorporating art in her medical education, Charlotte created and taught a Nexus course exploring mental health narratives through film, literature, and visual art, inviting students to engage deeply with the intangible aspects of mental illness, while examining trauma, psychosis, memory, and identity through a multidisciplinary lens. Her research on the course's impact, published in *Academic Psychiatry*, noted significant improvements in participants' empathy, resilience, and reflective capacities. Prior to medical school, Charlotte was a Clinical Research Coordinator at the Depression and Anxiety Center for Discovery and Treatment, working on clinical trials in treatment-resistant depression and publishing in the *Journal of Psychopharmacology*. Her role progressed to Program Coordinator, in which she conducted screening intakes for patients seeking interventions such as ketamine, TMS, ECT, and DBS. She oversaw esketamine and ketamine treatments and conducted TMS sessions as a certified TMS operator. Building on this experience, she became involved in psychedelic medicine, co-hosting talks with prominent leaders in the field, co-authoring a comprehensive review on psychedelics for PTSD, and contributing to cutting-edge studies on the therapeutic potential of these compounds. She also served as a Clinic Manager for the Mount Sinai Human Rights Program, where she coordinated trauma-informed forensic evaluations for asylum seekers and worked closely with physicians and attorneys to produce medical-legal affidavits for survivors of persecution and violence. Additionally, as the Director of CBT at the East Harlem Health Outreach Partnership Mental Health Clinic, she oversaw a comprehensive CBT curriculum for trainees and recruited and mentored new providers to expand the clinic's capacity.

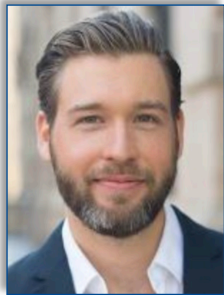


Austin Su, MD (he/him)

MD: Columbia University Vagelos College of Physicians and Surgeons

BS: Stanford University

Raised in Poway, California, Austin earned his degree in Molecular and Cellular Biology, publishing his research in *Molecular Cancer Therapeutics*, while also receiving the Stanford Department of Music Award for Chamber Music. In medical school he co-chaired the Columbia Behavioral Health Free Clinic, implementing a psychiatric referral service for all other student-run free clinics, expanding services for undocumented immigrants, LGBTQ+, and the undomiciled, and ultimately more than doubling the clinic capacity. In recognition of his achievements, he received the CoSMO Free Clinic Service Award. Austin's passion for community mental health extended to his work with the Columbia Psychiatry Mental Wellness Equity Center, where through implementation research, he developed pilot programs training community health workers to deliver Interpersonal Counseling in under-resourced areas of New York and South Africa, informed by similar programs in Brazil and Mozambique, effectively adapting global mental health strategies to underserved U.S. communities. This work was published in *BMJ Global Health*. His additional work spans diverse areas, including disparities in survival outcomes for patients undergoing pulmonary thromboendarterectomy, the integration of depression treatment into tuberculosis care in Brazil, and the impact of COVID-19 on healthcare burnout in Mozambique. He has published in *Frontiers in Public Health*, *European Journal of Cardiothoracic Surgery*, and *Health Promotion Practice*, and presented findings at international conferences. As an advocate for Asian American mental health, Austin co-founded "Mental Matcha," a podcast addressing stigma and mental health literacy in the Asian American community, with a goal of demystifying psychiatric care and fostering open conversations. As Co-President of Music at the Bedside, he organized virtual and live concerts during the COVID-19 pandemic, and he performed saxophone and vocals with the Columbia University Musicians' Guild.

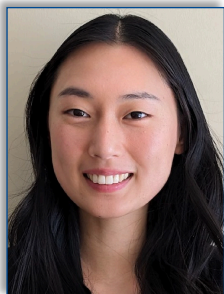


Matthew Wilson, MD (he/him)

MD: SUNY Downstate Health Sciences University College of Medicine
BA: The New School

After earning his degree in Psychology, Matthew spent a decade as an entrepreneur before pursuing medicine. As the co-founder of eParel, LLC, he disrupted the hospitality uniform industry by developing a web-based platform backed by Columbia University and angel investors. He successfully built a supply chain from scratch, launched an in-house apparel brand, led business development and sales strategy, and cultivated partnerships with major organizations across New York City. He also co-founded the Brooklyn Yoga Collective, a community hub offering accessible yoga and meditation classes on a sliding payment scale in Crown Heights, Brooklyn. In medical school Matthew was Director of Psychiatry at the Brooklyn Free Clinic, where he expanded psychiatric services for uninsured patients, increasing capacity by over 100%, and implemented a new referral system. Under his leadership, the Clinic secured an APA Helping Hands grant to develop credit-bearing coursework teaching senior medical students how to provide supportive psychotherapy. He was also lead organizer for an APA Helping Hands grant that administered an established DOORS (Digital Outreach for Obtaining Resources and Skills) curriculum to geriatric psychiatry patients. As President of his medical school's Psychiatry Student Interest Group, Matthew organized panel discussions with nationally leading speakers on topics such as psychedelic-assisted psychotherapy and applications of digital therapeutics. Outside of medical school, Matthew had an ongoing role as consultant for Mindwell Labs, Inc., a mental health start-up that employs wearables for real-time autonomic nervous system measurement. Combining three of his deep interests—autonomics, tech, and mindfulness—the application utilizes a model of biofeedback with mindfulness-based interventions for regulation of stress and attention.

PGY-2 ENTRY

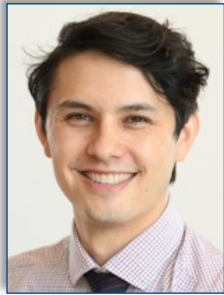


Yanglu (Lulu) Chen, MD (she/her)

MD: Columbia University Vagelos College of Physicians and Surgeons
BA: Princeton University
PRIOR RESIDENCY: Mount Sinai Pediatrics

Born in Japan and raised in New Jersey, Lulu developed a passion for creative writing and the arts, which led her to work as a writing tutor and perform in slam poetry during her undergraduate years at Princeton University. She graduated with a degree in Chemistry, where she used ultrafast lasers to research the quantum-mechanical underpinnings by which nanoparticles can be used for cancer imaging and therapies. Her work has been published in high impact journals such as *Chemical Society Reviews*, *Drug Discovery Today*, and *Molecular Biomedicine*. She was awarded a Princeton in Asia fellowship to teach English in Yakage, Japan, during which time she started a volunteer initiative to revitalize tourism in the surrounding rural areas. In medical school at Columbia, Lulu served as a behavioral health clinician for a student-run clinic for uninsured patients and drafted medical affidavits for asylum seekers. She has a demonstrated passion for global health, having previously worked at the Hospital Infantil Dr. Robert Reid Cabral in Santo Domingo, Dominican Republic and at the Indian Institute of Cerebral Palsy in Kolkata, India. Outside of medicine, she enjoys learning American Sign Language and dancing as part of the Social Justice Movement Lab by jill sigman/thinkdance in New York City.

PHYSICIAN-SCIENTIST RESEARCH TRACK



John Tuddenham, MD, PhD (he/him)

MD/PhD: Columbia University Vagelos College of Physicians and Surgeons
BA: Columbia University

Originally from Los Angeles, John studied Neuroscience and Behavior as an undergraduate at Columbia and returned for his MD and PhD in Systems Biology. Prior to medical school, he worked with the Tisch Multiple Sclerosis research center, studying mechanisms and biomarkers associated with stem cell therapies in multiple sclerosis. In his PhD work, co-mentored by Drs. Philip L. De Jager and Peter Sims, John leveraged high-dimensional omics technologies to explore heterogeneity of immune cells in the human central nervous system across a wide variety of neurological disorders and aging. He leveraged this data to link transcriptomic phenotypes to functional outcomes to identify functional contributions of distinct microglial phenotypes to neurodegenerative disease. This enabled the exploration of genetic and chemical modulators that modulate microglial function, and ultimately led to the discovery of topoisomerase-I inhibitors as compounds that specifically upregulate an HLA-enriched microglial phenotype depleted in Alzheimer's disease and downregulated metabolically dysfunctional microglial phenotypes found in numerous neurodegenerative diseases. John is now interested in exploring underlying cellular and molecular mechanisms of interventional psychiatry approaches, particularly ECT, with a particular focus on non-neuronal cells and peripheral immune changes. John has published peer-reviewed articles in high-impact journals, recently as a first author in *Nature Neuroscience*. He has delivered lectures regarding his work at prestigious conferences throughout the Americas and Europe, including the Gordon and Keystone series. Outside of research, John has been the leader and coordinator of the Columbia (medical school and undergraduate) Outdoor Orientation Programs as well as a walk-on Division 1 varsity fencing team member at Columbia. In his spare time, he enjoys climbing, running, baking, and setting up freshwater aquariums.

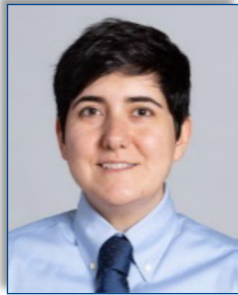


Burak Uzay, MD, PhD (he/him)

MD/PHD: Hacettepe Üniversitesi Tıp Fakültesi
POSTDOC: Vanderbilt University

Burak was born and raised in Turkey, where he began his medical and scientific journey. His interest in research dates to his high school years where he won a contest organized by The Scientific and Technological Research Council of Turkey. This blossoming interest in research motivated him to pursue a PhD in neuroscience as an MD-PhD student at Hacettepe University, Ankara, Turkey. During his PhD, he focused on investigating the molecular mechanisms of neuroinflammation underlying migraine and major depression. His early research piqued his interest in mental health, and to explore further, he pursued internships and collaborations at prestigious institutions around the world, including Charité Universitätsmedizin Berlin in Germany, Université Claude Bernard Lyon in France, and Harvard University Massachusetts General Hospital in Boston. In 2019 following his graduation, Burak moved to United States to start his postdoctoral research fellowship at Vanderbilt University, where he worked with Dr. Ege Kavalali and Dr. Lisa Monteggia, focusing on synaptic biology. He used human embryonic stem cell-derived cortical neurons and assessed synaptic neurotransmitter release using cellular electrophysiology. He uncovered novel mechanisms of abnormal synaptic vesicle release associated with aging, discovered a previously unknown mechanism of action for antipsychotics through homeostatic plasticity, and performed experiments targeting homeostatic plasticity mechanisms to treat treatment-resistant epilepsies associated with SNAP25 encephalopathies. He has published many first author manuscripts, including in *Cell Reports*, the *Journal of Physiology*, *Cell Calcium*, and the *Journal of Headache and Pain*. Burak aims to carry his experience in basic neuroscience to the translational/clinical realm to discover alternative treatment options for psychiatric disorders. In his spare time, Burak enjoys learning languages (he is fluent or near fluent in at least 4), reading books, and playing the cello.

CLINICAL PSYCHIATRY TRACK



Nicholas Athayde-Rizzaro, MD (he/him)

MD: Icahn School of Medicine at Mount Sinai
BA: Pontificia Universidade Catolica do Rio de Janeiro
BA: University of Maryland, College Park

Nicholas' journey in healthcare has always been informed by a desire to provide care for underserved communities. He was born in New York and grew up in Rio de Janeiro, where he obtained a B.A. in Psychology. During his training at PUC-Rio, Nicholas completed an internship in community psychology where he facilitated group therapy for at-risk youth in Vidigal, conducted qualitative research on family systems, and wrote his final thesis dissertation on psychoanalysis, queer theory, and Brazilian trans identities. Nicholas later moved back to the U.S., where he decided to pursue a career in medicine. He attended the University of Maryland, where he completed his pre-medical courses and obtained a B.A. in Spanish Language, Literature and Cultures. During his time in the DMV, Nicholas worked as a PrEP Navigator at Whitman-Walker Health and volunteered as a trans peer support group facilitator as well as HIV counselor and tester. In medical school at Mount Sinai, Nicholas was part of the Primary Care Scholars Program, where he had the opportunity to provide care for undomiciled patients at the Broadway Community Clinic and for LGBTQ+ youth at Ali Forney Center. His research contributions in medical school include an independent project assessing the impact of the COVID-19 pandemic on access to care for the trans community, as well as working with the Fribourg-Casajuana lab investigating the role of TIP60 inhibitors on Foxp3 expression Treg differentiation. In his spare time, Nicholas enjoys spending time with his husband and his two cats, running, and exploring the NYC culinary scene.



Lucia Bederson, MD (she/her)

MD: Icahn School of Medicine at Mount Sinai
BA: New York University

Lucia grew up in New York, surrounded by a family immersed in medicine. After completing her undergraduate degrees in Psychology and Italian Literature, she worked in neuroscience labs at NYU and UCSF, focusing on neural correlates of addiction, depression, and anxiety. At Mount Sinai, Lucia engaged in clinical research with Helen Mayberg on deep brain stimulation in patients with treatment-resistant depression and obsessive-compulsive disorder, helping to map neural circuits using diffusion imaging tractography. She has published on DBS for depression in *Neurotherapeutics*, the neuroscience of inhibition and prediction of relapse in addiction, as well as book chapters on the role of neurosurgery in psychiatric diseases. During her scholarly year, she worked at AskTia, a women's health startup, where she designed clinical guidelines for managing depression and anxiety and integrated alternative medicine practices with traditional treatment models. Her work helped create clear outcome measurements for mental health programs, demonstrating her leadership in blending clinical innovation with patient-centered care. Lucia was Co-Chair of the IcahnBeWell program, organizing events and conducting research on wellness among medical students. A certified Reiki Master Practitioner and a 200-hour Yoga Alliance Registered teacher, Lucia co-founded the Yoga Bears program at Mount Sinai, providing weekly yoga classes for children aged 5-12. Her interests include sailing, gardening, textile arts, and outdoor activities like hiking and skiing.



Kegan Dasher, MD (he/him)

MD: George Washington University School of Medicine and Health Sciences
BS: University of Pittsburgh

Kegan grew up in Fort Washington, Maryland and is deeply committed to serving marginalized and underserved communities. As a Community and Urban Health Scholar, he has worked as an HIV counselor at the Whitman-Walker Health Clinic and served as the president of the George Washington University White Coats for Black Lives chapter. In addition to his passion for social justice, Kegan has nurtured his love for the arts, and he is deeply engaged as a dancer and instructor, having performed and taught styles ranging from West African dance to jazz-funk. He was awarded the Joseph Collins Foundation Scholarship, which recognizes medical students who excel academically while maintaining a strong interest in the arts. Academically, Kegan has also been recognized with the Goddard Prize for Outstanding Achievement in Pharmacology and was elected to the Gold Humanism Honor Society. His interest in psychiatry grew throughout his training, particularly during his time at the NIH Clinical Electives Program, where he worked with patients experiencing complex psychiatric and medical conditions. His research includes work with the GW Vaccine Research Unit, where he contributed to trials on COVID-19 vaccines.



Tanya Datta, MD (she/her)

MD: David Geffen School of Medicine at UCLA
BA: University of Pennsylvania

Tanya grew up in Syosset, New York and has always been deeply interested in the intersection of medicine, neuroscience, and integrative care. She graduated college with a degree in the Biological Basis of Behavior and went on to work at Massachusetts General Hospital, where she conducted research on the neuroscience of meditation and yoga. Her work culminated in multiple peer-reviewed publications, as well as teaching undergraduates at Harvard. In medical school, she found delight in integrative medicine by co-founding the "Mindful Living Program", a holistic well-being course for first-year medical students, and developed a highly rated wellness curriculum that became part of the medical school's orientation for incoming students. She was awarded the first-place prize at the Academy of Integrative Health and Medicine Annual Conference for her creation of a student-led 31-day meditation challenge, which was widely embraced across the UCLA community. Her work in integrative medicine continued with co-coordinating the national HEART-IM elective which focused on activism, reflective transformation, and integrative medicine for senior medical students across the country. Tanya's commitment to community is evidenced by her induction into the Gold Humanism Honor Society. In her free time, Tanya enjoys dancing (including Bollywood and Hip Hop), practicing mindfulness meditation, and learning new languages.



Danielle Howell, MD (she/her)

MD: Donald and Barbara Zucker School of Medicine at Hofstra/Northwell

BA: Princeton University

Danielle grew up in Brooklyn and has been deeply committed to promoting mental health and health equity from an early age. At Princeton, she majored in Comparative Literature while working on global health initiatives in South Africa and Peru. Prior to medical school, she taught elementary school children art, literacy techniques, and STEM at Bushwick, Brooklyn, ultimately being appointed as Assistant Site Director responsible for leading team meetings, coordinating school-wide events, and writing grants and conducting research on educational outcomes. Bringing her educational endeavors to medical school, she has been active teaching peers about screening and advocacy, giving multiple annual educational talks to third year students, developing curricula for health policy electives, and furthering recognition of the need for humanist approaches by co-writing and directing a play, *“Caring for the Racist Patient.”* Working as a Research Fellow in Zucker’s Office of Diversity, Equity, and Inclusion, she developed, implemented, and is publishing curricula to educate medical students on screening for social determinants of health, specifically focusing on the impact of Adverse Childhood Experiences on mental health outcomes. She has also investigated and is publishing on race-based disparities in the frequency and duration of restraint use in inpatient psychiatry. Her dedication to health equity was recognized through the Advancing Women in Science and Medicine Emerging Scientist Award. Long committed to child and adolescent psychiatry, Danielle has worked extensively in underserved communities, addressing food insecurity, trauma, and legal needs affecting children’s mental health. Outside of medicine, she enjoys dancing, cooking new recipes (particularly Jamaican cuisine), and learning new languages.

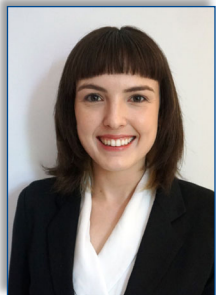


Kiara Kaylor, MD (she/her)

MD: Weill Cornell Medical College

BS: Johns Hopkins University

Born in San Diego and raised in New York by her Dominican mother, Kiara developed her passion for global health and health equity early in life. In college she studied Molecular and Cellular Biology, with a minor in Psychological and Brain Sciences. In medical school she served as an Executive Board Member of the Weill Cornell Wellness Council and a mentor in the POD Mentorship Program. With Cornell’s Anti-Racism Task Force, she has advocated for increased support for minority medical students and helped to develop an anti-racism and health equity curriculum. Kiara’s research spans multiple departments and includes the gender gap in Interventional Radiology, the long-term cardiovascular effects of COVID-19, and outcomes in pancreatic cancer patients undergoing stereotactic MRI-guided adaptive radiation therapy. Her work has been published and presented at national conferences. Her passion for psychiatry grew during her time at the Weill Cornell Center for Human Rights, where she conducted forensic evaluations for asylum seekers, combining her clinical skills with her dedication to social justice. Kiara was awarded the Distinction in Global Health and inducted into the Alpha Omega Alpha Honor Society, reflecting her academic excellence and dedication to service. In her free time, Kiara enjoys hiking, painting, and exploring different cuisines.



Dayle Lapolla, MD (she/her)

MD: Icahn School of Medicine at Mount Sinai
BS: Cornell University

From Katonah, New York, Dayle studied biology in college before beginning her career as a Research Program Specialist at Weill Cornell Medicine where she coordinated clinical trials for breast cancer, publishing in *NPJ Breast Cancer* and *Scientific Reports*. Shifting her focus to psychiatry in medical school, Dayle furthered her longstanding interest in working with vulnerable populations. She co-led an innovative elective aimed at dismantling ageist biases among medical students by pairing students with older adults to create legacy projects, presenting her work at the American Geriatrics Society. She also led the Palliative Care Interest Group focusing on end-of-life care. She has engaged in research investigating trauma and social cognition through the World Trade Center Mental Health Program, presenting her findings at the Society of Biological Psychiatry and the Anxiety and Depression Association of America. Dayle has been a Mental Health Clinic Teaching Senior at the student-directed free East Harlem Health Outreach Program. Outside of her clinical and academic pursuits, Dayle is a creative writer with a minor in English and enjoys film photography, literature, and the arts. She is conversant in Dutch.



Stellar Levy, MD (she/her)

MD: Robert Larner, M.D., College of Medicine at the University of Vermont
BA: Wesleyan University

Stellar grew up in Islamorada in the Florida Keys. After high school she traveled to Kenya and parts of Southeast Asia over the course of one year before attending Wesleyan University. Earning dual degrees in Neuroscience and Dance at Wesleyan, she was selected to be a fellow for a New York City-based, professional dance company, Kyle Abraham/Abraham in Motion. After college, she spent several years working in lung cancer research at Yale and dancing professionally with the Elm City Dance Collective. During this time she also volunteered with the Elder Horizons program at Yale New Haven Hospital where she provided bedside interventions to prevent delirium in elderly patients, and at the HAVEN Free Clinic where she supported healthcare access for underserved populations. At the University of Vermont, Stellar worked on the Gender Equity Initiative, where she helped create a tool to assess and track gender equity efforts within academic medical institutions. Her work earned her the "Gender Equity Champion Award" in 2021. Stellar also organized Memory Cafés for people with memory loss and was as a mentor in the Big Sib/Little Sib program. Stellar has been inducted into the Gold Humanism Honor Society, reflecting her commitment to compassionate care and service. In her free time, she enjoys dance, yoga, and spending time by the water with friends and family.



Elizabeth O'Connell, MD (she/her)

MD: The Warren Alpert Medical School of Brown University
BSN: State University of New York at Stony Brook

Lizzie's journey in medicine reflects her dedication to lifelong learning and advocacy for underserved communities. She began her career as a Registered Nurse and Sexual Assault Nurse Examiner at Mount Sinai Morningside, later relocating to Brazil with her family, where she trained as a Nurse Midwife and practiced in a public hospital on the outskirts of São Paulo. Her career has also taken her to Guatemala for community nursing, Zambia for HIV/AIDS care, and Denver for labor and delivery nursing. After more than a decade in nursing and midwifery, Lizzie entered Brown University's medical school, where she developed a strong commitment to supporting individuals with substance use disorders. During medical school, she worked with an addiction start-up, connecting with treatment centers nationwide to match patients and families with suitable care options. Although she is primarily clinically focused, her research has explored how psychedelics have been historically portrayed in the media and the unique mental health challenges faced by trans women sex workers in Brazil. Following her residency, Lizzie is excited to continue her work in public psychiatry and addiction medicine, to serve all New Yorkers.



Janett Ordonez, MD (she/her)

MD: University of Texas Southwestern Medical School
BA: Rice University

Janett was a collegiate Scholar in the Rice Emerging Scholars Program and the Sustaining Excellence in Research program, graduating with a degree in Chemistry and co-authoring a publication in *ChemComm* on amino acid-based relay systems for protein labeling. Janett's path to medicine has been shaped by her experiences as a first-generation college student from a Mexican-Honduran family in Houston, leading to her deep commitment to compassionate, accessible healthcare for underserved communities. In medical school she co-lead the Joint Admission Medical Program, mentoring economically disadvantaged students and organizing events to support those pursuing careers in medicine. She also collaborated with the Paul Quinn Primary Care Project, conducting mental health evaluations and promoting early intervention at a local HBCU, and contributed to the development of educational exercises addressing racism, bias, and discrimination within medical education. She has been a Spanish interpreter at the Agape Dermatology Clinic and the Monday Clinic, ensuring language was not a barrier to care. In her editorial role in UT Southwestern's "What's Good?" mental health newsletter, she has produced articles that provide mental health resources and uplifting news for students, fostering a supportive community. Her medical school research has explored the intersections of schizophrenia, aging, and neurodegeneration, identifying molecular and structural brain changes as potential modifiable treatment targets. Additionally, her research experience spans multiple specialties: she presented on cystoscopy for recurrent urinary tract infections at national and international conferences and published first-author work in *Urology* and as a second author in *Pediatric Dermatology*.



Brendan Ross, MD (he/him)

MD: McGill University Faculty of Medicine

BA: Yale University

Born and raised in Iowa and Missouri, Brendan's path to psychiatry reflects his commitment to understanding the intersection of culture, geography, and mental health. After completing degrees in History and East Asian Studies at Yale, he worked as a Yale-China Teaching Fellow in Changsha, China, and as a clinical research coordinator at Brigham and Women's Hospital in Boston. As a Fulbright Fellow in Taiwan during medical school, Brendan conducted public health research on healthcare access in Taiwanese Aboriginal communities.

He has also been a Molina Fellow at McGill's Osler Library, where he led a humanities research project exploring Dr. Norman Bethune's medical legacy in China that was published in *The Journal of the History of Medicine and Allied Sciences*. Committed to community engagement, Brendan has been a Street Patrol member for the Native Friendship Centre of Montreal, where he supported Indigenous and non-Indigenous homeless individuals in need. He also served as Student President of the Maude Abbott Anatomy Museum, launching initiatives to engage students and support the museum's expansion. He has presented his other work—which spans diverse areas such as medication adherence in schizophrenia, mental health outcomes in HIV-positive populations, and psychosocial aspects of pediatric pain—in multiple venues. With experience as a Mandarin interpreter for patients, Brendan has worked to bridge cultural and linguistic barriers in clinical settings, and he is interested in a multi-disciplinary career in psychiatry, potentially in the fields of consultation-liaison, geriatrics, or palliative care. Outside of medicine, Brendan enjoys exploring old-growth forests, backcountry camping, and creating pen-and-ink drawings.



Michelle Tong, MD, MS (she/her)

MD: Icahn School of Medicine at Mount Sinai

MS: University of Wisconsin-Madison

BS: University of Wisconsin-Madison

Michelle attended the University of Wisconsin-Madison as a HAMP Foundation Scholar, where she majored in Biomedical Engineering and minored in Asian American Studies. During college, Michelle co-founded C.A.M.P. Bayview, a mentorship program for high school students from low-income immigrant and refugee families. She was also awarded the U.S. Department of State's Critical Language Scholarship to study abroad at the Dalian

University of Technology in Liaoning, China. As a medical student in the Primary Care Scholars Program, Michelle continued her dedication to community engagement by volunteering as a mentor for the LGBTQIA+ Young Queer Urban Teens for Healthcare (YQUTH) Pipeline Program, serving as a member of the Health Equity Taskforce on Segregated Care, and practicing as a senior clinician for the East Harlem Health Outreach Partnership (EHHOP) Mental Health Clinic. During this time, Michelle also merged her existing passion for creative writing with the medical humanities. Under the mentorship of Dr. Jacob Appel, she designed and taught an elective course on poetry, co-founded a student-run arts magazine, and published her own work in numerous literary journals. Michelle was awarded first prize in the national Michael E. DeBakey medical student poetry contest, inducted into the Gold Humanism Honor Society, and received the Leonard Tow Humanism in Medicine Award.



Eun Jin (Gloria) Yu, MD (she/her)

MD: David Geffen School of Medicine at UCLA

BA: Harvard University

Gloria was born in Seoul, South Korea, and raised between Seoul and Glen Rock, New Jersey. With an academic foundation in History of Science, she has focused on healthcare disparities and the sociocultural and interpersonal factors shaping the patient experience. At Boston Healthcare for the Homeless Program, she led a qualitative study identifying the unique barriers homeless families face in accessing opioid use disorder treatment. During her gap year at Boston Children's Hospital, she interviewed 80 families of different racial and socioeconomic backgrounds to better understand disparities in pediatric ambulatory care, which led to a manuscript published in *Pediatrics*. In medical school, she continued her efforts to understand nuanced narratives to improve patient care. Her essay on building rapport with a difficult patient through an appreciation of philosophy earned her second place in the Association for Academic Psychiatry's Essay Contest. Her award-winning manuscript, "Solving the Puzzle: The Medicalization of Postpartum Depression through *Our Bodies, Ourselves*," explored how women and patients spearheaded the recognition of postpartum depression as a diagnosis in the 1970s and 80s. As Vice President of Health Disparities for the Asian Pacific American Medical Students Association, she founded a COVID-19 wellness task force and hosted several conferences addressing stigma and mental health in the AAPI community.

PGY-2 ENTRY



James Young, MD (he/him)

MD: Icahn School of Medicine at Mount Sinai

BA: Brown University & Rhode Island School of Design (Dual Degree Program)

PRIOR RESIDENCY: UCLA Urology

From Shreveport, Louisiana, James became a nationally recognized painter in high school, which laid the foundation for his career in medicine and art and led him to pursuing a degree in Science and Society at Brown and Illustration at RISD through the Brown-RISD Dual Degree Program. In medical school James was a leader in the East Harlem Health Outreach Program (EHHOP), a student-run clinic serving uninsured patients, serving as a Senior

Clinician in Primary Care, Chair of the Access to Care Team, and Education Chair for the Mental Health Clinic. Taking a scholarly year to focus on transgender healthcare, James developed an eLearning module for medical students that included over 50 original illustrations. This module, which is now part of Mount Sinai's curriculum, was presented at major conferences, including the American Urological Association and the World Professional Association for Transgender Health, and earned him the Institute for Medical Education Research Award. Working in clinical research in urology, he assisted in gender-affirming surgeries and created instructional videos on surgical techniques, which he presented at the AUA Annual Conference. He has published on prostate cancer in transgender women and cost analyses for surgical tools to improve budget-conscious care. Additionally, he contributed illustrations for Dr. Amy Moran-Thomas's book *Traveling with Sugar*, focused on global diabetes, and collaborated on cultural studies in health at MIT. James is interested in public psychiatry and mental healthcare for the LGBTQ community.



Arran Yip, MD (he/him)

MD: Geisel School of Medicine at Dartmouth

BS: Williams College

PRIOR RESIDENCY: Mount Sinai Surgery

A first-generation college student, Arran graduated with dual degrees in Chemistry and Philosophy. At Dartmouth, Arran was selected for the Pano Rodis Fellowship in Compassionate Medicine, through which he undertook a year-long project where he interviewed patients with cancer, exploring their experiences with compassion in the healthcare system. His project culminated in a video and written compilation of insights,

which he presented to the Patient Family Advisory Board at Dartmouth-Hitchcock Medical Center. As a Research Fellow in the Thoracic Surgery Department at Dartmouth-Hitchcock, he investigated the impact of travel distance and rurality on lung cancer patient outcomes, as well as the efficacy of intercostal nerve blocks compared to epidural analgesia in thoracic surgeries. His findings were presented at the Academic Surgical Congress and the American Association for Thoracic Surgery. Long interested in working with children, Arran was a counselor at Camp Jabberwocky for children with special needs, as well as working at the American College of Sofia in Bulgaria, where he mentored students as a Dormitory Activities Coordinator and coached junior varsity basketball and varsity tennis. In addition to playing varsity tennis at Williams, he was a member of the spoken-word poetry group and step dance team. In medical school, he continued to write poetry focused on patient experiences and was on the selection committee for the school's medical literature and art journal. Arran comes to us transferring from a residency in general surgery.

PHYSICIAN-SCIENTIST RESEARCH TRACK



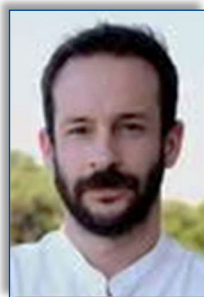
Jonathan Kanen, MD, PhD (he/him)

MD: Cooper Medical School of Rowan University

PhD: University of Cambridge

BA: Vassar College

From New Jersey, Jon studied Psychology in college. He obtained his PhD from the University of Cambridge as a Gates Scholar, under the supervision of Trevor Robbins, who has been ranked one of the most influential brain scientists of the modern era. Before medical school Jon worked with Elizabeth Phelps at NYU, learning how animal studies of learning and memory can be translated to humans. Broadly, Jon is interested in how learned associations can become inflexible and how this could be remediated. His PhD dissertation focused on the role of serotonin in adjusting emotional reactions and learned behaviors to meet new environmental demands, and he uncovered different forms of inflexible actions in OCD and addiction. He is excited by clinical applications of memory reconsolidation research, whereby maladaptive associations, such as those leading to drug craving, might be diminished through revision of the memory trace. Jon was awarded the Angharad Dodds John Fellowship in Mental Health and Neuropsychiatry at the University of Cambridge and won the ACNP Travel Award. He was also a member of the Trinity College Postdoctoral Society at Cambridge. Jon has published 19 peer-reviewed articles, with nine as first author, in numerous high impact journals including *Proceedings of the National Academy of Sciences*, *Molecular Psychiatry*, *JAMA Network Open*, and the *Journal of Neuroscience*. His work has been presented at over 20 conferences and he has delivered lectures across nine countries. Jon is a saxophonist and among other credits was awarded the Reinstein Prize for Jazz at the University of Cambridge. In his spare time, he enjoys seeing shows at various NYC jazz clubs and comparing pastrami sandwiches across delis.



Gonzalo Martinez-Ales Garcia, MD, DPhil, PhD (he/him)

MD/DPhil: Universidad Autonoma de Madrid

PhD: Columbia University

PRIOR RESIDENT AND PSYCHIATRY ATTENDING: Hospital Universitario La Paz, Madrid

A psychiatrist-epidemiologist, Gonzalo was raised in Madrid and moved to New York in 2018. He obtained MD and first PhD degree from Universidad Autonoma de Madrid (with Enrique Baca-Garcia and Marife Bravo as mentors) before completing his psychiatry residency and working as an attending in Madrid. Between 2017-2021, he collaborated with the Psychiatric Epidemiology Unit at Columbia University under the mentorship of Ezra Susser and Kerry Keyes, receiving a second PhD in epidemiology with a focus on causal inference theory and methods. Following a period doing clinical and applied epidemiological work in Madrid during the initial pandemic outbreak, Gonzalo completed a postdoctoral fellowship at the CAUSALab (formerly Program on Causal Inference) at Harvard, under the mentorship of Miguel Hernan, where he helped build leading data science initiatives to elucidate optimal treatment strategies for first episode psychosis and suicide risk. He has also served as field epidemiologist in Matagalpa, Nicaragua and as NIH-Fogarty Scholar in Epidemiology at the University of Michigan. Gonzalo's doctoral studies were funded by a "la Caixa" International Fellowship, his work has been supported by competitive federal grants in Europe and by the Brain and Behavior Research Foundation in the US, and he has received several early investigator awards including Columbia's Sidney Kark Award to the commitment to global health and social justice in research, and the Don Quixote Award by the American Society of Hispanic Psychiatry. His work includes over 70 manuscripts (Google Scholar H-index 16) featured in the most relevant journals of psychiatry and epidemiology, including *JAMA Psychiatry*, *Lancet Psychiatry*, *Molecular Psychiatry*, *American Journal of Epidemiology*, *American Journal of Public Health*, and *Journal of Clinical Epidemiology*. He is an Associate Editor for the *European Journal of Psychiatry*. Gonzalo's work focuses causal inference theory and methods to examine the causes and outcomes of schizophrenia and suicidal behaviors and guide public health and clinical decision-making.

CLINICAL PSYCHIATRY TRACK



Darrius Chambers, MD

MD: Rush Medical College of Rush University Medical Center
BS: University of Wisconsin - Madison

Born and raised in Racine, Wisconsin, Darrius' interest in medicine began in high school when he served as president of his local Health Occupations Students of America chapter before working as a nursing assistant through the Health Youth Apprenticeship program. He went on to become the first in his family to attend college, receiving the Chancellor's Scholarship to the University of Wisconsin, majoring in Neurobiology. During his time in Madison, he was heavily involved in Humorology – one of the largest student-led philanthropic organizations in Wisconsin – where he served on the Executive Board as well as Co-Director of Choreography for the musical and variety shows. After college he worked in the University of Wisconsin - Madison Office of Admissions and Recruitment. Continuing this interest in mentorship and recruitment, in medical school Darrius became an active member of the Student National Medical Association (SNMA), serving in leadership positions at the local (VP of Undergraduate Recruitment) and regional (Parliamentarian) levels, while sitting on the medical school Admissions Selection Committee. Darrius also participated in the Rush Community Service Initiatives Program, working to bridge healthcare inequities on Chicago's West Side. He was also an inaugural member of the longitudinal Health Equity and Social Justice Leadership Elective, which explored the many social determinants of health in the surrounding West Side Chicago community. Darrius hopes to continue his interest in mentorship and recruitment of underrepresented students during his time in residency and beyond.



Mimi Chen, MD, MPH

MD: Tulane University School of Medicine
MPH: Tulane University School of Public Health and Tropical Medicine
BS: Tulane University

Mimi was born in China, spent her childhood in various towns of southeastern Australia, and lost her Aussie accent growing up in Issaquah, WA. While studying Neuroscience and Philosophy at Tulane, she developed a love for the intersection of humanities and science. Employed throughout much of college, she graduated with honors, completing her senior thesis on the pathogenesis of aneurysms. She received the Neuroscience Faculty Award as well as the Tulane Leaders in Service Award, the latter recognizing her work as President and Chair of various community service programs. In medical school she was Managing Editor of the Lagniappe Literature and Arts Magazine, Lead Coordinator for Clear Answers to Louisiana Mental Health (an organization centered around destigmatizing mental illness and helping NOLA communities better understand psychosis), and President of the Tulane Klingenstein Child and Adolescent Psychiatry Fellowship, where she studied child maltreatment and neglect during the pandemic. During the peak of COVID-19, she worked with a team of doctors and lawyers to write compassionate release letters for inmates of the Louisiana State Penitentiary. Mimi remained actively involved in outreach with the greater New Orleans community through local nonprofit work providing shelter and basic needs for at-risk youths experiencing homelessness, supporting victims of sexual assault and domestic violence at the New Orleans Family Justice Center, and volunteering with memory care aid at nursing homes and leading chair yoga for seniors. Mimi was awarded Best Creative Anthology Submission at the University of Iowa KTGF national conference, received the John J. Walsh, MD Award for Outstanding Students in the MD/MPH Program, and was inducted into the Gold Humanism Honor Society.



Jarrett Fastman, MD, MSCR

MD/MSCR: Icahn School of Medicine at Mount Sinai
BA: Oberlin College

At Oberlin, Jarrett conducted research on the neurobiology of autism spectrum disorder and founded a program to provide academic and social support to students with disabilities. After graduating he completed a research fellowship at the NIMH, where he investigated the role of oxytocin and vasopressin in social behaviors and presented his work at the Society for Neuroscience annual meeting. Using optogenetics to target specific receptor subtypes, he demonstrated how these hormones interact with the hippocampus to modulate social memory, mating, and aggression in mice. He also performed research in Mount Sinai's Department of Anesthesiology, where he ran simulated surgical cases with residents and attendings investigating how exposure to incivility hinders clinical performance in a simulated operative crisis, publishing in *BMJ Quality & Safety*. In his first year of medical school, Jarrett took on the role of directing the Mount Sinai Adolescent Health Center tutoring and mentorship program, coordinating between the AHC and sites in the community to connect local middle and high school students in need with free resources while personally working with a number of students. He was accepted into the Mount Sinai Patient-Oriented Research Training and Leadership (PORTAL) MD/MSCR dual degree program, where he spent his research year working on clinical trials at the Seaver Autism Center for Research and Treatment. He investigated the efficacy of intranasal oxytocin on behavioral symptoms of autism in children with Phelan-McDermid Syndrome and produced a first-author publication in *Molecular Autism*. He has also published in *Epilepsia* and *Biological Psychiatry*. Jarrett received Mount Sinai's Dr. M. Ralph Kaufman Psychiatry prize for outstanding achievement in psychiatry as a medical student. He is an avid drum player.



Ben Geselowitz, MD

MD: Washington University in St. Louis School of Medicine
BA: Swarthmore College

Growing up in Pennsylvania, Ben graduated with honors from Swarthmore where he majored in Mathematics, with minors in Physics and Political Science. His physics research focused on using gamma ray burst data to set bounds on Lorentz violations of special relativity. After college, Ben spent a year as a service-learning fellow through the Yahel Social Change Program, working as an English teacher in an Ethiopian-Israeli community in Rishon LeZion, Israel. He later worked with Americorps/City Year teaching at a North Philadelphia middle school before completing a post-bac at the University of Pennsylvania. In medical school at Wash U he conducted research with Joan Luby on the preschool predictors of adolescent borderline personality symptoms, publishing his work as a first author in the *Journal of the American Academy of Child and Adolescent Psychiatry*. He then co-developed a follow-up project to look at how developmental trajectories of dysregulated anger and sadness in childhood differentially predict later borderline symptoms, presenting his work at the AACAP annual meeting and having a second-author paper currently in review. Ben's interests in psychiatry include psychodynamics and psychedelic-assisted psychotherapy. In his free time, Ben enjoys reading, cooking vegetarian Indian food, and exploring.



Kate Mitchell, MD

MD: Albert Einstein College of Medicine
BA: University of Southern California, Film Production

Kate was born and raised in Los Angeles, where her early passion for storytelling and the arts led her to pursue a degree in Film Production at USC, receiving the Film Director's Scholarship throughout college. Kate directed and produced several films, including her senior thesis film, *The Fantasy*, which earned awards at the First Look Film Festival, Bel Air Film Festival, and HollyShorts Film Festival. After years of working in the film and television industry as a writer, director, and producer, Kate decided to pivot toward medicine, driven by a desire to have a direct, tangible impact on people's lives. In medical school Kate distinguished herself through creativity and a commitment to integrating the arts into medical training. She co-created and led "Yoganatomy," a yoga-based seminar focused on anatomy and wellness for first-year medical students. Her interest in psychiatry inspired her to create the documentary *Covid Brain*, exploring the impacts of COVID-19 on mental health. Outside of medicine Kate enjoys acrylic pour painting, yoga, and improvisational comedy, which she previously studied at the Upright Citizens Brigade Theater in Los Angeles.



Ryan Powers, MD

MD: Geisel School of Medicine at Dartmouth
BA: University of Pennsylvania

In college at Penn, Ryan pursued both academic and artistic pursuits. He tested the ability of a novel therapeutic to act as an insulin sensitizing agent in adipocytes, and he was a member of both the Penn Glee Club and the Pennchants a cappella group. After graduating with honors in biology, he worked for several years at the UCSF Memory and Aging Center, coordinating clinical trials for Alzheimer's Disease and other tauopathies. In the course of this work, he developed a strong interest in neuroscience, with work published in *JAMA Neurology*. Outside of work, Ryan volunteered at the San Francisco Suicide Prevention telephone hotline, providing emotional support as well as STI screening and treatment information to Bay Area residents. Across the coast in medical school, Ryan's interest in neuroscience deepened as he conducted neuroimaging research analyzing differences in the surface morphologies of the brains of patients with treatment-resistant vs. treatment-responsive depression. Ryan scratched his creative itch by writing and producing satirical, medical school-themed skits as well as singing in Dartmouth's Dermatones a capella group. Ryan has a strong interest in health care policy and reimbursement, and he led the Dartmouth chapter of Students for a National Health Plan (SNaHP), where he forged connections between Geisel and the lobbyist for the NH Medical Society to facilitate student advocacy at the state level. In his last year of medical school, he developed a particular interest in psychodynamic psychotherapy and created a psychodynamic elective in collaboration with the Boston Psychoanalytic Society. His professional interests include psychotherapy in psychosis and psychedelic-assisted therapy.



Cassandra Pruitt, MD

MD: Icahn School of Medicine at Mount Sinai
BA: Williams College

Cassandra graduated summa cum laude from Williams with a degree in Classics, where she earned a full-tuition Tyng Scholarship as well as fellowships for the study of Greek, Latin, and Hebrew. Always drawn to an interdisciplinary approach to science and medicine, she spent a year abroad at Oxford University, studying philosophy and medical ethics. As a medical student at Mount Sinai, she spent much of her time working to expand access to mental health care for marginalized and uninsured East Harlem residents through the East Harlem Health Outreach Project, where she worked as a student psychotherapist, mental health clinician, and Student Director of the Cognitive-Behavioral Therapy Program. In the latter role, she expanded the clinic's unique CBT training program, launched a novel CBT for Diabetes program, and secured a \$160,000 Ira W. DeCamp Grant to help fund EHHOP's mental health program. Cassandra also worked to advocate for marginalized communities through her work with the Mount Sinai Human Right Program, where she worked with physicians and lawyers to provide forensic evaluations of human rights abuses to asylum-seekers. She graduated from Mount Sinai with Distinction in Research; her projects included work on compassion fatigue and burnout, the impact of mindfulness meditation on patients undergoing radiation therapy, and the long-term effects of neonatal kidney disease. Outside of medicine, Cassandra is an accomplished flutist, in addition to practicing Krav Maga and meditation.



Sydnee Rausch, MD

MD: University of Wisconsin School of Medicine and Public Health
BS: University of Wisconsin-Milwaukee

Sydnee grew up in Appleton, Wisconsin, where she early on developed an interest in mental health. In college at UW-Milwaukee, she studied Biochemistry, and through a fellowship from the National Science Foundation, she researched nitrogen-fixing bacteria, publishing in *Environmental Microbiology Reports*. Her academic success earned her Phi Beta Kappa honors and numerous presentation awards at research symposia. Prior to medical school, she worked for four years in two healthcare systems, first as a rehabilitation aide and then as a clinical research coordinator. During medical school Sydnee became increasingly involved in psychiatry and public health initiatives. Sydnee co-led a medical mission to Guatemala, where she helped organize mobile health clinics and treated patients in rural communities. She also worked at student-run free clinics, helped establish a mentorship program for first-year medical students, and at the Rainbow Project helped create educational materials on stress management for parents affected by the COVID-19 pandemic. Sydnee has been inducted into the Gold Humanism Honor Society. Sydnee is an outdoor enthusiast who enjoys hiking, camping, and exploring national parks. She is also passionate about cooking, particularly learning Korean cuisine from her grandmother.



Alexandra Saali, MD

MD: Icahn School of Medicine at Mount Sinai
BS: Brown University

Alexandra aspires to work at the intersection of activism, business, and academic medicine. Completing an honors thesis on retinal ganglion cells, she graduated Brown with highest honors in Neuroscience. In medical school and responding to inequalities in health, Alexandra devoted herself to the East Harlem Health Outreach Partnership (EHHOP), Mount Sinai's free clinic. Her unique experiences as a consultant in healthcare strategy working at McKinsey and founder of a United Nations' non-governmental organization, positioned Alexandra to help lead the clinic through the COVID-19 pandemic. She guided EHHOP's specialty mental health clinic (MHC) to pilot tele-health as early as March 2020. The MHC also expanded its diverse suite of services to include CBT as well as psychodynamic psychotherapy by launching novel training programs for medical students. The meticulous data the MHC collected and published as part of their quality and improvement projects was recognized by the American Psychiatric Association with the 2020 Award for Advancing Minority Mental Health. Alexandra and her MHC colleagues also advanced to the semi-finals of the American Medical Association's 2021 Research Challenge and authored a textbook chapter on the psychiatric burden of COVID-19 for Springer Nature. She is constantly in awe of her Mount Sinai peers and a fierce advocate for trainee mental health. To this end she works closely with the Office of Wellbeing and Resilience. Alexandra is the recipient of the student council's 2021 Excellence in Mentorship award and a member of the Gold Humanism Honor Society.



Adam Sahlstrom, MD, MEd

MD: Yale School of Medicine
MEd: Fordham University, Science Education
BA: Concordia College, Chemistry

Adam grew up in rural Minnesota and began his journey into healthcare early, joining the Minnesota Army National Guard as a medic after high school. After returning home to complete his undergraduate studies in Chemistry, Adam pursued a master's in science education at Fordham, where he taught high school science and designed a physics curriculum for ESL students in the Bronx. While teaching, Adam continued his military duties, first as a Medical Operations Officer and later acting Brigade Surgeon in the New York Army National Guard where he managed medical logistics for a brigade of 2,400 soldiers. During his service, Adam implemented and led a CBT-based resiliency program, emphasizing mental health care as a top priority. In medical school Adam's research experiences also reflected his diverse skill set, as he studied the mechanical properties of a novel surgical approach for fixing fibular fractures in the Department of Orthopedics. Adam is an advocate for mental health awareness, especially for underserved populations such as veterans and rural communities. Outside of medicine, Adam is an avid reader, enjoys playing guitar, and takes pride in maintaining his houseplant garden.



Peter Sayde, MD, MPH

MD: Tulane University School of Medicine

MPH: Tulane University School of Public Health and Tropical Medicine

BA: Swarthmore College

Peter was born in New Jersey but spent much of his childhood living by the beaches of St. Simon's Island, Georgia, before moving to Wyomissing, Pennsylvania. Concentrating in neuroscience at Swarthmore, Peter served as captain of the varsity Track and Field team, developed a specific interest in studying animal behavior, was selected as a biology teaching associate, and completed his senior thesis studying exposure therapy models for PTSD. After college, he worked for a year at U Penn Perelman School of Medicine studying auditory processing and colony dynamics in marmoset monkeys. In medical school Peter simultaneously completed his MPH with a specific focus in global and community health and behavioral sciences. Peter was selected as leader of the student-run mobile health clinic, served on the admissions interview committee, volunteered as a medical advocate for survivors of trauma at New Orleans' public hospital, was part of the executive board of Tulane Klingenstein Child and Adolescent Psychiatry Fellowship, and helped develop a social media campaign aimed at addressing the stigma of mental health. Peter was also involved in research projects studying post-ICU syndrome and helped develop a post-ICU clinic at the VA hospital in New Orleans. As the son of Lebanese immigrants, he was particularly impacted by the Port of Beirut Explosion in August 2020, and he quickly developed a fundraiser that raised over \$20,000 for those most affected by the blast. Peter also joined a research project at The University of Beirut aimed at further understanding the psychological impacts of the explosion. Outside of medicine, Peter enjoys running, bird watching, and experimenting with Lebanese cuisine from his mother's family recipes.

PHYSICIAN-SCIENTIST RESEARCH TRACK



Deepak Kaji, MD, PhD

MD/PhD: Icahn School of Medicine at Mount Sinai

BA: Cornell University

Deepak was born in New York and went to Cornell University, where he double majored in Economics and Biology and began studying developmental and stem cell biology. He completed an honors thesis in cardiac development before coming to Mount Sinai for his MD/PhD. He completed the PhD training area in the “Developmental and Stem Cell Biology” track. His dissertation was mentored by Dr. Alice Huang and focused on mechanisms of tendon regeneration and molecular control over the tendon cell fate. During this time, Deepak developed novel engineering strategies for driving stem cells towards the tendon and fibrocartilage fates. This work resulted in inventors status on a patent, an R01 supplement, and an NIH NIAMS F31 fellowship. Outside of his dissertation laboratory, Deepak leveraged the statistical education he got during his economics degree to deploy artificial intelligence on a variety of clinical problems. His work in artificial intelligence resulted in being Co-Investigator on an NIH K12 Clinical Scientist Award and a Mount Sinai 4D Technology Award. Toward the end of his PhD, he began published on the use of artificial intelligence to understand the relative prognostic values of genetic and clinical data in schizophrenia. He finished his PhD with over 15 publications and an h-index of 12. In his spare time, Deepak loves eating his way through NYC in search of its best pizza and ice cream.



Eric Sanford, MD, PhD

MD/PHD: University of Pennsylvania Perelman School of Medicine

BS: Brown University

Eric grew up in Felton, a census-designated place in the Santa Cruz Mountains of California. He went to San Lorenzo Valley public schools for his education through high school, where he graduated as co-valedictorian. After that, he went to Brown University where he concentrated in Neuroscience (completing an Honors thesis in Thomas Serre's lab) while exploring other interests in computer science, music, and writing. After college he worked in the computational biology group at Foundation Medicine, where he co-authored several publications in cancer genomics under the mentorship of Siraj Ali, Garrett Frampton, and James Sun. He then enrolled in the MD/PhD program at the University of Pennsylvania, originally thinking he would pursue a career in cancer research. He earned his PhD in Genomics and Computational Biology in Arjun Raj's lab, completing an interdisciplinary project that combined molecular biology, mathematical modeling, and genomics methods to characterize how genes combine the transcriptional effects of interacting input signals. He found that in gene regulation appeared to have a preference for the operations of either addition or multiplication when combining the effects of two cell signals. Eric became increasingly interested in psychiatry throughout his MD/PhD training and chose to pursue it as his primary clinical and research career mid-way through his PhD. Clinically, he is interested in adult psychotherapy, and he plans to participate in a supplemental psychoanalytic training program during residency. For research, he is interested in pursuing interdisciplinary projects that may include computational correlates to psychotherapy response, psychedelic-assisted psychotherapy, and facial image analysis.

CLINICAL PSYCHIATRY TRACK



Boma Afonya, MD

MD: University of Cincinnati College of Medicine
BS: University of North Dakota

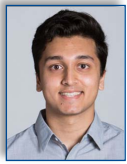
Born and raised in Nigeria and witness to the deep stigma attached to mental illness, Boma immigrated to Minnesota as a young teen, where she again noticed profound inequity in the lives of those who are psychiatrically ill. Driven by this injustice, in college she began work as a Certified Nursing Assistant and Mental Health Technician in a psychiatric center and a nursing home, activities which fueled her ambition for medical school and psychiatry. Her mindedness and drive for equity has also extended to supporting her peers. Throughout her academic career, Boma has served as a tutor, writing teacher, and mentor. As an SNMA Executive Board Member, Boma chaired Cincinnati's Black History Month events and helped plan the Regional Medical Education Conference for hundreds of students across the region. Boma takes great pride in her identity as a Nigerian and Black woman in psychiatry. Her academic interests include psychodynamics, global mental health, the church as a source of mental health support, and mentorship. Outside of medicine she enjoys traveling, spending time with family and friends, dancing to Afrobeats, and baking.



Pawan Angara, MD

MD: New York University Grossman School of Medicine
BS: Cornell University

From the Hudson Valley, Pawan joined Rotary International as a youth and realized early that he wanted a service-oriented career. Studying Computational Biology and the genomes of agriculturally important viruses, Pawan put his knowledge and skills into community action, outreaching and developing a climate change website to connect local farmers with resources. His long record of service includes helping develop the Ithaca Suicide Prevention and Crisis Service, transforming the Cornell Rotaract group, fundraising for a student-run nonprofit that supports elementary education in rural China, and working as Senior Manager of Cornell's Community Center Programs where he facilitated community-building within the student body. After college, he worked as a Clinical Information Manager at MidHudson Regional Hospital, where he encountered the toll of unmet mental health needs in his community, leading him toward a career in psychiatry. In medical school and inspired by events in 2020, Pawan published on the ethical considerations surrounding the Goldwater Rule and psychopathology among American presidents, in addition to researching mental illness stigma among medical students. Pawan plays the mandolin.



Imaz Athar, MD

MD: Icahn School of Medicine at Mount Sinai
BA: University of Pittsburgh

Though born in Brooklyn, Imaz moved around quite a bit, landing in New Mexico, Kentucky, and Pennsylvania before finally coming back to NYC for medical school. Exposure to different people and cultures, coupled with a keen interest in science, inspired Imaz to pursue a career in psychiatry. At Pitt Imaz studied neuroscience, researching the relationships between socioeconomic status, subgenual anterior cingulate cortex activity, and antisocial behavior. Also focusing on sociology, he received awards for his work on barriers to mental health services in Allegheny County. Imaz also explored his interests in writing and podcasting as he helped create the university's only health and science magazine, The Pitt Pulse. In medical school he worked with both the Mount Sinai Human Rights Program, connecting participants to social services and medical care, and the Social Justice Program, studying communication barriers between community health workers and medical center clinicians. Continuing his focus on sociological influences on mental illness and care, he explored how the legal status of the World Trade Center Program's Latinx patients affected their mental health. He has presided over the psychiatry student interest group, highlighting mentorship and a focus on advocacy and psychiatric care for underserved populations. Imaz has started his own podcast and enjoys drawing and writing.



Raia Blum, MD, MS

MD: Icahn School of Medicine at Mount Sinai
MSW: Columbia University School of Social Work
BA: McGill University

After studying sociology in college in Canada, Raia became a high school special education teacher in San Francisco and was promoted to Department Head after just her first year, allowing her to implement a novel system to ensure students with special needs were receiving the services to which they were entitled. Through her work as a teacher confronted with the critical shortage of mental health services, Raia pursued social work training at Columbia. In her internship at Weill Cornell, she worked in the psychiatric emergency room, provided individual psychotherapy for individuals in the Employee Assistance Program of NYP, and led group therapy sessions for substance use at the Midtown Center for Treatment and Research. She was later employed as an inpatient psychiatric social worker at Bellevue Hospital. Deciding to transition to a career in medicine, she completed a post-bac at Columbia, where she published on the socioeconomic status of patients with left ventricular assist devices. In medical school, she has been a senior clinician in the free clinic and student founder of Mount Sinai's COVID-19 resource navigation phone line, supporting many hospital employees and trainees. Throughout most of medical school, Raia researched the psychosocial outcomes of anti-NMDA-receptor encephalitis, leading to several publications.



Enzo Fantin-Yusta, MD

MD: Columbia University Vagelos College of Physicians and Surgeons
BA: University of Michigan

Born in Detroit, Enzo spent his early childhood in Santiago, Chile. Studying neuroscience, he explored the role of glycoproteins in the remodeling and fibrosis of adipose tissue in transgenic mouse models under a high-fat diet, including their role in the development of obesity and diabetes. In college he volunteered in the spinal cord injury unit, where he grew curious about the lived experience of patients and the psychological transition into new-onset disabilities. As Professional Development Chair and Vice President of the Multicultural Association of Pre-Medical Students at University of Michigan, he worked to increase the exposure and career options for students from groups historically underrepresented in medicine. In medical school Enzo was President of the Latino Medical Student Association chapter of the Black & Latino Students Organization and a member of its Executive Board. He served as a senior clinician in Columbia's free clinic and worked the COVID-19 Student Service Corps Community hotline. His research in medical school focused on developing a longitudinal staging framework for the progression of anorexia nervosa, and on the acceptability of monitoring in binge eating disorder. One of Enzo's key interests is drug-mediated and psychedelic-assisted psychotherapies.



Jordyn Feingold, MD, MSCR, MAPP

MD/MSCR: Icahn School of Medicine at Mount Sinai
BA/MAPP: University of Pennsylvania

Concentrating in Environment & Health at Penn, Jordyn set the stage for an already quite productive career in these intersecting realms. Following with a Masters in Applied Positive Psychology under Martin Seligman, she has become a tireless advocate for bringing well-being into everyday life, particularly among medical students and physicians. At Mount Sinai she co-developed PEERS—a student wellness program recognized by national awards from the APA and ACGME—designed courses in positive medicine for physicians, students, and allied professionals, and published and presented her work nationally. She is a member of the National Academy of Medicine's Action Collaborative on Establishing Clinician Well-Being & Resilience. She has been on the Student Council Executive Steering Committee and represented her class throughout medical school. During her scholarly year completing a Masters in Clinical Research, Jordyn focused on transitions from pediatric to adult care in adolescents with inflammatory bowel diseases and also led a team of 14 researchers studying the psychological impact of COVID-19 on frontline health care. She has been the education co-chair and a senior clinician in the free clinic.



Joyce Huang, MD

MD: State University of New York Downstate Medical Center College of Medicine
BA: Williams College

Joyce studied Comparative Literature and Biology at Williams, where she imbibed the spirit of “uncomfortable learning,” including living with a refugee community in Maine and working with a parents’ advocacy group for mental health in juvenile justice. Joyce has long been interested in education and working with children and adolescents. During an AmeriCorps year, she taught 10th grade English Language Arts in the Bronx, which furthered her appreciation of the holistic approach necessary in healthcare. At Downstate, Joyce was part of the Medical Educator Pathway, where she focused on curriculum development and conducted research on giving feedback. She coordinated and reworked the curriculum for a peer mentoring and teaching program for MS2s. For years Joyce has been active in her faith community, organizing youth conferences, leading weekly sessions, most recently as President of the Downstate Christian Fellowship in which she has connected with local community health clinics. Joyce has compiled her own sketching/oil painting portfolio and arranged a gallery for an inaugural conference on Asian American identity and expression at Williams. Her other hobbies include badminton, succulents, anime, jigsaw puzzles, and applying literary analysis to pop culture.



Halley Kaye-Kauderer, MD

MD: Icahn School of Medicine at Mount Sinai
BS: Yale University

Halley’s longstanding interest in psychiatry and global mental health began at Yale, where she majored in Cognitive Science, focusing on the intersections of cognition, culture, and morality. She was the assistant editor of the Yale Review of Undergraduate Research and President of Berkeley College. After graduation she spent a year backpacking through Asia and South America before returning to New York, where she was born and raised. In medical school Halley further cultivated her interest in global mental health by studying disaster psychiatry, where she focused on posttraumatic stress, growth, and resilience in the aftermath of large-scale disasters, including the 3/11 Triple Disaster in Japan and the COVID-19 pandemic. She conducted research at Fukushima Medical University before pursuing a dual-fellowship-funded scholarly year in the Department of Psychiatry at Tohoku University School of Medicine in Sendai, Japan, where she designed and distributed a new scale of behavioral resilience. Upon returning home from a foreshortened year due to the pandemic, she was a pivotal member of the COVID-19 Psychological Impact Team examining the effect on frontline providers at The Mount Sinai Hospital. At the same time, she helped develop a pilot program to provide healthcare workers with an outlet for artistic expression during the pandemic. The program connects healthcare workers and professional artists (improvisational comedians, musicians, etc.) with a goal to mitigate negative psychological outcomes by creating a shared space to bolster creativity, social support, and new coping strategies. She has worked with the Mount Sinai PEERS wellness program since its establishment and helped translate the program for elderly and isolated individuals in Sendai, Japan.



Harper Kibler, MD

MD: Icahn School of Medicine at Mount Sinai
BS: Hamilton College

Harper was born and raised in NYC, where the diverse population inspired her to pursue degrees in Foreign Languages and Anthropology. Following college, she tried her hand at several different careers, including architecture and museum exhibit design, television production, food writing, digital marketing, and volunteer coordination. As a design intern for an architectural firm, she incorporated scientific findings into a museum Health & Wellness exhibit focused on how to be happy. At AmeriCorps in South Carolina, she organized volunteers and fundraised to rebuild homes destroyed by natural disasters. At Memorial Sloan-Kettering, she researched the impact of breast cancer treatment on employment. In medical school she has been a member of the core leadership team of the successful PEERS wellness program, as well as the Committee Leader of the Virtual Memorial Wall honoring Mount Sinai employees lost to COVID-19. She also produced and directed videos aimed at connecting the hospital community despite social distancing, in addition to creating content to help people address anxiety using CBT principles. Harper also has long competed in Ultimate Frisbee tournaments.



Emily Phelps, MD, MS

MD: Rush Medical College
MS: Boston University
BS: University of Alabama

A University Fellow and Presidential Scholar throughout college, Emily has a rich background of leadership, service delivery, social justice, and mentoring. Among her most meaningful endeavors is her work with persons with dementia through community-based art therapy in rural Alabama. She has written broadly about her formative experiences and published program findings in *Alzheimer's & Dementia*. Emily's graduate school thesis was in psychosocial and familial factors of pediatric pain at Boston Children's Hospital (published in *Pain*). A year hiatus from school brought her to New York, where she worked as a barista, ED scribe, and dog walker. In medical school she invested deeply in community partnerships on Chicago's West side, launching a program to screen for social determinants of health and facilitating a free clinic for rehabilitating adults. With funding through her Dean's Award, she developed a protocol for a Virtual Reality dementia simulation to foster empathy and combat ageism in medical education. Her study was featured by the AMA, AMWA, the Village, and VR Voice, and published in the *International Journal of Academic Medicine*. Emily's community, research, and teaching endeavors converged on focus group facilitation, culminating in a Restorative Justice Med-Ed model she and peers showcased in a national AAMC workshop. Interested in nutrition as a patient-centric tool to promote brain health, Emily authored commentaries on nutritional psychiatry through the *AJP Residents' Journal* and the American Association of Addiction Psychiatry. Emily earned national honors through the AAGP Scholars Program and the AAAP John Renner Award for her emerging advocacy in geriatric and addiction psychiatry. Emily was a four-year elected representative of her class student council. Upon graduation she received the Leonard Tow Humanism in Medicine Award and the William Harrison Award for institutional impact. Emily has been inducted into the Gold Humanism Honor Society.



Margot Quinn, MD

MD: George Washington University School of Medicine and Health Sciences
BA: George Washington University

Since her first psychology class in college, Margot has had a fascination with the mind. She started her journey into a career in mental health at a clinical psychology lab at GW, in a study assessing motivation to exercise and resulting exercise activity. She later moved to the National Institute of Child Health and Human Development, where she joined a lab examining the relationship between binge eating behaviors and development of pre-diabetes in adolescents. After college she spent several years working as a research coordinator in a clinical lab at the Boston VA Medical Center, where she facilitated multiple cardiovascular clinical trials including contrast induced kidney injury, heart failure interventions, stent efficacy, and long-term effects of Gulf War Veterans Illness. In medical school Margot narrowed her focus to psychiatry and was awarded the GW SMHS Health Services Scholarship, which allowed her to work in a lab exploring the role of the RAAS pathway in fear memory acquisition and the use of ARBs in PTSD. She led medical students in screening undergraduates for depression and suicidality. Margot has contributed much time volunteering with survivors of rape and sexual assault, patients in hospice, veterans recovering from spinal injuries, and patients at the UMass Memorial Hospital psychiatric emergency department, in addition to HIV testing and sexual health counseling. At the outset of the COVID pandemic, she helped to establish a COVID testing site, while leading volunteer recruitment in a local community health clinic. She founded and was the co-captain of the George Squashington Squash Club, and she has worked at one of the most Open Table-reserved restaurants in the country.



Stephanie Schonholz, MD

MD: Icahn School of Medicine at Mount Sinai
BA: St. Lawrence College

Originally from the suburbs of Massachusetts, Stephanie attended college in upstate NY, where she earned a degree in Performance & Communication Arts with a focus in Rhetoric and Communication. Following graduation, she moved to Phnom Penh, Cambodia and worked as a Pre-K/Kindergarten ESL teacher. After traveling in Southeast Asia and South America while intermittently working as a bartender to fund her excursions, she returned to the US and began work in social media marketing. After spending a little under a year in her new role, Stephanie made the decision to pursue a career in medicine, leaving her job and enrolling in Harvard's post-bac program. She concurrently worked as a research assistant at Dana-Farber Cancer Institute on a study examining communication, health services, and caregiving among advanced cancer patients nearing the end of life. Her interest in creating spaces for people to share their stories continued to drive her pursuits in medical school, where she helped develop and lead the Mount Sinai Human Rights Program, a student-faculty hybrid program that provides physical and mental health evaluations and written legal affidavits to support asylum seekers' applications to the US. She is interested in exploring Forensic Psychiatry and working with law advocacy groups to improve solitary confinement practices for people with mental illness in the NY state prison system. In her free time, Stephanie enjoys exploring the city, especially Central Park, and spending as much time as possible with her Chihuahua-Terrier-Shih Tzu mix dog, Dori.



Onyemaechi Uzosike, MD

MD: Stanford University School of Medicine
BA: Princeton University

Maechi majored in Ecology and Evolutionary Biology and minored in Neuroscience with a focus on animal behavior, conducting thesis research on gecko cognition and habitat restoration in Australia. While employed throughout most of college, Maechi also was vice president and choreographer of diSiac, a 50-member student dance company. During medical school he continued to engage in dance both on and off campus, including as choreographer and dancer in the Dear Future Doctor Stanford video. Relatively undifferentiated in his clinical interests early in medical school, he initially joined Stanford's Department of Pediatric Orthopedics, where he worked part time as a research assistant for 3 years and where he completed his Scholarly Concentration in Clinical Research. His work has included examining rates of Achilles tenotomy under local or general anesthesia in clubfoot patients, how day of week of surgery affects time to discharge for patients with adolescent idiopathic scoliosis, the effect of Pavlik harness use for the treatment of developmental hip dysplasia on age of achievement of motor milestones, and a 6-month-funded project studying the use of novel juvenile chondrocyte factors in promoting mesenchymal stem cell expansion in osteoarthritis. He received the Orthopedics journal Blue Ribbon. However, he found that he began to gravitate toward projects that related in some way to the mind, such as projects examining pediatric orthopedic surgeons' decision-making rationale in an outpatient setting, and how to incentivize kids to wear their scoliosis braces. Maechi has been an officer in SNMA for 3 years.



Laura van Dyck, MD

MD: Yale School of Medicine
BS: Brown University

Informed by her early interest in the brain and human behavior, Laura studied neuroscience at Brown. Her senior undergraduate thesis focused on adapting novel imaging techniques to map out the ascending pain pathway. She went on to conduct research utilizing patient induced pluripotent stem cells to study neurodevelopmental insults occurring in Christianson syndrome. Early in medical school, she was elected by classmates as a Peer Advocate, where she provided social, emotional, and academic support to the medical student community and worked closely with the Associate Dean of Student Affairs. After discovering her interests in geriatric psychiatry, she became president of the Geriatric Interest Group and developed a medical education curriculum to foster interest in geriatric subspecialties. During the early months of the pandemic, she founded two programs serving isolated older adults. In her Telephone Outreach in the COVID-19 Outbreak Program, student volunteers developed longitudinal relationships with isolated nursing home residents for weekly phone calls. The other, the Social Connections for Seniors during COVID-19 (SCSC) Program involved weekly virtual group discussions geared toward older adults. In parallel, she conducted research on the relationship between patient understanding of life-sustaining interventions, outcome priorities, and end-of-life decision-making. Laura has also conducted research examining structural differences in the paracingulate sulcus (PCS) in schizophrenia patients and healthy subjects with auditory hallucinations, as well as a project using transcranial magnetic stimulation to manipulate brain circuits involved in detecting cognitive errors in patients with auditory hallucinations. She has published in *Schizophrenia Bulletin*, *American Journal of Geriatric Psychiatry*, *Journal of the American Geriatric Society*, *Current Opinion in Neurology*, *Journal of Pain Symptom Management*, *Bipolar Disorders*, and *Science Translational Medicine*. Laura also enjoys hiking, making homemade ice cream, and reading about planetary geology.

PHYSICIAN-SCIENTIST RESEARCH TRACK



Ehsan Moazen Zadeh MD, MSc

MD: Iran University of Medical Sciences

MSc: University of British Columbia

Ehsan was born and raised in Kerman, Southern Iran. He moved to Tehran for medical school in 2008, where he began working in research, initially on the genetics of bipolar disorder and later on the treatment of pain and depression in fibromyalgia. His passion for psychiatry developed as he learned about psychodynamic psychotherapy and subsequently founded a free discussion group for medical students. After medical school, he collaborated on a number of large-scale epidemiologic studies of mental health disparities among racial groups in the US while completing a postdoctoral fellowship in psychopharmacology at Tehran University, where he focused on RCTs of novel therapeutics for major psychiatric disorders. In 2018, Ehsan moved to the University of British Columbia in Canada for graduate studies on substance use disorders before joining a Neuroimaging lab at Columbia University in 2019. In 2020, he moved to Mount Sinai for a postdoctoral fellowship at Yasmin Hurd's laboratory. Ehsan has multiple publications to date, including two in *The Lancet Psychiatry*. He is passionate about photography and adventures in nature.



Mina Rizk, MBBCH, MSc

MD: Minia University

Prior Residency: Minia University, Neurology and Psychiatry

Mina was born and raised in Egypt, where he earned his medical degree and completed a prior residency training and Masters in Neurology and Psychiatry. He then joined the Department of Psychiatry at Columbia University in 2016 as first a visiting research scholar, then as a postdoctoral research scientist, where his work focused on the neurobiology of suicidal ideation and behavior. Using different brain imaging modalities (i.e., diffusion tensor imaging, voxel-based morphometry and resting-state functional MRI) and stress response paradigms, he worked on projects delineating the neurobiological underpinnings of distinct subtypes of suicidal individuals. In 2019, Mina received the Paul Janssen Fellowship in Translational Neuroscience Research and the NARSAD Young Investigator Award to study the anti-suicidal effects of buprenorphine, and the potential role of its kappa opioid receptor antagonism properties in this context. Using a task-based functional MRI paradigm, he plans to investigate if the anti-suicidal ideation effects of buprenorphine correlate with changes in brain responses to negative emotions, a proxy measure of the kappa opioid system function. He has obtained FDA approval to test the putative effects of low-dose buprenorphine on suicidal ideation among depressed opioid naïve persons and is currently conducting his project at The Mount Sinai Hospital and New York State Psychiatric Institute. Mina has published 14 papers, including 8 first-author publications, and has been featured in the *American Journal of Psychiatry*. He also co-authored the Suicide Prevention chapter in the new edition of the *APA Textbook of Mood Disorders*. In his spare time, Mina loves to watch soccer (Liverpool!!) and spend time with his family.