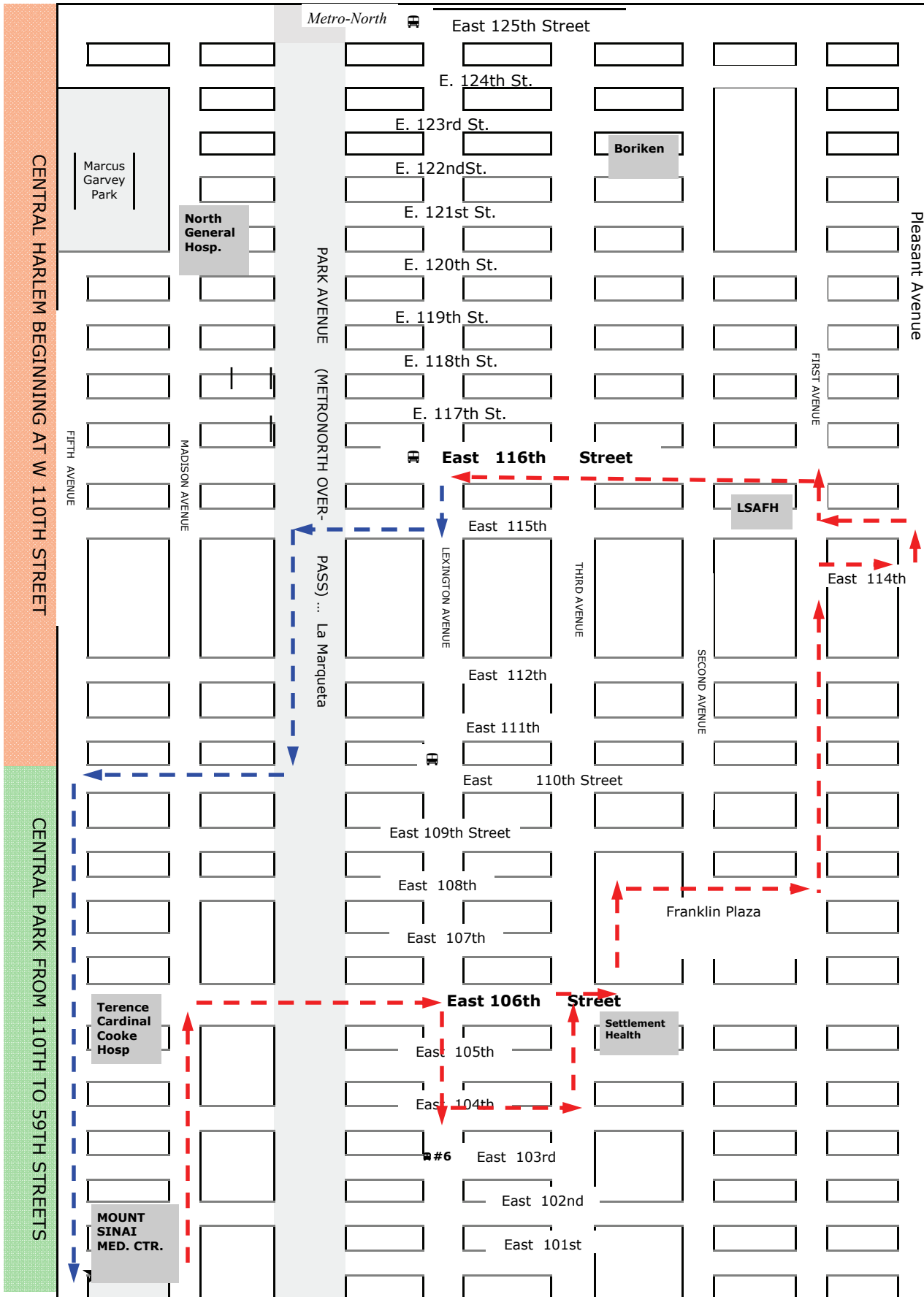


EAST HARLEM WALKING TOUR MAP

Originally prepared for The Mount Sinai School of Medicine by Myra Alperon, NoshWalks
 Updated Annually By Ann-Gel S. Palermo, MPH—CMCA—Email: ann-gel.palermo@mssm.edu



SOME LOCAL EAST HARLEM EATERIES! BE SURE TO CHECK THEM OUT!

Camaradas 2241 1st Ave (On 115th Street)

This restaurant is a worker's public house where camaraderie is built atop of a fine selection of wine, great beers from around the world, excellent music and an innovative blend of the tapas tradition with Puerto Rican cuisine. Lead by a creative and innovative kitchen staff, CAMARADAS has gained instant fame for redefining through quality and freshness traditional nuevo Puerto Rican and Latino cuisine in Upper Manhattan. The "entremeses" include alcapurrias, a tasty mofongo, an array of salads, skewed satay chicken and shrimp, spicy calamari, our own Barrio burger, chocolate empanadas and many other mouth-watering delights. Happy Hour (4PM to 7PM, Monday through Friday). Wednesday is ladies night featuring \$15 Sangria pitchers! PS: Definitely has the best sangria!

Mojito's Restaurant/Lounge 227 East 116th Street between 2nd and 3rd Avenues. Enjoy drink specials, authentic Mexican/Peruvian cuisine and the BEST Mojito you'll ever have, with outdoor patio... all in the heart of El Barrio!

La Fonda Boricua 169 E. 106th Street (Between Lexington & Third Avenues)

A vibrant local favorite offering traditional dishes and the delicious taste of home cooked Puerto Rican cuisine. La Fonda is located in the heart of New York City's Spanish Harlem. Across the street is La Fonda Lounge which is available for functions such as wedding, private parties and other functions.

El Paso Taqueria—3 LOCATIONS! 237 E. 116th between 2nd and 3rd Avenue; and E104th Street and Lexington Avenue, & 97th St between Lexington and Park Aves.

A local East Harlem chain of authentic Mexican cuisine serving delicious and creative dishes cooked to perfection daily. They have the BEST freshly made guacamole and margaritas!!

Orbit East Harlem – 2257 1st Avenue at E. 116th Street Located in the heart of East Harlem, Orbit offers a relaxed atmosphere where locals and visitors alike can enjoy a night out. Weekly live music, drink specials and a unique menu are just part of what makes Orbit special. Listen to Johnny Mambo's Salsa Band every Friday night starting at 9:30pm.

Ricardo's Steakhouse - 2145 Second Avenue, between E110th and E111th. The idea was to combine the "Theater" open kitchen restaurant that is a showcase of the outbursting flavors of the angus steaks and house seasonings, with a warm sexy non-traditional Steak House, in effect creating a "New World" Latino Steak House offering excellent, gourmet, healthy food at affordable prices. With its upscale spacious interior, exposed kitchen, long, sweeping bar/dining counter area, and open-air terrace, Ricardo Steak House has become one of the in demand restaurant-lounge in the community and a Tri-State destination, helping to further generate the already booming development and renaissance that is currently taking place in Spanish Harlem.

Amor Cubano - 2018 Third Avenue at E111th street—East Harlem's own Cuban restaurant!! Delicious food and mojito's! Live music and other acts by the staff at this Cuban Restaurant are just some things to look out for. Vivian Baquero and Maricela Calcines, two Cuban immigrants, are the staple to the Kitchen. The Food is remarkable but the ambiance is something else. You won't be disappointed.

Joy Burger -1567 Lexington Avenue at E 100th Street

East Harlem's own burger joint serving up great burgers, sandwiches, salads, and thick milkshakes!

Kiosk 80 E 116th St. (Btwn Madison & Park Ave)

Mediterranean food. Has live belly dancing and jazz weekly. Hookah bar and lounge (open until 2 AM).

www.mnkiosk.com

Polash 2179 3rd Ave (Btwn 118th & 119th St)

Good Indian food and a pretty extensive menu. <http://www.polashny.com/> Hours: Lunch Mon-Fri: 12pm-4pm
Dinner Mon-Fri: 5pm-11pm Sat-Sun: 12pm-11pm