



Icahn School of Medicine at
Mount Sinai

Grants and Contracts Office

**Guidance for Students and Post Graduates
on Federal Research, Fellowship, and Training Grants**

*A Compendium of Budgetary, Administrative, Application Submission,
and Post Award Information for Federal Awards*

Rev. 6/15/2025

Table of Contents

I. Students and Post Graduates that Participate in Research at Mount Sinai	p. 3
II. Medical Students on a Scholarly Year	p. 5
III. Graduate Student (Predoctoral) on Research Grants	p. 6
IV. Postdoctoral Fellows on Research Grants	p. 7
V. Predoctoral Fellowships	p. 8
VI. Postdoctoral Fellowships	p. 11
VII. Predoctoral and Postdoctoral Fellows on Training Grants	p. 15
VIII. All Costs: Budgeting Students and Post Graduates on Federal Research, Fellowship, and Training Grants	p. 20
IX. Highlights of Significant Changes to this Document from Previous Versions	p. 21

I. Students and Post Graduates that Participate in Research at Mount Sinai

Trainees

The NIH considers all students and post graduates participating on NIH training and fellowship grants as “trainees.” Trainees are individuals in positions to acquire the skills needed to pursue their career goals. In addition, the NIH recognizes the dual role of students and post graduates as both trainees and employees on research grants (i.e., R/P/U series grants). The NIH writes, “Neither Pre-Docs nor Post-Docs need to be specifically appointed in ‘training’ positions to require recognition of this dual role.” The NIH continues regarding postdocs, “Staff in postdoctoral positions engaged in research, while not generally pursuing an additional degree, are expected to be actively engaged in their training and career development under their research appointments as Post-Docs.” For more information about these federal regulations, see the Uniform Guidance [200.400 \(f\)](#) and the NIH policy memo, [NIH-OD-15-008](#).

Graduate Students (Predoctoral)

Graduate students pursuing a doctoral degree are also referred to as “predoctoral students” and “predoctoral fellows” as fellowship candidates. Graduate students (predocs) may be pursuing a PhD, a MD/PhD, or other equivalent doctoral level degree.

When does Mount Sinai consider a doctoral candidate to have met all of the doctoral requirements?

Students are pre-doctoral at ISMMS until their degree is conferred or if they provide verification documentation for completion of PhD degree requirements once they have presented their thesis, made any required revisions post-defense and have deposited their dissertation.

Medical students, although technically predoctoral students, are not eligible for NIH training (T) and fellowship (F) awards nor are they eligible to receive direct compensation on NIH research grants.

- ♦ What School/Program do graduate students attend at Mount Sinai? [Graduate School of Biomedical Sciences](#)
- ♦ What is their primary affiliation on an InfoEd application? Graduate School or the department of their mentor
- ♦ What type of grants can predocs participate in or apply for?
 - o Predocs may participate and receive direct compensation, health insurance, and tuition remission from research grants (e.g., NIH R01, P50, U19). **Please refer to the predoc as a "Graduate Student" on the NIH application.**
 - o They can participate as predocs on NIH National Research Service Award (NRSA) training grants (T series).
 - o They can apply for NIH NRSA predoctoral fellowships (F30, F31).
 - o They can participate as predocs on non-NRSA training grants.
 - o They can apply for non-NRSA predoctoral fellowships.

Medical Students

Medical students are students pursuing MD degrees. Medical students are graduate students as well as predocs but the NIH does not refer to them as such.

- ♦ What School/Program do medical students attend at Mount Sinai? [Icahn School of Medicine at Mount Sinai](#)
- ♦ What is their primary affiliation on an InfoEd application? Medical Education or the department of the PI
- ♦ Only medical students on a Scholarly Year fall under the guidance of this document. See the [Medical Students on a Scholarly Year](#) section for more information. Grant-related activities performed by medical students during their pre-clinical or clinical medical school years are not part of their academic training, and as such do not fall under the guidance of this document.
- ♦ What type of grants can medical students participate in or apply for?
 - o Medical students can participate in federal research, fellowship, and training grants
 - o Medical students can apply for federal research, fellowship and training grants. Contact the [Medical Student Research Office](#) for guidance and availability.

I. Students and Post Graduates that Participate in Research at Mount Sinai (continued)

- To be eligible for short-term, predoctoral research training positions, students must have received a baccalaureate degree by the beginning date of their NRSA appointment. In addition, students must be enrolled, in good standing, and must have completed at least one quarter or semester in a program leading to a clinical doctorate.
- o Medical students can choose to take an extra year during medical school to do a year of full-time research – a Scholarly Year (SY). SY students maintain student status at the school, but do not engage in any classes, clerkships, or other academic requirements.

Postdoctoral Fellows (Postdocs)

Postdoctoral fellows are individuals holding a doctoral degree who are engaged in a temporary period of mentored research and/or scholarly training for the purpose of acquiring the professional skills needed to pursue their career path. Postdocs hold a MD, PhD, or other equivalent doctoral degree. The NIH also refers to postdocs with MD degrees who are pursuing further research training as "Research Clinicians."

- ♦ What School/Program do postdocs attend at Mount Sinai? Postdocs may take classes in the [Graduate School of Biomedical Sciences](#) as well as classes outside of Mount Sinai. Or they may not be taking any classes.
- ♦ What is their primary affiliation on an InfoEd application? The department in which they are appointed or employed.
- ♦ What type of grants can postdocs participate in or apply for?
 - o Postdocs may participate and receive compensation (i.e., salary/fringe) from research grants (e.g., NIH R01, P50, U19).
 - o They can participate as postdocs in NIH National Research Service Award (NRSA) training grants. Individuals in postgraduate clinical training, who wish to interrupt their studies for a year or more to engage in full-time research training before completing their formal training programs, are also eligible.
 - o They can apply for NIH NRSA postdoc fellowships (F32).
 - o They can apply for NIH NRSA senior postdoc fellowships (F33). Applicants must also have at least 7 years of relevant research or professional experience after receiving the doctorate and have established an independent research career.
 - o They can participate as postdocs in non-NRSA training grants.
 - o They can apply for non-NRSA postdoc fellowships.

Residents

Residents are medical school graduates who are in a period of post graduate training in a given specialty. Resident training can include clinical, educational and research opportunities.

- ♦ What is their primary affiliation on an InfoEd application? Department in which they are a resident.
- ♦ What type of grants can residents participate in or apply for?
 - o Residents may participate but do not receive compensation (i.e., salary/fringe) from research grants (e.g., NIH R01, P50, U19). Please do complete a [cost sharing form](#) and include the hospital fund number.
 - o They can apply for NIH NRSA postdoc fellowships (F32). Fellowships may not be used to support the clinical years of residency training. However, these awards are appropriate for the research fellowship years of a residency program. Research clinicians must devote full-time effort to their proposed research training and confine clinical duties to those activities that are part of the research training program.
 - o There may be other training/education programs (e.g. R25) offered by the different NIH Institutes/Centers.

II. Medical Students on a Scholarly Year

Medical students can choose to take an extra year during medical school to do a year of full-time research called a Scholarly Year (SY). SY students maintain student status at the school, but do not engage in any classes, clerkships, or other academic requirements.

Medical students on SY are typically compensated from the department they are working with and that funding may be via a research grant.

When budgeting a Medical Student on a Scholarly year on a **federal Research grant** (e.g. NIH RO1, P50, U19; not T or F grants), please use the following amounts:

Direct Compensation: \$49,000 (Academic Year 2024-2025, through Jun 30, 2025)

Health Insurance: \$6,700 (Academic Year 2023-2024, through June 30, 2024)

When budgeting a Medical Student on a Scholarly year on a **federal Training or Fellowship grant**, please contact the [Medical Student Research Office](#) for guidance.

III. Graduate Students (Predoctoral) on Research Grants

Research grants are NIH's R, P, and many U series grants. Examples are R01, R21, P01, P50, U01, and U19 grants.

A. Graduate Students at Mount Sinai and Grant Eligibility: See Section I, "[Students and Post Graduates that Participate in Research at Mount Sinai](#)". Graduate students pursuing PhD or MD/PhD degrees follow the budgeting policy below.

B. Budget

1. NIH Policy

Policy Summary: The maximum total compensation of graduate students on Federal grants cannot exceed the NIH Postdoc level 0. Total compensation includes: 1) direct compensation, 2) health insurance, and 3) tuition, fees.

2. Graduate Student Compensation

Adapted from the 4/29/2025 Memorandum from Dean of the Graduate School of Biomedical Sciences and Dean for Academic and Scientific Affairs.

Description	Amount (Eff. 7/1/2025)
a. Direct Compensation	\$50,000
b. Health Insurance – Single	\$10,548
c. Tuition/Fees	\$ 0
Total Compensation Package Cap	\$60,548

If there are funds remaining for tuition/fees, it is also possible to budget for less as appropriate. The per credit amount is \$1,300.

3. Instructions

a. Direct Costs

- In the Personnel section of a budget, enter the graduate student's name and % effort. Do not enter a graduate student base salary in the Personnel section.
- If the graduate student's % effort is less than 100%, you must prorate direct compensation, health insurance, and tuition in 2. above accordingly.
- In the Other Direct Costs section of the budget, enter the graduate student's direct compensation, health insurance and tuition/fees.

b. Facilities and Administrative Fee (F&A) / Indirect Costs

Exclude tuition/fees from the facilities and administrative (F&A) fee calculation. Use Mount Sinai's federal research rate (On campus: 69.0%; Off campus: 26%). For further F&A information, see "Financial Information" section in GCO's [Administrative Information Sheet](#).

4. Additional Resources

[Budget Template](#)

You may use GCO's budget template (link above) and click on the "Federal Graduate Student" tab for the automatic calculation features.

C. Research Performance Progress Reports (RPPRs) (i.e., Non-Competing Continuations)

- Individual Development Plan (IDP) Requirement: Click [here](#) for more information.

IV. Postdoctoral Fellows on Research Grants

Research grants are NIH's R, P, and many U series grants. Examples are R01, R21, P01, P50, U01, and U19 grants.

A. Postdoctoral fellows at Mount Sinai and Grant Eligibility: See Section I, "[Students and Post Graduates that Participate in Research at Mount Sinai](#)". Post docs follow the budgeting policy below.

B. Budget

Data Source: Article 5 Compensation of the Collective Bargaining Agreement (12/23/23) between the ISMMS and the Sinai Postdoctoral Organizing Committee – UAW

Please use the minimum salary of 73,588 for post docs hired on or after July 1, 2024 and 74,692 hired on or after July 1, 2025. Please see the Office of Postdoctoral Affairs [Policies and Procedures](#) webpage for more information.

C. Research Performance Progress Reports (RPPR) (i.e., Non-Competing Continuations)

1. Individual Development Plan (IDP) Requirement: Click [here](#) for more information.

V. Predoctoral Fellowships

- A. Predocs at Mount Sinai and Grant Eligibility: See Section I, "[Students and Post Graduates that Participate in Research at Mount Sinai.](#)"

The instructions in B. – E. below pertain to National Research Service Award (NRSA) fellowships.

B. NIH Notices of Funding Opportunity (NOFOs)

Mechanism NOFO

- F30 [Fellowship for Students at Institutions With NIH-Funded Institutional Predoctoral Dual-Degree Training Programs \(Parent F30\) \(PA-25-246\)](#)
- F31 [Predoctoral Fellowship \(Parent F31\) \(PA-25-422\)](#)
- FM1 Fellowship for Intramural Dual-Degree Scientists
[NIH Medical Scientist Partnership Program \(FM1 Clinical Trial Not Allowed\) \(PAR-23-109\)](#)

C. Budget

1. Direct Costs

Include these costs on your budget.

a. Stipend: \$28,788

The stipend helps to defray living expenses during the research and clinical training experiences. NRSA fellowship recipients are not considered employees of the sponsoring institution and therefore do not receive salaries or fringe benefits.

The stipend is required to be supplemented by PI/departmental funds up to \$50,000 effective 7/1/2025. This supplementation is not reflected on the budget and does not require a cost sharing form to GCO, but the availability of funds should be considered by the PI/Department when submitting applications.

b. Tuition and Fees

Y1 \$36,400	Y4 \$26,000
Y2 \$33,800	Y5 \$26,000
Y3 \$28,600	Y6 (partial year), if applicable. Check with the Graduate School .

Choose the appropriate annual tuition and fees amount depending on program year. Check with the Graduate School for Dual MD/PhD degree rates. **Always request the full amount in the grant application and progress report.**

c. Childcare Costs: \$3,000

NIH will begin providing childcare support to recipients of NRSA fellowships, on or after April 8, 2021 on new applications, RPPRs, and as administrative supplements. Refer to NIH Notice [NOT-OD-24-116](#), [NOT-OD-21-070](#) and the [NIH FAQs on Childcare Costs](#) for instructions and more information.

d. Institutional Allowance: \$4,750

Institutional allowance covers health insurance assuming fellow does not opt out. Mount Sinai's health insurance cost is \$10,548 eff. 7/1/2025. If the fellow opts out of receiving health insurance, other allowable costs would be research supplies, books, and travel to scientific meetings.


V. Predoctoral Fellowships (continued)

2. Facilities and Administrative Fee (F&A) / Indirect Costs

This cost is not allowable.

3. Instructions for Competitive Applications (e.g., New, Resubmission Applications, Competitive Renewals)

There are two places to enter budget information in the System to System InfoEd application.

- a. In the InfoEd Budget tab, please enter participant stipend, tuition and fees, institutional allowance and childcare costs if appropriate. GCO will correct this tab as needed. Information from this tab and from the budget section of the S2S Forms tab is then exported to the total funds requested box (#15. Estimated Funding) on the NIH SF424 Face Page.
- b. In the S2S Forms tab, click on the Edit Icon () of “PHS_Fellowship_Supplemental_2_0” form. Then go to Section E “Budget” and complete the tuition and fees section of this supplemental form and childcare costs as appropriate as per [NOT-OD-24-116](#). No additional budget information is required in this section. Besides the total funds requested on the NIH SF 424 Face Page, the NIH only sees the tuition and fees amount and childcare costs if added. The NIH will determine the stipend and institutional allowance at the time of the award and will include all budget categories in the Notice of Award.

D. Post Award

1. Stipend Increases

The stipend schedule effective at the time of award determines the amount of stipend. The same amount remains in effect until the award is renewed. The NIH adjusts awards on the award notice anniversary date. For example, if the award was made July 1, 2024, the fellow will receive his/her stipend in accordance with the FY2024 stipend scale for the entire period of his/her appointment. If the fellow remains on the grant for another year, he/she will receive the higher stipend amount when reappointed in July.

2. Tuition and Fees

The NIH pays for 60% of Tuition and Fees, up to \$16,000 for PhDs and \$21,000 for dual degrees.

3. Rebudgeting

Stipend and tuition/fees may not be used for other purposes except under unusual circumstances and then only with the prior approval of the NIH awarding Institute/Center. As per [NOT-OD-24-116](#), when childcare costs are awarded, they are generally restricted and cannot be re-budgeted without prior written approval from the NIH awarding IC. In cases of early termination, recipients may not use any unused portion of the childcare costs. It will remain unobligated and will be adjusted by the agency as part of the closeout process.

4. Activation

Predocs must sign an [Activation Notice \(PHS 416-5\)](#) as of the day the fellow begins training. The individual may activate the fellowship on or after the issue date of the NoA up to the latest activation date shown in the NoA (generally 6 months after the award issue date). This form is required for the first year only. See Reporting Requirements > Activation Notice section 11.2.11 in the [NIH Grants Policy Statement](#) for complete information.

Please include Raj Appavu (e-mail: Raj.Appavu@mssm.edu; Tel: 646-605-4023) from Sponsored Projects Accounting as the Institutional Business Official on the form. After obtaining the required signatures, please send the signed original to the awarding agency provided in the NoA.

5. Termination

A Termination Notice (PHS 416-7) must be submitted within 30 days of the termination date, even if the predoc is not available for signature. For early terminations, the completed form will be required immediately upon receipt

V. Predoctoral Fellowships (continued)

of notification. See Reporting Requirements > Termination Notice section 11.2.11.3 in the [NIH Grants Policy Statement](#) for complete information.

The use of the [ERA Commons'](#) xTrain module is mandatory for electronic preparation and submission. See [Termination Process Flow](#) (p.7) and the [xTRAIN Termination of Fellowships Quick Reference Guide](#) for more information. Please select Raj Appavu as the Business Official. The fellow routes the application to the Mentor (i.e., Sponsor) for approval. After approving, xTRAIN routes to the Business Official as the next reviewer who submits to the agency.

E. NIH Resources

- [NIH Grants Policy Statement](#) - Section 11.2
- [F Kiosk - Fellowship Funding Opps](#)
- [NIH Individual Fellowship Guide](#) (Fellowship Instructions section)
- [xTrain Getting Started Quick Reference Guide for Trainees](#)
- Ruth L. Kirschstein National Research Service Award (NRSA) Stipends, Tuition/Fees and Other Budgetary Levels Effective for Fiscal Year 2025 ([NOT-OD-25-105](#))
- Childcare Costs for Ruth L. Kirschstein National Research Service Award (NRSA) Individual Fellows and Institutional Research Training Awards ([NOT-OD-24-116](#))
- Notice of Special Interest (NOSI): Availability of Administrative Supplements for Childcare Costs for Ruth L. Kirschstein National Research Service Award (NRSA) Individual Fellows ([NOT-OD-21-070](#))
- [NIH Frequently Asked Questions \(FAQs\) on Childcare Costs](#)
- [xTrain Policy Notice](#)
- [xTrain Resources](#)
- [FAQs](#)

The instructions in F. below pertain to non-National Research Service Award (NRSA) fellowships.

They do not apply to NIH predoctoral fellowships. For NIH predoctoral fellowships, see sections B. – E. above.

The IRS in private letter ruling, [PLR 201705001](#), determined that “non-NRSA” grants ... are ‘wages’ for employment tax purposes, and are subject to social security taxation. Another resource on this topic is this article entitled “[IRS Changes Stance – Payments to Research Fellows Now Considered Compensation.](#)”

F. Non-NRSA Fellowship Budget

Adapted from the 4/29/2025 Memorandum from Dean of the Graduate School of Biomedical Sciences and Dean for Academic and Scientific Affairs

Include these costs on your budget if allowable:

1. Predoctoral Fellow Compensation:	Eff. 7/1/2025
a. Direct Cost Compensation:	50,000
b. Health Insurance - Single:	10,548
c. Tuition:	0
Total Compensation Package Cap:	60,548

It is possible to budget for less in Tuition/Fees as appropriate. The per credit amount is \$1,300. The fellow may also opt out of health insurance. If the % effort is less than 100%, prorate direct compensation, health insurance, and tuition. Exclude tuition from the F&A calculation.

VI. Postdoctoral Fellowships

A. Postdocs at Mount Sinai and Grant Eligibility: See Section I, "[Students and Post Graduates that Participate in Research at Mount Sinai](#)".

The instructions in B. – E. below pertain to National Research Service Award (NRSA) fellowships.

B. NIH Notices of Funding Opportunity (NOFOs)

<u>Mechanism</u>	<u>NOFOs</u>
F32	Individual Postdoctoral Fellowship (Parent F32) (PA-25-423)
F33	Individual Senior Fellowship (Parent F33) (PA-25-424)

C. Budget

1. Direct Costs

a. Stipend Amounts Eff. 10/1/2024

<u>Description</u>	<u>Amount</u>	<u>Description</u>	<u>Amount</u>
0 Yrs Exp.	\$62,232	4 Yrs Exp.	\$67,824
1 Yrs Exp.	\$62,652	5 Yrs Exp.	\$70,344
2 Yrs Exp.	\$63,120	6 Yrs Exp.	\$72,960
3 Yrs Exp.	\$65,640	7 or more Yrs Exp.	\$75,564

The stipend helps to defray living expenses during the research and clinical training experiences. Fellowship recipients are not considered employees of the Federal government or the sponsoring institution and therefore do not receive salaries or fringe benefits.

As per the Collective Bargaining Agreement between the ISMMS and the Sinai Postdoctoral Organizing Committee – UAW (ratification date 12/23/23), all stipend levels must be supplemented to the minimum amounts set forth in the agreement from appropriate non-federal sources. For post docs hired on or after July 1, 2024, the minimum amount is 73,588 and 74,692 hired on or after July 1, 2025. **This supplementation is not reflected on the budget** and does not require a cost sharing form to GCO, but the availability of funds should be considered by the PI/Department when submitting applications.

b. Tuition and Fees

Per Credit Amount: \$1,300

Determine tuition and fees based on # of credits and per credit amount above if Postdoc is enrolling in a course at Mount Sinai or check with the Graduate School for the cost of degree programs and other information.

Postdocs can take courses outside of Mount Sinai so be sure to check that the rates of the institution. Always request the full amount in the grant application and progress report. Costs associated with tuition and fees are allowable only if they are required for specific courses in support of the research training. NIH will contribute to the combined cost of tuition and fees at the rate in place at the time of award.

c. Childcare Costs: \$3,000

NIH will begin providing childcare support to recipients of NRSA fellowships, on or after April 8, 2021 on new applications, RPPRs, and as administrative supplements. Refer to NIH Notice [NOT-OD-24-116](#), [NOT-OD-21-070](#) and the [NIH FAQs on Childcare Costs](#) for instructions and more information.

VI. Postdoctoral Fellowships (continued)

d. Institutional Allowance: \$12,400

Institutional allowance covers health insurance assuming fellow does not opt out. Other allowable costs would be research supplies, books, travel to scientific meetings, and costs for administering fellowship if there were funds after health insurance is paid.


2. Facilities and Administrative Fee (F&A) / Indirect Costs

This cost is not allowable.

3. Instructions for Competitive Applications (e.g., New, Resubmission Applications, Competitive Renewals)

There are two places to enter budget information in InfoEd.

a. In the InfoEd Budget tab, please enter participant stipend, tuition and fees, institutional allowance and childcare costs if appropriate. GCO will correct this tab as needed. Information from this tab and from the budget section of the S2S Forms tab is then exported to the total funds requested box (#15. Estimated Funding) on the NIH SF424 Face Page.

b. In the S2S Forms tab, click on the Edit Icon () of "PHS_Fellowship_Supplemental_2_0" form. Then go to Section E "Budget" and complete the tuition and fees section, childcare costs as appropriate as per [NOT-OD-24-116](#), and the "Senior Fellowship Applicants" Only as appropriate: of this supplemental form. No additional budget information is required in this section. Besides the total funds requested on the NIH SF 424 Face Page, the NIH only sees the tuition and fees amount and childcare costs if added. The NIH will determine the stipend and institutional allowance at the time of the award and will include all budget categories in the Notice of Award (NoA).

D. Post Award

1. Stipend Increases

The stipend schedule effective at the time of award determines the amount of stipend. The same amount remains in effect until the award is renewed. The NIH adjusts awards on the award notice anniversary date. For example, if the award was made July 1, 2024, the fellow will receive his/her stipend in accordance with the FY2024 stipend scale for the entire period of his/her appointment. If the fellow remains on the grant for another year, he/she will receive the 2025 stipend amount when they are reappointed in July 2025.

2. Tuition and Fees

For related training, the NIH pays for 60% of the level requested by the institution (i.e., amount in place at time of award), up to \$4,500. If the postdoc is in a formal degree-granting training, the NIH pays for 60% of the level requested by the applicant institution, up to \$16,000 per year. As noted previously, request the full amount in the application. The NIH will apply the formula once awarded and will include this amount in the NOA.

3. Rebudgeting

Stipend and tuition/fees may not be used for other purposes except under unusual circumstances and then only with the prior approval of the NIH awarding Institute/Center. As per [NOT-OD-24-116](#), when childcare costs are awarded, they are generally restricted and cannot be re-budgeted without prior written approval from the NIH awarding IC. In cases of early termination, recipients may not use any unused portion of the childcare costs. It will remain unobligated and will be adjusted by the agency as part of the closeout process.

4. Activation

Postdocs must sign an [Activation Notice \(PHS 416-5\)](#) as of the day the fellow begins training. The individual may activate the fellowship on or after the issue date of the NoA up to the latest activation date shown in the NoA (generally 6 months after the award issue date). This form is required for the first year only. See Reporting Requirements > Activation Notice section 11.2.11 in the [NIH Grants Policy Statement](#) for complete information.

VI. Postdoctoral Fellowships (continued)

Please include Raj Appavu (e-mail: Raj.Appavu@mssm.edu; Tel: 646-605-4023) from Sponsored Projects Accounting as the Institutional Business Official on the form. After obtaining the required signatures, please send the signed original to the awarding agency provided in the NoA. **The [Payback Agreement \(PHS 6031\)](#) must accompany the [Activation Notice \(PHS 416-5\)](#).**

5. Payback Requirement

a. Policy:

The NIH requires postdocs to engage in “payback” service for the training they received. “Payback” means that Postdocs must engage in health-related biomedical or behavioral research within two years of their fellowship termination. Payback is required for only the initial 12 months of fellowship support. **The second year of the fellowship (or research supported by another grant) counts as payback for the first year.** Those who cannot engage in payback service can request to pay back their debt financially. See Payback section 11.4 of the [NIH Grants Policy Statement](#) for complete information. Also, visit NIH’s payback section of the [FAQs](#).

b. Procedure

Postdocs must sign a [Payback Agreement \(PHS 6031\)](#) before beginning the first 12 months of postdoctoral support. Within two years of the fellowship termination, the Postdocs complete the [Annual Payback Activities Certification \(APAC\) \(PHS 6031-1\)](#). Individuals with an outstanding payback obligation complete the APAC annually until their obligation is fulfilled. Please note that the eRA Commons xTrain module does not support the submission of the PHS 6031 or 6031-1 forms. PHS 6031 is available for download/printing on xTrain with instructions for signing and submitting the agreement via postal mail. xTrain will populate basic information prior to printing.

6. Termination

A Termination Notice (PHS 416-7) must be submitted within 30 days of the termination date even if the fellow is not available for signature. For early terminations, the completed form will be required immediately upon receipt of notification. See Reporting Requirements > Termination Notice section 11.2.11.3 in the [NIH Grants Policy Statement](#) for complete information.

The use of the [ERA Commons'](#) xTrain module is mandatory for electronic preparation and submission. See [Termination Process Flow](#) (p.7) and the [xTRAIN Termination of Fellowships Quick Reference Guide](#) for more information. Please select Raj Appavu as the Business Official. The fellow routes the application to the Mentor (i.e., Sponsor) for approval. After approving, xTRAIN routes to the Business Official as the next reviewer who submits to the agency.

E. Resources

- [NIH Grants Policy Statement](#) - Section 11.2 Individual Fellowships, 11.4 Payback Requirements
- [F Kiosk - Fellowship Funding Opps](#) - [xTrain Policy Notice](#)
- [NIH Individual Fellowship Guide](#) - [xTrain Resources](#)
- [FAQs](#) - [xTrain Trainee Profile Setup Tutorial](#)
- [Payback Requirements](#)
- Ruth L. Kirschstein National Research Service Award (NRSA) Stipends, Tuition/Fees and Other Budgetary Levels Effective for Fiscal Year 2025 [\(NOT-OD-25-105\)](#)
- Childcare Costs for Ruth L. Kirschstein National Research Service Award (NRSA) Individual Fellows and Institutional Research Training Awards [\(NOT-OD-24-116\)](#)

VI. Postdoctoral Fellowships (continued)

- Notice of Special Interest (NOSI): Availability of Administrative Supplements for Childcare Costs for Ruth L. Kirschstein National Research Service Award (NRSA) Individual Fellows ([NOT-OD-21-070](#))
- [NIH Frequently Asked Questions \(FAQs\) on Childcare Costs](#)
- AHRQ Announcement of Childcare Costs Allowance for Ruth L. Kirschstein National Research Service Award (NRSA) Individual Fellows (F32s) ([NOT-HS-22-013](#))

The instructions in F. below pertain to non-National Research Service Award (NRSA) fellowships. They do not apply to NIH postdoctoral fellowships. For NIH postdoctoral fellowships, see sections B. – E. above.

The IRS in private letter ruling, [PLR 201705001](#), determined that “non-NRSA” grants ... are ‘wages’ for employment tax purposes, and are subject to social security taxation. Another resource on this topic is this article entitled “[IRS Changes Stance – Payments to Research Fellows Now Considered Compensation](#).”

F. Non-NRSA Fellowship Budget

Include these costs on your budget if allowable:

Postdoctoral Fellow Compensation - Salary and Fringe

Data Source: Article 5 Compensation of the Collective Bargaining Agreement (12/23/23) between the ISMMS and the Sinai Postdoctoral Organizing Committee – UAW

Please use the minimum salary of 73,588 for post docs hired on or after July 1, 2024 and 74,692 hired on or after July 1, 2025.

Please see the Office of Postdoctoral Affairs [Policies and Procedures](#) webpage for more information.

VII. Predoctoral and Postdoctoral Fellows on Training Grants

A. Mount Sinai Students and Training Grant Eligibility: See Section I, "[Students and Post Graduates that Participate in Research at Mount Sinai.](#)"

The instructions in B. – E. below pertain to National Research Service Award (NRSA) training grants.

B. NIH Notices of Funding Opportunity (NOFOs)

Mechanism	NOFOs
T32	Institutional Training Grant (Parent T32) (PA-25-168)
Other T32s, T34, T35, T36, T90	Visit the T Kiosk

C. Budget

1. Direct Costs

a. Predoctoral

Budget for these costs when there are predocs participating on the training grant.

i. Stipend: \$28,788

The stipend helps to defray living expenses during the research and clinical training experiences. Fellowship recipients are not considered employees of the Federal government or the sponsoring institution and therefore do not receive salaries or fringe benefits.

Stipend levels must be supplemented by PI/departmental funds up to \$50,000 effective 7/1/2025. This supplementation is not reflected on the budget and does not require a cost sharing form to GCO, but the availability of funds should be considered by the PI/Department when submitting applications.

ii. Tuition and Fees

Y1	\$36,400	Y4	\$26,000
Y2	\$33,800	Y5	\$26,000
Y3	\$28,600	Y6	Partial year, if applicable. Check with Graduate School .

Choose the appropriate annual tuition and fees amount depending on program year.

Check with the [Graduate School](#) for dual MD/PhD degree rates. **Always request the full amount in the grant application and progress report.**

iii. Trainee Travel: Cost amount is NIH Institute/Center (I/C) specific. Check I/C for rate.

To attend scientific meetings and workshops that Mount Sinai determines necessary for the individual's research training experience.

iv. Training Related Expenses: \$4,750

Trainee related expenses cover health insurance assuming fellow does not opt out. If the fellow opts out of receiving health insurance, other allowable costs would be research supplies, books and travel to scientific meetings, and administrative staff salaries. Mount Sinai's health insurance cost is \$10,548 eff. 7/1/2025; and so, there are no funds remaining in this category for other training related expenses.

v. Childcare Costs: \$3,000

Effective April 25, 2025 as per Notice [NOT-OD-25-100](#), NIH provides annual childcare costs for 25% of the full-time predoctoral or postdoctoral appointment slots at the time each new, renewal or continuation awards is made. These costs are restricted and must be used for childcare expenses. If more than 25% of

VII. Predoctoral and Postdoctoral Fellows on Training Grants (continued)

the full-time predoctoral or postdoctoral appointed trainees have eligible childcare costs, the recipient may request an administrative supplement to provide for additional costs, as appropriate. All of other aspects of the policy as described in [NOT-OD-24-116](#) remain the same. The NIH will not provide childcare support for short-term predoctoral or postdoctoral NRSA trainees regardless of the activity code.

b. Postdoctoral

i. Stipend Amounts Eff. 10/1/2024

Budget for these costs when there are postdocs participating on the training grant.

The stipend helps to defray living expenses during the research and clinical training experiences. Fellowship recipients are not considered employees of the Federal government or the sponsoring institution and therefore do not receive salaries or fringe benefits.

<u>Description</u>	<u>Amount</u>	<u>Description</u>	<u>Amount</u>
0 Yrs Exp.	\$62,232	4 Yrs Exp.	\$67,824
1 Yrs Exp.	\$62,652	5 Yrs Exp.	\$70,344
2 Yrs Exp.	\$63,120	6 Yrs Exp.	\$72,960
3 Yrs Exp.	\$65,640	7 or more Yrs Exp.	\$75,564

As per the Collective Bargaining Agreement (CBA) between the ISMMS and the Sinai Postdoctoral Organizing Committee – UAW (ratification date 12/23/2023), effective immediately all stipend levels must be supplemented to a minimum amounts set forth in the agreement from appropriate non federal sources. For post docs hired on or after July 1, 2024, the minimum amount is 73,588 and 74,692 hired on or after July 1, 2025. This supplementation is not reflected on the budget and does not require a cost sharing form to GCO, but the availability of funds should be considered by the PI/Department when submitting applications.

ii. Tuition and Fees

Per Credit Amount: \$1,300

Determine tuition and fees based on # of credits and per credit amount above if postdoc is enrolling in a course at Mount Sinai or check with the Graduate School for the cost of degree programs and other information. Postdocs can take courses outside of Mount Sinai so be sure to check that the rates of the institution. Always request the full amount in the grant application and progress report. Costs associated with tuition and fees are allowable only if they are required for specific courses in support of the research training. NIH will contribute to the combined cost of tuition and fees at the rate in place at the time of award.

iii. Trainee Travel: Cost amount is NIH Institute/Center (I/C) specific. Check I/C for rate.

To attend scientific meetings and workshops that Mount Sinai determines necessary for the individual's research training experience.

iv. Training Related Expenses: \$12,400

Trainee related expenses cover health insurance assuming fellow does not opt out. Any remaining balance can cover others costs such as consultant costs, research supplies, books, faculty/staff travel directly related to the research training program, and administrative staff salaries.

v. Childcare Costs: \$3,000

Effective April 25, 2025 as per Notice [NOT-OD-25-100](#), NIH provides annual childcare costs for 25% of the full-time predoctoral or postdoctoral appointment slots at the time each new, renewal or continuation awards is

VII. Predoctoral and Postdoctoral Fellows on Training Grants (continued)

made. These costs are restricted and must be used for childcare expenses. If more than 25% of the full-time predoctoral or postdoctoral appointed trainees have eligible childcare costs, the recipient may request an administrative supplement to provide for additional costs, as appropriate. All of other aspects of the policy as described in [NOT-OD-24-116](#) remain the same. The NIH will not provide childcare support for short-term predoctoral or postdoctoral NRSA trainees regardless of the activity code.

2. Facilities and Administrative Fee (F&A) / Indirect Costs.

Apply an 8.00% rate. Exclude tuition/fees when calculating F&A.

3. Instructions for Competitive Renewals (e.g., New, Resubmission Applications)

Data enter all above costs in InfoEd budget tabs.

4. Non Competitive Continuation Budgets

For non-competitive continuation years, the requested amount does not necessarily have to equal the amount committed for the upcoming year in the Notice of Award (NOA). The NIH may have for example increased stipend levels or trainee related expense amounts or perhaps you are requesting to bring in a Postdoc at a higher level for the upcoming year than you had planned for. Please budget accordingly. Please see [NOT-OD-21-177](#) for instructions about reporting and awarding childcare costs.

D. Post Award \$s

1. Stipend Increases

The stipend schedule effective at the time of award determines the amount of stipend. The same amount remains in effect until the award is renewed. The NIH adjusts awards on the award notice anniversary date. For example, if the award was made July 1, 2024, all trainees will receive stipends in accordance with the FY24 stipend scale for the entire period of their appointments. If trainees remain on the training grant for another year, they will receive the 2025 stipend amount when they are reappointed in July 2025.

2. Tuition and Fees

Predocs: The NIH pays for 60% of Tuition and Fees, up to \$16,000 for PhDs and \$21,000 for dual degrees.

Postdocs: For related training, the NIH pays for 60% of the level requested by the institution (i.e., amount in place at time of award), up to \$4,500. If the Postdoc is in a formal degree-granting training, the NIH pays for 60% of the level requested by the applicant institution, up to \$16,000 per year.

3. Rebudgeting

- Allowable between the cost categories of training related expenses and travel
- Stipend and tuition/fees may not be used for other purposes except under unusual circumstances and then only with the prior approval of the NIH awarding Institute/Center.
- As per NIH [NOT-OD-24-116](#), when childcare costs are awarded, they are restricted. Only eligible full-time predoctoral or postdoctoral NRSA trainees may use the costs, and they must be used for childcare expenses; any unused funds cannot be rebudgeted and must be reported as an unobligated balance on the Federal Financial Report (FFR). The awarding IC will offset any unused funds in future years or will adjust the amount as a part of the closeout process.

VII. Predoctoral and Postdoctoral Fellows on Training Grants (continued)

4. Appointment

Each trainee must complete the required [Statement of Appointment \(PHS 2271\)](#). The use of the [ERA Commons'](#) xTrain module is mandatory for electronic preparation and submission.

The Statement of Appointment form covers the support of an individual for a particular budget period and is required for each new appointment, reappointment, or amended appointment of an individual receiving stipend, tuition costs, or travel expenses as a trainee under a Kirschstein-NRSA or other applicable PHS institutional training grant. The form, which is signed by both the individual and the Program Director, must be completed and

submitted at the time the individual starts the appointment or reappointment, or, in the case of an amendment, as soon as the change occurs.

5. Payback Requirement for Post Docs

Policy:

The NIH requires postdocs to engage in “payback” service for the training they received. “Payback” means that Postdocs must engage in health-related biomedical or behavioral research within two years of their fellowship termination. Payback is required for only the initial 12 months of fellowship support. [The postdoc's second year of the training grant \(or research supported by another grant\) counts as payback for the first year.](#) Those who cannot engage in payback service can request to pay back their debt financially. See Payback section 11.4 of the [NIH Grants Policy Statement](#) for complete information. Also, visit NIH's Payback section of the [FAQs](#).

Procedure:

Postdocs must sign a [Payback Agreement \(PHS 6031\)](#) before the first 12 months of postdoctoral support. [Within two years of training termination, the Postdocs complete the Annual Payback Activities Certification \(APAC\) \(PHS 6031-1\).](#) Individuals with an outstanding payback obligation complete the APAC annually until their obligation is fulfilled. Please note that the eRA Commons xTrain module does not support the submission of the PHS 6031 or 6031-1 forms. PHS 6031 is available for download/printing on xTrain with instructions for signing and submitting the agreement via postal mail. xTrain will populate basic information prior to printing.

6. Termination

[The PD/PI is responsible for submitting a Termination Notice for each trainee within 30 days of the end of the total period of support even if the trainee is not available for signature.](#) In all cases, the information on the form must be verified by the program director and an institutional business official.

The use of the [ERA Commons'](#) xTrain module is mandatory for electronic preparation and submission. See [Termination Process Flow](#) (p.7) and the [xTRAIN Termination of Appointments Quick Reference Guide](#) for more information. Please select Raj Appavu as the Business Official.

The PI routes the application to the trainee, who completes the form and routes it back to the PI. The PI then reviews and routes it to the to the Business Official who is the next reviewer and submits to the agency.

E. NIH Resources

- [NIH Grants Policy Statement](#) - Section 11.3
- [NIH Application Guide](#)
- [FAQs](#)
- [xTrain Policy Notice](#)
- [xTrain Resources](#)
- [xTrain Trainee Profile Setup Tutorial](#)

VII. Predoctoral and Postdoctoral Fellows on Training Grants (continued)

- Ruth L. Kirschstein National Research Service Award (NRSA) Stipends, Tuition/Fees and Other Budgetary Levels Effective for Fiscal Year 2025 ([NOT-OD-25-105](#))
- Childcare Costs for Ruth L. Kirschstein National Research Service Award (NRSA) Individual Fellows and Institutional Research Training Awards ([NOT-OD-25-100](#)) ([NOT-OD-24-116](#))
- [NIH Frequently Asked Questions \(FAQs\) on Childcare Costs](#)

The instructions in F. below pertain to non-National Research Service Award (NRSA) training grants. They do not apply to NIH training grants. For NIH training grants, see sections B. – E. above.

The IRS in private letter ruling, [PLR 201705001](#), determined that “non-NRSA” grants ... are ‘wages’ for employment tax purposes, and are subject to social security taxation. Another resource on this topic is this article entitled “[IRS Changes Stance – Payments to Research Fellows Now Considered Compensation.](#)”

F. Budget

Include these costs on your budget if allowable:

1. Predoctoral Fellow Compensation

Adapted from the 4/29/2025 Memorandum from Dean of the Graduate School of Biomedical Sciences and Dean for Academic and Scientific Affairs.

	Eff. 7/1/2025
a. Direct Cost Compensation:	50,000
b. Health Insurance - Single:	10,548
c. Tuition:	0
Total Compensation Package Cap:	\$60,548

It is possible to budget for less in Tuition/Fees as appropriate. The per credit amount is \$1,300. Predocs may also opt out of health insurance.

If the % effort is less than 100%, prorate direct compensation, health insurance, and tuition. Exclude tuition from the F&A calculation.

2. Postdoctoral Salary and Fringe

Data Source: As per the Collective Bargaining Agreement (CBA) between the ISMMS and the Sinai Postdoctoral Organizing Committee – UAW (ratification date 12/23/23).

Please use the minimum salary of 73,588 for post docs hired on or after July 1, 2024 and 74,692 hired on or after July 1, 2025.

Please see the Office of Postdoctoral Affairs [Policies and Procedures](#) webpage for more information.

VIII. All Costs: Budgeting Students and Post Graduates on NIH Research, Fellowship, and Training Grants

A. Applicable to F and T series grants

1. Stipend

a. Predoc: \$28,788

Effective Date: 10/1/2024

b. Postdoc

Effective Date: 10/1/2024

Yrs of Exp	Amount	Yrs of Exp	Amount	Yrs of Exp	Amount	Yrs of Exp	Amount
0	\$62,232	2	\$63,120	4	\$67,824	6	\$72,960
1	\$62,652	3	\$65,640	5	\$70,344	7 or more	\$75,564

2. Tuition/Fees

Effective Date: 7/1/2025

Mount Sinai rates are below. Postdocs should contact the Graduate School for rates of formal degree granting programs. If courses are taken at other schools, please use their rates.

a. Predoctoral Annual Tuition

I Y1: 36,400 I Y2: \$33,800 I Y3: \$28,600 I Y4: \$26,000 I Y5: \$26,000 I Y6 (partial yr), if applicable. Check with [Graduate School](#).

b. Per Credit Amt: \$1,300

Pre and Postdocs may take classes per credit.

c. MD/PhD Dual Degree: Check with the [Graduate School](#).

3. Childcare Costs: \$3,000

Effective Date: 10/1/2023 [NOT-OD-24-116](#)

B. Additional Costs Applicable to T series grants only

1. Trainee Related Expenses

a. Predoc Amt: \$4,750

Effective Date: 10/1/2023

b. Postdoc Amt: \$12,400

Effective Date: 10/1/2023

2. Travel: Check with NIH Institute / Center for rate.

3. Facilities and Administrative Fee (F&A) / Indirect Costs

Apply an 8.00% rate. Exclude tuition/fees when calculating F&A.

C. Additional Costs Applicable to F series grants only

1. Institutional Allowance:

a. Predoc Amount: \$4,750

Effective Date: 10/1/2023

b. Postdoc Amount: \$12,400

Effective Date: 10/1/2023

D. Applicable to Research Grants

1. Graduate Student Rates

Eff. 7/1/2025

a. Direct Compensation:

\$50,000

b. Health Insurance:

\$10,548

c. Tuition:

\$ 0

Total Compensation Package Cap:

\$60,548

The maximum total compensation of graduate students on federal grants cannot exceed the NIH Postdoc level 0, which the NIH currently sets at \$62,232. The amount in the Tuition/Fees box above is the remaining balance after deducting Direct Compensation and Health Insurance (assuming no opt out) from the Total Compensation Package (Example: \$60,548 - \$50,000 - \$10,548). If the % effort is less than 100%, prorate direct compensation, health insurance, and tuition. Exclude tuition from the F&A calculation.

2. Medical Student on Scholarly Year

a. Direct Compensation: \$49,000 (Academic Year 2024-2025, through Jun 30, 2025)

b. Health Insurance: \$6,700 (Academic Year through June 30, 2024)

3. Post Doc Base Salary Minimum: \$74,692 Effective Date: Post docs hired on or after 7/1/2025

Please see the Office of Postdoctoral Affairs [Policies and Procedures](#) webpage for complete information.

IX. Highlights of Significant Changes to this Document from Previous Versions

Section	Description of Change
6/15/2025	
V. Predoctoral Fellowships, VI. Postdoctoral Fellowships	Updated Notice of Funding Opportunity numbers
5/19/2025	
V., VI., VII., and VIII. Predoctoral and Postdoctoral Fellows on Fellowships and Training Grants	Effective FY 2025, note these changes: <ul style="list-style-type: none"> - Predoc stipend increase from \$27,144 to \$28,224 - Post doc stipend increases on all PGY levels
4/29/2025	
VII. Predoctoral and Postdoctoral Fellows on Training Grants	Added NOT-OD-25-100 Updated Procedures for Childcare Costs for Ruth L. Kirschstein NRSA Institutional Research Training Awards
V. Predoctoral Fellowships, VII. Predoctoral and Postdoctoral Fellows on Training Grants, VIII. All Costs: Budgeting Students and Post Graduates on <u>NIH</u> Research, Fellowship, and Training Grants; VIII. All Costs: Budgeting Students and Post Graduates on <u>NIH</u> Research, Fellowship, and Training Grants	Effective immediately, predoc tuition increase from Y1 \$35,000 Y2 \$32,500 Y3 \$27,500 Y4 \$25,000 Y5 \$25,000 Y6 (partial year), if applicable. Check with the Graduate School. to Y1 \$36,400 Y2 \$33,800 Y3 \$28,600 Y4 \$25,000 Y5 \$26,000 Y6 (partial year), if applicable. Check with the Graduate School.
III. Graduate Students (Predoctoral) on Research Grants, V. Predoctoral Fellowships, VI. Postdoctoral Fellowships, VII. Predoctoral and Postdoctoral Fellows on Training Grants, VIII. All Costs: Budgeting Students and Post Graduates on <u>NIH</u> Research, Fellowship, and Training Grants	Effective immediately Per Credit Increase from 1,250 to 1,300
III. Graduate Students (Predoctoral) on Research Grant V. Predoctoral Fellowships	Effective 7/1/2025, changes are as follows: Stipend: from 49,000 to 50,000 Health Insurance: from 9,999 to 10,548 Tuition from: from <u>369</u> to <u>0</u> Total Compensation: from 59,368 to 60,548
11/10/2024	
I. Students and Post Graduates that Participate in Research at Mount Sinai	Added predoctoral degree conferment information.
9/5/2024	
IV. Postdoctoral Fellows on Research Grants, VI. Post- doctoral Fellowships, VII. Predoctoral and Postdoctoral Fellows on Training Grants, VIII. All Costs:	Updated minimum post doc amounts from \$72,500 to 73,588 effective for post docs hired on or after 7/1/2024 and 74,692 hired on or after July 1, 2025.

Budgeting Students and Post Graduates on <u>NIH</u> Research, Fellowship, and Training Grants	
V. Predoctoral Fellowships, VI. Post-doctoral Fellowships	Updated childcare cost data entry in Instructions for Competitive Application sections
5/26/2024	
V. Predoctoral Fellowships, VI. Post-doctoral Fellowships, VII. Predoctoral and Postdoctoral Fellows on Training Grants	Added updated Childcare Cost NIH NOT-OD-24-116 and rebudgeting policy information.
5/19/2024	
III. Graduate Students (Predoctoral) on Research Grant	Removed reference to PGY 0 dollar amount
5/12/2024	
I. Students and Post Graduates that Participate in Research at Mount Sinai II. Medical Students on a Scholarly Year	Clarified language on Medical Students on a Scholarly Year.
II. Medical Students on a Scholarly Year, VIII. Predoctoral and Postdoctoral Fellows on Fellowships and Training Grants	Effective 7/1/2024, direct compensation increased from \$47,000 to \$49,000.
IV., V., VI., VII., and VIII. Predoctoral and Postdoctoral Fellows on Fellowships and Training Grants	Effective FY 2024, note these changes: <ul style="list-style-type: none"> - Predoc stipend increase from \$27,144 to \$28,224 - Predoc Training related expenses increase from \$4,550 to \$4,750 - Predoc Institutional allowance increase from \$4,550 to \$4,750 - Post doc stipend increases on all PGY levels - Postdoc Training related expenses increase from \$12,200 to \$12,400 - Postdoc Institutional allowance increase from \$12,200 to \$12,400 - Childcare costs increase from \$2,500 to \$3,000
V. Predoctoral Fellowships VII. Predoctoral and Postdoctoral Fellows on Training Grants VIII. All Costs: Budgeting Students and Post Graduates on <u>NIH</u> Research, Fellowship, and Training Grants	Effective 7/1/2024, health insurance increased from 9,267 to 9,999.
III. Graduate Students (Predoctoral) on Research Grant V. Predoctoral Fellowships	Effective 7/1/2024, changes are as follows: <p>Health Insurance: from 7,484 to 9,999 Tuition from: 0 to 369</p> <p>Total Graduate Student (Predoc) Compensation: from 56,484 to 59,368</p>
2/18/2024	
I. Students and Post Graduates that Participate in Research at Mount Sinai, II. Medical Students on a Scholarly Year	Clarified that medical students can participate in research grants (e.g., NIH R01, P50, U19); however, they cannot receive compensation unless they are on a Scholarly Year.
V. Predoctoral Fellowships, VII. Predoctoral and Postdoctoral Fellows on Training Grants, VIII. All Costs: Budgeting Students and Post Graduates on <u>NIH</u> Research, Fellowship, and Training Grants	Effective immediately, predoc tuition increase <p>from</p> <p>Y1 \$33,600 Y2 \$31,200 Y3 \$26,400 Y4 \$24,000 Y5 \$24,000 Y6 (partial year), if applicable. Check with the Graduate School</p>

	to Y1 \$35,000 Y2 \$32,500 Y3 \$27,500 Y4 \$25,000 Y5 \$25,000 Y6 (partial year), if applicable. Check with the Graduate School.
III. Graduate Students (Predoctoral) on Research Grants, V. Predoctoral Fellowships, VI. Postdoctoral Fellowships, VII. Predoctoral and Postdoctoral Fellows on Training Grants, VIII. All Costs: Budgeting Students and Post Graduates on <u>NIH</u> Research, Fellowship, and Training Grants	Effective immediately Per Credit Increase from 1,200 to 1,250
III. Graduate Students (Predoctoral) on Research Grants, V. Predoctoral Fellowships, VII. Predoctoral and Postdoctoral Fellows on Training Grants, VIII. All Costs: Budgeting Students and Post Graduates on <u>NIH</u> Research, Fellowship, and Training Grants	Updated relevant sections with updated pre doc stipend and salary amounts, health insurance, and tuition amounts. Effective 7/1/2024, changes are as follows: Stipend/Salary from 47,000 to 49,000 Grad Students on Research Grants Health Insurance: from 8,510 to 7,484 Tuition from: 1,101 to 0 Effective 7/1/2024, Direct Compensation from 56,611 to 56,484
1/18/2024	
IV. Postdoctoral Fellows on Research Grants, VI. Postdoctoral Fellowships VII. Predoctoral and Postdoctoral Fellows on Training Grants, VIII. All Costs: Budgeting Students and Post Graduates on Federal Research, Fellowship, and Training Grants	Updated relevant sections with post doc stipend and salary minimum amounts. Effective immediately, Salary/Stipend update from: 58,661 to 72,500
9/13/2023	
III. Medical Students on Scholarly Year; I. Students and Post Graduates that Participate in Research at Mount Sinai; VIII. All Costs: Budgeting Students and Post Graduates on <u>NIH</u> Research, Fellowship, and Training Grants	Added new section, added information to relevant sections and renumbered accordingly.
V., VI., VII., Predoctoral and Postdoctoral Fellows on Fellowships and Training Grants	Updated Funding Opportunity Announcement numbers
2/7/2023	
IV., V., VI., VII Predoctoral and Postdoctoral Fellows on Fellowships and Training Grants	Effective FY 2023, note these changes: <ul style="list-style-type: none"> - Predoc stipend increase from \$26,352 to \$27,144 - Predoc Training related expenses increase from \$4,400 to \$4,550 - Predoc Institutional allowance increase from \$4,400 to \$4,550 - Post doc stipend increases on all PGY levels

	<ul style="list-style-type: none"> - Postdoc Training related expenses increase from \$11,950 to \$12,200 - Postdoc Institutional allowance increase from \$11,950 to \$12,200
1/31/2023	
II. Grad Students on Research Grants	Corrected/updated ICR to 69.0%
1/19/2023	
II., IV., VI., VII Predoc fellowships and training grants Stipend	Effective 07/01/2023, changes are as follows: Predoc Stipend Compensation Stipend: from \$44,000 to 47,000
7/10/2022	
II., IV., VI., VII. Predoc fellowships and training grants Health Insurance	Effective 07/01/2022, changes are as follows: Health Insurance: from \$8,591 to 8,510
5/15/2022	
IV., V., VI., VII. Pre and Postdoc fellowships and training grants	Effective FY 2022, NIH issued corrections on predoc and postdoc stipend levels AHRQ Announcement of Childcare Costs Allowance for Ruth L. Kirschstein National Research Service Award (NRSA) Individual Fellows (F32s) and (T32s)
4/27/2022	
IV., V., VI., VII Stipend, trainee related expense, and institutional allowance sections for Pre and Postdoc fellowships and training grants	Effective FY 2022, changes are as follows: Stipends <ul style="list-style-type: none"> - Predoc stipend increase from \$25,836 to \$26,353 - Post doc stipend increases on all PGY levels Trainee Related and Institutional Allowance Expenses <ul style="list-style-type: none"> - Predoc increase from \$4,200 to \$4,400 - Postdoc increase from \$11,850 to \$11,950
3/7/2022	
II., Health Insurance sections for Graduate Students on Research Grants	Removed health insurance opt out language.
2/24/2022	
II., IV., V., VI., Health Insurance sections for Graduate Students on Research Grants, and Pre and Postdoc fellowships and training grants	Included health insurance opt out information.
1/25/2022	
II., IV., VIII Graduate Students on Research Grants, Predoctoral Fellows on Fellowships sections	Effective 07/01/2022, changes are as follows: Stipend: from \$42,000 to \$44,000 Total Compensation: from to \$51,326 to \$53,326
10/24/2021 version	
VI, VIII, Predoctoral and Postdoctoral Fellows on Training Grants sections	Childcare support allowable for eligible NRSA trainees anticipated FY22.
5/5/2021 version	
II., IV., V., VI, VIII Graduate Students on Research Grants, Predoctoral and Postdoctoral Fellows on Fellowships and Training Grants sections	Effective 07/01/2021, changes are as follows: Health Insurance: from \$8,225 to \$8,591 Total Compensation: from \$51,326 to \$51,692
3/14/2021 version	
IV., V., and VII. Predoctoral and Postdoctoral Fellowships	Childcare support allowable for eligible NRSA fellowships recipients on or after April 8, 2021.
1/31/2021 version	

IV., V., VI., VII Predoctoral and Postdoctoral Fellows on Fellowships and Training Grants	Effective FY 2020, note these changes: - Predoc stipend increase from \$25,320 to \$25,836 - Post doc stipend increases on all PGY levels
1/25/2021 version	
II., IV., VI., VIII Graduate Students on Research Grants, Predoctoral and Postdoctoral Fellows on Fellowships and Training Grants sections	Effective 07/01/2021, changes are as follows: Stipend: from \$40,000 to \$42,000 Tuition: from \$1,795 to \$1,101 Total Compensation: from \$50,020 to \$51,326 Effective 7/1/2020, changes are as follows: Health Insurance: from \$7,531 to \$8,225
11/24/2020 version	
IV., V., VI., Predoctoral and Postdoctoral Fellows on Fellowships and Training Grants	Updated Funding Opportunity Announcement numbers
7/12/2020 version	
IV., V., VI., Predoctoral and Postdoctoral Fellows on Fellowships and Training Grants	Updated Funding Opportunity Announcement numbers
2/26/2020 version	
IV., V., VI., VII Predoctoral and Postdoctoral Fellows on Fellowships and Training Grants	Effective FY 2020, note these changes: - Predoc stipend increase from \$24,816 to \$25,320 - Post doc stipend increases on all PGY levels - Training related expenses increase from \$10,850 to \$11,850 - Institutional allowance increase from \$10,850 to \$11,850
1/22/2020 version	
II., IV, VI., VII. Graduate Student and Predoctoral sections	Effective 07/01/2020, changes are as follows: Stipend: from \$39,000 to \$40,000 Total Compensation: from \$48,794 to \$49,326
III., VII. Graduate Student sections	Effective 7/1/2020, change are as follows: Tuition: from \$2,263 to \$1,795
	Please contact Allison.Gottlieb@mssm.edu for changes prior to 2020.