

## **Internship Program Disclosures, Admissions, Support, and Initial Post-Internship Placement Data**

**Date Program Tables are updated: 8/2025**

### **Program Disclosures**

As articulated in Standard I.B.2, programs may have “admission and employment policies that directly relate to affiliation or purpose” that may be faith-based or secular in nature. However, such policies and practices must be disclosed to the public. Therefore, programs are asked to respond to the following question.

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution’s affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
If yes, provide website link (or content from brochure) where this specific information is presented:  The Mount Sinai Adolescent Health Center of Mount Sinai Health System is committed to a policy of nondiscrimination in our recruiting of all staff and trainees. Mount Sinai Health System is committed to providing an equal opportunity work environment. We comply with all laws, regulations and policies related to non-discrimination and fair employment practices in all of our personnel actions.	

### **Internship Program Admissions**

**Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program’s policies on intern selection and practicum and academic preparation requirements:**

#### **Internship Overview:**

The Mount Sinai Adolescent Health Center (MSAHC) is the home of the Division of Adolescent Medicine of the Department of Pediatrics at the Icahn School of Medicine at Mount Sinai and part of the Mount Sinai Hospital. Although it is part of a larger health system and medical school, the MSAHC is a freestanding outpatient facility, which provides confidential, comprehensive and integrated health care to young people ages 10-26. The MSAHC stands as the largest program of its kind in the country and is recognized as a successful model for other similar healthcare efforts around the world. All of the services at the MSAHC are confidential and are provided regardless of ability to pay or insurance status. The multidisciplinary staff at the MSAHC also engages in applied research activities, presents widely in the community, and participates in numerous advocacy efforts.

The MSAHC Doctoral Internship Training Program offers a full-time, APA-Accredited training program to four psychology interns a year.

The doctoral psychology internship program is one of several training programs that runs at the MSAHC. The MSAHC is also home to an adolescent medicine fellowship, a psychology externship, a social work internship program, and medical residency and medical school rotations. Interns work side-by-side with other trainees and are fully immersed into the clinical and learning environment at the MSAHC.

The internship curriculum places emphasis on training interns to become competent providers of evidence-informed and culturally and structurally competent care to youth from marginalized backgrounds. The MSAHC has a long history of breaking down economic and social barriers to care for underserved populations, and this aspect of the MSAHC's mission informs the vision of the psychology training program. In addition, a broad aim of the training program is to provide interns with the necessary experience and skills to practice in interdisciplinary health care settings. Throughout the training year, interns provide individual, family and group therapy to a diverse range of youth ages 10-26. Interns also conduct comprehensive psychological assessment batteries. Finally, interns have the option of choosing between a range of elective intervention experiences, including the Teen Parent Program, the Dialectical Behavior Therapy Elective, and the Behavioral Health-Primary Care Integration Elective.

All candidates enter the program through the Association of Psychology Postdoctoral and Internship Centers (APPIC) match process. The program is listed each year in the APPIC Directory. To ensure accuracy, the information listed in the APPIC Directory is updated in a timely fashion. There are four funded internship positions in our APA-Accredited doctoral psychology internship program.

Candidates must be enrolled in an APA-Accredited clinical, school, or counseling doctoral program (Ph.D. or Psy.D.). All formal coursework and comprehensive examinations must be completed by the start of the internship. The candidates should have demonstrated interests and prior academic and practicum experiences that are appropriate for the internship, such as prior experience working with adolescents, outpatient therapy experience, interest in working with underserved populations, and interest in working in an interdisciplinary setting. We pay careful attention to the goodness-of-fit between candidates and our program. Candidates' cover letters and essays are reviewed for specific reference to interest in the training that we offer.

**Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:**

Total Direct Contact Intervention Hours	N	<input checked="" type="checkbox"/>	Amount: 500
Total Direct Contact Assessment Hours	N	<input checked="" type="checkbox"/>	Amount: 50

**Describe any other required minimum criteria used to screen applicants:**

Applicants should have a minimum of 1000 total practicum hours and at least 3 integrated psychological assessments with children or adolescents. All applicants should have endorsement/approval (noted on AAPI) from their programs in order to apply. Applicants must be considered in “good standing” within their graduate programs.

All applicants who match with our program will participate in an onboarding process through Human Resources that includes a background check, I-9 verification, pre-employment physical examination, and drug testing. As a Mount Sinai healthcare worker, you will need certain vaccinations to work at MSAHC, as determined by the Employee Health Service.

All applicants who complete our program must provide the program with their NPI number upon completion of the program.

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All interested applicants should submit applications using the AAPI online application process by **November 1** each year. Applicants will be notified about interview decisions by early-to-mid December. **We will be conducting all interviews remotely.**

The intern application should include the following:

1. The APPIC completed application, which can be found online at <http://www.appic.org>.
2. A curriculum vitae
3. Three letters of reference from supervisors or professors using the APPIC Standardized Reference Form
4. A cover letter describing your interest in working at the MSAHC
5. Official transcripts of all graduate work
6. A comprehensive psychological testing report, preferably for an adolescent or young adult

### Financial and Other Benefit Support for Upcoming Training Year

Annual Stipend/Salary for Full-time Interns	\$45,000	
Annual Stipend/Salary for Half-time Interns	N/A	
Program provides access to medical insurance for intern?	<input checked="" type="checkbox"/> Yes	No
<b>If access to medical insurance is provided:</b>		
Trainee contribution to cost required?	<input checked="" type="checkbox"/> Yes	No
Coverage of family member(s) available?	<input checked="" type="checkbox"/> Yes	No
Coverage of legally married partner available?	<input checked="" type="checkbox"/> Yes	No
Coverage of domestic partner available?	Yes	<input checked="" type="checkbox"/> No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	19 days	
Hours of Annual Paid Sick Leave	Included in the 19 days listed above	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	<input checked="" type="checkbox"/> Yes	No
<b>Other Benefits:</b>		
Interns also receive 9 major holidays off. Dental and vision insurance are also available.		
Interns each have their own office for the training year. Each office comes equipped with a computer and telephone. Wireless internet is also available throughout the MSAHC. Interns receive Mount Sinai email accounts. Interns have access to the same clerical, administrative and IT support as all employees at the MSAHC. For example, registration staff greet, schedule and check in patients; IT staff are available for technology support; and building maintenance and engineering workers are readily available for issues related to office set up and use. Interns are not responsible for billing procedures, as a separate staff at the MSAHC handles billing.		
Interns are full-time employees of Mount Sinai Health System and, thusly, have access to Mount Sinai resources including an extensive library system, discounts on recreational activities throughout New York City, and workshops and classes held throughout the Mount Sinai Health System.		
<i><u>Parental Leave:</u></i> Interns are granted one paid day (Parental day) of additional leave for the birth or adoption of a child (under 6). Following this one day of leave, interns can use any accrued but not used PTO days to cover their leave. Following the use of their PTO days, interns may		
<ul style="list-style-type: none"> <li>- Apply for Short-Term Disability (if applicable)</li> <li>- Take unpaid days of leave up until they have been gone for a total of 6 weeks</li> <li>- Interns who take 6 full weeks of leave may be required to extend their internship by 2 weeks in order to complete the training requirements</li> </ul>		
<i><u>Additional Leave:</u></i> In the event of medical conditions and/or family needs that require extended leave, interns can use any accrued but not used PTO days to cover their leave. Following the use of their PTO days, interns may		

- Apply for Short-Term Disability (if applicable)
- Take unpaid days of leave up until they have been gone for a total of 6 weeks
- Interns who take 6 full weeks of leave may be required to extend their internship by 2 weeks in order to complete the training requirements

\*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table.

### Initial Post-Internship Positions

(The following is an Aggregated Tally for the Preceding 3 Cohorts)

	<b>2022-25</b>	
	<b>PD</b>	<b>EP</b>
Total # of interns who were in the 3 cohorts	9	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
Academic teaching	1	0
Community mental health center	0	0
Consortium	0	0
University Counseling Center	0	0
Hospital/Medical Center	4	0
Veterans Affairs Health Care System	0	0
Psychiatric facility	0	0
Correctional facility	0	0
Health maintenance organization	0	0
School district/system	0	0
Independent practice setting	4	0
Other	0	0

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.