

ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI

## MOOD AND ANXIETY DISORDERS PROGRAM



## WELCOME DR. MANISH JHA!

Starting August 1st, Dr. Manish Jha joins us here at MAP from the University of Texas, Southwestern in Dallas, Texas as Assistant Director. After receiving his medical degree from the University of New Delhi Maulana Azad Medical College in Indi, Dr. Jha completed



a residency in Psychiatry at UT Southwestern and then went on to serve as an assistant professor within their Psychiatry department. His work focuses on predicting treatment response for those with depressive disorders.

## SAYING GOODBYE TO MEGAN HOCH AND SAMANTHA RICHARDS

We are saying goodbye to two research coordinators at MAP who are both leaving us to pursue graduate education. Megan Hoch is headed to LA to gain a PhD in Clinical Psychology at UCLA, and Samantha Richards is bound for Brandeis University to gain a Masters degree in Computer Science. Everyone here at MAP wishes them the best of luck!

## MEETING UPDATES

### MAP SEMINAR

At this biweekly meeting, staff and faculty present recent research in the fields of depression and anxiety.

#### Upcoming Meetings:

9/5/18  
9/19/18  
10/3/18  
10/17/18  
10/31/18  
11/14/18

### DEPRESSION CLUB

At this monthly meeting, staff and faculty present translational research in the field of depression.

#### Upcoming Meetings:

9/26/18  
10/24/18  
11/28/18

# WELCOMING NEW COORDINATORS

In June 2018, we were joined by two new Clinical Research Coordinators, Charlotte Pierce and Morgan Harnois. Charlotte joins us after finishing a Bachelors degree from Wesleyan University where she double majored in Neuroscience and Studio Art, and Morgan comes to us having recently completed a Masters degree in Psychology at NYU. Charlotte will be taking over the running of our Nitroprusside and ketamine study along with our Siltuximab study while Morgan will be responsible for our study of Exogabine.

## CURRENT AREAS OF STUDY

Our program is committed to advancing the treatment of mood and anxiety disorders, including depression and post-traumatic stress disorder. To this end, we conduct a range of clinical trials and research experiments that aim to increase our understanding of the neurobiological, behavioral, and psychological aspects of these disorders that we hope will lead to better diagnosis and treatment for our patients. Current studies at MAP are focusing on the use of ketamine for depression and PTSD, the use of a seizure treatment called Ezogabine as an anti-depressant, and the link between inflammation and depression.

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## RECENT PUBLICATIONS

- Horn, S. R., & Feder, A. (2018). Understanding Resilience and Preventing and Treating PTSD. *Harvard Review of Psychiatry*, 26(3), 158–174. doi:10.1097/HRP.0000000000000194
- Murrough, J., Huryk, K., Mao, X., Iacoviello, B., Collins, K., Nierenberg, A., ... Iosifescu, D. (2018). A pilot study of minocycline for the treatment of bipolar depression: Effects on cortical glutathione and oxidative stress in vivo. *Journal of affective disorders*. Netherlands. doi:10.1016/j.jad.2017.12.067
- Uchida, M., Feng, H., Feder, A., Mota, N., Schechter, C., Woodworth, H., ... Pietrzak, R. (2018, April 3). Parental posttraumatic stress and child behavioral problems in world trade center responders. *American journal of industrial medicine*. United States. doi:10.1002/ajim.22838
- Fava, M., Freeman, M., Flynn, M., Hoepfner, B., Shelton, R., Iosifescu, D., ... Papakostas, G. (2018). Double-blind, proof-of-concept (POC) trial of Low-Field Magnetic Stimulation (LFMS) augmentation of antidepressant therapy in treatment-resistant depression (TRD). *Brain stimulation*. United States. doi:10.1016/j.brs.2017.09.010.
- Sayed, S., Dam, N. T., Horn, S. R., Kautz, M. M., Parides, M., Costi, S., ... Murrough, J. W. (2018). A Randomized Dose-Ranging Study of Neuropeptide Y in Patients with Posttraumatic Stress Disorder. *International Journal of Neuropsychopharmacology*, 21(1), 3–11. doi:10.1093/ijnp/pyx109
- Wilkinson, S., Ballard, E., Bloch, M., Mathew, S., Murrough, J., Feder, A., ... Sanacora, G. (2017). The Effect of a Single Dose of Intravenous Ketamine on Suicidal Ideation: A Systematic Review and Individual Participant Data Meta-Analysis. *The American journal of psychiatry*. United States. doi:10.1176/appi.ajp.2017.17040472