Green Cleaning

Action Plan

- For routine household cleaning of dust and grime: choose safer cleaning products with one of these labels:

  ![SAFER CHOICE](image1)

  ![GREEN SEAL CERTIFIED](image2)

- Make your own cleaners with household ingredients such as vinegar and baking soda (see recipes on next page).

- While cleaning, open windows and turn on a fan to increase airflow. Consider wearing gloves to protect your skin.

- Keep all cleaning products away from children and pets.

- Do not use chemical air fresheners. Instead, keep your home well-ventilated (open windows). Use a box of baking soda to absorb odors.

- If you need to kill germs on household surfaces: use a disinfectant such as hydrogen peroxide (3%) or diluted household bleach. For more information on how to safely use these products visit: nyscheck.org/covid
All-Purpose Household Cleaner

- 1 cup warm water
- 3 drops unscented liquid soap
- ½ cup white vinegar
- Optional: add fresh lemon juice

Mix ingredients in an empty spray bottle. Use to clean various surfaces in your home.

Sink, Tub, & Tile Cleaner

Add water to baking soda to make a paste. Use paste to scrub surfaces. Rinse well.

Resources

To learn more about safer choice cleaning products visit [https://www.epa.gov/saferchoice](https://www.epa.gov/saferchoice)

For more information visit:

- icahn.mssm.edu/pehsu
- nyscheck.org/covid