Getting a CT Scan

A Social Story

A Preparation Book Created by
The Child Life and Creative Arts Therapy Department
Today, I am getting a CT Scan. A CT is a big camera that takes special pictures of the inside of my body.
I might have to wear hospital pajamas, and take off jewelry.
The CT is in a different place in the hospital. I will go there in a bed with wheels, or chair with wheels. My grown up will come with me.
I might have to wait here. Waiting is hard. I might be able to play or use a tablet while I wait.
A helper called an x-ray technician will help me get on the table and lie down. The helper might put a heavy blanket on my lap or a soft strap across my forehead.
The CT helper might put some medicine in my straw. It will make my body feel warm and tingly, and like I have to pee.
The table will move slowly into the circle camera. The camera makes a *whooosh* sound when it takes a picture. I will keep my body as still as a statue. This might happen a few times.
After the CT, I will go back in the bed with wheels or chair with wheels.