

# What will Special Education look like in the Fall?

*Lori Podvesker, M.S., Ed.*

*Director of Disability and Education Policy at INCLUDEnyc*

*Michelle Gorenstein, PsyD*



**include**nyc



**Mount  
Sinai**

*Seaver Autism  
Center for Research  
and Treatment*

# What do parents of students with disabilities need to know right now?

# How can parents best advocate for their children during school closures?

What is the current status of the city's plans to deliver in-person special education services and instruction this fall?

If and how will students receive evaluations, missed related services, and specialized instruction?

What should families expect their school to look like if school building open in September?

## Questions & Answers

- Thank you for your attention and participation!
- Please write questions into chat feature and let us know of additional topics you would like covered

<https://www.includenyc.org/>



Mount Sinai /Special Education/ July 16, 2020

## HELP LINE

Our Help Line specialists provide in-depth, one-to-one help and referral information.

**MONDAY-THURSDAY  
9AM - 4PM**

### English

Call: 212-677-4660  
Text: 646-693-3175

### Español

Llame: 212-677-4668  
Texto: 646-693-3157  
What'sApp: 212-858-0795

to schedule an appointment with our expert help line staff.

or fill out our questionnaire below to get started.

## Help Request

\* = a required field

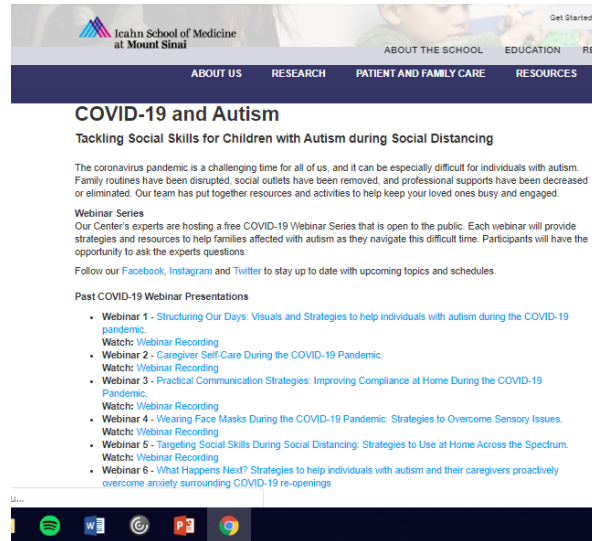
Need assistance with this form?

Are you a... \*

- ☐ Parent/caregiver calling about a child/young adult
- ☐ Professional calling about a child/young adult
- ☐ Professional calling about general information

# Visit the Seaver Autism Center's Website for today's slides and recording as well as additional resources.

<https://icahn.mssm.edu/research/seaver/resources/covid-19-autism-resources>



The screenshot shows the Icahn School of Medicine at Mount Sinai website. The header includes the school's logo and navigation links: ABOUT THE SCHOOL, EDUCATION, and RESOURCES. Below this is a dark blue navigation bar with links: ABOUT US, RESEARCH, PATIENT AND FAMILY CARE, and RESOURCES. The main content area is titled "COVID-19 and Autism" and has a subtitle "Tackling Social Skills for Children with Autism during Social Distancing". The text explains that the coronavirus pandemic is challenging for everyone, especially for individuals with autism, and that the team has put together resources to help. It mentions a "Webinar Series" where experts provide strategies and resources to help families. Below this, it lists "Past COVID-19 Webinar Presentations" with six items, each including a title and a link to watch the recording. At the bottom of the screenshot, a Windows taskbar is visible with icons for Spotify, Word, Edge, PowerPoint, and Chrome.

**COVID-19 and Autism**  
**Tackling Social Skills for Children with Autism during Social Distancing**

The coronavirus pandemic is a challenging time for all of us, and it can be especially difficult for individuals with autism. Family routines have been disrupted, social outlets have been removed, and professional supports have been decreased or eliminated. Our team has put together resources and activities to help keep your loved ones busy and engaged.

**Webinar Series**  
Our Center's experts are hosting a free COVID-19 Webinar Series that is open to the public. Each webinar will provide strategies and resources to help families affected with autism as they navigate this difficult time. Participants will have the opportunity to ask the experts questions.

Follow our [Facebook](#), [Instagram](#) and [Twitter](#) to stay up to date with upcoming topics and schedules.

**Past COVID-19 Webinar Presentations**

- **Webinar 1 - Structuring Our Days: Visuals and Strategies to help individuals with autism during the COVID-19 pandemic.**  
Watch: [Webinar Recording](#)
- **Webinar 2 - Caregiver Self-Care During the COVID-19 Pandemic.**  
Watch: [Webinar Recording](#)
- **Webinar 3 - Practical Communication Strategies: Improving Compliance at Home During the COVID-19 Pandemic.**  
Watch: [Webinar Recording](#)
- **Webinar 4 - Wearing Face Masks During the COVID-19 Pandemic: Strategies to Overcome Sensory Issues.**  
Watch: [Webinar Recording](#)
- **Webinar 5 - Targeting Social Skills During Social Distancing: Strategies to Use at Home Across the Spectrum.**  
Watch: [Webinar Recording](#)
- **Webinar 6 - What Happens Next? Strategies to help individuals with autism and their caregivers proactively overcome anxiety surrounding COVID-19 re-openings**



Virtual Workshop Series  
6-part series

New Group starting Thursday July 30, 2020 at  
4:30 pm or 7:30pm – 6 consecutive weeks

**Workshop 1:** Introduction to Six Strategies for improving interaction and reducing challenging behavior

**Workshop 2:** A deeper dive into understanding self-regulation: reducing the stress and learning to focus on what matters

**Workshop 3:** Modeling self-regulation and setting up your child for success

**Workshop 4:** How parents shape their children's behavior

**Workshop 5:** Sensory needs and sensitivities, modeling flexibility and getting your child's buy-in

**Workshop 6:** How our beliefs, words and vision for and about our children shape our parenting

WORKSHOPS WILL BE HELD ON ZOOM FOR 1-HOUR  
\$20 per workshop or \$100 for the series  
Scholarships available

To register email:

[andrea@autismparentsconnect.org](mailto:andrea@autismparentsconnect.org)

Andrea Pollock, MSEd., is the Founder and President of APC. She is an educator and advocate for parent training. Website: [www.autismparentsconnect.org](http://www.autismparentsconnect.org)



**For Information about Seaver Autism Center's  
Summer Virtual Clinical Programs - Social Skills  
Groups and Sibling Support Groups please contact  
Michelle Gorenstein, Psy.D.**

**Michelle.Gorenstein@mssm.edu**

