

Getting an X-Ray

A Social Story

A Preparation Book Created by
The Child Life and Creative Arts Therapy Department



**The Child Life &
Creative Arts Therapy
Department**



**Mount
Sinai**

Kravis Children's Hospital



Today I am getting an x-ray. An x-ray is a special camera that takes pictures of the inside of my body.



I might have to wear hospital pajamas.



The x-ray is in a different part of the hospital. I will go there in a bed or chair with wheels.



I might have to wait here. Waiting is hard. I can play with toys or a phone.



The x-ray helper will show me how to stand, sit, or lie down on the bed to take the picture. The x-ray helper will put something heavy on my lap and tell me to stay as still as a statue. The camera will not touch me.



When the pictures are done, I will go back in the chair or bed with wheels.