

Studies Open for Participation

Join an Observational Study or Trial

Postpartum Depression Clinical Trial: SAINT-PPD

Postpartum depression (PPD) affects approximately one in five new mothers. Our new clinical trial evaluates SAINT – an advanced form of transcranial magnetic stimulation (TMS), a non-invasive brain stimulation therapy FDA-cleared for major depressive disorder. SAINT has shown significant promise in individuals with treatment-resistant depression, and this trial aims to assess its effectiveness in postpartum individuals diagnosed with major depressive disorder with peripartum onset. Given the profound impact of PPD on both maternal and infant health, we believe this study addresses a critical need in postpartum depression care by evaluating a rapid, non-pharmaceutical treatment option.

[More Information](#)

[Fill Out Our Intake Form](#)

Mental Illness in Pregnancy: The MAIA study

This study compares efficacy and outcomes for mothers and infants treated with antipsychotic medications compared with other agents or no medication. The study will not change participants' treatment, but will compare outcomes among individuals who select different options. It will help us better guide the selection of appropriate medications for pregnant individuals with mental health needs. Any pregnant individual planning to deliver at The Mount Sinai Hospital with a history of bipolar spectrum, schizophrenia/schizoaffective disorder, or any psychiatric hospitalization is eligible to enroll, regardless of current treatment.

[More Information](#)

[Fill Out Our Intake Form](#)

Survey Studies

Contribute your experiences to help us better understand women's mental health.

Survey on Mood, Hormonal Contraceptives, and the Menstrual Cycle

The Women's Mental Health Program at the Icahn School of Medicine at Mount Sinai would like to learn more about how people respond to female hormones.

If you are a woman of reproductive age and at least 18 years old, please help us by participating in our anonymous survey. The survey will take about five minutes.

[**Fill Out Our Survey**](#)

Survey on the Menopausal Transition and Hormone Replacement Therapy

The Women's Mental Health Program at the Icahn School of Medicine at Mount Sinai would like to learn more about how people respond to Hormone Replacement Therapy (HRT).

If you are a woman who is experiencing or has recently experienced the perimenopausal transition and is at least 18 years old, please help us by participating in our anonymous research survey. The survey will take about five minutes.

[**Fill Out Our Survey**](#)